

SSM City Track and Field Championships - 5/23/2024

Track and Field
SSM John Rhodes
Results**Women 100 Meter Dash Novice**

City Records: 11.90! 1998 T. Olupona SJD

Name	Yr	Team	Finals
Finals			
1 Dallas Reid	09	NOSH	13.46
2 Nivea Dimma-Gyamfi	09	NOKO	13.74
3 Teija Lappalainen	09	NOSM	13.76
4 Marijke De Geus	09	NOSH	14.06

Women 200 Meter Dash Novice

City Records: 26.40! 1998 T. Olupona SJD

Name	Yr	Team	Finals
Finals			
1 Sophie Punkari	09	NOWP	28.41
2 Nivea Dimma-Gyamfi	09	NOKO	29.61
3 Nora Lyons	09	NOSH	31.03
4 Valerie Hallett	09	NOSH	31.35

Women 400 Meter Dash Novice

City Records: 1:01.30! 1979 L.Keating SJD

Name	Yr	Team	Finals
Finals			
1 Skylar Ruschpler	09	NOSH	1:03.88
2 Cali Schwarz	09	NOKO	1:09.07
3 Aspen Devries	09	NOWP	1:09.46
4 Charlotte Nadeau	09	NOSM	1:09.87

Women 800 Meter Run Novice

City Records: 2:27.40! 1981 P.Johnson SJD

Name	Yr	Team	Finals
Finals			
1 Skylar Ruschpler	09	NOSH	2:36.77
2 Charlotte Nadeau	09	NOSM	2:42.17
3 Aspen Devries	09	NOWP	2:51.55

Women 1500 Meter Run Novice

City Records: 4:55.70! 1981 P. Johnson SJD

Name	Yr	Team	Finals
Finals			
1 Myka Broad	09	NOSH	6:38.05

Women 3000 Meter Run Novice

City Records: 10:41.00! 1981 P. Johnson SJD

Name	Yr	Team	Finals
Finals			
1 Myka Broad	09	NOSH	14:57.61

Women 80 Meter Hurdles Novice

City Records: 12.20! 1980 L.Fahrer Baw

Name	Yr	Team	Finals
Finals			
1 Teija Lappalainen	09	NOSM	14.63
2 Hayley Nelson	09	NOSH	16.15
3 Amy Maemichael	09	NOSH	16.41
4 Danica Rivera	09	NOSH	16.99

Women 300 Meter Hurdles Novice

City Records: 49.07! 2017 Tessa Leveille

Name	Yr	Team	Finals
Finals			
1 Marijke De Geus	09	NOSH	53.59
2 Meadow Woods	09	NOSH	54.84
3 Teija Lappalainen	09	NOSM	56.03
4 Sophie Fortier	09	NOSM	56.31

Women 4x100 Meter Relay Novice

City Records: 52.50! 1990 SJD

M Hryniewicz D Owens J Tremblay J Hannah	Team	Relay	Finals
Finals			
1 Superior Heights C & Marijke De Geus 09		Nora Lyons 09	57.81
Dallas Reid 09		Meadow Woods 09	
2 St. Mary's College S S Bella Mizzi 09		Elivia Primeau 09	58.89
Myah Stefanizzi 09		Reese Williams 09	
3 Korah C & V S - noko Molly Gauthier 09		Robin Price 09	59.12
Lexi McMaster 09		Nivea Dimma-Gyamfi 09	

Women High Jump Novice

City Records: 1.62m! 1989 E. Devos SJD

Name	Yr	Team	Finals
Finals			
1 Sophie Punkari	09	NOWP	1.33m
2 Harlyn King	09	NOSM	1.30m
3 Lexi Tuomela	09	NOSH	1.10m

Women Long Jump Novice

City Records: 5.04m! 2016 Alyssa Rizzo

City Records: 5.04m! 1998 T. Olupona SJD

Name	Yr	Team	Finals
Finals			
1 Aspen Devries	09	NOWP	4.44m
2 Brooke Kenny	09	NOSM	3.91m
3 Robin Price	09	NOKO	3.76m
4 Nivea Dimma-Gyamfi	09	NOKO	3.68m

Women Triple Jump Novice

City Records: 10.33m! 1992 S. Gibson SJD

Name	Yr	Team	Finals
Finals			
1 Marijke De Geus	09	NOSH	9.34m
2 Brooke Kenny	09	NOSM	8.96m
3 Claire Hill	09	NOKO	8.90m
4 Harlyn King	09	NOSM	8.78m

Women Shot Put Novice

City Records: 10.83m! 2015 T. Elliott KOR

Name	Yr	Team	Finals
Finals			
1 Maija St Pierre	09	NOSH	8.51m
2 Jorgia Predum	09	NOKO	8.05m
3 Surrey Prescott	09	NOKO	7.81m
4 Shelbee Agawa	09	NOKO	7.24m

Women Discus Throw Novice

City Records: 33.07m! 1980 T. Neveu WP

Name	Yr	Team	Finals
Finals			
1 Meadow Woods	09	NOSH	22.54m
2 Maija St Pierre	09	NOSH	19.95m
3 Donna-Laura Holzwar	09	NOWP	19.39m
4 Jorgia Predum	09	NOKO	18.40m

Women Javelin Throw Novice

City Records: 39.47m! 1980 P. Sorozuk WP

Name	Yr	Team	Finals
Finals			
1 Shelbee Agawa	09	NOKO	26.76m
2 Donna-Laura Holzwar	09	NOWP	22.54m
3 Brooke Devoe	09	NOSH	21.70m
4 Meadow Woods	09	NOSH	21.05m

Women 100 Meter Dash Junior

City Records: 12.41! 2016 Olivia Oraziotti

City Records: 12.41! 2016 O. Oraziotti SMC

Name	Yr	Team	Finals
Finals			
1 Sophia Fata	08	NOSM	12.93
2 Sophie Chilelli	08	NOSH	13.66
3 Luciana Capancioni	08	NOKO	13.86
4 Beatrice McMillan	08	NOSM	13.89

Women 200 Meter Dash Junior

City Records: 26.20! 1975 N. Vukovich BAW

Name	Yr	Team	Finals
Finals			
1 Lillian Rumiel	08	NOSH	29.36
2 Sophie Chilelli	08	NOSH	30.82
3 Alexe Villebrun	08	NONG	31.65

Women 400 Meter Dash Junior

City Records: 1:00.10! 1988 K. Dool SJD, J. Olthoff

Name	Yr	Team	Finals
Finals			
1 Luciana Capancioni	08	NOKO	1:11.99
2 Scarlett Duke	08	NOSH	1:13.06
3 Emma Lewis	08	NOKO	1:23.55

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Women 800 Meter Run Junior

City Records: 2:25.50! 1980 K. Beilhartz SJD

Name	Yr	Team	Finals
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Finals

1 Kate De Beer	08	NOSH	2:39.42
2 Madison Perhonen	08	NOSM	2:48.24
3 Lilly Cochrane	08	NOWP	2:52.11
4 Rosa Pedlar	08	NOKO	2:56.39

Women 1500 Meter Run Junior

City Records: 4:53.40! 1982 P. Johnson SJD

Name	Yr	Team	Finals
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Finals

1 Kate De Beer	08	NOSH	5:38.27
2 Sydney Kitchen	08	NOKO	5:48.27
3 Emma Lewis	08	NOKO	7:00.42
4 Taylor Nieson	08	NOSM	7:02.17

Women 3000 Meter Run Junior

City Records: 11:11.00! 1982 P. Johnson SJD

Name	Yr	Team	Finals
------	----	------	--------

Finals

1 Sydney Kitchen	08	NOKO	12:52.45
2 Taylor Nieson	08	NOSM	15:50.14

Women 80 Meter Hurdles Junior

City Records: 12.00! 1993 V. McGowan SJD

Name	Yr	Team	Finals
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Finals

1 Sienna Magli	08	NOSM	14.48
2 Nala Charron	08	NOKO	14.93
3 Eva Tuomela	08	NOSH	15.02
4 AnnaBelle Dewar	08	NONG	16.91

Women 300 Meter Hurdles Junior

City Records: 48.20! 1996 C. Kuntz SJD

Name	Yr	Team	Finals
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Finals

1 Sienna Magli	08	NOSM	52.67
2 Sophie Chillelli	08	NOSH	55.60
3 Madison Perhonen	08	NOSM	55.78
4 Scarlett Duke	08	NOSH	56.78

Women 4x100 Meter Relay Junior

City Records: 52.10! 1991 SMC

A. Pezzutto / S. Shiels / M. Brescacin / L. Narcatto

Team	Relay	Finals
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Finals

1 St. Mary's College S S		55.69
Sienna Magli 08	Beatrice McMillan 08	
Teija Lappalainen 09	Sophia Fata 08	
2 Superior Heights C &		56.99
Sophie Chillelli 08	Avery Greenwood 08	
Lillian Rumiel 08	Cera-Jae Jeffery 08	

3 Korah C & V S - noko		1:00.70
Nala Charron 08	Emma Lewis 08	
Sydney Kitchen 08	Luciana Capancioni 08	

Women High Jump Junior

City Records: 1.63m! 1991 E. Devos SJD

Name	Yr	Team	Finals
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Finals

1 Beatrice McMillan	08	NOSM	1.38m
2 Leah Yule	08	NONG	1.36m
3 Avery Greenwood	08	NOSH	J1.25m
4 Lilly Cochrane	08	NOWP	J1.25m

Women Long Jump Junior

City Records: 5.13m! 1987 K. Dool SJD

Name	Yr	Team	Finals
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Finals

1 Sophia Salvini	08	NOSM	3.82m
2 Avery Greenwood	08	NOSH	3.81m
3 Haley Nadeau	08	NOKO	3.26m
4 Jessie Lyn Kirkey	08	NOSH	3.22m

Women Triple Jump Junior

City Records: 11.05m! 2016 Hanna Jodoin

City Records: 11.05m! 2016 H. Jodoin KOR

Name	Yr	Team	Finals
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Finals

1 Beatrice McMillan	08	NOSM	9.27m
2 Amelia Tanninen	08	NOKO	8.93m
3 Eva Tuomela	08	NOSH	8.57m
4 Jessie Lyn Kirkey	08	NOSH	7.74m

Women Shot Put Junior

City Records: 11.36m! 2018 Brayden Corbett Lev

City Records: 11.36m! 2018 Brayden Corbett Lev

Name	Yr	Team	Finals
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Finals

1 Kara DeRosario	08	NOKO	6.62m
2 Olivia King	08	NOSM	6.48m
3 Alysha Wiebe	08	NOKO	5.32m
4 Kiera Hansen	08	NOKO	4.02m

Women Discus Throw Junior

City Records: 36.96m! 1983 A. Bodnar SJD

Name	Yr	Team	Finals
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Finals

1 Kaizly Murray	08	NOWP	23.99m
2 Lilly Cochrane	08	NOWP	20.83m
3 Alana Johstone	08	NOSH	19.51m
4 Kara DeRosario	08	NOKO	19.28m

Women Javelin Throw Junior

City Records: 39.24m! 1982 P. Storozuk WP

Name	Yr	Team	Finals
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Finals

1 Sierra Marzetti	08	NOSM	24.08m
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2 Emily Arbour	08	NOSM	23.88m
3 Leah Yule	08	NONG	22.39m
4 Mackenzie Lambert	08	NOKO	20.46m

Women 100 Meter Dash Senior

City Records: 12.40! 1983 L. Fahrer BAW

Name	Yr	Team	Finals
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Finals

1 Hannah Maluorno	07	NOWP	13.12
2 Bryce Gagnon	07	NOSM	13.14
3 Matea Bruni	07	NOKO	13.28
4 Elizabeth Gavey	06	NOSM	13.42

Women 200 Meter Dash Senior

City Records: 25.70! 1983 L. Fahrer BAW

Name	Yr	Team	Finals
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Finals

1 Delaney Elliott	06	NOKO	34.36
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Women 400 Meter Dash Senior

City Records: 59.40! 1977 N. Vukovich BAW

Name	Yr	Team	Finals
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Finals

1 Abigail Jaremko	07	NOSM	1:10.52
2 Tru Toms	07	NOSM	1:12.74

Women 800 Meter Run Senior

City Records: 2:24.60! 1982 K. Beilhartz SJD

Name	Yr	Team	Finals
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Finals

1 Lisa Macmichael	07	NOSH	2:55.02
2 Helena Schoahs	06	NOSH	2:57.08
3 Kaitlyn Atwell	07	NOKO	3:04.14
4 Niyati Patel	07	NOKO	4:04.14

Women 1500 Meter Run Senior

City Records: 4:57.41! 2008 R. Johns SJD

Name	Yr	Team	Finals
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Finals

1 Olivia Hiscock	07	NOWP	5:34.02
2 Aili Luomaranta	07	NOKO	6:08.02
3 Lisa Macmichael	07	NOSH	6:12.17
4 Helena Schoahs	06	NOSH	6:22.70

Women 3000 Meter Run Senior

City Records: 10:41.80! 2011 J. Flynn SBSS

Name	Yr	Team	Finals
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Finals

1 Olivia Hiscock	07	NOWP	12:23.99
2 Eloise Murdoch	07	NOSH	13:33.42
3 Aili Luomaranta	07	NOKO	13:45.17
4 Avery Jones	06	NOKO	16:06.37

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Women 100 Meter Hurdles Senior

City Records: 14.41! 2013 S Hammond SBSS

Name	Yr	Team	Finals
Finals			
1 Matea Glavota	06	NOKO	16.68
2 Delaney Elliott	06	NOKO	17.21
3 Anika Marcil-Kyle	05	NOSH	17.63
4 Abigail Jaremko	07	NOSM	18.18

Women 400 Meter Hurdles Senior

City Records: 1:08.20! 1989 K. Dool SJD

Name	Yr	Team	Finals
Finals			
1 Delaney Elliott	06	NOKO	1:14.01
2 Abigail Jaremko	07	NOSM	1:14.63
3 Kloe Kurylo	07	NOSM	1:18.57
4 Miila Gordon	07	NOKO	1:21.07

Women 4x100 Meter Relay Senior

City Records: 50.47! 2016 St. Mary's College S

Team	Relay	Finals
Finals		
1 Korah C & V S - noko		54.09
Matea Glavota 06	Delaney Elliott 06	
Emily Bateman 07	Matea Bruni 07	
2 St. Mary's College S S		55.60
Abigail Jaremko 07	Kloe Kurylo 07	
Payton Magli 06	Bryce Gagnon 07	
3 Superior Heights C &		58.86
LaShaunda Dennis 06	Mya Ferguson 07	
Anika Marcil-Kyle 05	Taylor Church 07	
4 White Pines C & V S -		58.95
Journey Day 07	Lilly Cochrane 08	
Hannah Maluorno 07	Olivia Solomon 06	

Women High Jump Senior

City Records: 1.61m! 1996 V. McGowan SJD

Name	Yr	Team	Finals
Finals			
1 Emily Bateman	07	NOKO	1.50m
2 Avery Zack	07	NOKO	1.45m
3 Maiana Boissoneau	06	NOKO	1.30m

Women Long Jump Senior

City Records: 5.30m! 2016 Taryn Lamorie

City Records: 5.30m! 2016 T. Lamorie SMC

Name	Yr	Team	Finals
Finals			
1 Elizabeth Gavey	06	NOSM	4.62m
2 Matea Glavota	06	NOKO	4.46m
3 Emily Edgar	06	NOSM	4.25m
4 Sydney Drover	06	NOSM	4.19m

Women Triple Jump Senior

City Records: 11.32m! 2018 Hanna Jodoin

Name	Yr	Team	Finals
Finals			
1 Emily Bateman	07	NOKO	10.53m
2 Sydney Drover	06	NOSM	9.92m
3 Tru Toms	07	NOSM	9.70m
4 Matea Glavota	06	NOKO	9.30m

Women Shot Put Senior

City Records: 11.87m! 1984 A. Bodnar SJD

Name	Yr	Team	Finals
Finals			
1 Chelsea Kennedy	05	NOKO	8.16m
2 Lilliana Sawchyn	06	NOKO	8.03m
3 Riley Pietramale	07	NOSH	7.91m
4 Journey Day	07	NOWP	7.80m

Women Discus Throw Senior

City Records: 35.26m! 1982 T. Neveu WP

Name	Yr	Team	Finals
Finals			
1 Chelsea Kennedy	05	NOKO	25.82m
2 Lilliana Sawchyn	06	NOKO	24.56m
3 Mya Ferguson	07	NOSH	24.51m
4 Journey Day	07	NOWP	22.18m

Women Javelin Throw Senior

City Records: 42.20m! 1996 T. Dowding WP

Name	Yr	Team	Finals
Finals			
1 Journey Day	07	NOWP	27.45m
2 Brooklyn Marzetti	06	NOWP	26.32m
3 Jaden Hunter	06	NOKO	25.75m
4 McKenna Hunter	07	NOKO	23.19m

Women 2000 Meter Steeplechase Open

City Records: 8:52.90! 2019 A. Reader SBSS

Name	Yr	Team	Finals
Finals			
1 Aili Luomaranta	07	NOKO	9:55.90
2 Lisa Macmichael	07	NOSH	10:16.68
3 Emma Malone	06	NOSH	11:00.60

Women 4x400 Meter Relay Open

City Records: 4:21.16! 2005 SJD

Team	Relay	Finals
Finals		
1 St. Mary's College S S		4:44.66
Tori Carbone 06	Madison Perhonen 08	
Tru Toms 07	Abigail Jaremko 07	

2 Korah C & V S - noko		4:49.74
Emily Bateman 07	Luciana Capancioni 08	
Sydney Kitchen 08	Delaney Elliott 06	
3 Superior Heights C &		5:00.01
Helena Schoahs 06	Kate De Beer 08	
Marijke De Geus 09	Lisa Macmichael 07	

Men 100 Meter Dash Novice

City Records: 11.40! 1988 R. Palmer WP

Name	Yr	Team	Finals
Finals			
1 Frank Reda	09	NOSM	12.50
2 Blake Edwards	09	NOSM	12.56
3 Syran Foltz-Sikorski	09	NOKO	12.58
4 Ethan Piazza	09	NOWP	12.65

Men 200 Meter Dash Novice

City Records: 23.90! 1986 K. MacKay SJD

Name	Yr	Team	Finals
Finals			
1 Frank Reda	09	NOSM	26.59
2 Drew Albury	09	NOKO	26.60
3 Syran Foltz-Sikorski	09	NOKO	26.97
4 Parker Hickey	09	NOSM	27.30

Men 400 Meter Dash Novice

City Records: 53.40! 1986 K. Burns SJD

Name	Yr	Team	Finals
Finals			
1 Gevin Grisdale	09	NOKO	1:01.40
2 Adam Pszeniczny	09	NOSM	1:04.30
3 AJ Carbone	09	NOSM	1:10.61
4 Brent Paraiso	09	NOSM	1:22.10

Men 800 Meter Run Novice

City Records: 2:06.30! 2000 C. Bridge Kor

Name	Yr	Team	Finals
Finals			
1 Kyle Brown	09	NOSH	2:24.95
2 Adam Pszeniczny	09	NOSM	2:27.95
3 Sebastian Fera	09	NOSM	2:48.49

Men 1500 Meter Run Novice

City Records: 4:21.12! 1983 A. Applejohn SJD

Name	Yr	Team	Finals
Finals			
1 Kyle Brown	09	NOSH	5:08.83
2 Zachory Henderson	09	NOSM	5:28.58
3 Alexander Galizia	09	NOSH	5:51.92

Men 3000 Meter Run Novice

City Records: 9:31.20! 1978 A. Hugli SCI

Name	Yr	Team	Finals
Finals			
1 Kyle Brown	09	NOSH	11:24.55
2 Liam Clark	09	NOKO	11:38.02

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Finals ... (Men 3000 Meter Run Novice)

3	Jacob Vincent	09	NOKO	12:05.42
4	Zachory Henderson	09	NOSM	12:09.95

Men 100 Meter Hurdles Novice

City Records: 14.10! 1993 J. Doucette SJD

Name	Yr	Team	Finals	
Finals				
1	Yehya Abbasy	09	NOKO	16.48
2	Emeric Barker	09	NOSM	16.79
3	Oliver Benac	09	NOKO	19.68
4	Brady Young	09	NOSM	20.11

Men 300 Meter Hurdles Novice

City Records: 42.10! 1999 W. Tabaczuk SJD

Name	Yr	Team	Finals	
Finals				
1	Emeric Barker	09	NOSM	51.53
2	Brady Young	09	NOSM	52.30
3	Oliver Benac	09	NOKO	1:02.12

Men 4x100 Meter Relay Novice

City Records: 47.00! 1991 SMC

Team	Relay	Finals
Finals		
1	St. Mary's College S S Blake Edwards 09 AJ Carbone 09	50.69 Adam Pszeniczny 09 Frank Reda 09
2	Korah C & V S - noko Drew Albury 09 Yehya Abbasy 09	50.88 Kristopher Wurdemann Syran Foltz-Sikorski 09
3	Superior Heights C & Gabriel Beaton 09 Chase McIntyre 09	54.14 Kyle Brown 09 Gabriele Santana 09

Men High Jump Novice

City Records: 1.84m! 1984 M. Collins WP

Name	Yr	Team	Finals	
Finals				
1	Yehya Abbasy	09	NOKO	1.40m
2	Treyton Haynes	09	NOSH	1.35m
2	AJ Carbone	09	NOSM	1.35m

Men Long Jump Novice

City Records: 6.05m! 1964 D. Mandolesi SJD

Name	Yr	Team	Finals	
Finals				
1	Drew Albury	09	NOKO	5.10m
2	Gabriel Beaton	09	NOSH	4.87m
3	Gevin Grisdale	09	NOKO	4.82m
4	Liam Clark	09	NOKO	4.78m

Men Triple Jump Novice

City Records: 12.52m! 1975 N. Fewchuk SJD

Name	Yr	Team	Finals	
Finals				
1	Syran Foltz-Sikorski	09	NOKO	11.09m
2	Gevin Grisdale	09	NOKO	11.07m
3	Drew Albury	09	NOKO	11.05m
4	AJ Carbone	09	NOSM	10.74m

Men Shot Put Novice

City Records: 14.97m! 1977 M. O'Connor SMC

Name	Yr	Team	Finals	
Finals				
1	Dreyon Boissoneau	09	NOWP	11.18m
2	Jahiem Perrault	09	NOSM	10.02m
3	Sheamus Prophet	09	NOKO	9.78m
4	Evan Boville	09	NOKO	9.55m

Men Discus Throw Novice

City Records: 47.70m! 1967 D. Norman SJD

Name	Yr	Team	Finals	
Finals				
1	Dreyon Boissoneau	09	NOWP	32.61m
2	Sheamus Prophet	09	NOKO	31.85m
3	Jonah Hargin	09	NOSH	27.74m
4	Evan Boville	09	NOKO	24.83m

Men Javelin Throw Novice

City Records: 53.30m! 2001 K. Wilson SMC

Name	Yr	Team	Finals	
Finals				
1	Sheamus Prophet	09	NOKO	30.94m
2	Evan Boville	09	NOKO	28.64m
3	Isaac Lacasse	09	NOSM	23.78m
4	TreSean Marshall	09	NOSM	13.41m

Men 100 Meter Dash Junior

City Records: 11.10! 1985 B. Dorrance BAW, L

Name	Yr	Team	Finals	
Finals				
1	Adam Hassane	08	NOWP	11.59
2	Micah Cuglietta		NOSM	11.76
3	Sebastien Brassard	08	NOSH	11.84
4	Damon Belanger	08	NOWP	11.85

Men 200 Meter Dash Junior

City Records: 23.10! 1978 B. Dailey WP

Name	Yr	Team	Finals	
Finals				
1	Adam Hassane	08	NOWP	24.58
2	Damon Belanger	08	NOWP	24.83
3	Cameron Kontulainen	08	NOSM	25.88
4	Kale McLean	08	NOSH	26.18

Men 400 Meter Dash Junior

City Records: 49.80! 1988 B. Cooper SJD

Name	Yr	Team	Finals	
Finals				
1	Damon Belanger	08	NOWP	55.79
2	Gavin Killoran	08	NOSM	58.95
3	Brady Real	08	NOKO	1:01.54
4	Colton Huckson	08	NOKO	1:03.04

Men 800 Meter Run Junior

City Records: 1:57.60! 2001 C. Bridge KOR

Name	Yr	Team	Finals	
Finals				
1	Espen Escasa	08	NOSM	2:25.52
2	Dustin Burris	08	NOKO	2:49.49
3	Cody Dymus	08	NOKO	2:51.36

Men 1500 Meter Run Junior

City Records: 4:11.40! 1996 M. Hayman WP

Name	Yr	Team	Finals	
Finals				
1	Mateo Ivorra	08	NOSH	5:13.21
2	Jonathan Andrew	08	NOSH	5:26.02
3	Fraser Moody	08	NONG	5:31.62
4	Alex Bravener	08	NOWP	5:37.89

Men 3000 Meter Run Junior

City Records: 9:18.30! 1983 W. Dustin BAW

Name	Yr	Team	Finals	
Finals				
1	Mateo Ivorra	08	NOSH	11:20.27
2	Tye Walls	08	NOWP	11:25.83
3	Jonathan Andrew	08	NOSH	11:29.05

Men 100 Meter Hurdles Junior

City Records: 15.25! 2010 B. Bordin BAW

Name	Yr	Team	Finals	
Finals				
1	Sebastien Brassard	08	NOSH	16.00
2	Julian Chenier	08	NOSH	16.10
3	Kale McLean	08	NOSH	17.96
4	Michael Maurice	08	NOKO	19.54

Men 300 Meter Hurdles Junior

City Records: 40.80! 2002 A. Ross SMC

Name	Yr	Team	Finals	
Finals				
1	Julian Chenier	08	NOSH	46.21
2	Sebastien Brassard	08	NOSH	46.60
3	Aiden Atkinson	08	NOKO	48.90
4	Madden Glavota	08	NOKO	49.61

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Track and Field
SSM John Rhodes

Results

Men 4x100 Meter Relay Junior

City Records: 44.80! 1991 WP

G.Sutton/R.Sutton/M.Houle/J.Kirby

Team	Relay	Finals
Finals		
1 St. Mary's College S S		48.18
Micah Cuglietta	Amare Valente-Boateng	
Diego Garcia 08	Hunter Jackson 08	
2 Superior Heights C &		49.97
Sebastien Brassard 08	Julian Chenier 08	
Kale McLean 08	Dylan Wootton 08	
3 Korah C & V S - noko		51.03
Madden Glavota 08	Charlie McMaster 08	
Colton Huckson 08	Aiden Atkinson 08	

Men High Jump Junior

City Records: 1.98m! 1978 D. Burden BAW

Name	Yr	Team	Finals
Finals			
1 Markeese Strawbridge	08	NOWP	1.70m
2 Tye Walls	08	NOWP	J1.45m
3 Aiden Atkinson	08	NOKO	J1.45m

Men Long Jump Junior

City Records: 6.74m! 1986 K. Banse WP

Name	Yr	Team	Finals
Finals			
1 Amare Valente-Boaten	08	NOSM	5.94m
2 Micah Cuglietta		NOSM	5.70m
3 Cameron Kontulainen	08	NOSM	5.40m
4 Dylan Wootton	08	NOSH	4.78m

Men Triple Jump Junior

City Records: 13.51m! 1989 J. Marriott BAW

Name	Yr	Team	Finals
Finals			
1 Micah Cuglietta		NOSM	11.15m
2 Charlie McMaster	08	NOKO	10.58m
3 Madden Glavota	08	NOKO	9.94m
4 Gavin Killoran	08	NOSM	9.90m

Men Shot Put Junior

City Records: 13.68m! 2006 D. Bertolo SBSS

Name	Yr	Team	Finals
Finals			
1 Markeese Strawbridge	08	NOWP	13.45m
2 Aiden Wonch	08	NOKO	10.90m
3 Jacob Richardson	08	NOWP	9.75m
4 Logan Frost	08	NOKO	9.25m

Men Discus Throw Junior

City Records: 43.95m! 2005 J. Verdone SMC

Name	Yr	Team	Finals
Finals			
1 Dylan Wootton	08	NOSH	32.59m

2 Jacob Richardson	08	NOWP	32.02m
3 Logan Frost	08	NOKO	31.14m
4 Thomas Keough	08	NOSH	29.08m

Men Javelin Throw Junior

City Records: 51.46m! 2004 J. Bergamin SJD

Name	Yr	Team	Finals
Finals			
1 Cameron Kontulainen	08	NOSM	38.81m
2 Hunter Thorkilson	08	NOKO	37.56m
3 Zayn Murdoch	08	NOKO	35.67m
4 Dylan Wootton	08	NOSH	34.56m

Men 100 Meter Dash Senior

City Records: 11.00! 2006 A. Clarke WP

Name	Yr	Team	Finals
Finals			
1 Nathan Guizzetti	07	NOKO	10.95!
2 Mitchell Kommusaar	06	NOKO	11.74
3 Daniel Guzzo	06	NOSM	11.75
4 Brayden Richard	07	NOSH	12.20

Men 200 Meter Dash Senior

City Records: 22.40! 1986 B. Dorrance BAW

Name	Yr	Team	Finals
Finals			
1 Nathan Guizzetti	07	NOKO	23.70
2 Daniel Guzzo	06	NOSM	24.84
3 Jack Fremlin	06	NOKO	25.76
4 Jesse Post	06	NOKO	25.79

Men 400 Meter Dash Senior

City Records: 49.00! 1989 K. Burns SJD

Name	Yr	Team	Finals
Finals			
1 Callum McAuley	06	NOSM	57.20
2 Nathan Higham	07	NOKO	58.30
3 Coulson Bell	07	NOKO	59.15
4 Nashoba Moore	07	NOWP	1:00.92

Men 800 Meter Run Senior

City Records: 1:57.90! 1981 A. Hugli SCI

Name	Yr	Team	Finals
Finals			
1 Peter Gartshore	07	NOSH	2:22.45
2 Kiran Juma	06	NOSM	2:24.55
3 Alec Cartwright	07	NOKO	2:25.80
4 Ethan Heimonen	07	NOSH	2:35.36

Men 1500 Meter Run Senior

City Records: 4:04.00! 1981 A. Hugli SCI

Name	Yr	Team	Finals
Finals			
1 Peter Gartshore	07	NOSH	4:50.67
2 Linden Devries	06	NOWP	4:55.70
3 David Kirk	06	NOWP	5:08.30

4 Ethan Heimonen	07	NOSH	5:17.39
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Men 3000 Meter Run Senior

City Records: 8:54.30! 1981 A. Hugli SCI

Name	Yr	Team	Finals
Finals			
1 Linden Devries	06	NOWP	10:31.08
2 Peter Gartshore	07	NOSH	10:35.14
3 David Kirk	06	NOWP	12:25.39
4 Trysten Kahtava	05	NOKO	12:41.42

Men 110 Meter Hurdles Senior

City Records: 15.57! 2008 E. Noland SJD

Name	Yr	Team	Finals
Finals			
1 Nick Louttit	07	NOWP	17.58
2 Mitchell Kommusaar	06	NOKO	18.68
3 Damian Gasperas	07	NOSH	20.87

Men 400 Meter Hurdles Senior

City Records: 59.96! 2004 B. McAndrew SMC

Name	Yr	Team	Finals
Finals			
1 Ethan McCorkell	07	NOWP	1:08.03
2 Cole Cond	06	NOSH	1:09.24
3 Joshua Lamming	07	NOSM	1:12.86
4 Damian Gasperas	07	NOSH	1:13.75

Men 4x100 Meter Relay Senior

City Records: 44.39! 2010 Sir James Dunn C &

E Bogensberger, M Auger, G Hunt, J Vernelli

Team	Relay	Finals
Finals		
1 Korah C & V S - noko		46.38
Ethan Carbone 06	Nathan Higham 07	
Mitchell Kommusaar 06	Nathan Guizzetti 07	
2 St. Mary's College S S		47.27
Ryan Posteraro 06	Nate Carter 06	
Daniel Guzzo 06	Callum McAuley 06	
3 Superior Heights C &		48.72
Cole Cond 06	Will Middaugh 07	
Brayden Richard 07	Max Shillingford 07	
4 White Pines C & V S -		48.84
Justin Grant 06	Nick Louttit 07	
Ethan McCorkell 07	Nashoba Moore 07	

Men High Jump Senior

City Records: 2.03m! 1984 G. McLean SMC

Name	Yr	Team	Finals
Finals			
1 Jaiden Cowan	07	NOKO	1.68m
1 Justin Grant	06	NOWP	1.68m
3 Ethan Carbone	06	NOKO	J1.65m
4 Ethan McCorkell	07	NOWP	J1.65m

SSM City Track and Field Championships - 5/23/2024

Track and Field
SSM John Rhodes
Results**Men Long Jump Senior**

City Records: 6.83m! 1987 J. Gavin WP

Name	Yr	Team	Finals
Finals			
1 Ethan Carbone	06	NOKO	6.08m
2 Coulson Bell	07	NOKO	6.07m
3 Nate Carter	06	NOSM	5.77m
4 Nathan Guizzetti	07	NOKO	5.67m

Men Triple Jump Senior

City Records: 13.66m! 1991 J.Marriott BAW

Name	Yr	Team	Finals
Finals			
1 Ethan Carbone	06	NOKO	12.30m
2 Nathan Higham	07	NOKO	12.01m
3 Nik Vecchio	05	NOSM	11.97m
4 Nate Carter	06	NOSM	11.62m

Men Shot Put Senior

City Records: 16.11m! 1983 A. Manfredi KOR

Name	Yr	Team	Finals
Finals			
1 Noah Mioduszewski	06	NOWP	12.94m
2 Noah DiValentin	06	NOSM	11.68m
3 Keegan Staniforth	07	NOSH	11.32m
4 Easton Whitfield-Hurl	06	NOSH	11.20m

Men Discus Throw Senior

City Records: 43.94m! 2004 D. Kennedy SJD

Name	Yr	Team	Finals
Finals			
1 Noah Mioduszewski	06	NOWP	33.71m
2 Will Middaugh	07	NOSH	32.71m
3 Keenen Boissoneau	06	NOWP	28.39m
4 Ethan Wootton	06	NOSH	26.56m

Men Javelin Throw Senior

City Records: 62.30m! 2003 T. Koskenoja WP

Name	Yr	Team	Finals
Finals			
1 Liam Dubois	07	NOSM	40.72m
2 Christopher Ambeault	06	NOKO	38.01m
3 Will Middaugh	07	NOSH	37.52m
4 Jacob Nelson	07	NOSH	37.08m

Men 2000 Meter Steeplechase Open

City Records: 6:09.80! 1982 P. Duffy SMC

Name	Yr	Team	Finals
Finals			
1 Linden Devries	06	NOWP	7:24.56
2 Espen Escasa	08	NOSM	7:44.19
3 Joshua Lamming	07	NOSM	7:48.65
4 Cole Cond	06	NOSH	7:50.89

Men 4x400 Meter Relay Open

City Records: 3:35.80! 1983 SJD

D.Applejohn / G.Filek / K.Heio / D.Syme		
Team	Relay	Finals
Finals		
1 Korah C & V S - noko		3:57.93
Coulson Bell 07	Gevin Grisdale 09	
Nathan Higham 07	Nathan Guizzetti 07	
2 St. Mary's College S S		4:03.68
Joshua Lamming 07	Espen Escasa 08	
Kiran Juma 06	Callum McAuley 06	
3 White Pines C & V S -		4:05.57
Damon Belanger 08	Adam Hassane 08	
Ethan McCorkell 07	Nashoba Moore 07	
4 Superior Heights C &		4:12.12
Peter Gartshore 07	Ethan Heimonen 07	
Cole Cond 06	Kyle Brown 09	