

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**Event 1 Women 100 Meter Dash Midget**

```
=====
OFSAA: ! 12.81 2004 Athena McBean - St.Francis Xavier -Miss
Can Inter: * 11.3h 1979 Angella Taylor - Parkdale CI
an Inter 2: * 11.54 2002 Ashley Purnell - St. Mark HS
NSSSA: ! 13.04 2008 Hannah Britton, ELSS
=====
```

Name	Year	School	Seed	Prelims	Wind	H#
eliminations						
1 Trowbridge, Kelsie		W. C. Eaket S S		14.96Q	NWI	1
2 Blondin, Chelsey		W. C. Eaket S S		15.30Q	NWI	2
3 Celetti, Holly		Central Algoma S S		15.43Q	NWI	1
4 Orlando, Jamie		Central Algoma S S		15.68Q	NWI	2
5 Bredin, Anne		Manitoulin S S		15.74q	NWI	1
6 Tonge, Joanna		Manitoulin S S		16.11q	NWI	1

**Event 1 Women 100 Meter Dash Midget**

```
=====
OFSAA: ! 12.81 2004 Athena McBean - St.Francis Xavier -Miss
Can Inter: * 11.3h 1979 Angella Taylor - Parkdale CI
an Inter 2: * 11.54 2002 Ashley Purnell - St. Mark HS
NSSSA: ! 13.04 2008 Hannah Britton, ELSS
=====
```

Name	Year	School	Prelims	Finals	Wind	Points
finals						
1 Trowbridge, Kelsie		W. C. Eaket S S	14.96	14.96	NWI	10
2 Celetti, Holly		Central Algoma S S	15.43	15.33	NWI	8
3 Orlando, Jamie		Central Algoma S S	15.68	15.49	NWI	6
4 Blondin, Chelsey		W. C. Eaket S S	15.30	15.54	NWI	4
5 Bredin, Anne		Manitoulin S S	15.74	15.99	NWI	2
6 Tonge, Joanna		Manitoulin S S	16.11	16.27	NWI	1

**Event 2 Men 100 Meter Dash Midget**

```
=====
OFSAA: ! 10.89 1981 Keith Dormond - Graham B. Warr
Can Inter: * 10.4h 1975 Hugh Spooner - Newtonbrook SS
an Inter 2: * 10.4h 1978 Desai Williams - Northview Hei
an Inter 3: * 10.41 1994 Carlton Chambers -Ascension of
NSSSA: ! 12.06 2006 Wesley Hart, ELSS
=====
```

Name	Year	School	Seed	Prelims	Wind	H#
eliminations						
1 Argall, Andrew		Manitoulin S S		12.52Q	NWI	1
2 MacDonald, Luke		Central Algoma S S		12.74Q	NWI	2
3 Clarke, Joshua		W. C. Eaket S S		12.62Q	NWI	1
4 Congi, Jayden		Jeunesse-Nord E S		13.51Q	NWI	2
5 Beaudry-Southwind, Jayde		Espanola H S		13.87q	NWI	2
6 St. Pierre, Bryce		Espanola H S		15.26q	NWI	1
- Moss, Jon		Manitoulin S S		DQ	NWI	2

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**Event 2 Men 100 Meter Dash Midget**

```
=====
OFSAA: ! 10.89 1981 Keith Dormond - Graham B. Warr
Can Inter: * 10.4h 1975 Hugh Spooner - Newtonbrook SS
an Inter 2: * 10.4h 1978 Desai Williams - Northview Hei
an Inter 3: * 10.41 1994 Carlton Chambers -Ascension of
NSSSA: ! 12.06 2006 Wesley Hart, ELSS
Name Year School Prelims Finals Wind Points
=====
```

Eliminaries						
Name	Year	School	Prelims	Finals	Wind	Points
1 Argall, Andrew		Manitoulin S S	12.52	12.74	NWI	10
2 MacDonald, Luke		Central Algoma S S	12.74	12.80	NWI	8
3 Beaudry-Southwind, Jayde		Espanola H S	13.87	13.65	NWI	6
4 Congi, Jayden		Jeunesse-Nord E S	13.51	13.74	NWI	4
5 Clarke, Joshua		W. C. Eaket S S	12.62	18.02	NWI	2
- St. Pierre, Bryce		Espanola H S	15.26	DQ	NWI	
Eliminaries						
- Moss, Jon		Manitoulin S S	DQ			

**Event 3 Women 200 Meter Dash Midget**

```
=====
OFSAA: ! 24.42 2002 Emily Johnson -John F. Ross CVI
Can Inter: * 23.3h 1979 Angella Taylor - Parkdale CI
an Inter 2: * 23.58 1998 Atia Weeks - Crescent Heights
NSSSA: ! 30.54 2007 Jenna Williamson, MSS
Name Year School Seed Finals Wind Points
=====
```

Eliminaries						
Name	Year	School	Seed	Finals	Wind	Points
1 Rogers, Jessica		Elliot Lake S S		31.20	NWI	10
2 Celetti, Holly		Central Algoma S S		32.37	NWI	8
3 Bredin, Anne		Manitoulin S S		33.11	NWI	6
4 Cooper, Laura		Manitoulin S S		33.83	NWI	4
5 Campbell, Rachel		Central Algoma S S		34.11	NWI	2

**Event 4 Men 200 Meter Dash Midget**

```
=====
OFSAA: ! 22.30 1991 Chris Robinson - Jacob Hespele
Can Inter: * 20.95 1984 Atlee Mahorn - Central Technic
NSSSA: ! 25.29 2006 Wesley Hart, ELSS
Name Year School Seed Finals Wind Points
=====
```

Eliminaries						
Name	Year	School	Seed	Finals	Wind	Points
1 Cooper, Caleb		Espanola H S		29.84	NWI	10
2 Landriault, Cameron		Jeunesse-Nord E S		31.62	NWI	8
3 Piche, Kyler		Jeunesse-Nord E S		37.84	NWI	6
- MacDonald, Luke		Central Algoma S S		DQ	NWI	
- Evoy, Keegan		Central Algoma S S		DQ	NWI	

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**Event 5 Women 400 Meter Dash Midget**

Name	Year	School	Seed	Finals	Points
OFSAA: !	55.4h	1978	Linda Orr - Aldershot HS		
OFSAA 2: !	56.41	1986	Maureen Cinq-Mars - A.B. Lucas		
Can Inter: *	53.0h	1980	Alexis Paul Macdonald - C.W. J		
an Inter 2: *	53.32	1980	Charmaine Crooks - West Toront		
NSSSA: !	1:10.18	2006	Becka Lawrence, CASS		
1 Robertson, Taylor		Manitoulin S S		1:13.14	10
2 Prato, Katerina		Manitoulin S S		1:15.58	8
3 Roberts, Mackenzie		Jeunesse-Nord E S		1:16.11	6
4 Horner, Emma		Central Algoma S S		1:20.55	4

**Event 6 Men 400 Meter Dash Midget**

Name	Year	School	Seed	Finals	Points
OFSAA: !	51.72	2004	Steve Lamarche - Belle River		
Can Inter: *	46.27	1987	Carl Folkes - Central Technica		
NSSSA: !	56.93	2006	Nick Esposto, MSS		
1 Thomas, Coty		Central Algoma S S		1:00.62	10
2 Doane, Mark		Manitoulin S S		1:07.11	8
3 Landriault, Cameron		Jeunesse-Nord E S		1:11.14	6
4 Burk, Kevin		Espanola H S		1:11.30	4

**Event 7 Women 800 Meter Run Midget**

Name	Year	School	Seed	Finals	Points
OFSAA: !	2:13.40	1983	Michelle Bathurst - Oakridge		
Can Inter: *	2:05.94	1980	Elise Braithwaite-Elmwood Sch		
NSSSA: !	2:44.68	2007	Caroline Ehrhardt, EHS		
1 Robertson, Taylor		Manitoulin S S		2:50.96	10
2 Wright, Marie Lee		Manitoulin S S		2:55.64	8
3 Roberts, Mackenzie		Jeunesse-Nord E S		2:59.36	6
4 Horner, Emma		Central Algoma S S		3:16.99	4
5 Campbell, Rachel		Central Algoma S S		3:17.08	2

**Event 8 Men 800 Meter Run Midget**

Name	Year	School	Seed	Finals	Points
OFSAA: !	1:53.24	1989	Kevin Sullivan - North Park C&		
Can Inter: *	1:48.64	1992	Kevin Sullivan - North Park C&		
NSSSA: !	2:27.04	2005	Brian Killen, ELSS		
1 Trimmer, Wesley		Manitoulin S S		2:33.02	10
2 Doane, Mark		Manitoulin S S		2:35.48	8
3 Langlois, Jesse		Villa-Franca		2:36.24	6
4 Hooper, Chris		Elliot Lake S S		2:36.30	4
5 Evoy, Keegan		Central Algoma S S		2:38.71	2
6 Cooper, Caleb		Espanola H S		2:54.62	1
7 Rankin, Dan		Central Algoma S S		3:08.11	

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**Event 9 Women 1500 Meter Run Midget**

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=====
OFSAA: ! 4:36.30 2004 Lindsay Carson - Southwood SS
Can Inter: * 4:23.52 1982 Alison Wiley - Branksome Hall
NSSSA: ! 5:05.00 2003 Kaitlyn Tallman, MSS
Name Year School Seed Finals Points
=====
1 Wright, Marie Lee Manitoulin S S 6:15.83 10
2 Sampson, Erica Manitoulin S S 6:22.99 8
3 Campbell, Rachel Central Algoma S S 6:42.01 6
4 Horner, Emma Central Algoma S S 6:58.12 4
=====
```

**Event 10 Men 1500 Meter Run Midget**

```
=====
OFSAA: ! 3:54.31 1989 Kevin Sullivan - North Park C&
Can Inter: * 3:42.33 1993 Kevin Sullivan - North Park C&
NSSSA: ! 4:43.00 2005 Brian Killen, ELSS
Name Year School Seed Finals Points
=====
1 Weaver, Justin Espanola H S 5:26.65 10
2 Evoy, Keegan Central Algoma S S 5:30.90 8
3 Trimmer, Wesley Manitoulin S S 5:32.65 6
4 Gallinger, Curtis Espanola H S 5:33.90 4
5 Hooper, Chris Elliot Lake S S 5:36.37 2
6 Longworth, Thomas Elliot Lake S S 5:40.78 1
7 Rankin, Dan Central Algoma S S 6:37.52
=====
```

**Event 11 Women 3000 Meter Run Midget**

```
=====
OFSAA: ! 9:44.67 1986 Jennifer Armstrong - London So
Can Inter: * 9:30.64 1981 Kate Wiley - Branksome Hall
NSSSA: ! 11:07.00 2003 Kaitlyn Talman, MSS
Name Year School Seed Finals Points
=====
1 Wright, Danielle Manitoulin S S 14:47.43 10
2 Sampson, Erica Manitoulin S S 15:01.34 8
=====
```

**Event 12 Men 3000 Meter Run Midget**

```
=====
OFSAA: ! 9:11.21 2004 Matt Leeder - Thousand Islands
OFSAA 2: ! 8:53.09 2002 Mike Woods -Hillcrest HS
Can Inter: * 8:00.2h 1987 Greg Anderson - Parkside HS
an Inter 2: * 8:11.49 1982 Dave Reid - West Humber CI
NSSSA: ! 10:21.00 2005 Jesse Deschamps, EHS
Name Year School Seed Finals Points
=====
1 Weaver, Justin Espanola H S 12:20.72 10
2 Gallinger, Curtis Espanola H S 12:26.43 8
3 Longworth, Thomas Elliot Lake S S 12:38.96 6
4 Langlois, Jesse Villa-Franca 13:28.84 4
5 Hooper, Chris Elliot Lake S S 13:58.55 2
=====
```

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**Event 13 Women 80 Meter Hurdles Midget**

```
=====
OFSAA: ! 11.29 1996 Jessica Zeilinka - Sir Frederick Bantin
Can Inter: * 11.01 1998 Jessica Zelinka - Sir Frederic
NSSSA: ! 15.16 2006 Tegan Wiebe, WCE
Name Year School Seed Finals Wind Points
=====
1 Rogers, Jessica Elliot Lake S S 16.04 NWI 10
2 Tulloch, Olivia W. C. Eaket S S 16.87 NWI 8
=====
```

**Event 14 Men 100 Meter Hurdles Midget**

```
=====
OFSAA: ! 14.60 2004 Emmanuel Kamera - St. Edmund Campion
NSSSA: ! 17.24 2006 Jesse Celletti, CASS
Name Year School Seed Finals Wind Points
=====
1 MacDonald, Luke Central Algoma S S 17.87 NWI 10
2 Lelievre, Travis Espanola H S 18.49 NWI 8
3 Beaudry-Southwind, Jayde Espanola H S 19.58 NWI 6
4 Greef, Tony Central Algoma S S 21.59 NWI 4
=====
```

**Event 15 Women 300 Meter Hurdles Midget**

```
=====
OFSAA: ! 44.63 2004 Julia Tousaw - St.Anne's CSS Clinton
Can Inter: * 41.66 1994 Nadia Schmiedt - John Paul II
NSSSA: ! 52.07 2008 Hannah Britton, ELSS
Name Year School Seed Finals Points
=====
1 Rogers, Jessica Elliot Lake S S 55.67 10
2 Wright, Marie Lee Manitoulin S S 59.81 8
=====
```

**Event 16 Men 300 Meter Hurdles Midget**

```
=====
OFSAA: ! 41.95 2004 Mark Steele - Port Credit S.S.
Can Inter: * 37.06 1992 Troy Langevine - Agincourt CI
NSSSA: ! 46.24 2005 Nick Esposto, MSS
Name Year School Seed Finals Points
=====
1 Trimmer, Wesley Manitoulin S S 51.08 10
2 Powers, Rhys Espanola H S 54.71 8
3 Burk, Kevin Espanola H S 59.40 6
- Greef, Tony Central Algoma S S DQ
=====
```

**Event 31 Women 4x100 Meter Relay Midget**

```
=====
OFSAA: ! 51.06 2004 Ressurrection CSS - Kitchener
B.Thorne,E.Glofcheski,L.Austin, M.Buttinger
Can Inter: * 47.79 1980 The Woodlands SS-Mississauga
NSSSA: ! 1:00.10 2005 CASS, MSS
School Year School Seed Finals Points
=====
1 Central Algoma S S 'A' 1:01.49 10
1) Horner, Emma 2) Campbell, Rachel
3) Orlando, Jamie 4) Celetti, Holly
5) Heubner, Danielle 6)
=====
```

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**....Event 31 Women 4x100 Meter Relay Midget**

2 Manitoulin S S 'A'		1:02.49	8
1) Prato, Katerina	2) Robertson, Taylor		
3) Elliot, Kayla	4) Wright, Marie Lee		
3 Manitoulin S S 'B'		1:04.77	6
1) Wright, Danielle	2) Tonge, Joanna		
3) Bredin, Anne	4) Cooper, Laura		

**Event 32 Men 4x100 Meter Relay Midget**

=====			
OFSAA: ! 45.90	2004	Belle River SS	
		J. Fox,G. Holdren,D. Gibbons,S. Lamarche	
Can Inter: * 41.1h	1987	George Harvey SS - York	
an Inter 2: * 41.28	1988	George Harvey CI - York	
NSSSA: ! 53.04	2006	EHS, EHS	
		A. McCulloch, C. MacNeil, N. Beer, D. Coulombe	
School		Seed	Finals Points
=====			
1 Manitoulin S S 'A'		53.26	10
1) Argall, Andrew	2) Moss, Jon		
3) Doane, Mark	4) Trimmer, Wesley		
5) Lanktree, Justin	6) Cranston, Aaron		
2 Espanola H S 'A'		53.40	8
1) St. Pierre, Bryce	2) Brown, Matt		
3) Cooper, Caleb	4) Beaudry-Southwind, Jayden		
5) Weaver, Justin	6)		
3 Jeunesse-Nord E S 'A'		55.83	6
1) Congi, Jayden	2) Hall, David		
3) Piche, Kyler	4) Landriault, Cameron		

**Event 33 Women 100 Meter Dash Junior**

=====			
OFSAA: ! 12.05	1989	Dionne Wright - C.W.Jefferys SS	
Can Inter: * 11.3h	1979	Angella Taylor - Parkdale CI	
an Inter 2: * 11.54	2002	Ashley Purnell - St. Mark HS	
NSSSA: ! 13.45	2006	Kari-Lynn Kluge, ELSS	
Name	Year School	Seed	Prelims Wind H#
=====			
eliminaries			
1 Britton-Foster, Hannah	Elliot Lake S S	13.68Q	NWI 1
2 Kinzel, Nichole	Central Algoma S S	14.42Q	NWI 2
3 Dubreuil, Karen	Espanola H S	14.30Q	NWI 1
4 Rousselle, Heather	W. C. Eaket S S	14.90Q	NWI 2
5 Ford, Caray	Central Algoma S S	14.56q	NWI 1
6 Knobel, Kim	Manitoulin S S	15.20q	NWI 1
7 Runnals, Katie	Manitoulin S S	15.71	NWI 1
8 McGregor, Kendra	Espanola H S	16.30	NWI 2
9 Viel, Alyssa	Jeunesse-Nord E S	16.36	NWI 2

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**Event 33 Women 100 Meter Dash Junior**

=====

OFSAA: ! 12.05 1989 Dionne Wright - C.W.Jefferys SS  
 Can Inter: \* 11.3h 1979 Angella Taylor - Parkdale CI  
 an Inter 2: \* 11.54 2002 Ashley Purnell - St. Mark HS  
 NSSSA: ! 13.45 2006 Kari-Lynn Kluge, ELSS

Name	Year	School	Prelims	Finals	Wind	Points
=====						
nals						
1 Britton-Foster, Hannah		Elliot Lake S S	13.68	13.84	NWI	10
2 Dubreuil, Karen		Espanola H S	14.30	13.96	NWI	8
3 Kinzel, Nichole		Central Algoma S S	14.42	14.55	NWI	6
4 Ford, Caray		Central Algoma S S	14.56	14.58	NWI	4
5 Rousselle, Heather		W. C. Eaket S S	14.90	15.02	NWI	2
6 Knobel, Kim		Manitoulin S S	15.20	15.36	NWI	1
eliminaries						
7 Runnals, Katie		Manitoulin S S	15.71			
8 McGregor, Kendra		Espanola H S	16.30			
9 Viel, Alyssa		Jeunesse-Nord E S	16.36			

**Event 34 Men 100 Meter Dash Junior**

=====

OFSAA: ! 11.32 2004 Brandon Besant - W.F.Herman SS  
 Can Inter: \* 10.4h 1975 Hugh Spooner - Newtonbrook SS  
 an Inter 2: \* 10.4h 1978 Desai Williams - Northview Hei  
 an Inter 3: \* 10.41 1994 Carlton Chambers -Ascension of  
 NSSSA: ! 11.94 2007 Wesley Hart, ELSS

Name	Year	School	Seed	Finals	Wind	Points
=====						
nals						
1 Dubois, Brett		Espanola H S		12.48	NWI	10
2 MacFarlane, Ben		Central Algoma S S		12.58	NWI	8
3 Massicotte, Justin		Espanola H S		13.30	NWI	6
4 Flanagan, Daniel		Manitoulin S S		13.36	NWI	4
5 Gammie, Tyler		Manitoulin S S		14.84	NWI	2

**Event 35 Women 200 Meter Dash Junior**

=====

OFSAA: ! 25.47 2004 Simone Holder - Clarkson SS  
 Can Inter: \* 23.3h 1979 Angella Taylor - Parkdale CI  
 an Inter 2: \* 23.58 1998 Atia Weeks - Crescent Heights  
 NSSSA: ! 28.31 2006 Kari-Lynn Kluge, ELSS

Name	Year	School	Seed	Prelims	Wind	H#
=====						
eliminaries						
1 Britton-Foster, Hannah		Elliot Lake S S		30.18Q	NWI	1
2 Kinzel, Nichole		Central Algoma S S		31.21Q	NWI	2
3 King, Kaisha		Central Algoma S S		31.49q	NWI	1
4 Rousselle, Heather		W. C. Eaket S S		31.99q	NWI	2
5 Esposto, Gabby		Manitoulin S S		32.37q	NWI	2
6 Lanktree, Lacey		Elliot Lake S S		32.40	NWI	1
7 Knobel, Kim		Manitoulin S S		33.27	NWI	2
8 Viel, Alyssa		Jeunesse-Nord E S		37.62	NWI	2
- McGregor, Kendra		Espanola H S		DQ	NWI	1
- Scully, Taylor		Espanola H S		DQ	NWI	1

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**Event 35 Women 200 Meter Dash Junior**

=====

OFSAA: ! 25.47 2004 Simone Holder - Clarkson SS  
 Can Inter: \* 23.3h 1979 Angella Taylor - Parkdale CI  
 an Inter 2: \* 23.58 1998 Atia Weeks - Crescent Heights  
 NSSSA: ! 28.31 2006 Kari-Lynn Kluge, ELSS

Name	Year	School	Prelims	Finals	Wind	Points
=====						
nals						
1 Britton-Foster, Hannah		Elliot Lake S S	30.18	29.74	NWI	10
2 Rouselle, Heather		W. C. Eaket S S	31.99	31.27	NWI	8
3 Esposto, Gabby		Manitoulin S S	32.37	31.36	NWI	6
4 Kinzel, Nichole		Central Algoma S S	31.21	31.58	NWI	4
- King, Kaisha		Central Algoma S S	31.49	DQ	NWI	
eliminaries						
6 Lanktree, Lacey		Elliot Lake S S	32.40			
7 Knobel, Kim		Manitoulin S S	33.27			
8 Viel, Alyssa		Jeunesse-Nord E S	37.62			
- McGregor, Kendra		Espanola H S	DQ			
- Scully, Taylor		Espanola H S	DQ			

**Event 36 Men 200 Meter Dash Junior**

=====

OFSAA: ! 23.11 2004 Jerome St.Bernard - Francis Libermann  
 OFSAA 2: ! 21.0h  
 Can Inter: \* 20.95 1984 Atlee Mahorn - Central Technic  
 NSSSA: ! 25.35 2007 Nathan Beer, EHS

Name	Year	School	Seed	Prelims	Wind	H#
=====						
1 MacFarlane, Ben		Central Algoma S S		26.30Q	NWI	1
2 Rydall, Tyler		Espanola H S		27.78Q	NWI	2
3 Corrigan, Zack		Manitoulin S S		26.65q	NWI	1
4 Massicotte, Justin		Espanola H S		28.36q	NWI	1
5 Gammie, Tyler		Manitoulin S S		30.62q	NWI	2
6 Lapointe - Green, Ryan		Villa-Franca		31.46	NWI	2

**Event 36 Men 200 Meter Dash Junior**

=====

OFSAA: ! 23.11 2004 Jerome St.Bernard - Francis Libermann  
 OFSAA 2: ! 21.0h  
 Can Inter: \* 20.95 1984 Atlee Mahorn - Central Technic  
 NSSSA: ! 25.35 2007 Nathan Beer, EHS

Name	Year	School	Prelims	Finals	Wind	Points
=====						
nals						
1 MacFarlane, Ben		Central Algoma S S	26.30	26.71	NWI	10
2 Corrigan, Zack		Manitoulin S S	26.65	27.11	NWI	8
3 Rydall, Tyler		Espanola H S	27.78	27.24	NWI	6
4 Gammie, Tyler		Manitoulin S S	30.62	30.84	NWI	4
- Massicotte, Justin		Espanola H S	28.36	DQ	NWI	
eliminaries						
6 Lapointe - Green, Ryan		Villa-Franca	31.46			



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**Event 37 Women 400 Meter Dash Junior**

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=====
OFSAA: ! 57.67 2004 Caitlin Bailey - Queen Elizabeth Park S
Can Inter: * 53.0h 1980 Alexis Paul Macdonald - C.W. J
an Inter 2: * 53.32 1980 Charmaine Crooks - West Toront
NSSSA: ! 1:12.11 20/05/2009 Lacey Lanktree, Elliot Lake
Name Year School Seed Finals Points
=====
nals
1 Lanktree, Lacey Elliot Lake S S 1:12.11! 10
2 LeBlanc, Deanne Franco-Ouest E S C 1:13.30 8
3 Kinzel, Nichole Central Algoma S S 1:13.43 6
4 Maracle, Rachel Manitoulin S S 1:15.08 4
5 Clark, Caitlyn Manitoulin S S 1:16.06 2
=====
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**Event 38 Men 400 Meter Dash Junior**

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=====
OFSAA: ! 49.62 2004 Greg Hayes - St.Mary's SS Hamilton
Can Inter: * 46.27 1987 Carl Folkes - Central Technica
NSSSA: ! 57.72 2007 N. Esposto, MSS
Name Year School Seed Prelims H#
=====
eliminaries
1 MacFarlane, Ben Central Algoma S S 1:00.43Q 1
2 Lapointe - Green, Ryan Villa-Franca 1:07.14Q 2
3 Corrigan, Zack Manitoulin S S 1:02.34Q 1
4 McIsaac-LaFrance, Tyler Espanola H S 1:08.30Q 2
5 Mailloux, Bryan Espanola H S 1:05.71q 1
6 Bedard, Matt Manitoulin S S 1:09.24 2
=====
```

**Event 38 Men 400 Meter Dash Junior**

```
=====
OFSAA: ! 49.62 2004 Greg Hayes - St.Mary's SS Hamilton
Can Inter: * 46.27 1987 Carl Folkes - Central Technica
NSSSA: ! 57.72 2007 N. Esposto, MSS
Name Year School Prelims Finals Points
=====
nals
1 MacFarlane, Ben Central Algoma S S 1:00.43 1:00.86 10
2 Corrigan, Zack Manitoulin S S 1:02.34 1:01.43 8
3 Mailloux, Bryan Espanola H S 1:05.71 1:06.40 6
4 McIsaac-LaFrance, Tyler Espanola H S 1:08.30 1:08.08 4
5 Lapointe - Green, Ryan Villa-Franca 1:07.14 1:09.17 2
eliminaries
6 Bedard, Matt Manitoulin S S 1:09.24
=====
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**Event 39 Women 800 Meter Run Junior**

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=====
OFSAA: ! 2:12.78 2004 Melissa Bishop - Opeongo HS
OFSAA 2: ! 2:10.60
Can Inter: * 2:05.94 1980 Elise Braithwaite-Elmwood Sch
NSSSA: ! 2:22.40 2004 Kaitlyn Tallman, MSS
Name Year School Seed Finals Points
=====
nals
1 Clark, Caitlyn Manitoulin S S 2:52.18 10
=====
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**NSSSA - 20/05/2009**  
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**Espanola High School**  
**Results - Track**

**....Event 39 Women 800 Meter Run Junior**

2 Lajambe, Lexie	Central Algoma S S	2:54.96	8
3 Chow, Ovina	W. C. Eaket S S	2:59.27	6
4 Maracle, Rachel	Manitoulin S S	3:02.43	4
5 Orton, Olivia	Jeunesse-Nord E S	3:12.84	2
6 Headrick, Megan	Central Algoma S S	3:13.55	1

**Event 40 Men 800 Meter Run Junior**

=====

OFSAA: ! 2:00.48 2004 Allen Brett - Hillcrest HS Ottawa  
 Can Inter: \* 1:48.64 1992 Kevin Sullivan - North Park C&  
 NSSSA: ! 2:08.62 20/05/2009 Jeremy Cooper, Manitoulin S

Name	Year School	Seed	Finals	Points
1 Cooper, Jeremy	Manitoulin S S		2:08.62!	10
2 Paibomsai, Edward	Espanola H S		2:21.02	8
3 Bedard, Matt	Manitoulin S S		2:46.83	6
4 Lapointe - Green, Ryan	Villa-Franca		2:52.78	4

**Event 41 Women 1500 Meter Run Junior**

=====

OFSAA: ! 4:36.54 2004 Kaitlin Tallman - Manitoulin SS  
 Can Inter: \* 4:23.52 1982 Alison Wiley - Branksome Hall  
 NSSSA: ! 5:08.90 2004 Kaitlyn Tallman, MSS

Name	Year School	Seed	Finals	Points
1 Golec, Katie	Central Algoma S S		5:54.11	10
2 Chow, Ovina	W. C. Eaket S S		6:39.93	8

**Event 42 Men 1500 Meter Run Junior**

=====

OFSAA: ! 4:01.95 2004 Allen Brett - Hillcrest HS Ottawa  
 Can Inter: \* 3:42.33 1993 Kevin Sullivan - North Park C&  
 NSSSA: ! 4:28.68 20/05/2009 Jeremy Cooper, Manitoulin S

Name	Year School	Seed	Finals	Points
1 Cooper, Jeremy	Manitoulin S S		4:28.68!	10
2 Paibomsai, Edward	Espanola H S		4:56.08	8
3 Laabs, Tanner	Franco-Ouest E S C		5:15.61	6
4 Nicholson, Darren	Espanola H S		5:29.14	4
5 Trotter, Brandon	Central Algoma S S		5:34.56	2
6 Bondi, Parker	Manitoulin S S		5:50.83	1
7 Tucsock, Erik	Elliot Lake S S		6:32.93	

**Event 43 Women 3000 Meter Run Junior**

=====

OFSAA: ! 10:13.59 2004 Geneva Winterink - Paul Dwyer DHS  
 Can Inter: \* 9:30.64 1981 Kate Wiley - Branksome Hall  
 NSSSA: ! 12:15.00 2005 Amy Morin, ELSS

Name	Year School	Seed	Finals	Points
1 Golec, Katie	Central Algoma S S		12:30.95	10

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**Event 44 Men 3000 Meter Run Junior**

=====

OFSAA: ! 8:40.3h 1979 Chris Brewster - London Catholic Centra  
 Can Inter: \* 8:11.49 1982 Dave Reid - West Humber CI  
 an Inter 2: \* 8:00.2h 1987 Greg Anderson - Parkside HS  
 NSSSA: ! 9:54.19 2006 Brian Killen, ELSS

Name	Year	School	Seed	Finals	Points
1 Cooper, Jeremy		Manitoulin S S		10:00.99	10
2 Bondi, Parker		Manitoulin S S		12:47.08	8
3 Tucsok, Erik		Elliot Lake S S		14:28.52	6

**Event 45 Women 80 Meter Hurdles Junior**

=====

OFSAA: ! 12.49 2004 Danielle Fonseca - St.Joan of  
 Can Inter: \* 11.01 1998 Jessica Zelinka - Sir Frederic  
 NSSSA: ! 14.63 2008 Lisa Trivers, WCE

Name	Year	School	Seed	Finals	Wind	Points
1 Julien, Hayley		Central Algoma S S		15.11	NWI	10
2 Knobel, Kim		Manitoulin S S		16.04	NWI	8
3 Esposto, Gabby		Manitoulin S S		16.62	NWI	6
4 Levasseur, Joelle		Franco-Ouest E S C		18.18	NWI	4

**Event 46 Men 110 Meter Hurdles (NEW-100m) Junior**

=====

OFSAA: ! 14.35 2004 Anthony Lue - Pickering HS  
 NSSSA: ! 15.18 2008 Sammy Trimmer, MSS

Name	Year	School	Seed	Finals	Wind	Points
1 Bouwmeester, Corey		Espanola H S		17.55	NWI	10
2 Gammie, Tyler		Manitoulin S S		20.87	NWI	8

**Event 47 Women 300 Meter Hurdles Junior**

=====

OFSAA: ! 42.46 1997 Jessica Zelinka - Sir Frederick Banting  
 Can Inter: \* 41.66 1994 Nadia Schmiedt - John Paul II  
 NSSSA: ! 51.60 2004 Laura Podstawka, WCE

Name	Year	School	Seed	Finals	Points
1 Britton-Foster, Hannah		Elliot Lake S S		53.30	10
2 Lanktree, Lacey		Elliot Lake S S		56.02	8
3 Lajambe, Lexie		Central Algoma S S		56.49	6
4 Esposto, Gabby		Manitoulin S S		57.81	4
5 Julien, Hayley		Central Algoma S S		59.68	2

**Event 48 Men 300 Meter Hurdles Junior**

=====

OFSAA: ! 39.12 1997 Jerome Martinborough - Pickering HS  
 Can Inter: \* 37.06 1992 Troy Langevine - Agincourt CI  
 NSSSA: ! 45.37 2008 Sammy Trimmer, MSS

Name	Year	School	Seed	Finals	Points
1 Meijer, Bob		Espanola H S		47.99	10
2 Proulx, Lucas		Manitoulin S S		50.87	8
3 Podlatis, Kurt		Espanola H S		51.27	6

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**Event 63 Women 4x100 Meter Relay Junior**

School	Seed	Finals	Points
OFSAA: ! 49.08 1997 Sir Frederick Banting CI V.Bendle,A.Fader,J.Zelinka,E.Cairncross			
Can Inter: * 47.79 1980 The Woodlands SS-Mississauga			
NSSSA: ! 57.58 20/05/2009 Central Algoma S S, Central Algoma C Ford, K King, H Julien, N Kinzel			
1 Central Algoma S S 'A'		57.58!	10
1) Ford, Caray	2) King, Kaisha		
3) Julien, Hayley	4) Kinzel, Nichole		
5) Lajambe, Lexie	6)		
2 W. C. Eaket S S 'A'		58.02	8
1) Trowbridge, Kelsie	2) Rousselle, Heather		
3) Blondin, Chelsey	4) Boyer, Krista		
3 Espanola H S 'A'		58.03	6
1) Smith, Amanda	2) Dubreuil, Karen		
3) Scully, Taylor	4) McGregor, Kendra		
5) Rancourt, Sarah	6)		
4 Manitoulin S S 'A'		59.37	4
1) Knobel, Kim	2) Elliot, Alyssa		
3) Woodbury, Lily	4) Esposto, Gabby		
5 Manitoulin S S 'B'		1:01.62	2
1) Casson, Kinga	2) Maracle, Rachel		
3) Clark, Caitlyn	4) Runnals, Katie		

**Event 64 Men 4x100 Meter Relay Junior**

School	Seed	Finals	Points
OFSAA: ! 45.90 2004 Belle River DHS - Belle River J.Fox,G.Holdren,D.Gibbons,S.LaMarche			
Can Inter: * 41.1h 1987 George Harvey SS - York			
an Inter 2: * 41.28 1988 George Harvey CI - York			
NSSSA: ! 50.55 20/05/2009 Central Algoma S S, Central Algoma L MacDonald, B MacFarlane, B Trotter, K Barbarie			
1 Central Algoma S S 'A'		50.55!	10
1) MacDonald, Luke	2) MacFarlane, Ben		
3) Trotter, Brandon	4) Barbarie, Kurt		
2 Espanola H S 'B'		51.05	8
1) Bouwmeester, Corey	2) Massicotte, Justin		
3) Nicholson, Darren	4) Dubois, Brett		
3 Espanola H S 'A'		51.90	6
1) Paibomsai, Edward	2) McIsaac-LaFrance, Tyler		
3) Podlatis, Kurt	4) Mailloux, Bryan		
5) Meijer, Bob	6)		
4 Manitoulin S S 'A'		53.11	4
1) Gammie, Tyler	2) Proulx, Lucas		
3) Corrigan, Zack	4) Flanagan, Daniel		
5) Cooper, Jeremy	6)		
- Franco-Ouest E S C 'A'		DQ	
1) Jalbert, Alex	2) Bourcier, Taylor		
3) Gatien, Patrique	4) Laabs, Tanner		
5) Presseau, Daniel	6)		

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**Event 65 Women 100 Meter Dash Senior**

```
=====
OFSAA: ! 11.54 2002 Ashley Purnell - St. Mark HS
Can Inter: * 11.3h 1979 Angella Taylor - Parkdale CI
an Inter 2: * 11.54 2002 Ashley Purnell - St. Mark HS
NSSSA: ! 12.80 1993 Allison Byles, ELSS
Name Year School Seed Prelims Wind H#
=====
```

eliminations

1 Kluge, Karilynn	Elliot Lake S S	13.65Q	NWI	2
2 Moffat, Marina	Central Algoma S S	14.84Q	NWI	1
3 Trivers, Lisa	W. C. Eaket S S	14.08Q	NWI	2
4 Geoffroy, Jasmine	Jeunesse-Nord E S	14.85Q	NWI	1
5 Bender, Kelsey	Espanola H S	14.87q	NWI	2
6 Fraser, Melody	Espanola H S	15.11q	NWI	1
7 Becketon, Jelisa	Jeunesse-Nord E S	15.30	NWI	2
8 Kushwara, Larissaw	W. C. Eaket S S	15.33	NWI	1
9 Lee, Karli	Central Algoma S S	16.27	NWI	2

**Event 65 Women 100 Meter Dash Senior**

```
=====
OFSAA: ! 11.54 2002 Ashley Purnell - St. Mark HS
Can Inter: * 11.3h 1979 Angella Taylor - Parkdale CI
an Inter 2: * 11.54 2002 Ashley Purnell - St. Mark HS
NSSSA: ! 12.80 1993 Allison Byles, ELSS
Name Year School Prelims Finals Wind Points
=====
```

finals

1 Kluge, Karilynn	Elliot Lake S S	13.65	13.40	NWI	10
2 Trivers, Lisa	W. C. Eaket S S	14.08	14.24	NWI	8
3 Moffat, Marina	Central Algoma S S	14.84	14.74	NWI	6
4 Fraser, Melody	Espanola H S	15.11	14.87	NWI	4
5 Geoffroy, Jasmine	Jeunesse-Nord E S	14.85	14.90	NWI	2
6 Bender, Kelsey	Espanola H S	14.87	15.02	NWI	1

eliminations

7 Becketon, Jelisa	Jeunesse-Nord E S	15.30			
8 Kushwara, Larissaw	W. C. Eaket S S	15.33			
9 Lee, Karli	Central Algoma S S	16.27			

**Event 66 Men 100 Meter Dash Senior**

```
=====
OFSAA: ! 10.41 1994 Carlton Chambers -Ascension of
Can Inter: * 10.4h 1975 Hugh Spooner - Newtonbrook SS
an Inter 2: * 10.4h 1978 Desai Williams - Northview Hei
an Inter 3: * 10.41 1994 Carlton Chambers -Ascension of
NSSSA: ! 11.00 1988 T Graham, Kevin Benner, MSS, ELSS
Name Year School Seed Prelims Wind H#
=====
```

1 Huff, Wesley	Elliot Lake S S	11.78Q	NWI	2
2 Beer, Nathan	Espanola H S	12.11Q	NWI	1
3 Celetti, Jesse	Central Algoma S S	12.65Q	NWI	2
4 Degagne, Michael	Jeunesse-Nord E S	14.14Q	NWI	1
5 McCulloch, Andrew	Espanola H S	13.02q	NWI	2
6 Gardner, Josh	Central Algoma S S	14.58q	NWI	1
- Ominika, Brandon	Wahs	DQ	NWI	2

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**Event 66 Men 100 Meter Dash Senior**

=====

OFSAA: ! 10.41 1994 Carlton Chambers -Ascension of  
 Can Inter: \* 10.4h 1975 Hugh Spooner - Newtonbrook SS  
 an Inter 2: \* 10.4h 1978 Desai Williams - Northview Hei  
 an Inter 3: \* 10.41 1994 Carlton Chambers -Ascension of  
 NSSSA: ! 11.00 1988 T Graham, Kevin Benner, MSS, ELSS

Name	Year	School	Prelims	Finals	Wind	Points
=====						
nals						
1 Huff, Wesley		Elliot Lake S S	11.78	11.51	NWI	10
2 Beer, Nathan		Espanola H S	12.11	12.43	NWI	8
3 McCulloch, Andrew		Espanola H S	13.02	12.70	NWI	6
4 Celetti, Jesse		Central Algoma S S	12.65	12.90	NWI	4
5 Degagne, Michael		Jeunesse-Nord E S	14.14	14.27	NWI	2
6 Gardner, Josh		Central Algoma S S	14.58	15.21	NWI	1
eliminaries						
- Ominika, Brandon		Wahs	DQ			

**Event 67 Women 200 Meter Dash Senior**

=====

OFSAA: ! 23.89 1984 France Gareau - ES Franco-Cite-  
 Can Inter: \* 23.3h 1979 Angella Taylor - Parkdale CI  
 an Inter 2: \* 23.58 1998 Atia Weeks - Crescent Heights  
 NSSSA: ! 26.80 1998 B. Chatwell, Jonelle Francois, MSS, ELSS

Name	Year	School	Seed	Prelims	Wind	H#
=====						
1 Ehrhardt, Caroline		Espanola H S		27.71Q	NWI	2
2 Trivers, Lisa		W. C. Eaket S S		29.27Q	NWI	1
3 Kluge, Karilynn		Elliot Lake S S		28.68q	NWI	2
4 Lajeunesse, Michele		Jeunesse-Nord E S		30.55q	NWI	1
5 Kushwara, Larissaw		W. C. Eaket S S		31.08q	NWI	1
6 Bender, Kelsey		Espanola H S		31.46	NWI	1
7 McLeod, Chelsea		Central Algoma S S		31.52	NWI	2
8 Moffat, Marina		Central Algoma S S		31.99	NWI	2

**Event 67 Women 200 Meter Dash Senior**

=====

OFSAA: ! 23.89 1984 France Gareau - ES Franco-Cite-  
 Can Inter: \* 23.3h 1979 Angella Taylor - Parkdale CI  
 an Inter 2: \* 23.58 1998 Atia Weeks - Crescent Heights  
 NSSSA: ! 26.80 1998 B. Chatwell, Jonelle Francois, MSS, ELSS

Name	Year	School	Prelims	Finals	Wind	Points
=====						
nals						
1 Ehrhardt, Caroline		Espanola H S	27.71	27.24	NWI	10
2 Kluge, Karilynn		Elliot Lake S S	28.68	29.90	NWI	8
3 Trivers, Lisa		W. C. Eaket S S	29.27	32.01	NWI	6
4 Kushwara, Larissaw		W. C. Eaket S S	31.08	32.11	NWI	4
- Lajeunesse, Michele		Jeunesse-Nord E S	30.55	DQ	NWI	
eliminaries						
6 Bender, Kelsey		Espanola H S	31.46			
7 McLeod, Chelsea		Central Algoma S S	31.52			
8 Moffat, Marina		Central Algoma S S	31.99			

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**Event 68 Men 200 Meter Dash Senior**

Name	Year	School	Seed	Prelims	Wind	H#
OFSAA: !	21.0h	1994	Eric Frempong	- Martingrove CI		
OFSAA 2: !	21.33	1984	Atlee Mahorn	- Central Technic		
Can Inter: *	20.95	1984	Atlee Mahorn	- Central Technic		
NSSSA: !	22.30	1990	G. Kirk,	CASS		
1 Huff, Wesley		Elliot Lake S S		24.40Q	NWI	2
2 Esposto, Nick		Manitoulin S S		26.18Q	NWI	1
3 Beer, Nathan		Espanola H S		26.41q	NWI	1
4 Celetti, Jesse		Central Algoma S S		26.77q	NWI	2
5 McCulloch, Andrew		Espanola H S		27.31q	NWI	1
6 Degagne, Michael		Jeunesse-Nord E S		28.86	NWI	2
7 Houde, Martin		Villa-Franca		30.68	NWI	1

**Event 68 Men 200 Meter Dash Senior**

Name	Year	School	Prelims	Finals	Wind	Points
OFSAA: !	21.0h	1994	Eric Frempong	- Martingrove CI		
OFSAA 2: !	21.33	1984	Atlee Mahorn	- Central Technic		
Can Inter: *	20.95	1984	Atlee Mahorn	- Central Technic		
NSSSA: !	22.30	1990	G. Kirk,	CASS		
1 Huff, Wesley		Elliot Lake S S	24.40	23.84	NWI	10
2 Beer, Nathan		Espanola H S	26.41	25.31	NWI	8
3 Esposto, Nick		Manitoulin S S	26.18	25.32	NWI	6
4 McCulloch, Andrew		Espanola H S	27.31	26.96	NWI	4
- Celetti, Jesse		Central Algoma S S	26.77	DQ	NWI	
6 Degagne, Michael		Jeunesse-Nord E S	28.86			
7 Houde, Martin		Villa-Franca	30.68			

**Event 69 Women 400 Meter Dash Senior**

Name	Year	School	Seed	Finals	Points
OFSAA: !	53.32	1980	Charmaine Crooks	- West Toront	
Can Inter: *	53.0h	1980	Alexis Paul Macdonald	- C.W. J	
an Inter 2: *	53.32	1980	Charmaine Crooks	- West Toront	
NSSSA: !	1:04.00	1993	Allison Byles,	ELSS	
1 Lawrence, Rebecca		Central Algoma S S		1:11.61	10
2 McLeod, Chelsea		Central Algoma S S		1:17.68	8
3 Cassavant, Sonya		Jeunesse-Nord E S		1:21.08	6
4 Hart, Hilary		Manitoulin S S		1:22.68	4

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**Event 70 Men 400 Meter Dash Senior**

=====

OFSAA: ! 48.69 2004 Adam Seabrook - A.B.Lucas SS  
 OFSAA 2: ! 46.89  
 Can Inter: \* 46.27 1987 Carl Folkes - Central Technica  
 NSSSA: ! 51.90 1980 Mike Oliver, J. Trudeau, MSS

Name	Year	School	Seed	Finals	Points
1 Burke, Joseph		Espanola H S		54.21	10
2 Corbin, Justin		Espanola H S		59.08	8
3 Roy, Jeff		Central Algoma S S		1:04.90	6
4 Roberts, Justin		Central Algoma S S		1:09.40	4

**Event 71 Women 800 Meter Run Senior**

=====

OFSAA: ! 2:05.94 1984 Elise Braithwaite-Elmwood Sch  
 Can Inter: \* 2:05.94 1980 Elise Braithwaite-Elmwood Sch  
 NSSSA: ! 2:25.40 2006 Kaitlyn Tallman, MSS

Name	Year	School	Seed	Finals	Points
1 Florean, Jenna		Espanola H S		2:45.05	10
2 Bedard, Cassie		Manitoulin S S		3:08.45	8
3 LeBlanc, Danelle		Franco-Ouest E S C		3:13.05	6
4 Hart, Hilary		Manitoulin S S		3:28.62	4

**Event 72 Men 800 Meter Run Senior**

=====

OFSAA: ! 1:48.64 1992 Kevin Sullivan - North Park C&  
 Can Inter: \* 1:48.64 1992 Kevin Sullivan - North Park C&  
 NSSSA: ! 2:02.90 1976 Rory Gordon, MSS

Name	Year	School	Seed	Finals	Points
1 Burke, Joseph		Espanola H S		2:06.02	10
2 Fallu, Jody		Jeunesse-Nord E S		2:14.99	8
3 Still, Brian		Manitoulin S S		2:17.62	6
4 Killen, Wesley		Elliot Lake S S		2:22.78	4
5 Shaw, Nathan		Central Algoma S S		2:40.90	2
6 Roy, Jeff		Central Algoma S S		2:45.40	1

**Event 73 Women 1500 Meter Run Senior**

=====

OFSAA: ! 4:23.52 1982 Alison Wiley - Branksome Hall  
 Can Inter: \* 4:23.52 1982 Alison Wiley - Branksome Hall  
 NSSSA: ! 5:00.84 2006 Kaitlyn Tallman, MSS

Name	Year	School	Seed	Finals	Points
1 Bedard, Cassie		Manitoulin S S		6:25.21	10
2 Jeeves, Heather		Manitoulin S S		6:42.87	8
3 Kern, Shaylene		Central Algoma S S		6:51.14	6
4 LeBlanc, Danelle		Franco-Ouest E S C		6:57.49	4



**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**Event 74 Men 1500 Meter Run Senior**

Name	Year	School	Seed	Finals	Points
OFSAA: !	3:42.33	1993	Kevin Sullivan - North Park C&		
Can Inter: *	3:42.33	1993	Kevin Sullivan - North Park C&		
NSSSA: !	4:12.50	1975	Rory Gordon, MSS		
1 Fallu, Jody		Jeunesse-Nord E S		4:46.58	10
2 Still, Brian		Manitoulin S S		4:47.71	8
3 Killen, Wesley		Elliot Lake S S		4:53.65	6
4 Dickey, Joshua		Elliot Lake S S		4:53.90	4
5 Fortino, Devon		W. C. Eaket S S		5:17.24	2
6 Roy, Jeff		Central Algoma S S		5:19.78	1
7 Chenard, Martin		Jeunesse-Nord E S		5:25.84	
8 Gardner, Josh		Central Algoma S S		5:35.27	

**Event 75 Women 3000 Meter Run Senior**

Name	Year	School	Seed	Finals	Points
OFSAA: !	9:30.64	1981	Kate Wiley - Branksome Hall		
Can Inter: *	9:30.64	1981	Kate Wiley - Branksome Hall		
NSSSA: !	11:05.30	2003	Meghan Juuti, ELSS		
1 Jeeves, Heather		Manitoulin S S		16:49.24	9
1 Bedard, Cassie		Manitoulin S S		16:49.24	9

**Event 76 Men 3000 Meter Run Senior**

Name	Year	School	Seed	Finals	Points
OFSAA: !	8:00.2h	1987	Greg Anderson - Parkside HS		
OFSAA 2: !	8:17.99				
Can Inter: *	8:00.2h	1987	Greg Anderson - Parkside HS		
an Inter 2: *	8:11.49				
NSSSA: !	9:08.00	1991	Craig Morrell, MSS		
1 Brown, Jeremy		Elliot Lake S S		10:31.64	10
2 Menard, Mederik		Jeunesse-Nord E S		10:33.74	8
3 Dickey, Joshua		Elliot Lake S S		10:52.90	6
4 Young, Daniel		Espanola H S		11:25.64	4
5 Gallinger, Kenny		Espanola H S		11:59.62	2
6 Fortino, Devon		W. C. Eaket S S		12:10.83	1
7 Gardner, Josh		Central Algoma S S		12:21.02	
8 Forbes, Rick		W. C. Eaket S S		13:00.20	
9 Chenard, Martin		Jeunesse-Nord E S		14:34.90	

**Event 77 Women 100 Meter Hurdles Senior**

Name	Year	School	Seed	Finals	Wind H#	Points
OFSAA: !	13.41	1998	Perdita Felicien - Pine Ridge			
Can Inter: *	13.15	2000	Jessica Zelinka - Sir Frederic			
NSSSA: !	16.39	2006	Caitlyn Nelson, CASS			
1 Trivers, Lisa		W. C. Eaket S S		18.36	NWI 2	10
2 Shank, Danielle		Espanola H S		19.36	NWI 2	8
3 Masbou, Anais		Manitoulin S S		19.68	NWI 1	6
4 McLeod, Chelsea		Central Algoma S S		19.81	NWI 2	4

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**....Event 77 Women 100 Meter Hurdles Senior**

5 Wiebe, Tegan	W. C. Eaket S S	20.96	NWI	1	2
6 Casson, Kinga	Manitoulin S S	24.58	NWI	1	1

**Event 78 Men 110 Meter Hurdles (NEW-36") Senior**

=====

OFSAA: ! 14.62	2004	Andrew Judge - John Paul II - London
Can Inter: * 13.78	2000	Adam Kunkel - Walkerton DSS, W
NSSSA: ! 15.10	1977	R. Howard, EHS

Name	Year School	Seed	Finals	Wind	Points
1 Celetti, Jesse	Central Algoma S S		18.52	NWI	10
2 Larson, Dennis	Espanola H S		19.21	NWI	8
3 Bently, Craig	Espanola H S		21.88	NWI	6
- Bourcier, Brandon	Espanola H S		DQ	NWI	

**Event 79 Women 400 Meter Hurdles Senior**

=====

OFSAA: ! 58.65	1995	Nadia Schmiedt - John Paul II
Can Inter: * 58.03	1995	Nadia Schmiedt - John Paul II
NSSSA: ! 1:10.10	2003	Mia St. Aubin, ELSS

Name	Year School	Seed	Finals	Points
1 Lawrence, Rebecca	Central Algoma S S		1:21.18	10

**Event 80 Men 400 Meter Hurdles Senior**

=====

OFSAA: ! 51.68	1985	Phillip Hughes - Earl of March
Can Inter: * 51.68	1985	Phillip Hughes - Earl of March
NSSSA: ! 1:01.10	1976	R. Howard, EHS

Name	Year School	Seed	Finals	Points
1 Esposto, Nick	Manitoulin S S		1:04.37	10
2 Bently, Craig	Espanola H S		1:15.18	8
- Bourcier, Brandon	Espanola H S		DQ	

**Event 95 Women 4x100 Meter Relay Senior**

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OFSAA: ! 47.60	2003	Mary Ward CSS - Scarborough O.Ugiagbe, Z.Gill, L.Gonsalves, L.Wilson
Can Inter: * 47.60	2003	Mary Ward CSS - Scarborough
NSSSA: ! 54.40	1978	unknown, MSS

School	Seed	Finals	Points
1 Espanola H S 'A'		55.99	10
1) Ehrhardt, Caroline	2) Fraser, Melody		
3) Shank, Danielle	4) Bender, Kelsey		
5) Florean, Jenna	6)		
2 Central Algoma S S 'A'		57.37	8
1) Lawrence, Rebecca	2) McLeod, Chelsea		
3)	4) Lee, Karli		
3 Jeunesse-Nord E S 'A'		59.81	6
1) Becketon, Jelisa	2) Cassavant, Sonya		
3) Geoffroy, Jasmine	4) Lajeunesse, Michele		
5) Viel, Alyssa	6)		

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**....Event 95 Women 4x100 Meter Relay Senior**

4 W. C. Eaket S S 'A'	59.93	4
1) Daub, Jennifer	2)	
3) Trivers, Lisa	4) Wiebe, Tegan	
5) Kluding, Klara	6)	
5 Manitoulin S S 'A'	1:05.90	2
1) Masbou, Anais	2) Hart, Hilary	
3) Jeeves, Heather	4) Bedard, Cassie	
5) Hensen, Leah	6) Casson, Kinga	

**Event 96 Men 4x100 Meter Relay Senior**

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OFSAA: ! 42.12	2004	Birchmount Park CI - Toronto
		J.Jones,S.Williams,D.Mallay, J.Warner
Can Inter: * 41.1h	1987	George Harvey SS - York
an Inter 2: * 41.28	1988	George Harvey CI - York
NSSSA: ! 45.50	1975	unknown, MSS

School	Seed	Finals	Points
=====			
1 Espanola H S 'B'		48.62	10
1) McCulloch, Andrew	2) Nicholson, Justin		
3) Gibson, Matthew	4) Beer, Nathan		
2 Espanola H S 'A'		50.05	8
1) Bourcier, Brandon	2) Larson, Dennis		
3) Burke, Joseph	4) Brown, Brad		
5) Bently, Craig	6) Corbin, Justin		
3 Jeunesse-Nord E S 'A'		53.02	6
1) Chenard, Martin	2) Fallu, Jody		
3) Menard, Mederik	4) Degagne, Michael		
5) Gagnon, Nick	6)		
- Central Algoma S S 'A'		DQ	
1) Celetti, Jesse	2) King, Colton		
3) Gallinger, Rob	4) Roberts, Justin		
5) Shaw, Nathan	6)		

**Event 99 Women 4x400 Meter Relay Open**

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OFSAA: ! 3:47.35	2002	Mary Ward Catholic SS
		L. Wilson, D. Abraham, Z. Gill, O. Ugiagbe
Can Inter: * 3:47.35	2002	Mary Ward Catholic SS
		L. Wilson, D. Abraham, Z. Gill, O. Ugiagbe
NSSSA: ! 4:30.20	1991	, ELSS
		S. Johnston, S. Riddle, J. Turpin, D. Dillabough

School	Seed	Finals	Points
=====			
1 Espanola H S 'A'		4:48.46	10
1) Ehrhardt, Caroline	2) Fraser, Melody		
3) Bender, Haily	4) Florean, Jenna		
2 Central Algoma S S 'A'		5:05.04	8
1) Lawrence, Rebecca	2) McLeod, Chelsea		
3) Kinzel, Nichole	4) King, Kaisha		
5) Horner, Emma	6)		
3 Manitoulin S S 'A'		5:15.40	6
1) Elliot, Alyssa	2) Prato, Katerina		
3) Esposto, Gabby	4) Robertson, Taylor		

**NSSSA - 20/05/2009**  
**Track and Field**  
**Espanola High School**  
**Results - Track**

**....Event 99 Women 4x400 Meter Relay Open**

5) Wright, Marie Lee	6) Clark, Caitlyn		
7) Maracle, Rachel	8)		
4 Franco-Ouest E S C 'A'		5:37.52	4
1) LeBlanc, Danelle	2) Laurenti, Rebecca		
3) Levasseur, Joelle	4) LeBlanc, Deanne		

**Event 100 Men 4x400 Meter Relay Open**

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OFSAA: ! 3:10.8h 1987 Central Technical School - Tor
      K.O'Henhen,A.Wilson,P.Gordon,C.Folkes
OFSAA 2: ! 3:14.24 1988 Central Technical School - Tor
Can Inter: * 3:10.8h 1987 Central Technical School - Tor
an Inter 2: * 3:14.24 1988 Central Technical School - Tor
NSSSA: ! 3:35.90 1979 unknown, MSS
School Seed Finals Points
=====
1 Espanola H S 'A' 3:53.84 10
  1) Young, Daniel 2) Burke, Joseph
  3) Meijer, Bob 4) Paibomsai, Edward
2 Manitoulin S S 'A' 3:59.90 8
  1) Esposto, Nick 2)
  3) Argall, Andrew 4) Cooper, Jeremy
  5) Still, Brian 6) Corrigan, Zack
  7) Doane, Mark 8) Trimmer, Wesley
3 Espanola H S 'B' 4:02.97 6
  1) Larson, Dennis 2) Corbin, Justin
  3) Beer, Nathan 4) Gallinger, Kenny
4 Central Algoma S S 'A' 4:02.98 4
  1) King, Colton 2) Gallinger, Rob
  3) Thomas, Coty 4) MacDonald, Luke
  5) Roberts, Justin 6)
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