

## NIPISSING INVITATIONAL TRACK AND FIELD MEET 2018

**WHEN:** Saturday, May 12th, 2018 (9:00 am to 6 pm)

**WHERE:** **St. Joseph-Scollard Hall, 675 O'Brien St., North Bay, P1B 9R3**  
(how to get there: West on Hwy 11/17, right (south) on O'Brien St. and turn right at school. East on Hwy 11/17, left on O'Brien St.)

**ENTRIES:** Deadline: **Wednesday, May 9th at 6 pm**  
Entries must be done on line at [www.Trackiereg.com/2018-nipin](http://www.Trackiereg.com/2018-nipin)  
Be sure to use an email address which is checked often, as any communication with either the entry co-ordinator (J.F. Renaud), or online registration will likely be time sensitive. After entering online your entries will be emailed to you prior to the entry close date in order to allow you time to review your entries and make any changes needed.

**Absolutely no late entries, additions or changes will be accepted after Wednesday May 9<sup>th</sup>. If you miss the cut-off, same day registration is possible as an exhibition athlete. These entries are not included in the results.**

**PLEASE NOTE:** All track events will be run in heats Slow to Fast based on seed time. This is the only way we can give your athletes a fair and competitive race. **PLEASE BE SURE TO INCLUDE A SEED TIME. There are no relays.**  
All field events will run as per schedule.

Discus and javelin will be held at Chippewa Secondary School, 539 Chippewa Street, a 5 minute walk east from SJSH. Pole Vault not confirmed at this point.

**COST:** **\$5.00** per athlete/event to a school maximum of **\$350.00**. Make cheques payable to **Nipissing District Athletics** please.  
**Entry fee must be paid prior to receiving your package on competition day from Registration Table inside the school.**

**AWARDS:** Ribbons to top 6 finishers in each age category.  
Open entries (not of high school age) are welcome. There are no awards or results for Open.

**RESULTS:** Results will be available at the following sites: [www.ndaathletics.org](http://www.ndaathletics.org)

### CONVENORS:

Jamie Silverthorn Ph : (705) 472-8240 Email : [silverthj@franco-nord.ca](mailto:silverthj@franco-nord.ca)

Heather Chirico Ph: (705) 475-2341 Email : [Heather.Chirico@nearnorthschools.ca](mailto:Heather.Chirico@nearnorthschools.ca)

ENTRY CO-ORDINATOR : J.F. Renaud : [renaudj@franco-nord.ca](mailto:renaudj@franco-nord.ca)

## NIPISSING INVITATIONAL TRACK AND FIELD MEET

<b>TRACK A.M.</b>			
TIME		EVENT	ROUND
9:00 AM	#15	Women 300M Hurdles Midget	Finals
9:00 AM	#47	Women 300M Hurdles Junior	Finals
9:00 AM	#79	Women 400M Hurdles Senior	Finals
9:15 AM	#16	Men 300M Hurdles Midget	Finals
9:15 AM	#48	Men 300M Hurdles Junior	Finals
9:15 AM	#80	Men 400M Hurdles Senior	Finals
9:45 AM	#97	Women 1500M Steeplechase Open	Finals
10:00 AM	#98	Men 2000M Steeplechase Open	Finals
TIME		EVENT	ROUND
10:25 AM	#2	Men 100M Midget	Heats
10:25 AM	#34	Men 100M Junior	Heats
10:25 AM	#66	Men 100M Senior	Heats
10:55 AM	#1	Women 100M Midget	Heats
10:55 AM	#33	Women 100M Junior	Heats
10:55 AM	#65	Women 100M Senior	Heats
TIME		EVENT	ROUND
11:25 AM	#13	Women 80M Hurdles Midget	Finals
11:25 AM	#45	Women 80M Hurdles Junior	Finals
11:25 AM	#77	Women 100M Hurdles Senior	Finals
11:55 AM	#14	Men 100M Hurdles Midget	Finals
11:55 AM	#46	Men 110M Hurdles Junior	Finals
11:55 AM	#78	Men 110M Hurdles Senior	Finals
<b>TRACK P.M.</b>			
TIME		EVENT	ROUND
12:45 PM	#9	Women 1500M Midget	Finals
12:45 PM	#41	Women 1500M Junior	Finals
12:45 PM	#73	Women 1500M Senior	Finals
1:10 PM	#10	Men 1500M Midget	Finals
1:10 PM	#42	Men 1500M Junior	Finals
1:10 PM	#74	Men 1500M Senior	Finals
1:30 PM	#5	Women 400M Midget	Finals
1:30 PM	#37	Women 400M Junior	Finals
1:30 PM	#69	Women 400M Senior	Finals
2:00 PM	#6	Men 400M Midget	Finals
2:00 PM	#38	Men 400M Junior	Finals
2:00 PM	#70	Men 400M Senior	Finals

<b>TRACK P.M.</b>			
TIME		EVENT	ROUND
2:30 PM	#1	Women 100M Midget	Finals
2:30 PM	#33	Women 100M Junior	Finals
2:30 PM	#65	Women 100M Senior	Finals
2:45 PM	#2	Men 100M Midget	Finals
2:45 PM	#34	Men 100M Junior	Finals
2:45 PM	#66	Men 100M Senior	Finals
3:00 PM	#11	Women 3000M Midget	Finals
3:00 PM	#43	Women 3000M Junior	Finals
3:00 PM	#75	Women 3000M Senior	Finals
3:30 PM	#12	Men 3000M Midget	Finals
3:30 PM	#44	Men 3000M Junior	Finals
3:30 PM	#76	Men 3000M Senior	Finals
4:15 PM	#3	Women 200M Midget	Finals
4:15 PM	#35	Women 200M Junior	Finals
4:15 PM	#67	Women 200M Senior	Finals
4:45 PM	#4	Men 200M Midget	Finals
4:45 PM	#36	Men 200M Junior	Finals
4:45 PM	#68	Men 200M Senior	Finals
5:15 PM	#7	Women 800M Midget	Finals
5:15 PM	#39	Women 800M Junior	Finals
5:15 PM	#71	Women 800M Senior	Finals
5:35 PM	#8	Women 800M Midget	Finals
5:35 PM	#40	Women 800M Junior	Finals
5:35 PM	#72	Women 800M Senior	Finals

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## FIELD SCHEDULE

### WOMEN

ROUND ONE		
TIME	EVENT	ROUND
9:30 AM #27	Discus Midget	Finals
9:30 AM #61	Javelin Junior	Finals
9:30 AM #89	Shot Put Senior	Finals
ROUND TWO		
TIME	EVENT	ROUND
10:45 AM #17	High Jump Midget	Finals
10:45 AM #53	Long Jump Junior	Finals
10:45 AM #87	Triple Jump Senior	Finals
ROUND THREE		
TIME	EVENT	ROUND
12:00 PM #29	Javelin Midget	Finals
12:00 PM #57	Shot Put Junior	Finals
12:00 PM #91	Discus Senior	Finals
ROUND FOUR		
TIME	EVENT	ROUND
1:15 PM #23	Triple Jump Midget	Finals
1:15 PM #49	High Jump Junior	Finals
1:15 PM #85	Long Jump Senior	Finals
ROUND FIVE		
TIME	EVENT	ROUND
2:30 PM #25	Shot Put Midget	Finals
2:30 PM #59	Discus Junior	Finals
2:30 PM #93	Javelin Senior	Finals
ROUND SIX		
TIME	EVENT	ROUND
3:45 PM #21	Long Jump Midget	Finals
3:45 PM #55	Triple Jump Junior	Finals
3:45 PM #81	High Jump Senior	Finals

### MEN

ROUND ONE		
TIME	EVENT	ROUND
9:30 AM #18	High Jump Midget	Finals
9:30 AM #54	Long Jump Junior	Finals
9:30 AM #88	Triple Jump Senior	Finals
ROUND TWO		
TIME	EVENT	ROUND
10:45 AM #30	Javelin Midget	Finals
10:45 AM #58	Shot Put Junior	Finals
10:45 AM #92	Discus Senior	Finals
ROUND THREE		
TIME	EVENT	ROUND
12:00 PM #22	Long Jump Midget	Finals
12:00 PM #56	Triple Jump Junior	Finals
12:00 PM #82	High Jump Senior	Finals
ROUND FOUR		
TIME	EVENT	ROUND
1:15 PM #28	Discus Midget	Finals
1:15 PM #62	Javelin Junior	Finals
1:15 PM #90	Shot Put Senior	Finals
ROUND FIVE		
TIME	EVENT	ROUND
2:30 PM #24	Triple Jump Midget	Finals
2:30 PM #50	High Jump Junior	Finals
2:30 PM #86	Long Jump Senior	Finals
ROUND SIX		
TIME	EVENT	ROUND
3:45 PM #26	Shot Put Midget	Finals
3:45 PM #60	Discus Junior	Finals
3:45 PM #94	Javelin Senior	Finals

**Pole Vault** events will be scheduled as established by the event official at the beginning of the day.