

NOSSA 2022
Track and Field Championships
Jo Forman Track Complex - 5/25/2022 to 5/26/2022
Results

Event 1 Women 100 Meter Dash Novice**8 Advance: Top 2 Each Heat plus Next 4 Best Times****NOSSA: 12.68 * 5/26/2016 Christina Robert, LCS-Sudbury****OFSAA: 12.00 # 6/5/2015 Alyssa Marsh, Notre Dame CSS**

Name	School	Seed	Prelims	H#
Preliminaries				
1 #644 Doyle-Moran, Lauren	Superior Heights C & V S	14.09	12.91 Q	1
2 #249 Bruni, Matea	Korah C & V S - noko	13.86	13.08 Q	2
3 #555 O'malley, Marin	St. Benedict - Sudbury	13.63	13.04 Q	1
4 #421 Kulik, Milena	Lo-Ellen Park Secondary Scho	13.46	13.27 Q	2
5 #727 Maluorno, Hannah	White Pines C & V S - nowp	14.11	13.30 q	1
6 #590 Gagnon, Bryce	St. Mary's College S S - nosm	13.85	13.46 q	1
7 #35 Cresswell, Kynlee	Bish Alexander Carter - Hanme	13.96	13.50 q	2
8 #370 Oke, Alyna	Lockerby - Sudbury	14.35	13.71 q	2
9 #106 Donovan, Chloe	College Notre-Dame - Sudbury	14.50	14.01	1
10 #160 Shand, Madison	Elliot Lake S S	14.30	14.15	2
11 #470 Bridgeman, Sadie	Manitoulin S S	14.87	14.20	2
12 #1 Auger, Amberly	Algonquin - North Bay	14.60	14.38	1
13 #521 Lang, Kaylee	Scollard Hall - North Bay	14.90	14.62	2
14 #678 Daoust, Marie-Laure	Villa Francais des Jeunes	15.04	14.75	1
15 #526 Reaume, Madilyn	Scollard Hall - North Bay	14.95	14.99	1
16 #11 McGinley, Jordyn	Algonquin - North Bay	15.30	15.29	2

Event 1 Women 100 Meter Dash Novice**NOSSA: 12.68 * 5/26/2016 Christina Robert, LCS-Sudbury****OFSAA: 12.00 # 6/5/2015 Alyssa Marsh, Notre Dame CSS**

Name	School	Prelims	Finals
Finals			
1 #555 O'malley, Marin	St. Benedict - Sudbury	13.04	13.51
2 #644 Doyle-Moran, Lauren	Superior Heights C & V S	12.91	13.72
3 #249 Bruni, Matea	Korah C & V S - noko	13.08	13.85
4 #590 Gagnon, Bryce	St. Mary's College S S - nosm	13.46	13.87
5 #727 Maluorno, Hannah	White Pines C & V S - nowp	13.30	13.90
6 #421 Kulik, Milena	Lo-Ellen Park Secondary Scho	13.27	14.11
7 #35 Cresswell, Kynlee	Bish Alexander Carter - Hanme	13.50	14.30
8 #370 Oke, Alyna	Lockerby - Sudbury	13.71	14.57

Event 2 Men 100 Meter Dash Novice**8 Advance: Top 2 Each Heat plus Next 4 Best Times****NOSSA: 11.59 * 2006 David Fournier-St Joe/Scollard****OFSAA: 10.89 # 1981 Keith Dormond, Graham B. Warren JHS**

Name	School	Seed	Prelims	H#
Preliminaries				
1 #293 Guizzetti, Nathan	Korah C & V S - noko	12.11	12.18 Q	2
2 #479 Aurthurs, Rhyis	Manitoulin S S	11.87	12.52 Q	1
3 #115 Bechard, Nicholas	College Notre-Dame - Sudbury	12.38	12.44 Q	2
4 #459 Oliver, Ethan	Lo-Ellen Park Secondary Scho	12.49	12.75 Q	1
5 #623 Mador, Alexandre	St. Mary's College S S - nosm	13.12	12.95 q	1
6 #129 Audette, Colton	Confederation Secondary Scho	12.97	13.02 q	2
7 #715 Lacroix, Owen	West Ferris Secondary School	12.50	13.04 q	1

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Preliminaries ... (Event 2 Men 100 Meter Dash Novice)

Name	School	Seed	Prelims	H#
8 #402 van Drunen, Clark	Lockerby - Sudbury	12.94	13.07 q	2
9 #135 Igiehon, King David	Confederation Secondary Scho	12.96	13.33	1
10 #673 Sayers, Will	Superior Heights C & V S	13.37	13.48	2
11 #710 Culin, Kalen	West Ferris Secondary School	12.90	13.50	1
12 #709 Corbeil, Nicolas	West Ferris Secondary School	12.73	13.61	2
13 #718 Small, Ryan	West Ferris Secondary School	12.68	13.62	2
14 #163 Brisebois, Evan	Elliot Lake S S	13.31	13.79	2
15 #687 Drake, Hunter	W. C. Eaket S S	13.60	14.27	1
--- #659 Beaton, Elijah	Superior Heights C & V S	13.04	DQ	1

Event 2 Men 100 Meter Dash Novice

NOSSA: 11.59 * 2006

OFSAA: 10.89 # 1981

David Fournier-St Joe/Scollard

Keith Dormond, Graham B. Warren JHS

Name	School	Prelims	Finals
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Finals

1 #293 Guizzetti, Nathan	Korah C & V S - noko	12.18	11.98
2 #479 Aurthurs, Rhyis	Manitoulin S S	12.52	12.43
3 #115 Bechard, Nicholas	College Notre-Dame - Sudbury	12.44	12.47
4 #459 Oliver, Ethan	Lo-Ellen Park Secondary Scho	12.75	12.49
5 #402 van Drunen, Clark	Lockerby - Sudbury	13.07	12.98
6 #129 Audette, Colton	Confederation Secondary Scho	13.02	13.02
7 #715 Lacroix, Owen	West Ferris Secondary School	13.04	13.14
8 #623 Mador, Alexandre	St. Mary's College S S - nosm	12.95	13.44

Event 3 Women 200 Meter Dash Novice

8 Advance: Top 2 Each Heat plus Next 4 Best Times

NOSSA: 26.60 * 2004

OFSAA: 24.32 # 2010

Rebecca Johnston-Lo-Ellen Park

Christian Brennan, St. Mary CSS

Name	School	Seed	Prelims	H#
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Preliminaries

1 #555 O'malley, Marin	St. Benedict - Sudbury	27.95	28.04 Q	1
2 #421 Kulik, Milena	Lo-Ellen Park Secondary Scho	27.40	28.39 Q	2
3 #370 Oke, Alyna	Lockerby - Sudbury	28.66	29.57 Q	1
4 #470 Bridgeman, Sadie	Manitoulin S S	31.03	30.01 Q	2
5 #596 Kurylo, Kloe	St. Mary's College S S - nosm	30.29	30.35 q	2
6 #160 Shand, Madison	Elliot Lake S S	31.63	30.65 q	1
7 #607 Wardell, Talia	St. Mary's College S S - nosm	32.19	30.86 q	1
8 #85 Moore, Sophia	Chippewa Secondary School	31.00	31.05 q	1
9 #516 Gignac, Hannah	Scollard Hall - North Bay	29.74	31.07	2
10 #247 Bateman, Emily	Korah C & V S - noko	31.73	31.60	2
11 #521 Lang, Kaylee	Scollard Hall - North Bay	30.98	31.65	1
12 #580 Bowden, Maiya	St. Mary's College S S - nosm	32.44	32.58	2
13 #526 Reaume, Madilyn	Scollard Hall - North Bay	31.27	32.71	2
14 #679 Fabris, Enza	Villa Francais des Jeunes	32.60	33.02	1

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Event 3 Women 200 Meter Dash Novice

NOSSA: 26.60 * 2004 Rebecca Johnston-Lo-Ellen Park
 OFSAA: 24.32 # 2010 Christian Brennan, St. Mary CSS

Name	School	Prelims	Finals
Finals			
1 #421 Kulik, Milena	Lo-Ellen Park Secondary Schoo	28.39	28.55
2 #555 O'malley, Marin	St. Benedict - Sudbury	28.04	28.80
3 #470 Bridgeman, Sadie	Manitoulin S S	30.01	29.87
4 #370 Oke, Alyna	Lockerby - Sudbury	29.57	29.93
5 #160 Shand, Madison	Elliot Lake S S	30.65	31.28
6 #596 Kurylo, Kloe	St. Mary's College S S - nosm	30.35	31.31
7 #85 Moore, Sophia	Chippewa Secondary School	31.05	31.68
8 #607 Wardell, Talia	St. Mary's College S S - nosm	30.86	32.33

Event 4 Men 200 Meter Dash Novice

8 Advance: Top 2 Each Heat plus Next 4 Best Times

NOSSA: 23.83 * 5/26/2016 Lyric Loranger, CSS- North Bay
 OFSAA: 22.28 # 6/3/2017 Marcus Renford, Tommy Douglas

Name	School	Seed	Prelims	H#
Preliminaries				
1 #293 Guizzetti, Nathan	Korah C & V S - noko	25.53	25.45 Q	2
1 #115 Bechard, Nicholas	College Notre-Dame - Sudbury	25.30	25.45 Q	1
3 #459 Oliver, Ethan	Lo-Ellen Park Secondary Schoo	25.69	26.06 Q	2
4 #479 Aurthurs, Rhyis	Manitoulin S S	27.91	26.25 Q	1
5 #573 Urso, Adam	St. Charles College - Sudbury	25.94	26.58 q	1
6 #715 Lacroix, Owen	West Ferris Secondary School	26.12	26.84 q	1
7 #710 Culin, Kalen	West Ferris Secondary School	26.49	27.01 q	2
8 #327 Mackey, Will	Lasalle - Sudbury	27.43	27.41 q	2
9 #290 Dickenson, Hunter	Korah C & V S - noko	27.59	27.56	1
10 #20 Berube, Mathieu	Algonquin - North Bay	26.80	28.40	1
11 #48 Slack, Malachi	Bish Alexander Carter - Hanme	27.50	28.45	2
12 #718 Small, Ryan	West Ferris Secondary School	26.82	28.88	1
13 #163 Brisebois, Evan	Elliot Lake S S	29.23	29.28	2
--- #294 Higham, Nathan	Korah C & V S - noko	26.28	DQ	2
--- #481 Cooper, Andrew	Manitoulin S S	30.23	DQ	2

Event 4 Men 200 Meter Dash Novice

NOSSA: 23.83 * 5/26/2016 Lyric Loranger, CSS- North Bay
 OFSAA: 22.28 # 6/3/2017 Marcus Renford, Tommy Douglas

Name	School	Prelims	Finals
Finals			
1 #293 Guizzetti, Nathan	Korah C & V S - noko	25.45	24.64
2 #115 Bechard, Nicholas	College Notre-Dame - Sudbury	25.45	24.90
3 #459 Oliver, Ethan	Lo-Ellen Park Secondary Schoo	26.06	25.20
4 #479 Aurthurs, Rhyis	Manitoulin S S	26.25	25.90
5 #573 Urso, Adam	St. Charles College - Sudbury	26.58	26.00
6 #710 Culin, Kalen	West Ferris Secondary School	27.01	26.39
7 #715 Lacroix, Owen	West Ferris Secondary School	26.84	26.56
--- #327 Mackey, Will	Lasalle - Sudbury	27.41	DQ

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Event 5 Women 400 Meter Dash Novice**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 58.69 * 2004 Rebecca Johnston-Lo-Ellen Park

OFSAA: 54.63 # 6/7/2013 Kyra Constantine, St Roch CSS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #516 Gignac, Hannah	Scollard Hall - North Bay	1:07.32	1:06.78 Q	2
2 #700 Roy, Carleigh	West Ferris Secondary School	1:07.99	1:08.56 Q	1
3 #410 Dale, Gracie	Lo-Ellen Park Secondary Scho	1:08.07	1:07.20 Q	2
4 #494 Massimiliano, Mya	Marymount Academy - Sudbur	1:10.58	1:10.69 Q	1
5 #593 Jaremko, Abigail	St. Mary's College S S - nosm	1:10.35	1:08.48 q	2
6 #678 Daoust, Marie-Laure	Villa Francais des Jeunes	1:13.59	1:09.29 q	2
7 #497 Polischuk, Katie	Marymount Academy - Sudbur	1:13.70	1:11.11 q	2
8 #405 Ball, Olivia	Lo-Ellen Park Secondary Scho	1:12.06	1:12.50 q	1
9 #580 Bowden, Maiya	St. Mary's College S S - nosm	1:15.37	1:14.47	1
10 #155 Berry-Singeisen, Enya	Elliot Lake S S	1:18.25	1:17.59	1
11 #677 Bouchard, Victoria	Villa Francais des Jeunes	1:19.32	1:19.24	2
--- #276 Thompson-McGuire, Ac	Korah C & V S - noko	1:18.52	DQ	2
--- #9 Lebel-Schneider, Amelie	Algonquin - North Bay	1:12.91	DQ	1

Event 5 Women 400 Meter Dash Novice

NOSSA: 58.69 * 2004 Rebecca Johnston-Lo-Ellen Park

OFSAA: 54.63 # 6/7/2013 Kyra Constantine, St Roch CSS

Name	School	Prelims	Finals
Finals			
1 #410 Dale, Gracie	Lo-Ellen Park Secondary Scho	1:07.20	1:07.04
2 #516 Gignac, Hannah	Scollard Hall - North Bay	1:06.78	1:07.05
3 #700 Roy, Carleigh	West Ferris Secondary School	1:08.56	1:09.11
4 #593 Jaremko, Abigail	St. Mary's College S S - nosm	1:08.48	1:09.89
5 #678 Daoust, Marie-Laure	Villa Francais des Jeunes	1:09.29	1:10.13
6 #494 Massimiliano, Mya	Marymount Academy - Sudbur	1:10.69	1:12.19
7 #497 Polischuk, Katie	Marymount Academy - Sudbur	1:11.11	1:12.69
8 #405 Ball, Olivia	Lo-Ellen Park Secondary Scho	1:12.50	1:16.99

Event 6 Men 400 Meter Dash Novice**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 52.47 * 5/27/2010 Mitchell Mazzuca, SBSS-SS Marie

OFSAA: 49.14 # 6/7/2019 Christopher Morales-Williams, SECHS- Thornhill

Name	School	Seed	Prelims	H#
Preliminaries				
1 #294 Higham, Nathan	Korah C & V S - noko	59.49	58.74 Q	1
2 #715 Lacroix, Owen	West Ferris Secondary School	58.31	58.86 Q	2
3 #172 Stevenson, Josh	Elliot Lake S S	1:02.10	59.68 Q	2
4 #573 Urso, Adam	St. Charles College - Sudbury	59.35	1:00.47 Q	1
5 #659 Beaton, Elijah	Superior Heights C & V S	1:01.35	1:01.15 q	2
6 #136 Nadeau, Nathan	Confederation Secondary Scho	1:02.77	1:01.27 q	2
7 #666 Jones-McDonald, Dever	Superior Heights C & V S	1:01.46	1:01.54 q	1
8 #710 Culin, Kalen	West Ferris Secondary School	1:06.41	1:01.75 q	1
9 #716 Michenko, Kayden	West Ferris Secondary School	1:03.76	1:01.76	2
10 #461 Sauve, Shiloh	Lo-Ellen Park Secondary Scho	1:01.00	1:01.82	2

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Preliminaries ... (Event 6 Men 400 Meter Dash Novice)

Name	School	Seed	Prelims	H#
11 #632 Stocks, Evan	St. Mary's College S S - nosm	1:01.52	1:02.11	1
12 #205 Smith, Becket	ES Macdonald-Cartier - Sudbu	1:03.22	1:02.39	1
13 #348 MacDonald, Ian	Lively - Lively	1:02.88	1:02.88	1
14 #179 Currie, Sam	ES de la Renaissance	1:08.97	1:04.58	1
15 #705 Antram, Dylan	West Ferris Secondary School	1:09.30	1:10.08	2
--- #481 Cooper, Andrew	Manitoulin S S	1:04.11	DQ	2

Event 6 Men 400 Meter Dash Novice

NOSSA: 52.47 * 5/27/2010

OFSAA: 49.14 # 6/7/2019

Mitchell Mazzuca, SBSS-SS Marie

Christopher Morales-Williams, SECHS- Thornhill

Name	School	Prelims	Finals
Finals			
1 #573 Urso, Adam	St. Charles College - Sudbury	1:00.47	57.77
2 #294 Higham, Nathan	Korah C & V S - noko	58.74	57.89
3 #715 Lacroix, Owen	West Ferris Secondary School	58.86	57.92
4 #666 Jones-McDonald, Dever	Superior Heights C & V S	1:01.54	1:00.37
5 #172 Stevenson, Josh	Elliot Lake S S	59.68	1:00.42
6 #136 Nadeau, Nathan	Confederation Secondary Scho	1:01.27	1:03.72
--- #659 Beaton, Elijah	Superior Heights C & V S	1:01.15	DQ
--- #710 Culin, Kalen	West Ferris Secondary School	1:01.75	DQ

Event 7 Women 800 Meter Run Novice

NOSSA: 2:22.27 * 5/28/2015

OFSAA: 2:09.58 # 6/9/2012

Jadyn Pettenuzzo, Korah C V S

Kailee Sawyer, Bluevale CI

Name	School	Seed	Finals
Finals			
1 #498 Salmaso, Lucia	Marymount Academy - Sudbur	2:32.27	2:35.77
2 #410 Dale, Gracie	Lo-Ellen Park Secondary Scho	2:35.41	2:37.36
3 #426 Nener, Maija	Lo-Ellen Park Secondary Scho	2:46.69	2:49.89
4 #700 Roy, Carleigh	West Ferris Secondary School	2:49.73	2:53.21
5 #51 Campbell, Julia	Central Algoma S S	3:11.44	2:54.11
6 #494 Massimiliano, Mya	Marymount Academy - Sudbur	2:47.72	2:54.86
7 #246 Barbeau, Rhiannon	Korah C & V S - noko	3:00.16	2:56.45
8 #511 Corbiere, Morgan	Scollard Hall - North Bay	3:06.92	2:59.42
9 #112 Sullivan, Hannah	College Notre-Dame - Sudbury	2:52.36	3:00.39
10 #471 Davy, Autumn	Manitoulin S S	3:12.74	3:01.49
11 #725 Hiscock, Olivia	White Pines C & V S - nowp	3:01.91	3:03.67
--- #607 Wardell, Talia	St. Mary's College S S - nosm	2:58.68	DQ
--- #580 Bowden, Maiya	St. Mary's College S S - nosm	3:07.79	DQ
--- #677 Bouchard, Victoria	Villa Francais des Jeunes	3:17.79	DQ

Event 8 Men 800 Meter Run Novice

NOSSA: 2:07.00 * 5/29/2014

OFSAA: 1:53.24 # 1989

Reuben Du Rand, Widdifield SS

Kevin Sullivan, North Park C & VS

Name	School	Seed	Finals
Finals			
1 #453 Labrecque, Nicho	Lo-Ellen Park Secondary Scho	2:15.92	2:16.67
2 #461 Sauve, Shiloh	Lo-Ellen Park Secondary Scho	2:19.93	2:17.33
3 #660 Gartshore, Peter	Superior Heights C & V S	2:24.42	2:18.27

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Finals ... (Event 8 Men 800 Meter Run Novice)

Name	School	Seed	Finals
4 #711 Daniw, Jesse	West Ferris Secondary School	2:28.45	2:24.89
5 #534 Culin, Jackson	Scollard Hall - North Bay	2:38.16	2:25.77
6 #172 Stevenson, Josh	Elliot Lake S S	2:29.08	2:26.30
7 #117 Portelance, Max	College Notre-Dame - Sudbury	2:27.53	2:27.80
8 #282 Bell, Coulson	Korah C & V S - noko	2:24.51	2:28.67
9 #666 Jones-McDonald, Dever	Superior Heights C & V S	2:34.09	2:30.08
10 #136 Nadeau, Nathan	Confederation Secondary Scho	2:35.88	2:30.77
11 #284 Blair, Nixon	Korah C & V S - noko	2:28.97	2:31.45
12 #487 Mara, Xavier	Manitoulin S S	2:29.20	2:32.95
13 #139 Wainio, Chase	Confederation Secondary Scho	2:36.58	2:34.02
--- #66 Cooke, Brendan	Central Algoma S S	2:47.86	SCR

Event 9 Women 1500 Meter Run NoviceNOSSA: 5:03.72 * 5/27/2010 **Marissa Lobert, SJDCVS-SS Marie**OFSA: 4:28.41 # **, London Central**

Name	School	Seed	Finals
Finals			
1 #498 Salmaso, Lucia	Marymount Academy - Sudbur	5:38.28	5:23.80
2 #696 Gervais, Sam	West Ferris Secondary School	5:44.20	5:37.00
3 #426 Nener, Maija	Lo-Ellen Park Secondary Scho	5:57.43	5:42.67
4 #695 Bain, Logan	West Ferris Secondary School	6:03.54	5:56.33
5 #605 Toms, Tru	St. Mary's College S S - nosm	6:03.00	5:59.14
6 #649 Macmichael, Lisa	Superior Heights C & V S	6:15.00	6:04.49
7 #51 Campbell, Julia	Central Algoma S S	6:24.83	6:05.17
8 #678 Daoust, Marie-Laure	Villa Francais des Jeunes	6:24.22	6:07.36
9 #511 Corbiere, Morgan	Scollard Hall - North Bay	6:18.60	6:07.89
10 #579 Berlingieri, Keira	St. Mary's College S S - nosm	6:22.00	6:13.89
11 #369 Nootchtaï, Tia	Lockerby - Sudbury	6:18.42	6:15.00
12 #263 Luomaranta, Aili	Korah C & V S - noko	6:21.00	6:16.95
13 #496 Oberthier, Anna	Marymount Academy - Sudbur	6:28.90	6:19.42
14 #418 Kawa, Audry	Lo-Ellen Park Secondary Scho	6:19.63	6:23.24
15 #50 Byman, Elora	Central Algoma S S	6:51.22	6:38.64

Event 10 Men 1500 Meter Run NoviceNOSSA: 4:22.77 * 2005 **Dominik Graf-Sir James Dunn**OFSA: 3:54.31 # 1989 **Kevin Sullivan, North Park C & VS**

Name	School	Seed	Finals
Finals			
1 #453 Labrecque, Nicho	Lo-Ellen Park Secondary Scho	4:38.63	4:45.64
2 #660 Gartshore, Peter	Superior Heights C & V S	4:57.00	4:49.74
3 #487 Mara, Xavier	Manitoulin S S	5:00.05	4:50.77
4 #711 Daniw, Jesse	West Ferris Secondary School	4:58.00	4:56.49
5 #707 Buell, Wesley	West Ferris Secondary School	4:58.57	5:01.67
6 #609 Agawa, Ethan	St. Mary's College S S - nosm	4:59.00	5:04.67
7 #169 Parsons, Theo	Elliot Lake S S	5:29.63	5:10.92
8 #284 Blair, Nixon	Korah C & V S - noko	4:56.00	5:12.02
9 #136 Nadeau, Nathan	Confederation Secondary Scho	5:20.47	5:19.77
10 #172 Stevenson, Josh	Elliot Lake S S	5:05.81	5:21.45
11 #444 Hann, Sam	Lo-Ellen Park Secondary Scho	5:18.22	5:23.74

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Finals ... (Event 10 Men 1500 Meter Run Novice)

Name	School	Seed	Finals
12 #539 Giddens, Liam	Scollard Hall - North Bay	5:32.77	5:27.24
13 #305 Turco, Tate	Korah C & V S - noko	5:27.00	5:29.70
14 #537 Gauthier, Mathew	Scollard Hall - North Bay	5:31.99	5:32.08
15 #338 Thomson, Gareth	Lasalle - Sudbury	5:21.22	5:33.36
16 #139 Wainio, Chase	Confederation Secondary Scho	5:21.35	5:36.80

Event 11 Women 3000 Meter Run Novice

NOSSA: 11:04.24 * 5/28/2010 Emily Marcolini, SBCSS-Sudbury

OFSAA: 9:43.59 # 6/4/2016 Cameron Ormond, Aurora HS

Name	School	Seed	Finals
Finals			
1 #498 Salmaso, Lucia	Marymount Academy - Sudbur	12:15.15	11:50.77
2 #696 Gervais, Sam	West Ferris Secondary School	12:36.30	12:13.52
3 #426 Nener, Maija	Lo-Ellen Park Secondary Scho	12:31.04	12:37.86
4 #695 Bain, Logan	West Ferris Secondary School	13:28.17	12:44.67
5 #649 Macmichael, Lisa	Superior Heights C & V S	14:39.00	13:36.08
6 #51 Campbell, Julia	Central Algoma S S	15:31.10	13:38.45
7 #263 Luomaranta, Aili	Korah C & V S - noko	14:40.00	13:39.61
8 #418 Kawa, Audry	Lo-Ellen Park Secondary Scho	13:53.65	13:40.11
9 #187 Vaillancourt, Val?rie	Es du Sacré-Coeur	13:48.90	14:21.80
10 #496 Oberthier, Anna	Marymount Academy - Sudbur	14:47.82	16:28.11

Event 12 Men 3000 Meter Run Novice

NOSSA: 9:38.00 * 2004 Matt Walters-West Ferris

OFSAA: 8:47.94 # 6/6/2015 Thomas Witkowicz, All Saints CSS

Name	School	Seed	Finals
Finals			
1 #453 Labrecque, Nicho	Lo-Ellen Park Secondary Scho	10:36.54	10:22.70
2 #461 Sauve, Shiloh	Lo-Ellen Park Secondary Scho	10:50.43	10:33.99
3 #487 Mara, Xavier	Manitoulin S S	10:54.62	10:34.30
4 #707 Buell, Wesley	West Ferris Secondary School	11:07.01	10:43.08
5 #284 Blair, Nixon	Korah C & V S - noko	10:58.00	10:48.77
6 #609 Agawa, Ethan	St. Mary's College S S - nosm	11:04.00	10:54.05
7 #169 Parsons, Theo	Elliot Lake S S	11:44.76	11:23.36
8 #189 Neron, Zachary	Es du Sacré-Coeur	11:51.92	11:47.70
9 #305 Turco, Tate	Korah C & V S - noko	12:35.00	11:51.36
10 #539 Giddens, Liam	Scollard Hall - North Bay	12:02.91	11:58.27
11 #537 Gauthier, Mathew	Scollard Hall - North Bay	14:42.85	12:03.24
12 #538 Gauthier, Zachary	Scollard Hall - North Bay	11:57.26	12:07.33
13 #204 Rondeau, Zachary	ES Macdonald-Cartier - Sudbu	11:54.64	12:12.30
--- #206 Toupin, Pierre	ES Macdonald-Cartier - Sudbu	13:06.79	SCR

Event 13 Women 80 Meter Hurdles Novice**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 11.80 * 5/31/2007 Serena SanCartier, Lo-Ellen Par

OFSAA: 11.29 # 1996 Jessica Zelinka, Sir Frederick Banting CI

Name	School	Seed	Prelims	H#
Preliminaries				
1 #433 Skrobot, Sidney	Lo-Ellen Park Secondary Scho	14.95	14.27 Q	1

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Preliminaries ... (Event 13 Women 80 Meter Hurdles Novice)

Name	School	Seed	Prelims	H#
2 #268 McNally, Madelyn	Korah C & V S - noko	14.51	14.83 Q	2
3 #306 Avery, Ocean	Lasalle - Sudbury	15.10	15.03 Q	1
4 #316 Jones, Shelby	Lasalle - Sudbury	15.68	15.52 Q	2
5 #271 Pedlar, Sadie	Korah C & V S - noko	16.50	15.22 q	1
6 #593 Jaremko, Abigail	St. Mary's College S S - nosm	15.31	15.57 q	2
7 #419 Korczak, Elizabeth	Lo-Ellen Park Secondary Scho	15.38	15.85 q	2
8 #367 McKechnie, Sarah	Lockerby - Sudbury	16.18	15.91 q	1
9 #596 Kurylo, Kloe	St. Mary's College S S - nosm	16.98	15.94	2
10 #11 McGinley, Jordyn	Algonquin - North Bay	17.66	16.77	1
11 #19 Zwolak, Vanessa	Algonquin - North Bay	17.74	17.36	1
12 #10 McGill, Bethany	Algonquin - North Bay	18.97	17.74	1
13 #478 Merrylees, Tessa	Manitoulin S S	18.52	17.81	2
14 #685 Smith-Pilon, Jade	W. C. Eaket S S	18.53	18.55	2

Event 13 Women 80 Meter Hurdles NoviceNOSSA: 11.80 * 5/31/2007 **Serena SanCartier, Lo-Ellen Par**OFSAA: 11.29 # 1996 **Jessica Zelinka, Sir Frederick Banting CI**

Name	School	Prelims	Finals
Finals			
1 #433 Skrobot, Sidney	Lo-Ellen Park Secondary Scho	14.27	14.31
2 #268 McNally, Madelyn	Korah C & V S - noko	14.83	14.65
3 #271 Pedlar, Sadie	Korah C & V S - noko	15.22	14.92
4 #306 Avery, Ocean	Lasalle - Sudbury	15.03	15.00
5 #316 Jones, Shelby	Lasalle - Sudbury	15.52	15.29
6 #593 Jaremko, Abigail	St. Mary's College S S - nosm	15.57	15.72
7 #419 Korczak, Elizabeth	Lo-Ellen Park Secondary Scho	15.85	15.90
8 #367 McKechnie, Sarah	Lockerby - Sudbury	15.91	15.91

Event 14 Men 100 Meter Hurdles NoviceNOSSA: 14.86 * 5/27/2010 **Luke Udeschini, CSS- North Bay**OFSAA: 13.41 # 6/5/2015 **Liam Mather, London Central**

Name	School	Seed	Finals
Finals			
1 #329 Mannella, Logan	Lasalle - Sudbury	16.00	15.66
2 #451 Lacroix, Corey	Lo-Ellen Park Secondary Scho	16.51	15.67
3 #437 Arnold, Max	Lo-Ellen Park Secondary Scho	17.38	17.55
4 #636 Wilding, Nolan	St. Mary's College S S - nosm	19.57	18.00
5 #623 Mador, Alexandre	St. Mary's College S S - nosm	18.98	18.08
6 #385 Caron, Corbin	Lockerby - Sudbury	19.44	19.25
7 #445 Ietswaard, Owen	Lo-Ellen Park Secondary Scho	19.67	19.26
8 #620 Lamming, Joshua	St. Mary's College S S - nosm	20.54	20.14
--- #287 Christie, Eden	Korah C & V S - noko	20.89	SCR

Event 15 Women 300 Meter Hurdles NoviceNOSSA: 47.20 * 2004 **Paige Leclerc-Lockerby**OFSAA: 43.13 # 6/9/2012 **Lexi Aitken, St. Anne's CSS**

Name	School	Seed	Finals	H#
Finals				
1 #593 Jaremko, Abigail	St. Mary's College S S - nosm	53.94	52.65	2

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Finals ... (Event 15 Women 300 Meter Hurdles Novice)

Name	School	Seed	Finals	H#
2 #596 Kurylo, Kloe	St. Mary's College S S - nosm	55.49	54.72	2
3 #681 Young, Ava	Villa Francais des Jeunes	1:00.17	55.58	1
4 #497 Polischuk, Katie	Marymount Academy - Sudbur	58.11	57.15	2
5 #583 Carota, Vanessa	St. Mary's College S S - nosm	1:00.05	57.76	1
6 #112 Sullivan, Hannah	College Notre-Dame - Sudbury	56.96	57.80	2
7 #255 Gordon, Miila	Korah C & V S - noko	58.12	58.95	2
8 #405 Ball, Olivia	Lo-Ellen Park Secondary Scho	56.26	59.67	2
9 #19 Zwolak, Vanessa	Algonquin - North Bay	1:01.15	59.91	1
10 #10 McGill, Bethany	Algonquin - North Bay	1:02.18	59.97	1
11 #432 Skrobot, Hannah	Lo-Ellen Park Secondary Scho	1:00.04	1:00.47	2
--- #374 St Amour, Maddyn	Lockerby - Sudbury	59.35	DQ	2

Event 16 Men 300 Meter Hurdles Novice

NOSSA: 42.61 * 5/28/2010 Luke Udeschini, CSS- North Bay

OFSAA: 39.24 # 6/8/2019 Ryder King, Ursula Franklin

Name	School	Seed	Finals	H#
Finals				
1 #451 Lacroix, Corey	Lo-Ellen Park Secondary Scho	47.59	46.19	2
2 #636 Wilding, Nolan	St. Mary's College S S - nosm	51.55	47.88	2
3 #402 van Drunen, Clark	Lockerby - Sudbury	50.16	50.17	2
4 #445 Ietswaard, Owen	Lo-Ellen Park Secondary Scho	51.00	51.25	2
5 #396 Kane, Nathan	Lockerby - Sudbury	56.96	51.34	1
6 #385 Caron, Corbin	Lockerby - Sudbury	52.46	53.45	2
7 #287 Christie, Eden	Korah C & V S - noko	55.60	54.36	2
8 #620 Lamming, Joshua	St. Mary's College S S - nosm	56.11	54.75	1
9 #661 Gasperas, Damian	Superior Heights C & V S	59.13	58.73	1

Event 17 Women High Jump Novice

Starting height: 1.20m

NOSSA: 1.53m * 6/1/2007 Cassie-Fay Langlois, Notre Dame

OFSAA: 1.75m # 6/7/2012 Shyla Cardy, E.L. Crossley SS

Name	School	Seed	Finals
Finals			
1 #433 Skrobot, Sidney	Lo-Ellen Park Secondary Scho	1.45m	1.38m
2 #694 Peltier, Deea	Wasse Abin High School	1.23m	J1.34m
3 #310 Clement, Kali	Lasalle - Sudbury	1.35m	J1.34m
3 #125 St. Pierre, Kaylee	Confederation Secondary Scho	1.32m	J1.34m
5 #342 Withers, Sarah	Lively - Lively	1.29m	1.30m
6 #414 Gibson, Taya	Lo-Ellen Park Secondary Scho	1.29m	1.25m

Event 18 Men High Jump Novice

Starting height: 1.35m

NOSSA: 1.78m * 5/25/2017 Kouadio Mark Koffi, Champlain

OFSAA: 1.95m # 2007 Jeff Webb, Eden HS

Name	School	Seed	Finals
Finals			
1 #443 Graffi, Riley	Lo-Ellen Park Secondary Scho	1.60m	1.58m
2 #64 Burns, Ronan	Central Algoma S S	1.52m	1.56m
3 #566 Burnett, Ian	St. Charles College - Sudbury	1.57m	J1.50m

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Finals ... (Event 18 Men High Jump Novice)

Name	School	Seed	Finals
4 #347 Fauteux, Aiden	Lively - Lively	1.57m	J1.50m
5 #344 Bradley, Jacob	Lively - Lively	1.45m	J1.45m
6 #203 LeClair, Evan	ES Macdonald-Cartier - Sudbu	1.51m	J1.45m
6 #228 McLennan, Tyler	Espanola H S	1.40m	J1.45m
--- #287 Christie, Eden	Korah C & V S - noko	1.30m	DQ
--- #180 Fouceault, Deegan	ES de la Renaissance	1.40m	DQ

Event 19 Women Pole Vault Novice

Starting height: 1.75m

15cm increments until 3 competitors

10cm increments until 1 competitor

minimum 2cm increment for last competitor

NOSSA: 2.31m * 5/30/2018

Isabelle Scratch, Cnd-Sudbury

OFSAA: 3.26m # 2009

Alysha Newman, Mother Teresa CSS

Name	School	Seed	Finals
Finals			
1 #363 Holloway, Evelyn	Lockerby - Sudbury	1.90m	2.15m

Event 21 Women Long Jump Novice

NOSSA: 5.20m * 5/31/2007

Caroline Ehrhardt, Espanola

OFSAA: 5.76m # 1996

Jessica Zelinka, Sir Frederick Banting CI

Name	School	Seed	Finals
Finals			
1 #592 Heika, Julia	St. Mary's College S S - nosm	4.20m	4.20m
2 #470 Bridgeman, Sadie	Manitoulin S S	3.94m	4.14m
3 #704 Wozney, Taryn	West Ferris Secondary School	4.449m	4.03m
4 #310 Clement, Kali	Lasalle - Sudbury	4.12m	3.91m
5 #274 Shields, Lexi	Korah C & V S - noko	3.68m	3.85m
6 #194 Bellaire, Kahlan	ES Macdonald-Cartier - Sudbu	4.09m	J3.80m
7 #13 Mirfield, Isabelle	Algonquin - North Bay	4.039m	J3.80m
8 #85 Moore, Sophia	Chippewa Secondary School	4.389m	3.77m
9 #11 McGinley, Jordyn	Algonquin - North Bay	4.019m	3.67m
10 #125 St. Pierre, Kaylee	Confederation Secondary Scho	3.91m	3.58m
11 #727 Maluorno, Hannah	White Pines C & V S - nowp	3.61m	3.57m
12 #41 Troscinski, Caedene	Bish Alexander Carter - Hanme	4.00m	3.47m
13 #679 Fabris, Enza	Villa Francais des Jeunes	3.95m	3.21m
14 #502 Wagemann, Alexis	Marymount Academy - Sudbur	4.05m	3.12m
15 #175 Gibson, Gracie	ES de la Renaissance	3.56m	2.78m
--- #249 Bruni, Matea	Korah C & V S - noko	3.73m	X3.64m

Event 22 Men Long Jump Novice

NOSSA: 6.17m * 5/24/2017

Kurtis Wennerstorm, LEPSS-Sudbury

OFSAA: 6.67m # 6/2/2017

Marcus Renford, Tommy Douglas

Name	School	Seed	Finals
Finals			
1 #282 Bell, Coulson	Korah C & V S - noko	5.16m	J5.20m
2 #115 Bechard, Nicholas	College Notre-Dame - Sudbury	5.49m	J5.20m
3 #293 Guizzetti, Nathan	Korah C & V S - noko	5.00m	4.81m
4 #45 Makasoff, Carter	Bish Alexander Carter - Hanme	4.94m	4.66m

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Finals ... (Event 22 Men Long Jump Novice)

Name	School	Seed	Finals
4 #712 Denis, Corben	West Ferris Secondary School	4.759m	4.66m
6 #294 Higham, Nathan	Korah C & V S - noko	5.01m	4.64m
7 #64 Burns, Ronan	Central Algoma S S	5.08m	4.59m
8 #479 Aurthurs, Rhyis	Manitoulin S S	4.58m	4.50m
9 #484 Duchene, Cash	Manitoulin S S	4.82m	4.45m
10 #718 Small, Ryan	West Ferris Secondary School	5.019m	4.44m
11 #716 Michenko, Kayden	West Ferris Secondary School	4.679m	4.37m
12 #323 Gauvreau, Gabe	Lasalle - Sudbury	4.92m	4.36m
13 #327 Mackey, Will	Lasalle - Sudbury	5.19m	4.27m
14 #20 Berube, Mathieu	Algonquin - North Bay	4.789m	4.26m
15 #620 Lamming, Joshua	St. Mary's College S S - nosm	4.02m	3.91m
16 #347 Fauteux, Aiden	Lively - Lively	4.89m	3.84m

Event 23 Women Triple Jump Novice

NOSSA: 10.50m * 5/31/2018

OFSAA: 11.80m # 2000

Chandyn Bachiu, LEPSS-Sudbury

Tabia Charles, Pine Ridge SS

Name	School	Seed	Finals
Finals			
1 #704 Wozney, Taryn	West Ferris Secondary School	9.459m	9.39m
2 #85 Moore, Sophia	Chippewa Secondary School	9.579m	9.29m
3 #247 Bateman, Emily	Korah C & V S - noko	8.90m	9.23m
4 #605 Toms, Tru	St. Mary's College S S - nosm	8.86m	8.90m
5 #310 Clement, Kali	Lasalle - Sudbury	9.35m	8.84m
6 #37 Odaiskey, Cameron	Bish Alexander Carter - Hanme	8.41m	8.83m
7 #271 Pedlar, Sadie	Korah C & V S - noko	8.65m	8.74m
8 #649 Macmichael, Lisa	Superior Heights C & V S	7.75m	8.08m
9 #433 Skrobot, Sidney	Lo-Ellen Park Secondary Scho	8.35m	7.95m
10 #436 Walker, Jane	Lo-Ellen Park Secondary Scho	8.06m	7.90m
11 #497 Polischuk, Katie	Marymount Academy - Sudbur	7.87m	7.71m
12 #50 Byman, Elora	Central Algoma S S	7.20m	7.47m
13 #478 Merrylees, Tessa	Manitoulin S S	7.58m	7.40m
14 #701 Villneff, Isabelle	West Ferris Secondary School	7.549m	7.19m
15 #175 Gibson, Gracie	ES de la Renaissance	7.41m	7.14m

Event 24 Men Triple Jump Novice

NOSSA: 12.58m * 5/30/2013

OFSAA: 13.74m # 6/5/2015

Ryan Taylor, LSS-Sudbury

Joshua Hanghton, Marguerite d'You

Name	School	Seed	Finals
Finals			
1 #327 Mackey, Will	Lasalle - Sudbury	10.81m	10.52m
2 #323 Gauvreau, Gabe	Lasalle - Sudbury	10.32m	10.36m
3 #64 Burns, Ronan	Central Algoma S S	10.35m	10.27m
4 #484 Duchene, Cash	Manitoulin S S	9.95m	10.04m
5 #334 Radey, Nathan	Lasalle - Sudbury	10.06m	9.81m
6 #20 Berube, Mathieu	Algonquin - North Bay	9.629m	9.37m
7 #692 Seabrook, Odin	W. C. Eaket S S	8.47m	8.59m
8 #611 Brown, Oliver	St. Mary's College S S - nosm	8.43m	8.37m
9 #102 Smith, Trent	Chippewa Secondary School	8.379m	7.93m
--- #131 Dollar, Austin	Confederation Secondary Scho	9.49m	DQ

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Event 25 Women Shot Put Novice

NOSSA: 11.82m * 5/30/2018 Lauren Fearn, LEPSS-Sudbury

OFSAA: 15.92m # 6/6/2015 Trinity Tutti, Eastdale SS - so

Name	School	Seed	Finals
Finals			
1 #501 Thomas, Kayiesha	Marymount Academy - Sudbur	9.82m	9.76m
2 #37 Odaiskey, Cameron	Bish Alexander Carter - Hanme	8.42m	8.35m
3 #41 Troscinski, Caedene	Bish Alexander Carter - Hanme	8.34m	8.32m
4 #513 Dagenais, Kylie	Scollard Hall - North Bay	8.979m	8.30m
5 #723 Day, Journey	White Pines C & V S - nowp	7.97m	8.00m
6 #372 Richard, Keena	Lockerby - Sudbury	8.09m	7.82m
7 #223 Withers, Rowyn	Espanola H S	7.15m	7.75m
8 #682 Huron, Rhianna	W. C. Eaket S S	6.87m	7.38m
9 #650 Pietramale, Riley	Superior Heights C & V S	8.52m	7.37m
10 #270 Nouh, Joudy	Korah C & V S - noko	7.32m	7.08m
11 #495 Nebre, Mya	Marymount Academy - Sudbur	7.89m	6.80m
12 #599 McDonald, Felisity	St. Mary's College S S - nosm	7.24m	6.63m
13 #680 Rainville, Chloe	Villa Francais des Jeunes	7.24m	6.54m
14 #520 Hind, Katelyn	Scollard Hall - North Bay	6.019m	5.75m

Event 26 Men Shot Put Novice

NOSSA: 14.60m * 5/29/2013 Tanner Horgan, LCS-Sudbury

OFSAA: 16.95m # 2006 Jackson Gray, Sarnia CI & TS

Name	School	Seed	Finals
Finals			
1 #534 Culin, Jackson	Scollard Hall - North Bay	12.369m	11.87m
2 #44 Jeanveau, Isaac	Bish Alexander Carter - Hanme	10.72m	10.45m
3 #188 Bertrand, Brayden	Es du Sacré-Coeur	10.16m	10.34m
4 #621 Leblance, Kent	St. Mary's College S S - nosm	9.94m	10.05m
5 #138 Purvis, Owen	Confederation Secondary Scho	10.03m	9.55m
6 #536 Fava, Will	Scollard Hall - North Bay	8.369m	9.07m
7 #687 Drake, Hunter	W. C. Eaket S S	8.68m	8.95m
8 #574 Wierzbicki, William	St. Charles College - Sudbury	9.35m	8.09m
9 #182 Paul, Braiden	ES de la Renaissance	7.87m	7.70m
10 #533 Charette, Jackson	Scollard Hall - North Bay	8.069m	7.57m
11 #690 Riley, Paul	W. C. Eaket S S	7.47m	7.19m
--- #622 Luczinski, Cody	St. Mary's College S S - nosm	7.84m	DQ
--- #301 Serrao, Ethan	Korah C & V S - noko	8.59m	DQ
--- #141 White, Zachary	Confederation Secondary Scho	9.55m	SCR

Event 27 Women Discus Throw Novice

NOSSA: 32.79m * 5/31/2018 Lauren Fearn, LEPSS-Sudbury

OFSAA: 43.40m # 6/5/2015 Trinity Tutti, Eastdale SS - so

Name	School	Seed	Finals
Finals			
1 #680 Rainville, Chloe	Villa Francais des Jeunes	22.75m	20.57m
2 #599 McDonald, Felisity	St. Mary's College S S - nosm	20.02m	18.16m
3 #650 Pietramale, Riley	Superior Heights C & V S	16.83m	17.84m
4 #606 Walker, Emma	St. Mary's College S S - nosm	18.48m	17.69m
5 #372 Richard, Keena	Lockerby - Sudbury	17.90m	16.69m

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Finals ... (Event 27 Women Discus Throw Novice)

Name	School	Seed	Finals
6 #175 Gibson, Gracie	ES de la Renaissance	18.15m	16.55m
7 #501 Thomas, Kayiesha	Marymount Academy - Sudbur	20.39m	15.73m
8 #223 Withers, Rowyn	Espanola H S	17.70m	15.18m
9 #520 Hind, Katelyn	Scollard Hall - North Bay	14.879m	14.02m
10 #495 Nebre, Mya	Marymount Academy - Sudbur	14.51m	12.96m
11 #513 Dagenais, Kylie	Scollard Hall - North Bay	16.669m	12.40m
12 #587 Elwgren, Julia	St. Mary's College S S - nosm	12.14m	12.35m

Event 28 Men Discus Throw Novice

NOSSA: 46.45m * 5/28/2010 Ryan Hunter, ESA - North Bay

OFSAA: 58.98m # 1973 Rob Town, Orillia District CVI

Name	School	Seed	Finals
Finals			
1 #534 Culin, Jackson	Scollard Hall - North Bay	30.00m	32.94m
2 #674 Tremblay, Kolton	Superior Heights C & V S	30.32m	28.73m
3 #621 Leblance, Kent	St. Mary's College S S - nosm	31.39m	28.37m
4 #133 Gatchell, Owen	Confederation Secondary Scho	24.17m	27.03m
5 #180 Fouceault, Deegan	ES de la Renaissance	28.29m	26.79m
6 #442 Gibson, Tanner	Lo-Ellen Park Secondary Scho	22.99m	26.46m
7 #449 Kirkey, Camden	Lo-Ellen Park Secondary Scho	27.20m	26.02m
8 #687 Drake, Hunter	W. C. Eaket S S	26.04m	25.87m
9 #690 Riley, Paul	W. C. Eaket S S	25.25m	21.27m
10 #188 Bertrand, Brayden	Es du Sacré-Coeur	22.46m	21.19m
11 #548 Taillefer, Porter	Scollard Hall - North Bay	22.00m	19.49m
--- #622 Luczinski, Cody	St. Mary's College S S - nosm	29.09m	DQ
--- #536 Fava, Will	Scollard Hall - North Bay	20.00m	DQ
--- #141 White, Zachary	Confederation Secondary Scho	20.76m	SCR

Event 29 Women Javelin Throw Novice

NOSSA: 33.09m * 5/30/2013 Danika Falvo, Cnd-Sudbury

OFSAA: 41.52m # 6/4/2015 Trinity Tutti, Eastdale SS - so

Name	School	Seed	Finals
Finals			
1 #747 Ferguson, Mya	Superior Heights C & V S	23.88m	25.57m
2 #501 Thomas, Kayiesha	Marymount Academy - Sudbur	19.82m	22.32m
3 #372 Richard, Keena	Lockerby - Sudbury	19.23m	20.03m
4 #578 Attwell, Kaitlyn	St. Mary's College S S - nosm	17.06m	18.85m
5 #41 Troscinski, Caedene	Bish Alexander Carter - Hanme	17.91m	18.83m
6 #356 Brouillette, Lindsey	Lockerby - Sudbury	20.40m	18.78m
7 #1 Auger, Amberly	Algonquin - North Bay	17.179m	17.43m
8 #685 Smith-Pilon, Jade	W. C. Eaket S S	18.25m	17.21m
9 #703 Watts, Ashlyn	West Ferris Secondary School	15.499m	17.20m
10 #599 McDonald, Felisity	St. Mary's College S S - nosm	16.26m	17.02m
11 #270 Nouh, Joudy	Korah C & V S - noko	18.33m	15.91m
12 #514 Faraci, Nora	Scollard Hall - North Bay	16.609m	15.73m
13 #495 Nebre, Mya	Marymount Academy - Sudbur	17.25m	15.64m
14 #682 Huron, Rhianna	W. C. Eaket S S	15.43m	14.90m
15 #222 Tilston, Lilly	Espanola H S	17.14m	13.97m
16 #513 Dagenais, Kylie	Scollard Hall - North Bay	13.939m	11.88m

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Event 30 Men Javelin Throw Novice

NOSSA: 50.64m * 2006

OFSAA: 57.95m # 2007

Mathieu Charbonneau-Northern

Ray Dykstra, Grimsby DSS

Name	School	Seed	Finals
Finals			
1 #674 Tremblay, Kolton	Superior Heights C & V S	37.05m	37.69m
2 #629 O'Neill, Candon	St. Mary's College S S - nosm	37.34m	34.61m
3 #188 Bertrand, Brayden	Es du Sacré-Coeur	34.57m	32.06m
4 #205 Smith, Becket	ES Macdonald-Cartier - Sudbu	28.80m	31.61m
5 #533 Charette, Jackson	Scollard Hall - North Bay	28.399m	27.48m
6 #574 Wierzbicki, William	St. Charles College - Sudbury	27.19m	26.44m
7 #169 Parsons, Theo	Elliot Lake S S	27.65m	25.01m
8 #182 Paul, Braiden	ES de la Renaissance	24.76m	24.48m
9 #621 Leblance, Kent	St. Mary's College S S - nosm	33.27m	24.05m
10 #532 Bergeron, Kayden	Scollard Hall - North Bay	25.099m	23.97m
11 #536 Fava, Will	Scollard Hall - North Bay	21.319m	23.35m
12 #720 Williams, Ian	West Ferris Secondary School	23.979m	23.29m
13 #140 Walters, Aiden	Confederation Secondary Scho	25.86m	21.18m
14 #44 Jeanveau, Isaac	Bish Alexander Carter - Hanme	25.83m	20.29m
15 #228 McLennan, Tyler	Espanola H S	24.04m	17.98m
--- #670 Heimonen, Ethan	Superior Heights C & V S	26.63m	DQ

Event 31 Women 4x100 Meter Relay Novice

NOSSA: 52.84 * 2004

OFSAA: 48.86 # 6/7/2019

Sir James Dunn

Father Henry Carr - Rexdale, Henry Carr - Rex

K Allen, F Ugbogbo, E Aghedo, K Anyaogu

Team	Relay	Seed	Finals	H#
Finals				
1 St. Mary's College S S - nosm	A	56.39	56.88	2
1) #593 Jaremko, Abigail	2) #592 Heika, Julia	3) #596 Kurylo, Kloe	4) #590 Gagnon, Bryce	
2 Lo-Ellen Park Secondary Sch	A	56.65	57.45	2
1) #405 Ball, Olivia	2) #419 Korczak, Elizabeth	3) #417 Kaltianinen, Kaija	4) #421 Kulik, Milena	
5) #410 Dale, Gracie	6) #433 Skrobot, Sidney			
3 Korah C & V S - noko	A	57.36	58.33	2
1) #255 Gordon, Miila	2) #265 MacFarlane, Katie	3) #268 McNally, Madelyn	4) #249 Bruni, Matea	
4 Algonquin - North Bay	A	59.49	59.17	2
1) #1 Auger, Amberly	2) #9 Lebel-Schneider, Amelie	3) #11 McGinley, Jordyn	4) #10 McGill, Bethany	
5) #13 Mirfield, Isabelle	6) #19 Zwolak, Vanessa			
5 Lockerby - Sudbury	A	57.28	59.53	2
1) #369 Nootchta, Tia	2) #367 McKechnie, Sarah	3) #370 Oke, Alyna	4) #374 St Amour, Maddyn	
6 Scollard Hall - North Bay	A	58.92	1:00.60	2
1) #521 Lang, Kaylee	2) #516 Gignac, Hannah	3) #511 Corbiere, Morgan	4) #526 Reaume, Madilyn	
7 Marymount Academy - Sudbu	A	1:02.25	1:01.13	1
1) #493 Landry, Ava	2) #497 Polischuk, Katie	3) #501 Thomas, Kayiesha	4) #502 Wagemann, Alexys	
5) #496 Oberthier, Anna				
8 College Notre-Dame - Sudbur	A	59.56	1:01.65	2
1) #112 Sullivan, Hannah	2) #103 Boucher, Sophie	3) #106 Donovan, Chloe	4) #110 Neely, Karissa	
9 White Pines C & V S - nowp	A	1:00.98	1:02.35	1
1) #723 Day, Journey	2) #727 Maluorno, Hannah	3) #730 Sarrasin, Ulannah	4) #728 O'Reilly, Ryan	
10 ES Macdonald-Cartier - Sudb	A	1:03.48	1:03.42	1
1) #195 Demers, Gabrielle	2) #197 Labelle, Emilie	3) #193 Belanger, Danika	4) #200 Tremblay, Rh?anna	
5) #194 Bellaire, Kahlan				

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Finals ... (Event 31 Women 4x100 Meter Relay Novice)

Team	Relay	Seed	Finals	H#
11 Elliot Lake S S	A	1:04.00	1:04.33	1
1) #154 Beaulieu, Kendra	2) #155 Berry-Singeisen, Enya	3) #159 Rouillard, Manon	4) #160 Shand, Madison	
--- Villa Francais des Jeunes	A	59.75	DQ	2
1) #677 Bouchard, Victoria	2) #678 Daoust, Marie-Laure	3) #679 Fabris, Enza	4) #681 Young, Ava	

Event 32 Men 4x100 Meter Relay Novice

**NOSSA: 47.35 * 6/1/2007 Sir James Dunn C & V S, Dunn, Sir Ja
D Carter, G Hunt, B Babic, J Vernelli**
**OFSAA: 43.90 # 6/8/2018 Our Lady Mt Carmel SS -Mississ, Our Lady Mt Carm
J Rose, J Rose, J Amoroso, A Magdziak**

Team	Relay	Seed	Finals	H#
Finals				
1 Korah C & V S - noko	A	51.32	50.63	2
1) #285 Campagna, Deago	2) #294 Higham, Nathan	3) #290 Dickenson, Hunter	4) #293 Guizzetti, Nathan	
2 Lo-Ellen Park Secondary Sch	A	50.02	50.68	2
1) #437 Arnold, Max	2) #451 Lacroix, Corey	3) #445 Ietswaard, Owen	4) #459 Oliver, Ethan	
5) #443 Graffi, Riley	6) #454 Legendre, Brayden			
3 St. Mary's College S S - nosm	A	52.36	50.90	2
1) #623 Mador, Alexandre	2) #609 Agawa, Ethan	3) #610 Alinsub, Peter	4) #629 O'Neill, Candon	
4 West Ferris Secondary School	A	53.18	51.06	2
1) #715 Lacroix, Owen	2) #710 Culin, Kalen	3) #716 Michenko, Kayden	4) #709 Corbeil, Nicolas	
5) #718 Small, Ryan				
5 Confederation Secondary Sch	A		52.09	1
1) #129 Audette, Colton	2) #136 Nadeau, Nathan	3) #131 Dollar, Austin	4) #135 Igiehon, King David	
5) #139 Wainio, Chase				
6 Lasalle - Sudbury	A	52.29	52.19	2
1) #327 Mackey, Will	2) #329 Mannella, Logan	3) #323 Gauvreau, Gabe	4) #334 Radey, Nathan	
5) #338 Thomson, Gareth	6) #328 MacKinnon, Davis			
7 White Pines C & V S - nowp	A	53.84	53.27	1
1) #737 Frayn, Tyler	2) #739 Hamilton, Ethan	3) #741 McCorkell, Ethan	4) #743 Smith, Spencer	
8 Lockerby - Sudbury	A	53.25	57.07	2
1) #385 Caron, Corbin	2) #402 van Drunen, Clark	3) #399 Sagle, Robert	4) #388 Dufour, Connor	
9 Superior Heights C & V S	A	53.23	57.43	2
1) #666 Jones-McDonald, Deve	2) #667 Lambert, Nathan	3) #661 Gasperas, Damian	4) #673 Sayers, Will	
--- Elliot Lake S S	A	53.61	DQ	1
1) #163 Brisebois, Evan	2) #165 Desbiens, Lawrence	3) #169 Parsons, Theo	4) #172 Stevenson, Josh	

Event 33 Women 100 Meter Dash Junior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 12.85 * 5/25/2017 Christina Robert, LEPSS-Sudbury
OFSAA: 11.77 # 6/3/2011 Christian Brennan, St. Mary CSS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #589 Fata, Isabella	St. Mary's College S S - nosm	13.79	13.60 Q	1
2 #40 Remillard, Aimie	Bish Alexander Carter - Hanme	13.56	14.08 Q	2
3 #144 Dugas, Brooke	E.s.c Horizon - Val Caron	13.84	13.98 Q	1
4 #408 Chateauvert, Emma	Lo-Ellen Park Secondary Scho	14.08	14.10 Q	2
5 #375 Sullivan, Maeva	Lockerby - Sudbury	14.05	14.26 q	2
6 #60 Roe, Kayleigh	Central Algoma S S	14.37	14.41 q	1
7 #473 Gibeault, Brooke	Manitoulin S S	14.08	14.53 q	1
8 #90 Smith, Mary	Chippewa Secondary School	14.38	14.58 q	2

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Preliminaries ... (Event 33 Women 100 Meter Dash Junior)

Name	School	Seed	Prelims	H#
9 #598 Magli, Payton	St. Mary's College S S - nosm	14.91	14.72	2
10 #56 Jeffery, Brooke	Central Algoma S S	14.79	14.77	1
11 #529 Tschanz, Alexie	Scollard Hall - North Bay	14.43	14.86	1
12 #340 Hallett, Grace	Lively - Lively	14.41	14.92	2
13 #254 Glavota, Matea	Korah C & V S - noko	15.14	15.02	2
14 #724 Dennis, LaShaunda	White Pines C & V S - nowp	15.23	15.17	1
15 #88 Richardson, Sierra June	Chippewa Secondary School	15.32	15.71	1
16 #234 Maxwell, Tara	F.J. McElligott SS	16.08	16.57	2

Event 33 Women 100 Meter Dash Junior

NOSSA: 12.85 * 5/25/2017 Christina Robert, LEPSS-Sudbury

OFSAA: 11.77 # 6/3/2011 Christian Brennan, St. Mary CSS

Name	School	Prelims	Finals
Finals			
1 #589 Fata, Isabella	St. Mary's College S S - nosm	13.60	13.52
2 #40 Remillard, Aimie	Bish Alexander Carter - Hanme	14.08	13.58
3 #144 Dugas, Brooke	E.s.c Horizon - Val Caron	13.98	13.93
4 #408 Chateauvert, Emma	Lo-Ellen Park Secondary Scho	14.10	14.07
5 #473 Gibeault, Brooke	Manitoulin S S	14.53	14.34
6 #60 Roe, Kayleigh	Central Algoma S S	14.41	14.36
7 #375 Sullivan, Maeva	Lockerby - Sudbury	14.26	14.41
8 #90 Smith, Mary	Chippewa Secondary School	14.58	14.67

Event 34 Men 100 Meter Dash Junior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

NOSSA: 11.31 * 5/29/2019 Logan Spicer, Lo-Ellen Park SS

OFSAA: 10.53 # 6/3/2011 Andre Ford-Azonwanna, J. Cardinal McGuigan CHS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #95 Carruthers, Liam	Chippewa Secondary School	11.84	12.32 Q	2
2 #438 Barney, Jacob	Lo-Ellen Park Secondary Scho	12.18	12.39 Q	1
3 #46 Potvin, Gavan	Bish Alexander Carter - Hanme	12.13	12.40 Q	1
4 #625 McCauley, Callum	St. Mary's College S S - nosm	12.50	12.51 Q	2
5 #631 Spadafora, Alexander	St. Mary's College S S - nosm	12.70	12.51 q	1
6 #320 Allen, Zidain	Lasalle - Sudbury	12.60	12.54 q	2
7 #693 Yan, Haowen	W. C. Eaket S S	11.00	12.56 q	1
8 #134 Harris, Quentin	Confederation Secondary Scho	12.69	12.90 q	1
9 #630 Posteraro, Ryan	St. Mary's College S S - nosm	12.89	12.91	2
10 #101 Sinclair, Nate	Chippewa Secondary School	12.01	12.95	2
11 #23 Fisher, Alexandre	Algonquin - North Bay	12.86	13.10	2
12 #70 Kehoe, Isaiah	Central Algoma S S	11.00	13.19	1
13 #486 Legg, Devin	Manitoulin S S	11.00	13.24	2
14 #289 Dewar, Jarett	Korah C & V S - noko	12.96	13.26	1
15 #98 Couvrette, Brady	Chippewa Secondary School	12.87	13.28	1

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Event 34 Men 100 Meter Dash Junior

NOSSA: 11.31 * 5/29/2019

Logan Spicer, Lo-Ellen Park SS

OFSAA: 10.53 # 6/3/2011

Andre Ford-Azonwanna, J. Cardinal McGuigan CHS

Name	School	Prelims	Finals
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Finals

1	#438 Barney, Jacob	Lo-Ellen Park Secondary Scho	12.39	12.11
2	#95 Carruthers, Liam	Chippewa Secondary School	12.32	12.12
3	#625 McCauley, Callum	St. Mary's College S S - nosm	12.51	12.51
4	#631 Spadafora, Alexander	St. Mary's College S S - nosm	12.51	12.58
5	#320 Allen, Zidain	Lasalle - Sudbury	12.54	12.61
6	#693 Yan, Haowen	W. C. Eaket S S	12.56	12.80
7	#134 Harris, Quentin	Confederation Secondary Scho	12.90	12.92
---	#46 Potvin, Gavan	Bish Alexander Carter - Hanme	12.40	DQ

Event 35 Women 200 Meter Dash Junior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

NOSSA: 25.09 * 2005

Rebecca Johnston-Lo Ellen Park

OFSAA: 23.87 # 6/4/2011

Christian Brennan, St. Mary CSS

Name	School	Seed	Prelims	H#
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Preliminaries

1	#589 Fata, Isabella	St. Mary's College S S - nosm	28.36	28.32 Q	2
2	#430 Schmidt, Claire	Lo-Ellen Park Secondary Scho	28.51	28.99 Q	1
3	#429 Potvin, Maija	Lo-Ellen Park Secondary Scho	28.66	29.16 Q	2
4	#144 Dugas, Brooke	E.s.c Horizon - Val Caron	29.30	29.28 Q	1
5	#553 Kero, Karly	St. Benedict - Sudbury	29.58	29.83 q	1
6	#699 Robinson, Jelicia	West Ferris Secondary School	29.04	30.15 q	2
7	#60 Roe, Kayleigh	Central Algoma S S	30.95	30.18 q	1
8	#473 Gibeault, Brooke	Manitoulin S S	29.81	30.79 q	2
9	#604 Solomon, Shannon	St. Mary's College S S - nosm	31.83	30.83	1
10	#61 Smith, Fischer	Central Algoma S S	32.00	31.13	2
11	#529 Tschanz, Alexie	Scollard Hall - North Bay	30.61	31.69	2
12	#375 Sullivan, Maeva	Lockerby - Sudbury	29.07	32.23	1
13	#505 Szoke, Milla	Notre Dame Du Sualt	35.31	33.52	2

Event 35 Women 200 Meter Dash Junior

NOSSA: 25.09 * 2005

Rebecca Johnston-Lo Ellen Park

OFSAA: 23.87 # 6/4/2011

Christian Brennan, St. Mary CSS

Name	School	Prelims	Finals
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Finals

1	#589 Fata, Isabella	St. Mary's College S S - nosm	28.32	28.13
2	#144 Dugas, Brooke	E.s.c Horizon - Val Caron	29.28	29.08
3	#429 Potvin, Maija	Lo-Ellen Park Secondary Scho	29.16	29.44
4	#430 Schmidt, Claire	Lo-Ellen Park Secondary Scho	28.99	29.66
5	#553 Kero, Karly	St. Benedict - Sudbury	29.83	29.89
6	#60 Roe, Kayleigh	Central Algoma S S	30.18	30.25
7	#699 Robinson, Jelicia	West Ferris Secondary School	30.15	30.74
8	#473 Gibeault, Brooke	Manitoulin S S	30.79	38.00

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Event 36 Men 200 Meter Dash Junior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 22.97 * 5/25/2017 Zachari Mainville, Cnd-Sudbury

OFSAA: 21.40 # 6/4/2011 Andre Ford-Azonwanna, J. Cardinal McGuigan CHS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #95 Carruthers, Liam	Chippewa Secondary School	25.12	25.07 Q	1
2 #625 McCauley, Callum	St. Mary's College S S - nosm	25.29	25.33 Q	2
3 #631 Spadafora, Alexander	St. Mary's College S S - nosm	26.01	25.85 Q	1
4 #148 Merigioli, Dylan	E.s.c Horizon - Val Caron	26.39	26.14 Q	2
5 #320 Allen, Zidain	Lasalle - Sudbury	26.37	26.28 q	2
6 #134 Harris, Quentin	Confederation Secondary Scho	26.26	26.60 q	1
7 #560 Hernandez Diaz, Andy	St. Benedict - Sudbury	27.44	26.70 q	1
8 #630 Posteraro, Ryan	St. Mary's College S S - nosm	26.80	26.71 q	1
9 #693 Yan, Haowen	W. C. Eaket S S	27.60	26.72	2
10 #23 Fisher, Alexandre	Algonquin - North Bay	26.09	26.82	2
11 #70 Kehoe, Isaiah	Central Algoma S S	27.29	27.39	1
12 #100 Silva, Inuka	Chippewa Secondary School	27.26	27.77	2
13 #714 Hamilton, Rayden	West Ferris Secondary School	27.19	27.80	2
14 #675 Whitfield-Hurley, Easto	Superior Heights C & V S	27.59	28.05	2
15 #397 Perry, Ty	Lockerby - Sudbury	27.00	28.08	1
16 #181 Gray, Liam	ES de la Renaissance	29.02	29.37	1

Event 36 Men 200 Meter Dash Junior

NOSSA: 22.97 * 5/25/2017 Zachari Mainville, Cnd-Sudbury

OFSAA: 21.40 # 6/4/2011 Andre Ford-Azonwanna, J. Cardinal McGuigan CHS

Name	School	Prelims	Finals
Finals			
1 #95 Carruthers, Liam	Chippewa Secondary School	25.07	24.93
2 #625 McCauley, Callum	St. Mary's College S S - nosm	25.33	25.50
3 #631 Spadafora, Alexander	St. Mary's College S S - nosm	25.85	25.83
4 #148 Merigioli, Dylan	E.s.c Horizon - Val Caron	26.14	26.34
5 #134 Harris, Quentin	Confederation Secondary Scho	26.60	26.57
6 #560 Hernandez Diaz, Andy	St. Benedict - Sudbury	26.70	26.79
7 #320 Allen, Zidain	Lasalle - Sudbury	26.28	26.92
8 #630 Posteraro, Ryan	St. Mary's College S S - nosm	26.71	27.03

Event 37 Women 400 Meter Dash Junior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 58.44 * 2005 Rebecca Johnston-Lo-Ellen Park

OFSAA: 53.66 # 6/3/2011 Christian Brennan, St. Mary CSS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #469 Balfe, Annie	Manitoulin S S	1:09.09	1:05.34 Q	1
2 #553 Kero, Karly	St. Benedict - Sudbury	1:06.29	1:06.40 Q	2
3 #525 Popp, Chloe	Scollard Hall - North Bay	1:05.94	1:05.45 Q	1
4 #409 Cuza, Finlay	Lo-Ellen Park Secondary Scho	1:06.22	1:08.25 Q	2
5 #413 Fabbro, Mikayla	Lo-Ellen Park Secondary Scho	1:13.38	1:07.42 q	1
6 #61 Smith, Fischer	Central Algoma S S	1:12.56	1:08.44 q	2
7 #272 Pelletier, Madison	Korah C & V S - noko	1:14.52	1:10.21 q	2

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Preliminaries ... (Event 37 Women 400 Meter Dash Junior)

Name	School	Seed	Prelims	H#
8 #475 Green, Morgan	Manitoulin S S	1:12.79	1:10.65 q	2
9 #582 Carbone, Tori	St. Mary's College S S - nosm	1:12.07	1:11.21	1
10 #89 Rivet, Julia	Chippewa Secondary School	1:13.48	1:12.47	1
11 #340 Hallett, Grace	Lively - Lively	1:20.14	1:12.87	2
12 #527 Thomas, Isabelle	Scollard Hall - North Bay	1:16.51	1:13.69	1
13 #503 Williams, Brooke	Marymount Academy - Sudbur	1:14.08	1:14.30	2
--- #269 Nelson, Shayla	Korah C & V S - noko	1:19.43	DQ	1

Event 37 Women 400 Meter Dash Junior

NOSSA: 58.44 * 2005 Rebecca Johnston-Lo-Ellen Park
OFSAA: 53.66 # 6/3/2011 Christian Brennan, St. Mary CSS

Name	School	Prelims	Finals
Finals			
1 #409 Cuza, Finlay	Lo-Ellen Park Secondary Scho	1:08.25	1:05.31
2 #469 Balfe, Annie	Manitoulin S S	1:05.34	1:05.66
3 #525 Popp, Chloe	Scollard Hall - North Bay	1:05.45	1:05.68
4 #553 Kero, Karly	St. Benedict - Sudbury	1:06.40	1:06.45
5 #413 Fabbro, Mikayla	Lo-Ellen Park Secondary Scho	1:07.42	1:07.20
6 #61 Smith, Fischer	Central Algoma S S	1:08.44	1:09.87
7 #272 Pelletier, Madison	Korah C & V S - noko	1:10.21	1:11.95
8 #475 Green, Morgan	Manitoulin S S	1:10.65	1:12.80

Event 38 Men 400 Meter Dash Junior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 50.06 * 5/31/2007 Richard MacLennan, St. Mary's C S S
OFSAA: 48.46 # 6/5/2015 Nathan Friginette, St. John Paul II

Name	School	Seed	Prelims	H#
Preliminaries				
1 #401 Thususka, Atom	Lockerby - Sudbury	58.47	57.82 Q	2
2 #95 Carruthers, Liam	Chippewa Secondary School	57.70	58.22 Q	1
3 #635 Wardell, Harley	St. Mary's College S S - nosm	59.43	58.80 Q	2
4 #447 Kelly, Kevin	Lo-Ellen Park Secondary Scho	1:00.53	1:00.57 Q	1
5 #226 Jacques, Micah	Espanola H S	1:01.48	59.74 q	2
6 #483 Decchenes, Davin	Manitoulin S S	1:01.85	1:00.53 q	2
7 #733 Currie, Jack	White Pines C & V S - nowp	1:02.44	1:01.66 q	2
8 #744 Wyslocky, Rowan	White Pines C & V S - nowp	1:02.21	1:01.93 q	1
9 #563 Petroski, Jonas	St. Benedict - Sudbury	1:00.95	1:02.14	1
10 #389 Duguay, Aleksander	Lockerby - Sudbury	1:05.16	1:03.76	1
11 #100 Silva, Inuka	Chippewa Secondary School	1:05.07	1:04.60	2
12 #25 Landriaul, Tristan	Algonquin - North Bay	1:02.18	1:05.44	1
13 #397 Perry, Ty	Lockerby - Sudbury	1:06.02	1:08.48	2

Event 38 Men 400 Meter Dash Junior

NOSSA: 50.06 * 5/31/2007 Richard MacLennan, St. Mary's C S S
OFSAA: 48.46 # 6/5/2015 Nathan Friginette, St. John Paul II

Name	School	Prelims	Finals
Finals			
1 #95 Carruthers, Liam	Chippewa Secondary School	58.22	56.32
2 #401 Thususka, Atom	Lockerby - Sudbury	57.82	56.90

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Finals ... (Event 38 Men 400 Meter Dash Junior)

Name	School	Prelims	Finals
3 #635 Wardell, Harley	St. Mary's College S S - nosm	58.80	57.88
4 #226 Jacques, Micah	Espanola H S	59.74	59.98
5 #483 Decchenes, Davin	Manitoulin S S	1:00.53	1:00.85
6 #447 Kelly, Kevin	Lo-Ellen Park Secondary Scho	1:00.57	1:01.18
7 #733 Currie, Jack	White Pines C & V S - nowp	1:01.66	1:01.50
8 #744 Wyslocky, Rowan	White Pines C & V S - nowp	1:01.93	1:03.50

Event 39 Women 800 Meter Run Junior

NOSSA: 2:19.10 * 2004 Kaitlyn Tallman-Manitoulin

OFSAA: 2:08.22 # 6/8/2013 Kailee Sawyer, Bluevale CI

Name	School	Seed	Finals
Finals			
1 #371 Pineau, Lauren	Lockerby - Sudbury	2:31.71	2:26.77
2 #477 Kasunich, Maren	Manitoulin S S	2:36.28	2:27.58
3 #525 Popp, Chloe	Scollard Hall - North Bay	2:41.92	2:38.21
4 #474 Green, Mackenzie	Manitoulin S S	2:51.61	2:39.64
5 #409 Cuza, Finlay	Lo-Ellen Park Secondary Scho	2:31.62	2:44.45
6 #413 Fabbro, Mikayla	Lo-Ellen Park Secondary Scho	2:44.18	2:44.77
7 #373 Schulte-Hostedde, Ivy	Lockerby - Sudbury	2:49.91	2:48.45
8 #272 Pelletier, Madison	Korah C & V S - noko	2:48.14	2:49.14
9 #582 Carbone, Tori	St. Mary's College S S - nosm	2:46.95	2:49.16
10 #366 Jones, Bay	Lockerby - Sudbury	2:48.07	2:49.27
11 #57 Martineau, Ella	Central Algoma S S	3:04.64	2:51.11
12 #653 Schoahs, Helena	Superior Heights C & V S	3:05.66	2:52.39
13 #524 Phelps, Sarah	Scollard Hall - North Bay	2:53.84	2:54.64
14 #89 Rivet, Julia	Chippewa Secondary School	2:58.95	3:07.49
15 #16 Ranger, Isabelle	Algonquin - North Bay	3:11.17	3:15.21

Event 40 Men 800 Meter Run Junior

NOSSA: 2:01.94 * 5/29/2014 Brendan Costello, Lo-Ellen Park SS

OFSAA: 1:53.54 # 6/9/2018 Abdullahi Hassan, Birchmount Park

Name	School	Seed	Finals
Finals			
1 #488 Pennie, Brodie	Manitoulin S S	2:22.51	2:12.83
2 #446 Joiner, Russell	Lo-Ellen Park Secondary Scho	2:21.19	2:14.05
3 #440 Dobson, Owen	Lo-Ellen Park Secondary Scho	2:16.26	2:14.86
4 #226 Jacques, Micah	Espanola H S	2:29.49	2:22.70
5 #563 Petroski, Jonas	St. Benedict - Sudbury	2:22.52	2:23.70
6 #212 St-Jean, S?bastien	Esc Champlain - Chelmsford	2:33.90	2:28.89
7 #181 Gray, Liam	ES de la Renaissance	2:27.78	2:32.83
8 #628 Norbo, Ben	St. Mary's College S S - nosm	2:54.73	2:39.86

Event 41 Women 1500 Meter Run Junior

NOSSA: 5:01.65 * 5/28/2009 Lynnea Lobert, SJDCVS-SS Marie

OFSAA: 4:24.58 # 6/3/2016 Joceyln Chau, De La Salle Coll

Name	School	Seed	Finals
Finals			
1 #477 Kasunich, Maren	Manitoulin S S	5:05.50	5:02.99
2 #371 Pineau, Lauren	Lockerby - Sudbury	5:24.34	5:20.77

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Finals ... (Event 41 Women 1500 Meter Run Junior)

Name	School	Seed	Finals
3 #554 Lepage, Georgia	St. Benedict - Sudbury	5:26.31	5:26.89
4 #474 Green, Mackenzie	Manitoulin S S	5:47.88	5:37.21
5 #373 Schulte-Hostedde, Ivy	Lockerby - Sudbury	5:52.73	5:54.30
6 #157 Goymer, Rhianna	Elliot Lake S S	5:52.65	5:55.14
7 #509 Blake, Maeve	Scollard Hall - North Bay	6:00.31	6:01.95
8 #423 McKague, Isabel	Lo-Ellen Park Secondary Schoo	5:53.61	6:03.42
9 #524 Phelps, Sarah	Scollard Hall - North Bay	6:00.19	6:04.61
10 #315 Hodgins, Ava	Lasalle - Sudbury	5:34.00	6:05.24
11 #608 Withers-Cott, Sydney	St. Mary's College S S - nosm	6:08.00	6:06.30
12 #653 Schoahs, Helena	Superior Heights C & V S	6:18.00	6:08.70
13 #654 Towle, Anna	Superior Heights C & V S	6:46.00	6:31.80
14 #16 Ranger, Isabelle	Algonquin - North Bay	6:50.41	6:50.17
15 #698 Lyons, Hannah	West Ferris Secondary School	6:43.38	6:50.70

Event 42 Men 1500 Meter Run JuniorNOSSA: 4:09.87 * 5/25/2011 **Graham Hansel, WFSS-North Bay**OFSAA: 3:55.38 # 2009 **Robert Denault, Aurora HS**

Name	School	Seed	Finals
Finals			
1 #460 Rice, Sam	Lo-Ellen Park Secondary Schoo	4:34.57	4:33.77
2 #450 Kuhlberg, Nolan	Lo-Ellen Park Secondary Schoo	4:40.78	4:35.36
3 #488 Pennie, Brodie	Manitoulin S S	4:50.63	4:36.17
4 #383 Binks, Liam	Lockerby - Sudbury	4:44.67	4:36.92
5 #446 Joiner, Russell	Lo-Ellen Park Secondary Schoo	4:58.33	5:06.33
6 #78 Warwick, Kenny	Central Algoma S S	5:29.13	5:10.99
7 #21 Brochu, Miguel	Algonquin - North Bay	5:28.38	5:12.21
8 #337 Sutton, Caden	Lasalle - Sudbury	5:11.94	5:16.89
9 #628 Norbo, Ben	St. Mary's College S S - nosm	5:58.00	5:28.55
10 #691 Roberts, Jake	W. C. Eaket S S	5:29.55	5:39.80
11 #550 Uta'naaq, Cloud-Berry	Scollard Hall - North Bay	6:27.65	5:52.67

Event 43 Women 3000 Meter Run JuniorNOSSA: 10:28.70 * 2004 **Kaitlyn Tallman-Manitoulin**OFSAA: 9:29.65 # 6/4/2016 **Brogan MacDougall, Regiopolis-N. D**

Name	School	Seed	Finals
Finals			
1 #477 Kasunich, Maren	Manitoulin S S	10:59.75	10:55.17
2 #554 Lepage, Georgia	St. Benedict - Sudbury	11:53.63	11:50.64
3 #474 Green, Mackenzie	Manitoulin S S	12:46.46	12:25.92
4 #157 Goymer, Rhianna	Elliot Lake S S	13:25.03	12:49.67
5 #315 Hodgins, Ava	Lasalle - Sudbury	12:37.97	13:03.36
6 #423 McKague, Isabel	Lo-Ellen Park Secondary Schoo	13:28.48	13:09.33
7 #509 Blake, Maeve	Scollard Hall - North Bay	13:51.26	13:09.61
8 #552 De Poli, Katelyn	St. Benedict - Sudbury	14:02.07	13:56.74
9 #79 Benson, Albany	Chippewa Secondary School	14:08.39	13:57.27
10 #698 Lyons, Hannah	West Ferris Secondary School	14:58.88	14:35.14
--- #407 Bourget, Bree	Lo-Ellen Park Secondary Schoo	12:34.05	DQ
--- #654 Towle, Anna	Superior Heights C & V S	15:31.00	DQ

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Event 44 Men 3000 Meter Run Junior

NOSSA: 9:06.88 * 5/26/2011

Graham Hansel, WFSS-North Bay

OFSAA: 8:33.65 # 2007

John Paul Malette, Assumption College

Name	School	Seed	Finals
Finals			
1 #460 Rice, Sam	Lo-Ellen Park Secondary Scho	9:43.02	9:41.42
2 #383 Binks, Liam	Lockerby - Sudbury	10:42.46	10:00.24
3 #450 Kuhlberg, Nolan	Lo-Ellen Park Secondary Scho	10:12.89	10:00.83
4 #488 Pennie, Brodie	Manitoulin S S	10:53.02	10:02.86
5 #337 Sutton, Caden	Lasalle - Sudbury	11:14.80	10:59.61
6 #446 Joiner, Russell	Lo-Ellen Park Secondary Scho	11:15.22	11:00.89
7 #619 Juma, Kiran	St. Mary's College S S - nosm	11:53.00	11:14.86
8 #714 Hamilton, Rayden	West Ferris Secondary School	11:23.50	11:15.45

Event 45 Women 80 Meter Hurdles Junior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

NOSSA: 12.10 * 5/29/2008

Serena SanCartier, LEPSS-Sudbury

OFSAA: 11.24 # 6/5/2015

Keira Christie-Gallaway, St Matthew -Orle

Name	School	Seed	Prelims	H#
Preliminaries				
1 #127 Wilson, Georgia	Confederation Secondary Scho	14.17	13.92 Q	2
2 #40 Remillard, Aimie	Bish Alexander Carter - Hanme	13.87	14.48 Q	1
3 #254 Glavota, Matea	Korah C & V S - noko	14.93	14.42 Q	2
4 #251 Elliott, Delaney	Korah C & V S - noko	15.05	14.96 Q	1
5 #359 Diavolitsis, Alissa	Lockerby - Sudbury	15.19	15.11 q	1
6 #60 Roe, Kayleigh	Central Algoma S S	16.72	15.46 q	2
7 #598 Magli, Payton	St. Mary's College S S - nosm	16.09	15.71 q	1
8 #416 Ietswaard, Jennifer	Lo-Ellen Park Secondary Scho	15.22	15.94 q	2
9 #262 Lane, Mollie	Korah C & V S - noko	16.01	16.07	1
10 #377 Uguccioni, Elizabeth	Lockerby - Sudbury	15.51	19.43	2

Event 45 Women 80 Meter Hurdles Junior

NOSSA: 12.10 * 5/29/2008

Serena SanCartier, LEPSS-Sudbury

OFSAA: 11.24 # 6/5/2015

Keira Christie-Gallaway, St Matthew -Orle

Name	School	Prelims	Finals
Finals			
1 #127 Wilson, Georgia	Confederation Secondary Scho	13.92	14.45
2 #359 Diavolitsis, Alissa	Lockerby - Sudbury	15.11	14.71
3 #416 Ietswaard, Jennifer	Lo-Ellen Park Secondary Scho	15.94	14.92
4 #254 Glavota, Matea	Korah C & V S - noko	14.42	15.08
5 #251 Elliott, Delaney	Korah C & V S - noko	14.96	15.11
6 #598 Magli, Payton	St. Mary's College S S - nosm	15.71	15.25
7 #60 Roe, Kayleigh	Central Algoma S S	15.46	16.04
8 #40 Remillard, Aimie	Bish Alexander Carter - Hanme	14.48	22.49

Event 46 Men 100 Meter Hurdles Junior

NOSSA: 14.87 * 5/25/2011

Luke Udeschini, CSS- North Bay

OFSAA: 12.95 # 6/7/2019

Mark Skerl, Cardinal New

Name	School	Seed	Finals
Finals			
1 #211 Lalonde, Caleb	Esc Champlain - Chelmsford	17.04	16.66

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Finals ... (Event 46 Men 100 Meter Hurdles Junior)

Name	School	Seed	Finals
2 #70 Kehoe, Isaiah	Central Algoma S S	18.21	16.67
3 #635 Wardell, Harley	St. Mary's College S S - nosm	19.18	21.08

Event 47 Women 300 Meter Hurdles Junior

NOSSA: 47.13 * 2005

Paige Leclerc-Lockerby

OFSAA: 42.46 # 1997

Jessica Zelinka, Sir Frederick Banting CI

Name	School	Seed	Finals	H#
Finals				
1 #409 Cuza, Finlay	Lo-Ellen Park Secondary Schoo	53.25	50.78	2
2 #251 Elliott, Delaney	Korah C & V S - noko	52.34	51.06	2
3 #492 Guse, Tara	Marymount Academy - Sudbur	57.67	53.40	2
4 #254 Glavota, Matea	Korah C & V S - noko	54.31	53.79	2
5 #353 Basso, Brooklyn	Lockerby - Sudbury	55.73	54.29	2
6 #598 Magli, Payton	St. Mary's College S S - nosm	55.29	54.90	2
7 #253 Gill, Hailee	Korah C & V S - noko	55.20	57.25	2
8 #61 Smith, Fischer	Central Algoma S S	1:03.70	59.07	1
9 #361 Ferguson, Alexia	Lockerby - Sudbury	1:03.45	1:01.84	1
--- #373 Schulte-Hostedde, Ivy	Lockerby - Sudbury	1:01.54	DQ	1

Event 48 Men 300 Meter Hurdles Junior

NOSSA: 41.00 * 2004

Justin Digiglio-St Joe/Scollard Hall

OFSAA: 37.86 # 6/4/2016

Liam Foudy, Neil McNeil - To

Name	School	Seed	Finals
Finals			
1 #438 Barney, Jacob	Lo-Ellen Park Secondary Schoo	46.84	47.98
2 #635 Wardell, Harley	St. Mary's College S S - nosm	52.23	48.31
3 #440 Dobson, Owen	Lo-Ellen Park Secondary Schoo	48.03	48.79
4 #25 Landriaul, Tristan	Algonquin - North Bay	51.13	52.08
5 #78 Warwick, Kenny	Central Algoma S S	51.01	53.72
6 #506 Spacek, William	Notre Dame Du Sualt	1:04.35	57.04
--- #625 McCauley, Callum	St. Mary's College S S - nosm	52.65	DQ

Event 49 Women High Jump Junior

Starting height: 1.10m

NOSSA: 1.54m * 5/29/2014

Kiara Hamilton, Superior Hts CVS

OFSAA: 1.76m # 6/3/2017

Autumn Bigger, Beamsville DSS

Name	School	Seed	Finals
Finals			
1 #359 Diavolitsis, Alissa	Lockerby - Sudbury	1.37m	1.45m
2 #248 Boissoneau, Maiana	Korah C & V S - noko	1.33m	J1.38m
3 #38 Pardy, CJ	Bish Alexander Carter - Hanme	1.34m	J1.38m
4 #475 Green, Morgan	Manitoulin S S	1.25m	J1.30m
5 #586 Edgar, Emily	St. Mary's College S S - nosm	1.35m	J1.30m
5 #552 De Poli, Katelyn	St. Benedict - Sudbury	1.31m	J1.30m
5 #217 Ligi, Kameryn	Espanola H S	1.25m	J1.30m
8 #233 Buzila, Tianna	F.J. McElligott SS	1.359m	J1.30m
9 #604 Solomon, Shannon	St. Mary's College S S - nosm	1.25m	J1.25m
10 #56 Jeffery, Brooke	Central Algoma S S	1.25m	J1.25m
11 #253 Gill, Hailee	Korah C & V S - noko	1.30m	J1.25m

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Event 50 Men High Jump Junior

Starting height: 1.45m

NOSSA: 1.96m * 5/29/2019 Logan Spicer, Lo-Ellen Park SS
 OFSAA: 2.04m # 1995 Michael Ponikvar, Denis Morris HS

Name	School	Seed	Finals
Finals			
1 #462 Scott, Adam	Lo-Ellen Park Secondary Schoo	1.75m	1.65m
2 #483 Decchenes, Davin	Manitoulin S S	1.60m	1.60m
3 #627 Njari, Matthew	St. Mary's College S S - nosm	1.57m	J1.55m
3 #210 Houle, Jonathan	Esc Champlain - Chelmsford	1.50m	J1.55m
5 #288 Cowan, Jaiden	Korah C & V S - noko	1.50m	J1.55m
6 #486 Legg, Devin	Manitoulin S S	1.50m	1.50m
7 #153 Rimes, Braxton	Elisabeth-Bruyère	1.459m	1.45m
--- #225 Graham, Carter	Espanola H S	1.40m	DQ

Event 51 Women Pole Vault Junior

Starting height: 1.70m

NOSSA: 2.85m * 5/27/2010 Alison Fung, CSS- North Bay
 OFSAA: 3.75m # 2010 Alysha Newman, Mother Teresa CSS

Name	School	Seed	Finals
Finals			
--- #368 Morrissey, Norah	Lockerby - Sudbury	1.70m	DQ
--- #365 Innis, Avani	Lockerby - Sudbury	1.80m	DQ

Event 52 Men Pole Vault Junior

Starting height: 2.15m

15cm increments until 3 remain

10cm increment until 1 remains

minimum 2cm increment for last jumper

NOSSA: 3.52m * 6/1/2007 Erik Faucon, Chippewa
 OFSAA: 4.45m # 1992 Drew Barrett, King City SS

Name	School	Seed	Finals
Finals			
1 #381 Appleby, Corbin	Lockerby - Sudbury	2.00m	2.00m

Event 53 Women Long Jump Junior

NOSSA: 5.12m * 5/30/2008 Caroline Ehrhardt, EHS-Espanola
 OFSAA: 5.84m # 6/2/2017 Sarah Saldutto, Notre Dame -Well

Name	School	Seed	Finals
Finals			
1 #591 Gavey, Elizabeth	St. Mary's College S S - nosm	4.41m	4.46m
2 #375 Sullivan, Maeva	Lockerby - Sudbury	4.87m	4.44m
3 #473 Gibeault, Brooke	Manitoulin S S	4.45m	4.38m
4 #416 Ietswaard, Jennifer	Lo-Ellen Park Secondary Schoo	4.61m	4.33m
5 #472 Eshkawkogan, Saraya	Manitoulin S S	4.34m	4.23m
6 #469 Balfe, Annie	Manitoulin S S	4.49m	4.18m
7 #586 Edgar, Emily	St. Mary's College S S - nosm	4.07m	4.02m
8 #127 Wilson, Georgia	Confederation Secondary Scho	4.46m	3.98m
9 #585 Drover, Sydney	St. Mary's College S S - nosm	3.75m	3.70m
9 #531 Way-White, Grace	Scollard Hall - North Bay	3.759m	3.70m
11 #699 Robinson, Jelicia	West Ferris Secondary School	4.429m	3.66m

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Finals ... (Event 53 Women Long Jump Junior)

Name	School	Seed	Finals
12 #184 Guillemette, Nadia	Es du Sacré-Coeur	4.09m	3.51m
13 #527 Thomas, Isabelle	Scollard Hall - North Bay	3.919m	3.50m
14 #311 Demontigny, Izabelle	Lasalle - Sudbury	3.93m	3.47m
15 #87 Richardson, Sierra	Chippewa Secondary School	3.809m	2.99m
--- #269 Nelson, Shayla	Korah C & V S - noko	3.95m	DQ

Event 54 Men Long Jump Junior

NOSSA: 6.34m * 6/1/2007

Matt Glibota, Korah

OFSAA: 7.09m # 2010

Mitch O'Donnell, Forest Heights CI

Name	School	Seed	Finals
Finals			
1 #286 Carbone, Ethan	Korah C & V S - noko	5.14m	5.15m
2 #401 Thususka, Atom	Lockerby - Sudbury	5.62m	5.11m
3 #211 Lalonde, Caleb	Esc Champlain - Chelmsford	5.29m	5.06m
4 #320 Allen, Zidain	Lasalle - Sudbury	5.81m	4.90m
5 #619 Juma, Kiran	St. Mary's College S S - nosm	5.05m	4.89m
6 #101 Sinclair, Nate	Chippewa Secondary School	5.319m	4.76m
7 #486 Legg, Devin	Manitoulin S S	4.93m	4.74m
7 #627 Njari, Matthew	St. Mary's College S S - nosm	4.78m	4.74m
9 #75 MacAuley, Cole	Central Algoma S S	4.87m	4.68m
10 #151 Murphy, Hayden	École secondaire publique Ody	4.579m	4.48m
11 #148 Merigioli, Dylan	E.s.c Horizon - Val Caron	5.22m	4.46m
12 #134 Harris, Quentin	Confederation Secondary Scho	5.59m	4.45m
13 #181 Gray, Liam	ES de la Renaissance	4.87m	4.42m
14 #150 Mathieu, Jo-Zef	École secondaire publique Ody	4.459m	4.27m
15 #504 Tremblay, Noah	Northern - North Bay	4.549m	3.79m
16 #732 Albury, Dominic	White Pines C & V S - nowp	4.25m	3.77m

Event 55 Women Triple Jump Junior

NOSSA: 11.66m * 5/29/2008

Caroline Ehrhardt, EHS-Espanola

OFSAA: 12.19m # 6/7/2018

Busola Akinduro, North Albion - R

Name	School	Seed	Finals
Finals			
1 #469 Balfe, Annie	Manitoulin S S	9.52m	9.75m
2 #472 Eshkawkogan, Saraya	Manitoulin S S	9.38m	9.74m
3 #40 Remillard, Aimie	Bish Alexander Carter - Hanme	9.94m	9.26m
4 #127 Wilson, Georgia	Confederation Secondary Scho	9.20m	9.20m
5 #591 Gavey, Elizabeth	St. Mary's College S S - nosm	9.16m	9.13m
6 #699 Robinson, Jelicia	West Ferris Secondary School	9.419m	9.00m
7 #251 Elliott, Delaney	Korah C & V S - noko	9.05m	8.91m
8 #586 Edgar, Emily	St. Mary's College S S - nosm	8.59m	8.82m
9 #87 Richardson, Sierra	Chippewa Secondary School	9.209m	8.41m
9 #585 Drover, Sydney	St. Mary's College S S - nosm	8.65m	8.41m
11 #353 Basso, Brooklyn	Lockerby - Sudbury	8.62m	8.12m
12 #531 Way-White, Grace	Scollard Hall - North Bay	8.479m	8.10m
12 #552 De Poli, Katelyn	St. Benedict - Sudbury	8.22m	8.10m
14 #408 Chateauvert, Emma	Lo-Ellen Park Secondary Scho	8.95m	8.00m
15 #218 Martin, Jeana	Espanola H S	8.48m	7.80m
16 #79 Benson, Albany	Chippewa Secondary School	8.299m	7.72m

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Event 56 Men Triple Jump Junior

NOSSA: 12.99m * 5/28/2014

Ryan Taylor, Lasalle SS

OFSAA: 14.34m # 2010

Mitch O'Donnell, Forest Heights CI

Name	School	Seed	Finals
Finals			
1 #343 Abel, Evan	Lively - Lively	11.33m	11.17m
2 #693 Yan, Haowen	W. C. Eaket S S	1.00m	10.96m
3 #75 MacAuley, Cole	Central Algoma S S	9.92m	10.56m
4 #462 Scott, Adam	Lo-Ellen Park Secondary Schoo	11.54m	10.40m
5 #286 Carbone, Ethan	Korah C & V S - noko	10.73m	10.26m
6 #346 Ducharme, Bosco	Lively - Lively	11.17m	10.23m
7 #619 Juma, Kiran	St. Mary's College S S - nosm	10.42m	9.96m
8 #382 Baron, Callum	Lockerby - Sudbury	10.71m	9.77m
9 #93 Bradley, Grayson	Chippewa Secondary School	8.199m	9.45m
10 #299 Post, Jesse	Korah C & V S - noko	8.37m	8.30m

Event 57 Women Shot Put Junior

NOSSA: 12.15m * 5/26/2016

Taylor Elliott, Korah C V S

OFSAA: 16.00m # 6/3/2016

Trinity Tutti, Eastdale SS - so

Name	School	Seed	Finals
Finals			
1 #146 Rinaldi, Chloe	E.s.c Horizon - Val Caron	10.44m	9.96m
2 #697 Jarbeau, Abigail	West Ferris Secondary School	9.419m	9.72m
3 #729 Pine, Lexi	White Pines C & V S - nowp	9.30m	9.63m
4 #7 Labonté-Giroux, Samina	Algonquin - North Bay	9.269m	9.21m
5 #190 Breton-Depatie, Elodie	ES Hanmer - Hanmer	8.86m	8.62m
6 #192 Nono Ganyo, Cassandra	ES Hanmer - Hanmer	9.84m	8.45m
7 #8 Lachance, Ava	Algonquin - North Bay	8.319m	8.40m
8 #273 Sawchyn, Lilliana	Korah C & V S - noko	8.62m	8.35m
9 #522 Mason, Abbey	Scollard Hall - North Bay	7.769m	8.27m
10 #178 Ramsay, Camryn	ES de la Renaissance	7.69m	7.82m
11 #280 Watson, Molly	Korah C & V S - noko	8.43m	7.76m
12 #49 Brisson, Lisa	Central Algoma S S	7.81m	7.73m
13 #319 Radey, Adasyn	Lasalle - Sudbury	8.35m	7.71m
14 #52 Cooke, Darcy	Central Algoma S S	7.97m	7.26m
15 #341 Sobiera, Carley	Lively - Lively	8.30m	7.20m
--- #248 Boissoneau, Maiana	Korah C & V S - noko	7.90m	SCR

Event 58 Men Shot Put Junior

NOSSA: 14.68m * 6/1/2007

James Robertson, Espanola

OFSAA: 19.72m # 2006

Tim Nedow, Thousand Islands SS

Name	School	Seed	Finals
Finals			
1 #93 Bradley, Grayson	Chippewa Secondary School	12.939m	13.15m
2 #616 DiValentin, Noah	St. Mary's College S S - nosm	11.56m	12.68m
3 #689 Lees, CJ	W. C. Eaket S S	13.64m	12.57m
4 #30 Pannell, Samuel	Algonquin - North Bay	12.709m	12.46m
5 #94 Bradley, Heath	Chippewa Secondary School	12.189m	11.59m
6 #304 Thibideau, Kaylob	Korah C & V S - noko	11.54m	11.48m
7 #231 Shipton, Tyler	Espanola H S	11.16m	11.05m

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Finals ... (Event 58 Men Shot Put Junior)

Name	School	Seed	Finals
8 #675 Whitfield-Hurley, Easto	Superior Heights C & V S	11.54m	10.58m
9 #676 Wootton, Ethan	Superior Heights C & V S	10.60m	10.34m
10 #572 Scott, James	St. Charles College - Sudbury	11.02m	10.05m
11 #400 Siemann, Matthias	Lockerby - Sudbury	10.70m	10.01m
12 #128 Akkanen, Ian	Confederation Secondary Scho	10.44m	9.97m
13 #480 Case, Aiden	Manitoulin S S	10.27m	9.82m
14 #389 Duguay, Aleksander	Lockerby - Sudbury	9.74m	9.33m
15 #28 Marcotte, Maxim	Algonquin - North Bay	9.699m	9.07m
16 #386 Cope, Caleb	Lockerby - Sudbury	9.54m	8.97m

Event 59 Women Discus Throw Junior

NOSSA: 37.62m * 5/28/2019 Lauren Fearn, Lockerby CS
OFSAA: 45.16m # 6/4/2015 Grace Tennant, South Lincoln HS

Name	School	Seed	Finals
Finals			
1 #697 Jarbeau, Abigail	West Ferris Secondary School	26.989m	27.69m
2 #431 Shanks, Kendra	Lo-Ellen Park Secondary Scho	20.37m	22.34m
3 #8 Lachance, Ava	Algonquin - North Bay	22.669m	21.97m
4 #49 Brisson, Lisa	Central Algoma S S	21.40m	21.72m
5 #273 Sawchyn, Lilliana	Korah C & V S - noko	21.03m	21.42m
6 #7 Labonté-Giroux, Samina	Algonquin - North Bay	20.369m	21.37m
7 #156 Doyle, Catherine	Elliot Lake S S	17.68m	19.60m
8 #642 Devoe, Hailee	Superior Heights C & V S	20.68m	18.87m
9 #178 Ramsay, Camryn	ES de la Renaissance	19.99m	18.59m
10 #257 Hopkin, Talia	Korah C & V S - noko	19.46m	18.28m
11 #259 Hunter, Jaden	Korah C & V S - noko	18.71m	18.10m
12 #522 Mason, Abbey	Scollard Hall - North Bay	19.069m	17.46m
13 #186 Lawson, Amy	Es du Sacré-Coeur	17.99m	17.42m
14 #435 Thomas, Grace	Lo-Ellen Park Secondary Scho	18.24m	17.40m
15 #362 Ferguson, Ellanor	Lockerby - Sudbury	16.20m	16.29m
16 #368 Morrissey, Norah	Lockerby - Sudbury	15.76m	16.26m

Event 60 Men Discus Throw Junior

NOSSA: 49.31m * 5/25/2011 Ryan Hunter, ESA - North Bay
OFSAA: 70.79m # 2009 Jordan Young, St. Joseph's HS

Name	School	Seed	Finals
Finals			
1 #30 Pannell, Samuel	Algonquin - North Bay	36.00m	40.01m
2 #94 Bradley, Heath	Chippewa Secondary School	35.669m	39.75m
3 #618 Guzzo, Daniel	St. Mary's College S S - nosm	31.66m	38.47m
4 #689 Lees, CJ	W. C. Eaket S S	29.66m	33.47m
5 #480 Case, Aiden	Manitoulin S S	33.20m	32.44m
6 #676 Wootton, Ethan	Superior Heights C & V S	31.32m	32.41m
7 #93 Bradley, Grayson	Chippewa Secondary School	30.919m	32.29m
8 #300 Sawchyn, Ashton	Korah C & V S - noko	29.96m	31.50m
9 #288 Cowan, Jaiden	Korah C & V S - noko	28.43m	26.95m
10 #400 Siemann, Matthias	Lockerby - Sudbury	23.00m	26.06m
11 #137 Olufowobi, Okikola	Confederation Secondary Scho	24.13m	24.56m
12 #231 Shipton, Tyler	Espanola H S	27.65m	24.17m

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Finals ... (Event 60 Men Discus Throw Junior)

Name	School	Seed	Finals
13 #390 Farrell, Joe	Lockerby - Sudbury	23.15m	23.98m
14 #21 Brochu, Miguel	Algonquin - North Bay	29.999m	23.48m
15 #378 Abeyratne, Dilain	Lockerby - Sudbury	19.00m	19.91m

Event 61 Women Javelin Throw Junior

NOSSA: 38.20m * 5/29/2014 Danika Falvo, Notre-Dame -Sudb

OFSAA: 43.98m # 6/9/2018 Alexandria Webb, St. Benedict

Name	School	Seed	Finals
Finals			
1 #525 Popp, Chloe	Scollard Hall - North Bay	24.959m	23.71m
2 #259 Hunter, Jaden	Korah C & V S - noko	24.28m	23.65m
3 #248 Boissoneau, Maiana	Korah C & V S - noko	27.34m	23.45m
4 #697 Jarbeau, Abigail	West Ferris Secondary School	20.779m	23.38m
5 #280 Watson, Molly	Korah C & V S - noko	24.54m	22.65m
6 #577 Attwell, Alecia	St. Mary's College S S - nosm	23.13m	21.59m
7 #376 Thorsteinson, Maija	Lockerby - Sudbury	20.66m	21.39m
8 #176 Laginski, Ali	ES de la Renaissance	18.01m	21.08m
9 #684 Poyton, Jessica	W. C. Eaket S S	16.23m	19.22m
10 #319 Radey, Adasyn	Lasalle - Sudbury	21.85m	19.04m
11 #107 Hodak, Hannah	College Notre-Dame - Sudbury	21.33m	18.62m
12 #531 Way-White, Grace	Scollard Hall - North Bay	20.289m	18.41m
13 #49 Brisson, Lisa	Central Algoma S S	22.81m	17.83m
14 #362 Ferguson, Ellanor	Lockerby - Sudbury	17.70m	16.39m
15 #2 Aumont, Gabrielle	Algonquin - North Bay	18.299m	16.11m
--- #34 Caissie, Ella	Bish Alexander Carter - Hanme	17.72m	DQ

Event 62 Men Javelin Throw Junior

NOSSA: 55.99m * 2004 James Bergamin-Sir James Dunn

OFSAA: 69.28m # 2009 Trent Corney, Thousand Islands SS

Name	School	Seed	Finals
Finals			
1 #572 Scott, James	St. Charles College - Sudbury	35.70m	42.37m
2 #662 Gauthier, Daikaden	Superior Heights C & V S	33.64m	34.63m
3 #281 Ambeault, Christopher	Korah C & V S - noko	35.08m	32.28m
4 #101 Sinclair, Nate	Chippewa Secondary School	36.369m	31.20m
5 #480 Case, Aiden	Manitoulin S S	33.50m	30.83m
6 #166 Desbois, Connor	Elliot Lake S S	30.27m	30.07m
7 #304 Thibideau, Kaylob	Korah C & V S - noko	31.28m	29.71m
8 #21 Brochu, Miguel	Algonquin - North Bay	31.399m	27.63m
9 #618 Guzzo, Daniel	St. Mary's College S S - nosm	32.00m	27.50m
10 #28 Marcotte, Maxim	Algonquin - North Bay	27.549m	25.79m
11 #546 Sheppard, Quin	Scollard Hall - North Bay	27.00m	23.71m
12 #382 Baron, Callum	Lockerby - Sudbury	25.56m	21.92m
13 #447 Kelly, Kevin	Lo-Ellen Park Secondary Schoo	27.35m	21.26m
14 #386 Cope, Caleb	Lockerby - Sudbury	26.98m	21.24m
15 #225 Graham, Carter	Espanola H S	30.76m	16.82m

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Event 63 Women 4x100 Meter Relay Junior

NOSSA: 51.95 * 2005 Lo-Ellen Park SS
B. Leclair, N. Pyzik, R. Johnston, N. San Cartier
OFSAA: 48.34 # 6/7/2013 David Suzuki SS, David Suzuki SS
A Sebastian, N McDonald, C Wilson, S Hunnighan

Team	Relay	Seed	Finals	H#
Finals				
1 Lo-Ellen Park Secondary Sch	A	54.53	55.14	2
1) #408 Chateauvert, Emma	2) #409 Cuza, Finlay	3) #430 Schmidt, Claire	4) #429 Potvin, Maija	
	6) #416 Ietswaard, Jennifer			
2 St. Mary's College S S - nosn	A	56.81	55.76	2
1) #591 Gavey, Elizabeth	2) #604 Solomon, Shannon	3) #598 Magli, Payton	4) #589 Fata, Isabella	
3 Bish Alexander Carter - Hann	A	56.61	57.70	2
1) #38 Pardy, CJ	2) #39 Purvis, Mackenzie	3) #41 Troscinski, Caedene	4) #37 Odaiskey, Cameron	
5) #36 Landry, Jillian				
4 Lockerby - Sudbury	A	56.61	58.97	2
1) #375 Sullivan, Maeva	2) #377 Uguccioni, Elizabeth	3) #353 Basso, Brooklyn	4) #359 Diavolitsis, Alissa	
5 Marymount Academy - Sudbu	A	59.82	59.46	2
1) #503 Williams, Brooke	2) #494 Massimiliano, Mya	3) #492 Guse, Tara	4) #498 Salmaso, Lucia	
6 Central Algoma S S	A	56.64	1:00.17	2
1) #52 Cooke, Darcy	2) #56 Jeffery, Brooke	3) #57 Martineau, Ella	4) #60 Roe, Kayleigh	
5) #61 Smith, Fischer				
7 Korah C & V S - noko	A	59.83	1:00.64	2
1) #257 Hopkin, Talia	2) #254 Glavota, Matea	3) #253 Gill, Hailee	4) #251 Elliott, Delaney	
8 Lasalle - Sudbury	A	59.43	1:00.73	2
1) #316 Jones, Shelby	2) #306 Avery, Ocean	3) #311 Demontigny, Isabelle	4) #314 Flood, Carly	
5) #309 Brideau, Olivya	6) #310 Clement, Kali			
9 ES de la Renaissance	A	1:00.60	1:03.69	1
1) #178 Ramsay, Camryn	2) #177 Langlois, Lauren	3) #176 Laginski, Ali	4) #175 Gibson, Gracie	
10 F.J. McElligott SS	A		1:04.24	1
1) #745 Latimer, Paige	2) #746 Wunsch, Hannah	3) #234 Maxwell, Tara	4) #233 Buzila, Tianna	
11 Jeunesse-Nord E S	A	1:02.53	1:05.23	1
1) #243 King, Jasmine	2) #242 Houle, Madison	3) #241 Chalifoux, Tiana	4) #240 Bond, Addison	
12 Algonquin - North Bay	A	1:03.28	1:05.34	1
1) #2 Aumont, Gabrielle	2) #7 Labonté-Giroux, Samina	3) #8 Lachance, Ava	4) #16 Ranger, Isabelle	
--- West Ferris Secondary School	A	1:00.34	DQ	1
1) #698 Lyons, Hannah	2) #700 Roy, Carleigh	3) #701 Villneff, Isabelle	4) #704 Wozney, Taryn	
5) #699 Robinson, Jelicia				

Event 64 Men 4x100 Meter Relay Junior

NOSSA: 45.80 * 5/30/2008 Sir James Dunn - SS Marie, SJDCVS-SS Marie
E Bogensberger, M Auger, G Hunt, J Vernelli
OFSAA: 42.75 # 6/7/2019 Our Lady Mt Carmel SS -Mississ, Our Lady Mt Carm
J Rose, J Rose, J Lindup-Amoroso, A Magdziak

Team	Relay	Seed	Finals	H#
Finals				
1 St. Mary's College S S - nosn	A	50.66	49.30	2
1) #635 Wardell, Harley	2) #630 Posteraro, Ryan	3) #618 Guzzo, Daniel	4) #625 McCauley, Callum	
2 Bish Alexander Carter - Hann	A		49.75	1
1) #42 Bertrand, Anthony	2) #48 Slack, Malachi	3) #47 Savage, Cain	4) #46 Potvin, Gavan	
5) #45 Makasoff, Carter				

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Finals ... (Event 64 Men 4x100 Meter Relay Junior)

Team	Relay	Seed	Finals	H#
3 Chippewa Secondary School	A	50.21	50.39	2
1) #101 Sinclair, Nate	2) #95 Carruthers, Liam	3) #96 Casey, Hayden	4) #98 Couvrette, Brady	
5) #99 Lampkin, Michael	6) #100 Silva, Inuka			
4 Lockerby - Sudbury	A	53.28	53.29	2
1) #401 Thususka, Atom	2) #389 Duguay, Aleksander	3) #397 Perry, Ty	4) #400 Siemann, Matthias	
5 White Pines C & V S - nowp	A	53.66	53.50	2
1) #732 Albury, Dominic	2) #733 Currie, Jack	3) #740 Hutchens, Damien	4) #744 Wyslocky, Rowan	
6 Central Algoma S S	A	50.34	53.57	2
1) #71 Kelly, Holden	2) #78 Warwick, Kenny	3) #70 Kehoe, Isaiah	4) #75 MacAuley, Cole	
5) #64 Burns, Ronan				
7 W. C. Eaket S S	A	57.01	53.65	1
1) #693 Yan, Haowen	2) #689 Lees, CJ	3) #687 Drake, Hunter	4) #692 Seabrook, Odin	
8 Korah C & V S - noko	A	53.85	54.37	2
1) #299 Post, Jesse	2) #286 Carbone, Ethan	3) #289 Dewar, Jarett	4) #288 Cowan, Jaiden	
9 Superior Heights C & V S	A	55.55	57.97	1
1) #662 Gauthier, Daikaden	2) #675 Whitfield-Hurley, East	3) #656 Albert, Keadon	4) #665 Hodgkinson, Brady	
--- Algonquin - North Bay	A	53.35	DQ	2
1) #20 Berube, Mathieu	2) #23 Fisher, Alexandre	3) #25 Landriaul, Tristan	4) #30 Pannell, Samuel	
--- Lo-Ellen Park Secondary Sch	A	51.05	DQ	2
1) #438 Barney, Jacob	2) #455 Mantle, Wilder	3) #447 Kelly, Kevin	4) #450 Kuhlberg, Nolan	
5) #440 Dobson, Owen				

Event 65 Women 100 Meter Dash Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 12.21 * 5/31/2012 Ashley Huard, ESH - Hanmer

OFSAA: 11.54 # 2002 Ashley Purnell, St. Mark HS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #278 Tull, Katelyn	Korah C & V S - noko	13.76	13.49 Q	1
2 #602 Sartor, Kassie	St. Mary's College S S - nosm	13.62	13.53 Q	2
3 #33 Boyuk, Sierra	Bish Alexander Carter - Hanme	13.85	13.85 Q	1
4 #404 Arnold, Julia	Lo-Ellen Park Secondary Scho	13.93	14.09 Q	2
5 #594 Killoran, Berlyn	St. Mary's College S S - nosm	14.07	13.90 q	1
6 #81 Gravelle, Bree	Chippewa Secondary School	13.99	14.26 q	2
7 #59 Parker, Kaitlyn	Central Algoma S S	13.89	14.27 q	2
8 #147 Trottier, Jessy	E.s.c Horizon - Val Caron	14.06	14.32 q	1
9 #124 Savoie, Macie	Confederation Secondary Scho	14.32	14.36	2
10 #108 Huot, Dominique	College Notre-Dame - Sudbury	14.34	14.46	1
11 #62 Thomas, Samantha	Central Algoma S S	14.39	14.53	1
12 #83 Lannin, Alexandra	Chippewa Secondary School	14.56	14.83	1
13 #252 Elliott, Grace	Korah C & V S - noko	14.34	14.84	2
14 #528 Tremblay, Karissa	Scollard Hall - North Bay	14.52	14.93	2
15 #219 Massicotte, Leala	Espanola H S	14.72	15.35	1
16 #530 Walton, Emma	Scollard Hall - North Bay	14.76	15.44	2

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Event 65 Women 100 Meter Dash Senior

NOSSA: 12.21 * 5/31/2012 Ashley Huard, ESH - Hanmer

OFSAA: 11.54 # 2002 Ashley Purnell, St. Mark HS

Name	School	Prelims	Finals
Finals			
1 #602 Sartor, Kassie	St. Mary's College S S - nosm	13.53	13.35
2 #278 Tull, Katelyn	Korah C & V S - noko	13.49	13.40
3 #594 Killoran, Berlyn	St. Mary's College S S - nosm	13.90	13.91
4 #404 Arnold, Julia	Lo-Ellen Park Secondary Schoo	14.09	13.95
5 #33 Boyuk, Sierra	Bish Alexander Carter - Hanme	13.85	14.00
6 #81 Gravelle, Bree	Chippewa Secondary School	14.26	14.27
7 #147 Trottier, Jessy	E.s.c Horizon - Val Caron	14.32	14.33
8 #59 Parker, Kaitlyn	Central Algoma S S	14.27	14.51

Event 66 Men 100 Meter Dash Senior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

NOSSA: 10.89 * 2005 Adam Newton-West Ferris

OFSAA: 10.41 # 1994 Carlton Chambers, Ascension of Our Lord SS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #24 Grant, Kaleb	Algonquin - North Bay	11.52	11.75 Q	2
2 #303 Talvitie, Nicholas	Korah C & V S - noko	11.94	11.97 Q	1
3 #330 Mckay, Josh	Lasalle - Sudbury	11.85	12.12 Q	2
4 #567 Burrell, Colin	St. Charles College - Sudbury	12.10	12.27 Q	1
5 #171 Rojas, Raul	Elliot Lake S S	12.11	12.38 q	1
5 #32 Tooley, Quinn	Algonquin - North Bay	12.08	12.38 q	2
7 #31 Ryan, Teo	Algonquin - North Bay	11.97	12.42 q	1
8 #441 Fabbro, Caden	Lo-Ellen Park Secondary Schoo	12.19	12.46 q	2
9 #458 Morris, Dominic	Lo-Ellen Park Secondary Schoo	12.24	12.48	1
10 #544 Perry, Tristan	Scollard Hall - North Bay	12.24	12.62	2
11 #202 Collette, Liam	ES Macdonald-Cartier - Sudbu	12.27	12.79	1
12 #634 Vecchio, Nikolas	St. Mary's College S S - nosm	12.75	12.82	1
13 #173 Winkfield, Brendan	Elliot Lake S S	12.44	12.94	2
14 #612 Bumbacco, Daniel	St. Mary's College S S - nosm	12.52	12.98	2
15 #688 Fallu, Michael	W. C. Eaket S S	12.81	13.54	1
16 #295 Lane, Fischer	Korah C & V S - noko	13.63	13.77	2

Event 66 Men 100 Meter Dash Senior

NOSSA: 10.89 * 2005 Adam Newton-West Ferris

OFSAA: 10.41 # 1994 Carlton Chambers, Ascension of Our Lord SS

Name	School	Prelims	Finals
Finals			
1 #24 Grant, Kaleb	Algonquin - North Bay	11.75	11.58
2 #303 Talvitie, Nicholas	Korah C & V S - noko	11.97	11.76
3 #330 Mckay, Josh	Lasalle - Sudbury	12.12	11.95
4 #441 Fabbro, Caden	Lo-Ellen Park Secondary Schoo	12.46	12.22
5 #31 Ryan, Teo	Algonquin - North Bay	12.42	12.26
6 #32 Tooley, Quinn	Algonquin - North Bay	12.38	12.33
7 #567 Burrell, Colin	St. Charles College - Sudbury	12.27	12.43
8 #171 Rojas, Raul	Elliot Lake S S	12.38	12.66

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Event 67 Women 200 Meter Dash Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 24.81 * 2006 Rebecca Johnston-Lo-Ellen
OFSAA: 23.69 # 6/9/2012 Khamica Bingham, Heart Lake SS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #602 Sartor, Kassie	St. Mary's College S S - nosm	27.56	28.36 Q	2
2 #278 Tull, Katelyn	Korah C & V S - noko	28.44	28.70 Q	1
3 #594 Killoran, Berlyn	St. Mary's College S S - nosm	28.99	29.27 Q	1
4 #62 Thomas, Samantha	Central Algoma S S	30.51	29.75 Q	2
5 #59 Parker, Kaitlyn	Central Algoma S S	30.32	29.54 q	1
6 #108 Huot, Dominique	College Notre-Dame - Sudbury	30.35	29.65 q	1
7 #81 Gravelle, Bree	Chippewa Secondary School	29.90	29.90 q	1
8 #250 Clement, Madalyn	Korah C & V S - noko	29.06	29.98 q	2
9 #357 Caddel, Maeve	Lockerby - Sudbury	29.90	30.00	1
10 #404 Arnold, Julia	Lo-Ellen Park Secondary Schoo	29.78	30.02	2
11 #360 Fahey, Kirstin	Lockerby - Sudbury	30.42	30.05	2
12 #147 Trottier, Jessy	E.s.c Horizon - Val Caron	29.92	30.67	2
13 #5 Humphrey, Kloe	Algonquin - North Bay	31.84	31.54	1
14 #6 Humphrey, Reanna	Algonquin - North Bay	31.52	32.06	1
15 #83 Lannin, Alexandra	Chippewa Secondary School	31.14	32.76	2
16 #58 Martineau, Grace	Central Algoma S S	34.68	32.88	2

Event 67 Women 200 Meter Dash Senior

NOSSA: 24.81 * 2006 Rebecca Johnston-Lo-Ellen
OFSAA: 23.69 # 6/9/2012 Khamica Bingham, Heart Lake SS

Name	School	Prelims	Finals
Finals			
1 #602 Sartor, Kassie	St. Mary's College S S - nosm	28.36	27.94
2 #278 Tull, Katelyn	Korah C & V S - noko	28.70	28.40
3 #250 Clement, Madalyn	Korah C & V S - noko	29.98	28.54
4 #594 Killoran, Berlyn	St. Mary's College S S - nosm	29.27	29.05
5 #59 Parker, Kaitlyn	Central Algoma S S	29.54	29.20
6 #62 Thomas, Samantha	Central Algoma S S	29.75	29.47
7 #81 Gravelle, Bree	Chippewa Secondary School	29.90	29.79
8 #108 Huot, Dominique	College Notre-Dame - Sudbury	29.65	29.88

Event 68 Men 200 Meter Dash Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 22.00 * 2004 Adam Newton-West Ferris
OFSAA: 20.99 # 2009 Oluwasegun Makinde, Colonel By SS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #24 Grant, Kaleb	Algonquin - North Bay	23.61	23.96 Q	2
2 #303 Talvitie, Nicholas	Korah C & V S - noko	24.13	24.00 Q	1
3 #558 Domagalski, Leon	St. Benedict - Sudbury	24.14	24.14 Q	1
4 #302 Talvitie, Matthew	Korah C & V S - noko	24.99	24.51 Q	2
5 #330 Mckay, Josh	Lasalle - Sudbury	24.43	24.88 q	2
6 #31 Ryan, Teo	Algonquin - North Bay	24.15	25.09 q	2
7 #567 Burrell, Colin	St. Charles College - Sudbury	24.62	25.24 q	1

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Preliminaries ... (Event 68 Men 200 Meter Dash Senior)

Name	School	Seed	Prelims	H#
8 #439 Conlin, Liam	Lo-Ellen Park Secondary Schoo	24.93	25.25 q	1
9 #562 Kyei-Ben, Barima	St. Benedict - Sudbury	24.97	25.50	2
10 #171 Rojas, Raul	Elliot Lake S S	25.13	25.78	1
11 #32 Tooley, Quinn	Algonquin - North Bay	25.29	25.95	1
12 #626 Morgenstern, Adam	St. Mary's College S S - nosm	26.64	26.56	2
13 #244 Grimard, Auston	Jeunesse-Nord E S	27.04	26.95	1
14 #614 Caputo, Tristan	St. Mary's College S S - nosm	27.14	27.08	1
15 #173 Winkfield, Brendan	Elliot Lake S S	26.61	27.22	2

Event 68 Men 200 Meter Dash Senior

NOSSA: 22.00 * 2004

Adam Newton-West Ferris

OFSAA: 20.99 # 2009

Oluwasegun Makinde, Colonel By SS

Name	School	Prelims	Finals
Finals			
1 #303 Talvitie, Nicholas	Korah C & V S - noko	24.00	23.86
2 #24 Grant, Kaleb	Algonquin - North Bay	23.96	24.02
3 #558 Domagalski, Leon	St. Benedict - Sudbury	24.14	24.30
4 #302 Talvitie, Matthew	Korah C & V S - noko	24.51	24.38
5 #31 Ryan, Teo	Algonquin - North Bay	25.09	25.00
6 #330 Mckay, Josh	Lasalle - Sudbury	24.88	25.27
7 #439 Conlin, Liam	Lo-Ellen Park Secondary Schoo	25.25	25.29
8 #567 Burrell, Colin	St. Charles College - Sudbury	25.24	29.12

Event 69 Women 400 Meter Dash Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 57.85 * 2006

Rebecca Johnston-Lo-Ellen

OFSAA: 53.32 # 1980

Charmaine Crooks, West Toronto SS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #702 Walker, Camryn	West Ferris Secondary School	1:03.62	1:03.65 Q	1
2 #258 Howe, Haley	Korah C & V S - noko	1:05.59	1:05.02 Q	2
3 #54 Hardy, Kristin	Central Algoma S S	1:06.64	1:04.87 Q	1
4 #601 Noble, Ashlyn	St. Mary's College S S - nosm	1:05.71	1:06.30 Q	2
5 #588 Evans, Ava	St. Mary's College S S - nosm	1:05.86	1:07.14 q	1
6 #308 Brear, Peyton	Lasalle - Sudbury	1:09.57	1:08.00 q	2
7 #411 Dokis-Dupuis, Alexie	Lo-Ellen Park Secondary Schoo	1:10.00	1:08.30 q	2
8 #500 Smania, Janessa	Marymount Academy - Sudbur	1:11.31	1:11.62 q	1
9 #161 Stevenson, Nicole	Elliot Lake S S	1:12.99	1:11.63	2
10 #565 MacNeil, Erika	St. Charles College - Sudbury	1:10.00	1:12.72	1
11 #86 Pauli, Kate	Chippewa Secondary School	1:13.29	1:13.04	1
12 #357 Caddel, Maeve	Lockerby - Sudbury	1:11.38	1:14.08	2

Event 69 Women 400 Meter Dash Senior

NOSSA: 57.85 * 2006

Rebecca Johnston-Lo-Ellen

OFSAA: 53.32 # 1980

Charmaine Crooks, West Toronto SS

Name	School	Prelims	Finals
Finals			
1 #702 Walker, Camryn	West Ferris Secondary School	1:03.65	1:02.08
2 #54 Hardy, Kristin	Central Algoma S S	1:04.87	1:04.57

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Finals ... (Event 69 Women 400 Meter Dash Senior)

Name	School	Prelims	Finals
3 #258 Howe, Haley	Korah C & V S - noko	1:05.02	1:05.04
4 #601 Noble, Ashlyn	St. Mary's College S S - nosm	1:06.30	1:05.56
5 #588 Evans, Ava	St. Mary's College S S - nosm	1:07.14	1:07.48
6 #308 Brear, Peyton	Lasalle - Sudbury	1:08.00	1:09.63
7 #500 Smania, Janessa	Marymount Academy - Sudbur	1:11.62	1:12.13
8 #411 Dokis-Dupuis, Alexie	Lo-Ellen Park Secondary Scho	1:08.30	1:13.78

Event 70 Men 400 Meter Dash Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 49.83 * 5/25/2011 Brandon Shirk, LSS-Sudbury
OFSAA: 45.71 # 6/7/2019 Myles Misener Daley, Westdale SS

Name	School	Seed	Prelims	H#
Preliminaries				
1 #332 Radey, Brandon	Lasalle - Sudbury	53.73	53.61 Q	1
2 #452 Lacroix, Liam	Lo-Ellen Park Secondary Scho	53.36	54.22 Q	2
3 #31 Ryan, Teo	Algonquin - North Bay	53.81	54.41 Q	1
4 #302 Talvitie, Matthew	Korah C & V S - noko	55.16	54.84 Q	2
5 #439 Conlin, Liam	Lo-Ellen Park Secondary Scho	55.89	55.17 q	1
6 #672 Rains, Grant	Superior Heights C & V S	58.46	56.13 q	2
7 #558 Domagalski, Leon	St. Benedict - Sudbury	56.08	56.48 q	1
8 #545 Scott, Preston	Scollard Hall - North Bay	55.01	56.49 q	2
9 #490 Wilkin, Alan	Manitoulin S S	1:00.16	57.69	1
10 #132 Doyle, Landon	Confederation Secondary Scho	57.54	58.50	2
11 #76 Moss, Tait	Central Algoma S S	1:00.67	59.42	2
12 #244 Grimard, Auston	Jeunesse-Nord E S	1:01.71	59.85	1
13 #626 Morgenstern, Adam	St. Mary's College S S - nosm	1:01.16	59.93	1
14 #708 Chevalier, Luke	West Ferris Secondary School	1:00.76	1:00.14	1
15 #615 DiCerbo, Marcus	St. Mary's College S S - nosm	1:00.06	1:02.28	2
16 #719 Suszter, Matthew	West Ferris Secondary School	1:06.38	1:05.65	2

Event 70 Men 400 Meter Dash Senior

NOSSA: 49.83 * 5/25/2011 Brandon Shirk, LSS-Sudbury
OFSAA: 45.71 # 6/7/2019 Myles Misener Daley, Westdale SS

Name	School	Prelims	Finals
Finals			
1 #332 Radey, Brandon	Lasalle - Sudbury	53.61	53.48
2 #452 Lacroix, Liam	Lo-Ellen Park Secondary Scho	54.22	53.68
3 #302 Talvitie, Matthew	Korah C & V S - noko	54.84	53.79
4 #31 Ryan, Teo	Algonquin - North Bay	54.41	54.50
5 #439 Conlin, Liam	Lo-Ellen Park Secondary Scho	55.17	55.67
6 #558 Domagalski, Leon	St. Benedict - Sudbury	56.48	59.72
--- #545 Scott, Preston	Scollard Hall - North Bay	56.49	DQ
--- #672 Rains, Grant	Superior Heights C & V S	56.13	DQ

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Event 71 Women 800 Meter Run Senior

NOSSA: 2:18.15 * 5/28/2015 Lydia Heimonen, SHCVS

OFSAA: 2:05.94 # 1984 Elise Braithwaite, Elmwood School for Girls

Name	School	Seed	Finals
Finals			
1 #515 Fletcher, Lindsay	Scollard Hall - North Bay	2:27.63	2:28.30
2 #702 Walker, Camryn	West Ferris Secondary School	2:34.58	2:36.55
3 #261 Lafrance, Lucy	Korah C & V S - noko	2:40.66	2:39.67
4 #266 McKenzie, Alana	Korah C & V S - noko	2:48.82	2:43.36
5 #54 Hardy, Kristin	Central Algoma S S	2:40.24	2:46.30
6 #601 Noble, Ashlyn	St. Mary's College S S - nosm	2:45.91	2:47.42
7 #428 Oommen, Sophia	Lo-Ellen Park Secondary Scho	2:47.52	2:49.30
8 #185 Lariviere, Rochelle	Es du Sacré-Coeur	2:56.69	2:52.77
9 #161 Stevenson, Nicole	Elliot Lake S S	2:57.39	2:53.05
10 #422 Kusnierczyk, Jill	Lo-Ellen Park Secondary Scho	2:51.35	2:56.17
11 #53 Cooper, Avery	Central Algoma S S	3:02.05	2:59.58
12 #256 Henson, Belen	Korah C & V S - noko	2:55.48	3:00.92
13 #491 Caverson, Catherine	Marymount Academy - Sudbur	3:16.31	3:09.49

Event 72 Men 800 Meter Run Senior

NOSSA: 1:56.72 * 5/26/2016 Brendan Costello, LEPSS-Sudbury

OFSAA: 1:48.26 # 2007 Andrew Heaney, Cardinal Newman CSS

Name	School	Seed	Finals
Finals			
1 #452 Lacroix, Liam	Lo-Ellen Park Secondary Scho	2:12.86	2:07.14
2 #545 Scott, Preston	Scollard Hall - North Bay	2:10.63	2:08.42
3 #65 Byman, Micah	Central Algoma S S	2:22.56	2:13.05
4 #564 Rinaldi, Thomas	St. Benedict - Sudbury	2:15.18	2:13.42
5 #468 Wiss, Patrick	Lo-Ellen Park Secondary Scho	2:16.31	2:13.99
6 #490 Wilkin, Alan	Manitoulin S S	2:25.42	2:16.27
7 #132 Doyle, Landon	Confederation Secondary Scho	2:14.46	2:17.05
8 #639 Perez, Bryan	Sudbury - Sudbury	2:15.79	2:19.11
9 #535 Dufresne-Nappert, Zaka	Scollard Hall - North Bay	3:30.21	2:21.52
10 #168 Parsons, Owen	Elliot Lake S S	2:25.18	2:24.99
11 #668 Missere, Noah	Superior Heights C & V S	2:28.62	2:25.27
12 #657 Ambeault, Carter	Superior Heights C & V S	2:30.34	2:25.86
13 #669 Moreau, Cole	Superior Heights C & V S	2:36.45	2:29.52
14 #719 Suszter, Matthew	West Ferris Secondary School	2:34.62	2:31.89
15 #735 Devries, Alder	White Pines C & V S - nowp	2:33.30	2:34.64

Event 73 Women 1500 Meter Run Senior

NOSSA: 4:52.07 * 5/29/2008 Emma Tallman, MSS-M'Chigeeng

OFSAA: 4:21.72 # 6/2/2017 Laura Parkinson, C.C.H. - London

Name	School	Seed	Finals
Finals			
1 #515 Fletcher, Lindsay	Scollard Hall - North Bay	5:10.32	5:17.05
2 #237 Pilon, Michelle	Franco-Cité - Sturgeon Falls	5:33.38	5:21.64
3 #434 Sutherland, Avery	Lo-Ellen Park Secondary Scho	5:37.42	5:33.36
4 #261 Lafrance, Lucy	Korah C & V S - noko	5:39.00	5:36.17
5 #266 McKenzie, Alana	Korah C & V S - noko	5:50.00	5:40.11

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Finals ... (Event 73 Women 1500 Meter Run Senior)

Name	School	Seed	Finals
6 #53 Cooper, Avery	Central Algoma S S	6:21.50	5:55.02
7 #507 Auger, Ashlyn	Scollard Hall - North Bay	5:53.93	5:55.77
8 #239 Azzi, Sophie	Jeunesse-Nord E S	6:11.58	5:56.86
9 #86 Pauli, Kate	Chippewa Secondary School	5:57.62	6:11.30
10 #256 Henson, Belen	Korah C & V S - noko	6:19.00	6:13.74
11 #499 Sarazin, PaulJeanna	Marymount Academy - Sudbur	6:25.86	6:48.24
12 #576 Allard, Veronica	St. Mary's College S S - nosm	6:48.00	6:50.30
13 #686 Wiebe, Kennedy	W. C. Eaket S S	7:35.86	7:28.95

Event 74 Men 1500 Meter Run Senior

NOSSA: 3:57.05 * 5/27/2010

Ross Proudfoot, LEPSS-Sudbury

OFSAA: 3:42.33 # 1993

Kevin Sullivan, North Park C & VS

Name	School	Seed	Finals
Finals			
1 #467 Ward, Kaeden	Lo-Ellen Park Secondary Scho	4:27.83	4:23.64
2 #22 Cadieux, Gabriel	Algonquin - North Bay	4:30.01	4:25.99
3 #143 Wilton, Troy	Confederation Secondary Scho	4:43.17	4:30.99
4 #65 Byman, Micah	Central Algoma S S	4:45.14	4:37.24
5 #398 Roney, Owen	Lockerby - Sudbury	4:56.55	4:49.02
6 #74 Lawrence, Ethan	Central Algoma S S	4:48.90	4:49.67
7 #468 Wiss, Patrick	Lo-Ellen Park Secondary Scho	4:52.76	4:50.80
8 #130 Crane, Carson	Confederation Secondary Scho	4:47.17	4:57.61
9 #637 Zimbaro, Gabe	St. Mary's College S S - nosm	5:03.00	5:07.21
10 #535 Dufresne-Nappert, Zaka	Scollard Hall - North Bay	5:32.41	5:08.52
11 #168 Parsons, Owen	Elliot Lake S S	4:48.34	5:13.21
12 #713 Devree, Ferrous	West Ferris Secondary School	5:18.39	5:38.14
13 #708 Chevalier, Luke	West Ferris Secondary School	5:19.56	5:38.64
14 #734 Dayrit, Andrei	White Pines C & V S - nowp	6:19.00	6:30.39
15 #291 Gabor, Jordan	Korah C & V S - noko	7:24.00	7:00.42

Event 75 Women 3000 Meter Run Senior

NOSSA: 10:40.92 * 5/30/2013

Emily Marcolini, SBCSS-Sudbury

OFSAA: 9:21.63 # 6/9/2018

Jocelyn Chau, De La Salle Coll

Name	School	Seed	Finals
Finals			
1 #237 Pilon, Michelle	Franco-Cité - Sturgeon Falls	12:45.74	11:55.70
2 #434 Sutherland, Avery	Lo-Ellen Park Secondary Scho	12:08.95	12:05.61
3 #428 Oommen, Sophia	Lo-Ellen Park Secondary Scho	12:35.14	12:09.86
4 #648 Heimonen, Hannah	Superior Heights C & V S	12:57.00	12:36.92
5 #92 Wall, Jenna	Chippewa Secondary School	12:23.18	12:41.83
6 #652 Schoahs, Celeste	Superior Heights C & V S	13:43.00	12:50.00
7 #86 Pauli, Kate	Chippewa Secondary School	12:48.27	12:59.29
8 #185 Lariviere, Rochelle	Es du Sacré-Coeur	13:21.13	13:09.52
9 #53 Cooper, Avery	Central Algoma S S	14:16.46	13:19.58
10 #507 Auger, Ashlyn	Scollard Hall - North Bay	13:23.19	13:35.45
11 #114 Tremblay, Madeleine	College Notre-Dame - Sudbury	13:22.14	13:37.45
12 #499 Sarazin, PaulJeanna	Marymount Academy - Sudbur	13:49.77	14:19.61
13 #641 Collins, Elizabeth	Superior Heights C & V S	15:53.00	15:31.08
14 #686 Wiebe, Kennedy	W. C. Eaket S S	17:11.34	15:54.83

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Finals ... (Event 75 Women 3000 Meter Run Senior)

Name	School	Seed	Finals
15 #275 Talbot, Jamie	Korah C & V S - noko	16:32.00	16:33.49

Event 76 Men 3000 Meter Run Senior

NOSSA: 8:36.62 * 5/28/2010 **Ross Proudfoot, LEPSS-Sudbury**
OFSAA: 8:00.2h # 1987 **Greg Anderson, Parkside HS**

Name	School	Seed	Finals
Finals			
1 #467 Ward, Kaeden	Lo-Ellen Park Secondary Schoo	9:36.57	9:44.05
2 #22 Cadieux, Gabriel	Algonquin - North Bay	10:15.85	9:50.86
3 #143 Wilton, Troy	Confederation Secondary Scho	10:16.58	9:55.21
4 #65 Byman, Micah	Central Algoma S S	10:33.91	10:12.99
5 #332 Radey, Brandon	Lasalle - Sudbury	10:21.20	10:19.92
6 #398 Roney, Owen	Lockerby - Sudbury	10:30.91	10:28.55
7 #380 Annett, Travis	Lockerby - Sudbury	10:28.40	10:39.05
8 #74 Lawrence, Ethan	Central Algoma S S	11:01.58	10:49.52
9 #535 Dufresne-Nappert, Zaka	Scollard Hall - North Bay	13:03.92	10:52.86
10 #292 Garson, Dylan	Korah C & V S - noko	11:02.00	10:55.55
11 #170 Raby, Taylor	Elliot Lake S S	11:08.61	11:26.33
12 #668 Missere, Noah	Superior Heights C & V S	11:42.00	11:34.30
13 #713 Devree, Ferrous	West Ferris Secondary School	12:35.67	12:52.55
14 #540 Gough, Joshua	Scollard Hall - North Bay	13:27.18	13:40.89

Event 77 Women 100 Meter Hurdles Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

NOSSA: 14.30 * 5/31/2007 **Natasia SanCartier, Lo-Ellen Par**
OFSAA: 13.33 # 6/3/2016 **Kiera Christie-Galloway, St Matthew -Orle**

Name	School	Seed	Prelims	H#
Preliminaries				
1 #83 Lannin, Alexandra	Chippewa Secondary School	18.03	17.62 Q	1
2 #425 Moore, Sophie	Lo-Ellen Park Secondary Schoo	17.46	17.65 Q	2
3 #403 Alaeddine, Mona	Lo-Ellen Park Secondary Schoo	18.09	18.09 Q	1
4 #59 Parker, Kaitlyn	Central Algoma S S	19.19	18.46 Q	2
5 #420 Kuhlberg, Carling	Lo-Ellen Park Secondary Schoo	18.84	18.89 q	1
6 #258 Howe, Haley	Korah C & V S - noko	19.09	18.90 q	1
7 #355 Bertrim, Halle	Lockerby - Sudbury	18.63	18.96 q	2
8 #267 McKenzie, Ellie	Korah C & V S - noko	19.11	19.08 q	2
9 #643 DosSantos, Taelyn	Superior Heights C & V S	18.98	19.53	2
10 #603 Senecal, Caitlin	St. Mary's College S S - nosm	20.43	20.12	1
11 #17 Thompson, Hannah	Algonquin - North Bay	20.33	20.20	2
12 #215 Hawkins, Faith	Espanola H S	19.92	20.46	1
13 #508 Besserer, Arienne	Scollard Hall - North Bay	19.69	20.49	1
14 #55 Ingram, Maddie	Central Algoma S S	20.21	20.86	2
15 #519 Hind, Emily	Scollard Hall - North Bay	25.94	23.22	2

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Event 77 Women 100 Meter Hurdles SeniorNOSSA: 14.30 * 5/31/2007 **Natasia SanCartier, Lo-Ellen Par**OFSAA: 13.33 # 6/3/2016 **Kiera Christie-Galloway, St Matthew -Orle**

Name	School	Prelims	Finals
Finals			
1 #425 Moore, Sophie	Lo-Ellen Park Secondary Schoo	17.65	17.46
2 #83 Lannin, Alexandra	Chippewa Secondary School	17.62	17.70
3 #59 Parker, Kaitlyn	Central Algoma S S	18.46	18.21
4 #420 Kuhlberg, Carling	Lo-Ellen Park Secondary Schoo	18.89	18.29
5 #403 Alaeddine, Mona	Lo-Ellen Park Secondary Schoo	18.09	18.46
6 #355 Bertrim, Halle	Lockerby - Sudbury	18.96	19.71
7 #267 McKenzie, Ellie	Korah C & V S - noko	19.08	21.24
--- #258 Howe, Haley	Korah C & V S - noko	18.90	DQ

Event 78 Men 110 Meter Hurdles Senior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

NOSSA: 14.00 * 5/31/2007 **Jamie Stamler, Chippewa**OFSAA: 13.33 # 2010 **Gregory MacNeill, Mother Theresa CSS**

Name	School	Seed	Prelims	H#
Preliminaries				
1 #441 Fabbro, Caden	Lo-Ellen Park Secondary Schoo	16.97	17.39 Q	1
2 #736 Ferlaino, Michael	White Pines C & V S - nowp	17.69	17.76 Q	2
3 #466 Vrbanic, Luke	Lo-Ellen Park Secondary Schoo	17.28	18.11 Q	2
4 #387 Ducharme, Brady	Lockerby - Sudbury	18.29	18.19 Q	1
5 #227 Lamothe, Ethan	Espanola H S	19.74	18.86 q	1
6 #152 Drumm, Eoghan	Elisabeth-Bruyère	19.33	19.01 q	2
7 #335 Rose, Ethan	Lasalle - Sudbury	19.75	19.24 q	1
8 #336 Salami, Mubaraq	Lasalle - Sudbury	19.38	19.80 q	2
9 #624 Marano, Jacob	St. Mary's College S S - nosm	19.98	19.87	2
10 #76 Moss, Tait	Central Algoma S S	20.67	20.15	2
11 #617 Doucette, Carter	St. Mary's College S S - nosm	21.27	20.92	1
12 #73 Kirby, Isaac	Central Algoma S S	22.82	21.17	1
--- #29 McGill, James	Algonquin - North Bay	17.90	DQ	1

Event 78 Men 110 Meter Hurdles SeniorNOSSA: 14.00 * 5/31/2007 **Jamie Stamler, Chippewa**OFSAA: 13.33 # 2010 **Gregory MacNeill, Mother Theresa CSS**

Name	School	Prelims	Finals
Finals			
1 #441 Fabbro, Caden	Lo-Ellen Park Secondary Schoo	17.39	16.62
2 #736 Ferlaino, Michael	White Pines C & V S - nowp	17.76	16.94
3 #466 Vrbanic, Luke	Lo-Ellen Park Secondary Schoo	18.11	17.83
4 #387 Ducharme, Brady	Lockerby - Sudbury	18.19	18.15
5 #227 Lamothe, Ethan	Espanola H S	18.86	18.31
6 #152 Drumm, Eoghan	Elisabeth-Bruyère	19.01	18.92
7 #335 Rose, Ethan	Lasalle - Sudbury	19.24	18.96
8 #336 Salami, Mubaraq	Lasalle - Sudbury	19.80	20.16

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Event 79 Women 400 Meter Hurdles Senior

NOSSA: 1:05.44 * 5/26/2011 Alannah MacLean, LEPSS-Sudbury

OFSAA: 58.38 # 6/7/2014 Mariam Abdul-Rashid, Eastdale CVI -lo

Name	School	Seed	Finals	H#
Finals				
1 #54 Hardy, Kristin	Central Algoma S S	1:12.41	1:11.96	2
2 #33 Boyuk, Sierra	Bish Alexander Carter - Hanme	1:13.98	1:13.21	2
3 #581 Brazeau, Brooke	St. Mary's College S S - nosm	1:17.67	1:14.32	2
4 #267 McKenzie, Ellie	Korah C & V S - noko	1:16.06	1:15.02	2
5 #406 Bertrim, Ali	Lo-Ellen Park Secondary Scho	1:14.90	1:15.55	2
6 #731 Wessel, Ava-Lynn	White Pines C & V S - nowp	1:15.22	1:15.58	2
7 #597 Lamming, Keira	St. Mary's College S S - nosm	1:17.93	1:16.31	2
8 #411 Dokis-Dupuis, Alexie	Lo-Ellen Park Secondary Scho	1:18.00	1:16.55	1
9 #355 Bertrim, Halle	Lockerby - Sudbury	1:16.99	1:17.69	2
10 #508 Besserer, Arienne	Scollard Hall - North Bay	1:45.63	1:21.13	1
11 #214 Gallant, Molly	Espanola H S	1:22.44	1:22.77	1
12 #422 Kusnierczyk, Jill	Lo-Ellen Park Secondary Scho	1:22.66	1:24.27	1
13 #220 Noble, Amelia	Espanola H S	1:23.08	1:24.33	1

Event 80 Men 400 Meter Hurdles Senior

NOSSA: 57.76 * 5/29/2019 Liam Morassut, Superior Hts C&VS

OFSAA: 51.68 # 1985 Phillip Hughes, Earl of March SS

Name	School	Seed	Finals	H#
Finals				
1 #29 McGill, James	Algonquin - North Bay	1:04.44	1:04.99	2
2 #227 Lamothe, Ethan	Espanola H S	1:07.96	1:08.40	2
3 #380 Annett, Travis	Lockerby - Sudbury	1:08.72	1:09.41	2
4 #626 Morgenstern, Adam	St. Mary's College S S - nosm	1:12.87	1:10.00	1
5 #152 Drumm, Eoghan	Elisabeth-Bruyère	1:09.96	1:10.17	2
6 #657 Ambeault, Carter	Superior Heights C & V S	1:06.87	1:10.77	2
7 #669 Doureau, Cole	Superior Heights C & V S	1:06.88	1:11.52	2
8 #617 Doucette, Carter	St. Mary's College S S - nosm	1:13.94	1:12.03	1
9 #489 Pennie, Jack	Manitoulin S S	1:10.63	1:12.69	2
10 #335 Rose, Ethan	Lasalle - Sudbury	1:16.74	1:15.03	1
11 #77 Smith, Ethan	Central Algoma S S	1:15.74	1:15.77	1

Event 81 Women High Jump Senior

Starting height: 1.20m

NOSSA: 1.67m * 5/24/2017 Caliegh Porter, WSS - North Bay

OFSAA: 1.88m # 1979 Julie White, Brampton Centennial SS

Name	School	Seed	Finals
Finals			
1 #358 Coe, Sydney	Lockerby - Sudbury	1.46m	1.52m
2 #476 Hietkamp, Sophie	Manitoulin S S	1.48m	1.49m
3 #415 Herold, Charlie	Lo-Ellen Park Secondary Scho	1.35m	J1.45m
4 #111 Scratch, Michelle	College Notre-Dame - Sudbury	1.35m	J1.45m
5 #597 Lamming, Keira	St. Mary's College S S - nosm	1.39m	J1.45m
6 #313 Eberlein, Charlotte	Lasalle - Sudbury	1.43m	J1.40m
7 #517 Hanselman, Kate	Scollard Hall - North Bay	1.309m	J1.40m
8 #208 Souliere, Madison	Esc Champlain - Chelmsford	1.43m	J1.40m

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Finals ... (Event 81 Women High Jump Senior)

Name	School	Seed	Finals
9 #277 Tremblay, Mikayla	Korah C & V S - noko	1.42m	J1.35m
10 #645 Erkkila, Eden	Superior Heights C & V S	1.36m	J1.35m
11 #530 Walton, Emma	Scollard Hall - North Bay	1.309m	1.25m
--- #216 Jacques, Isabella	Espanola H S	1.20m	DQ
--- #519 Hind, Emily	Scollard Hall - North Bay	1.259m	DQ

Event 82 Men High Jump Senior

Starting height: 1.45m

NOSSA: 1.97m * 5/25/2016 Ryley Bene, Cnd-Sudbury
 OFSAA: 2.24m # 1998 Michael Ponikvar, Denis Morris HS

Name	School	Seed	Finals
Finals			
1 #351 Rubic, Ryan	Lively - Lively	1.83m	J1.75m
2 #549 Tysick, William	Scollard Hall - North Bay	1.709m	J1.75m
3 #672 Rains, Grant	Superior Heights C & V S	1.75m	J1.75m
4 #559 Dubowski, Jake	St. Benedict - Sudbury	1.75m	1.70m
5 #634 Vecchio, Nikolas	St. Mary's College S S - nosm	1.75m	J1.65m
6 #392 Graffi, Luca	Lockerby - Sudbury	1.75m	J1.65m
7 #149 Sauve, Eric	E.s.c Horizon - Val Caron	1.70m	J1.60m
8 #27 Logan, Mcdonald	Algonquin - North Bay	1.509m	J1.60m
9 #116 MacIntyre, Logan	College Notre-Dame - Sudbury	1.75m	J1.60m
10 #657 Ambeault, Carter	Superior Heights C & V S	1.60m	J1.60m
11 #224 Forcier, Ryan	Espanola H S	1.51m	1.55m
12 #297 Pierman, John	Korah C & V S - noko	1.65m	1.50m
13 #245 Lemieux, Roch	Jeunesse-Nord E S	1.35m	J1.45m
14 #232 Willoughan-Eckford, Ev	Espanola H S	1.45m	J1.45m

Event 83 Women Pole Vault Senior

Starting height: 1.75m

15cm increments until 3 remain

10cm increments until 1 remains

Minimum 2cm increment for last jumper

NOSSA: 3.35m * 5/25/2011 Sarah Swain, CSS- North Bay
 OFSAA: 4.06m # 6/8/2012 Alysha Newman, Mother Teresa CSS

Name	School	Seed	Finals
Finals			
1 #358 Coe, Sydney	Lockerby - Sudbury	1.80m	2.20m
2 #354 Beljo, Kaja	Lockerby - Sudbury	2.00m	1.90m
3 #357 Caddel, Maeve	Lockerby - Sudbury	1.70m	1.70m

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Event 84 Men Pole Vault Senior

Starting height: 1.65m

15 cm increments until 3 remain

10 cm increments until 1 remains

Minimum 2 cm increment for last jumper

NOSSA: 4.10m * 5/28/2010

OFSAA: 4.87m # 1984

Erik Faucon, CSS- North Bay

Rob Lindsay, South Carleton HS

Name	School	Seed	Finals
Finals			
1 #392 Graffi, Luca	Lockerby - Sudbury	2.80m	2.82m
2 #391 Gerhardt, Eli	Lockerby - Sudbury	2.40m	2.50m
3 #394 Heffern, Connor	Lockerby - Sudbury	2.20m	2.30m

Event 85 Women Long Jump Senior

NOSSA: 5.72m * 5/28/2010

OFSAA: 6.16m # 1986

Caroline Ehrhardt, EHS-Espanola

Keron Hamilton, Burlington Central HS

Name	School	Seed	Finals
Finals			
1 #313 Eberlein, Charlotte	Lasalle - Sudbury	4.83m	4.70m
2 #476 Hietkamp, Sophie	Manitoulin S S	4.52m	4.65m
3 #250 Clement, Madalyn	Korah C & V S - noko	4.34m	4.39m
4 #358 Coe, Sydney	Lockerby - Sudbury	4.73m	4.32m
5 #412 Dulaney, Charlie	Lo-Ellen Park Secondary Scho	4.43m	4.25m
6 #581 Brazeau, Brooke	St. Mary's College S S - nosm	3.94m	4.24m
7 #731 Wessel, Ava-Lynn	White Pines C & V S - nowp	4.41m	4.21m
8 #518 Heppenstall, Elisa	Scollard Hall - North Bay	4.069m	4.14m
8 #214 Gallant, Molly	Espanola H S	4.30m	4.14m
10 #145 Dupuis, Abbygayle	E.s.c Horizon - Val Caron	4.43m	4.08m
11 #104 Brule, Cayleigh	College Notre-Dame - Sudbury	4.49m	4.06m
12 #18 Tripodi, Tessa	Algonquin - North Bay	4.089m	3.86m
13 #220 Noble, Amelia	Espanola H S	4.05m	3.81m
14 #584 Carrier, Kyra	St. Mary's College S S - nosm	3.90m	3.75m
15 #510 Clarke, Grace	Scollard Hall - North Bay	4.189m	3.70m
16 #17 Thompson, Hannah	Algonquin - North Bay	3.799m	3.08m

Event 86 Men Long Jump Senior

NOSSA: 6.67m * 5/29/2019

OFSAA: 7.73m # 2010

Kurtis Wennerstrom, Lo-Ellen Park SS

Taylor Stewart, Regina Mundi College

Name	School	Seed	Finals
Finals			
1 #612 Bumbacco, Daniel	St. Mary's College S S - nosm	5.74m	5.93m
2 #549 Tysick, William	Scollard Hall - North Bay	5.949m	5.84m
3 #171 Rojas, Raul	Elliot Lake S S	5.96m	5.78m
4 #303 Talvitie, Nicholas	Korah C & V S - noko	5.42m	5.67m
5 #119 Sloan, Jack	College Notre-Dame - Sudbury	5.35m	5.44m
6 #387 Ducharme, Brady	Lockerby - Sudbury	5.82m	5.31m
7 #613 Cameron, Ben	St. Mary's College S S - nosm	5.06m	5.21m
8 #321 Bast, Cale	Lasalle - Sudbury	5.53m	5.19m
9 #297 Pierman, John	Korah C & V S - noko	5.59m	5.10m
10 #547 Spencer, Drew	Scollard Hall - North Bay	5.209m	5.08m

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Finals ... (Event 86 Men Long Jump Senior)

Name	School	Seed	Finals
11 #393 Hayes, Jake	Lockerby - Sudbury	5.45m	4.89m
12 #551 Watson, Ryan	Scollard Hall - North Bay	5.169m	4.80m
13 #235 Lalonde, Tyson	F.J. McElligott SS	5.289m	4.46m
14 #245 Lemieux, Roch	Jeunesse-Nord E S	5.23m	4.34m
15 #230 Podlatis, Griffyn	Espanola H S	5.10m	4.28m
--- #570 Rienguette, Scott	St. Charles College - Sudbury	5.40m	DQ

Event 87 Women Triple Jump Senior

NOSSA: 12.40m * 5/29/2009

Caroline Ehrhardt, EHS-Espanola

OFSAA: 13.06m # 6/7/2019

Mahalia Mitchell, Marguerite d'You

Name	School	Seed	Finals
Finals			
1 #476 Hietkamp, Sophie	Manitoulin S S	9.75m	10.13m
2 #62 Thomas, Samantha	Central Algoma S S	9.80m	9.85m
3 #278 Tull, Katelyn	Korah C & V S - noko	9.53m	9.75m
4 #313 Eberlein, Charlotte	Lasalle - Sudbury	9.86m	9.58m
5 #518 Heppenstall, Elisa	Scollard Hall - North Bay	9.319m	9.21m
6 #645 Erkkila, Eden	Superior Heights C & V S	8.85m	9.18m
7 #279 Venn, Camille	Korah C & V S - noko	9.29m	9.17m
8 #220 Noble, Amelia	Espanola H S	9.08m	8.86m
9 #643 DosSantos, Taelyn	Superior Heights C & V S	9.58m	8.60m
10 #510 Clarke, Grace	Scollard Hall - North Bay	8.509m	8.37m
11 #517 Hanselman, Kate	Scollard Hall - North Bay	8.819m	8.36m
12 #109 Lemay-Evans, Alexia	College Notre-Dame - Sudbury	8.76m	8.31m
13 #354 Beljo, Kaja	Lockerby - Sudbury	9.46m	8.23m
14 #111 Scratch, Michelle	College Notre-Dame - Sudbury	8.47m	8.08m
15 #123 Ruddick, Ashley	Confederation Secondary Scho	8.55m	7.74m
--- #91 Wakabayashi, Nao	Chippewa Secondary School	6.769m	DQ

Event 88 Men Triple Jump Senior

NOSSA: 14.08m * 5/28/2015

Jacob Cruise, SHCVS

OFSAA: 15.76m # 1982

George Wright, Vaughan Road CI

Name	School	Seed	Finals
Finals			
1 #387 Ducharme, Brady	Lockerby - Sudbury	13.23m	11.85m
2 #297 Pierman, John	Korah C & V S - noko	11.62m	11.75m
3 #119 Sloan, Jack	College Notre-Dame - Sudbury	11.84m	11.71m
4 #351 Rubic, Ryan	Lively - Lively	12.39m	11.33m
5 #302 Talvitie, Matthew	Korah C & V S - noko	11.44m	11.22m
6 #321 Bast, Cale	Lasalle - Sudbury	11.77m	11.10m
7 #227 Lamothe, Ethan	Espanola H S	10.57m	10.34m
8 #168 Parsons, Owen	Elliot Lake S S	10.15m	10.14m
9 #482 Cortes, Jared	Manitoulin S S	10.11m	9.76m
10 #664 Greco, Tyler	Superior Heights C & V S	10.55m	9.59m
11 #544 Perry, Tristan	Scollard Hall - North Bay	10.189m	9.40m
12 #717 Percival, Karson	West Ferris Secondary School	8.049m	8.25m
--- #27 Logan, Mcdonald	Algonquin - North Bay	9.429m	DQ
--- #633 Trecartin, Landen	St. Mary's College S S - nosm	10.59m	DQ
--- #393 Hayes, Jake	Lockerby - Sudbury	11.32m	DQ

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Event 89 Women Shot Put Senior

NOSSA: 12.49m * 5/26/2016 Emily Good, Central Algoma
OFSAA: 15.24m # 6/9/2018 Trinity Tutti, Eastdale SS - so

Name	School	Seed	Finals
Finals			
1 #364 Howsare, Abigail	Lockerby - Sudbury	8.55m	9.59m
2 #512 Crewson, Abigail	Scollard Hall - North Bay	8.819m	9.02m
3 #213 Brohart, Hope	Espanola H S	9.06m	8.99m
4 #3 Boldt, Brianna	Algonquin - North Bay	9.019m	8.81m
5 #198 Pilon, Katie	ES Macdonald-Cartier - Sudbu	8.26m	7.97m
6 #158 Prevost, Andrea	Elliot Lake S S	7.92m	7.87m
7 #655 VonnRoenn, Abby	Superior Heights C & V S	8.18m	7.83m
8 #600 McDonald, Sienna	St. Mary's College S S - nosm	7.89m	7.79m
9 #191 Levac, Lexine	ES Hanmer - Hanmer	8.11m	7.35m
10 #260 Kennedy, Chelsea	Korah C & V S - noko	8.07m	7.06m
11 #196 Kissner, Ella	ES Macdonald-Cartier - Sudbu	7.80m	6.92m
12 #174 Gardiner, Brinly	ES de la Renaissance	6.85m	6.58m
13 #264 Luomaranta, Miia	Korah C & V S - noko	7.95m	6.49m
--- #80 Debernardi, Clarice	Chippewa Secondary School	8.529m	DQ
--- #523 Nadeau, Andriana	Scollard Hall - North Bay	8.289m	SCR
--- #105 Coutu, Emma	College Notre-Dame - Sudbury	7.53m	SCR

Event 90 Men Shot Put Senior

NOSSA: 14.93m * 2004 Dan Kennedy-Sir James Dunn
OFSAA: 20.09m # 2005 Mike Barnes, Saltfleet DHS

Name	School	Seed	Finals
Finals			
1 #464 Shanks, Cameron	Lo-Ellen Park Secondary Scho	11.75m	12.14m
2 #349 MacDonald, Owen	Lively - Lively	12.59m	12.09m
3 #97 Cockburn, Scott	Chippewa Secondary School	10.639m	10.92m
4 #463 Scott, Ethan	Lo-Ellen Park Secondary Scho	11.05m	10.62m
5 #465 Teddy, Malcolm	Lo-Ellen Park Secondary Scho	10.70m	10.60m
6 #296 Nicoletta, Mike	Korah C & V S - noko	10.16m	10.56m
7 #69 Graham, Marcus	Central Algoma S S	10.64m	10.24m
8 #229 Nadeau, Logan	Espanola H S	9.90m	9.81m
9 #118 Simon, Nico	College Notre-Dame - Sudbury	10.32m	9.79m
10 #167 O'Grady, Devin	Elliot Lake S S	10.87m	9.77m
11 #541 Koivisto, Keane	Scollard Hall - North Bay	9.509m	9.56m
12 #658 Barrow, Tyler	Superior Heights C & V S	9.50m	9.55m
13 #706 Bridges, Alastair	West Ferris Secondary School	10.429m	9.17m
14 #542 Lepine, Alexandre	Scollard Hall - North Bay	9.619m	9.10m
15 #671 Nye, Gavin	Superior Heights C & V S	9.20m	8.94m
--- #283 Belleau, Konnor	Korah C & V S - noko	8.94m	DQ

Event 91 Women Discus Throw Senior

NOSSA: 36.59m * 5/26/2016 Emily Good, Central Algoma
OFSAA: 52.77m # 6/8/2018 Trinity Tutti, Eastdale SS - so

Name	School	Seed	Finals
Finals			
1 #213 Brohart, Hope	Espanola H S	24.48m	26.16m

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Finals ... (Event 91 Women Discus Throw Senior)

Name	School	Seed	Finals
2 #12 Michauville, Faith	Algonquin - North Bay	26.609m	25.57m
3 #158 Prevost, Andrea	Elliot Lake S S	24.24m	24.02m
4 #14 Periard, Riley	Algonquin - North Bay	22.389m	23.78m
5 #260 Kennedy, Chelsea	Korah C & V S - noko	22.29m	23.49m
6 #198 Pilon, Katie	ES Macdonald-Cartier - Sudbu	24.36m	23.31m
7 #726 James, Emily	White Pines C & V S - nowp	23.23m	22.43m
8 #264 Luomaranta, Miia	Korah C & V S - noko	21.04m	21.96m
9 #3 Boldt, Brianna	Algonquin - North Bay	22.919m	21.76m
10 #82 Hoger, Janna	Chippewa Secondary School	24.229m	20.34m
11 #721 Bell, Kordell	White Pines C & V S - nowp	20.96m	18.78m
12 #424 Mongeon, Veronica	Lo-Ellen Park Secondary Scho	19.72m	18.63m
13 #196 Kissner, Ella	ES Macdonald-Cartier - Sudbu	20.76m	17.42m
14 #683 Middaugh, Chase	W. C. Eaket S S	21.57m	16.19m
--- #113 Tiangco, Gabrielle	College Notre-Dame - Sudbury	18.60m	SCR
--- #105 Coutu, Emma	College Notre-Dame - Sudbury	20.01m	SCR

Event 92 Men Discus Throw Senior

NOSSA: 44.02m * 5/26/2016

OFSAA: 62.58m # 1995

Chris Moutsatsos, LEPSS-Sudbury

Jason Tunks, Sir Frederick Banting HS

Name	School	Seed	Finals
1 #543 Lucier, Aiden	Scollard Hall - North Bay	29.079m	30.22m
2 #235 Lalonde, Tyson	F.J. McElligott SS	27.929m	29.94m
3 #142 Wilson, Harrison	Confederation Secondary Scho	27.25m	29.55m
4 #464 Shanks, Cameron	Lo-Ellen Park Secondary Scho	29.30m	29.42m
5 #167 O'Grady, Devin	Elliot Lake S S	27.30m	28.61m
6 #463 Scott, Ethan	Lo-Ellen Park Secondary Scho	27.75m	27.46m
7 #118 Simon, Nico	College Notre-Dame - Sudbury	27.55m	27.01m
8 #69 Graham, Marcus	Central Algoma S S	26.30m	25.30m
9 #658 Barrow, Tyler	Superior Heights C & V S	27.03m	24.68m
10 #229 Nadeau, Logan	Espanola H S	27.37m	23.69m
11 #97 Cockburn, Scott	Chippewa Secondary School	25.569m	23.52m
12 #283 Belleau, Konnor	Korah C & V S - noko	29.58m	23.50m
13 #735 Devries, Alder	White Pines C & V S - nowp	24.35m	23.40m
14 #26 Léveillé, Jacob	Algonquin - North Bay	25.329m	19.56m
15 #296 Nicoletta, Mike	Korah C & V S - noko	24.29m	16.79m
--- #568 Loiselle, Yanick	St. Charles College - Sudbury	28.25m	DQ

Event 93 Women Javelin Throw Senior

NOSSA: 42.49m * 5/28/2019

OFSAA: 49.48m # 1986

Jenna Fleming, Central Algoma SS

Louise Perrault, Arnprior DHS

Name	School	Seed	Finals
1 #213 Brohart, Hope	Espanola H S	30.40m	31.10m
2 #236 Mondoux, France	Franco-Cité - Sturgeon Falls	25.149m	27.24m
3 #722 Bowman, Elyce	White Pines C & V S - nowp	24.24m	26.88m
4 #3 Boldt, Brianna	Algonquin - North Bay	25.529m	26.43m
5 #123 Ruddick, Ashley	Confederation Secondary Scho	27.47m	26.36m
6 #158 Prevost, Andrea	Elliot Lake S S	26.60m	25.85m

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Finals ... (Event 93 Women Javelin Throw Senior)

Name	School	Seed	Finals
7 #183 Bertrand, Hayley	Es du Sacré-Coeur	23.72m	25.49m
8 #4 Boyer, Emma	Algonquin - North Bay	22.769m	25.46m
9 #221 Solomon, Acadia	Espanola H S	22.20m	23.75m
10 #207 Gordon, Alexa	Esc Champlain - Chelmsford	25.63m	23.14m
11 #252 Elliott, Grace	Korah C & V S - noko	25.61m	22.90m
12 #647 Grisdale, Hannah	Superior Heights C & V S	19.53m	22.79m
13 #640 Cartwright, Ffiona	Superior Heights C & V S	21.40m	22.75m
14 #198 Pilon, Katie	ES Macdonald-Cartier - Sudbu	20.00m	21.63m
15 #82 Hoger, Janna	Chippewa Secondary School	22.169m	20.50m
16 #196 Kissner, Ella	ES Macdonald-Cartier - Sudbu	20.76m	20.35m

Event 94 Men Javelin Throw Senior

NOSSA: 55.05m * 5/28/2009 **Bradley Piper, WFSS-North Bay**
 OFSAA: 71.22m # 2000 **Trevor Snyder, St. Joseph's HS**

Name	School	Seed	Finals
Finals			
1 #463 Scott, Ethan	Lo-Ellen Park Secondary Schoo	45.48m	43.45m
2 #238 Hatton, Scott	Franco-Cité - Sturgeon Falls	43.399m	41.85m
3 #549 Tysick, William	Scollard Hall - North Bay	37.919m	40.36m
4 #706 Bridges, Alastair	West Ferris Secondary School	32.809m	37.20m
5 #465 Teddy, Malcolm	Lo-Ellen Park Secondary Schoo	35.02m	36.74m
6 #119 Sloan, Jack	College Notre-Dame - Sudbury	36.39m	36.24m
7 #296 Nicoletta, Mike	Korah C & V S - noko	36.71m	36.14m
8 #63 Berry, Jayme	Central Algoma S S	35.48m	35.08m
9 #68 Fremlin, Dave	Central Algoma S S	35.73m	34.92m
10 #664 Greco, Tyler	Superior Heights C & V S	30.78m	31.73m
11 #283 Belleau, Konnor	Korah C & V S - noko	32.87m	31.37m
12 #26 Léveillé, Jacob	Algonquin - North Bay	35.859m	30.43m
13 #69 Graham, Marcus	Central Algoma S S	32.62m	30.36m
14 #142 Wilson, Harrison	Confederation Secondary Scho	32.18m	29.14m
15 #43 Clark, Aidan	Bish Alexander Carter - Hanme	31.96m	28.38m
--- #298 Pomeroy, Wes	Korah C & V S - noko	31.40m	SCR

Event 95 Women 4x100 Meter Relay Senior

NOSSA: 51.01 * 5/26/2016 **St. Mary's College S S - nosm, St. Mary's Colle**
E Calibani, O Oraziotti, A Gibbs, T Lamorie
 OFSAA: 47.60 # 2003 **Mary Ward CSS, Mary Ward CSS**
O. Ugiagbe, Z. Gill, L. Gonsalves, L. Wilson

Team	Relay	Seed	Finals	H#
Finals				
1 St. Mary's College S S - nosn	A	53.80	54.23	2
1) #594 Killoran, Berlyn	2) #588 Evans, Ava	3) #601 Noble, Ashlyn	4) #602 Sartor, Kassie	
2 Korah C & V S - noko	A	53.76	54.28	2
1) #279 Venn, Camille	2) #250 Clement, Madalyn	3) #258 Howe, Haley	4) #278 Tull, Katelyn	
3 Bish Alexander Carter - Hann	A	54.20	55.21	2
1) #33 Boyuk, Sierra	2) #34 Caissie, Ella	3) #35 Cresswell, Kynlee	4) #40 Remillard, Aimie	
4 Lo-Ellen Park Secondary Sch	A	56.24	55.74	2
1) #404 Arnold, Julia	2) #412 Dulaney, Charlie	3) #427 Olivier, Alexxandria	4) #425 Moore, Sophie	
5) #420 Kuhlberg, Carling	6) #422 Kusnierczyk, Jill			

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Team	Relay	Seed	Finals	H#
5 Central Algoma S S	A	54.60	57.28	2
1) #54 Hardy, Kristin	2) #62 Thomas, Samantha	3) #58 Martineau, Grace	4) #59 Parker, Kaitlyn	
5) #55 Ingram, Maddie				
6 Lasalle - Sudbury	A	56.84	57.47	2
1) #313 Eberlein, Charlotte	2) #307 Brear, Hunter	3) #308 Brear, Peyton	4) #312 Digiglio, Samantha	
7 Lockerby - Sudbury	A	56.75	57.66	2
1) #357 Caddel, Maeve	2) #358 Coe, Sydney	3) #360 Fahey, Kirstin	4) #354 Beljo, Kaja	
5) #355 Bertrim, Halle				
8 Confederation Secondary Sch	A	57.88	57.72	1
1) #120 Leduc, Chelsea	2) #124 Savoie, Macie	3) #121 Pitura, Chloe	4) #126 Tremblay, Morgan	
5) #122 Riopelle, Ashlee	6) #123 Ruddick, Ashley			
9 Algonquin - North Bay	A	59.50	57.76	1
1) #5 Humphrey, Kloe	2) #6 Humphrey, Reanna	3) #15 Perrault, Vanessa	4) #18 Tripodi, Tessa	
5) #17 Thompson, Hannah				
10 Scollard Hall - North Bay	A	57.81	59.34	1
1) #517 Hanselman, Kate	2) #528 Tremblay, Karissa	3) #508 Besserer, Arienne	4) #530 Walton, Emma	
5) #529 Tschanz, Alexie				
11 Espanola H S	A	56.80	59.42	2
1) #215 Hawkins, Faith	2) #219 Massicotte, Leala	3) #220 Noble, Amelia	4) #214 Gallant, Molly	
5) #221 Solomon, Acadia				
12 W. C. Eaket S S	A	1:01.12	1:05.71	1
1) #686 Wiebe, Kennedy	2) #682 Huron, Rhianna	3) #684 Poyton, Jessica	4) #685 Smith-Pilon, Jade	

Event 96 Men 4x100 Meter Relay Senior

NOSSA: 44.28 * 2004

St Mary's

OFSAA: 41.20 # 6/3/2016

Father Henry Carr - Rexdale, Father Henry Car

V Husbands, A Hector, T Fearon, K Stewart-Baynes

Team	Relay	Seed	Finals	H#
Finals				
1 Algonquin - North Bay	A	47.79	46.88	2
1) #22 Cadieux, Gabriel	2) #24 Grant, Kaleb	3) #29 McGill, James	4) #31 Ryan, Teo	
5) #32 Tooley, Quinn				
2 Lo-Ellen Park Secondary Sch	A	47.65	47.93	2
1) #458 Morris, Dominic	2) #448 Kim, Josh	3) #439 Conlin, Liam	4) #441 Fabbro, Caden	
5) #466 Vrbanic, Luke	6) #457 McKague, Simon			
3 St. Mary's College S S - nosn	A	48.34	48.45	2
1) #634 Vecchio, Nikolas	2) #626 Morgenstern, Adam	3) #612 Bumbacco, Daniel	4) #614 Caputo, Tristan	
4 Lasalle - Sudbury	A	47.99	48.80	2
1) #330 Mckay, Josh	2) #339 Walia, Mikaio	3) #320 Allen, Zidain	4) #324 Hodgins, Christian	
5) #335 Rose, Ethan				
5 St. Benedict - Sudbury	A	48.88	49.13	2
1) #556 Alabi, David	2) #558 Domagalski, Leon	3) #557 Clapham, Matthew	4) #561 Huot, Shawn	
5) #562 Kyei-Ben, Barima				
6 St. Charles College - Sudbury	A	47.84	49.56	2
1) #567 Burrell, Colin	2) #570 Rienguette, Scott	3) #571 Roy, Gavin	4) #575 Willmott, Jordan	
5) #566 Burnett, Ian	6) #569 Molyneaux, Cooper			
7 Lockerby - Sudbury	A	48.60	50.08	2
1) #387 Ducharme, Brady	2) #392 Graffi, Luca	3) #379 Anderson, Jack	4) #393 Hayes, Jake	
5) #384 Burton, Tyler	6) #395 Kamau, Michael			
8 Elliot Lake S S	A	48.30	51.68	2
1) #167 O'Grady, Devin	2) #164 D'Amato, Simon	3) #173 Winkfield, Brendan	4) #171 Rojas, Raul	
5) #168 Parsons, Owen				

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Team	Relay	Seed	Finals	H#
9 Central Algoma S S	A	51.00	51.72	1
1) #67 Foreman, Marcus	2) #68 Fremlin, Dave	3) #72 Kennedy, Gordie	4) #76 Moss, Tait	
5) #73 Kirby, Isaac				
10 Espanola H S	A	49.20	51.88	1
1) #226 Jacques, Micah	2) #230 Podlatis, Griffyn	3) #227 Lamothe, Ethan	4) #224 Forcier, Ryan	
5) #225 Graham, Carter				
11 Superior Heights C & V S	A	51.90	52.09	1
1) #664 Greco, Tyler	2) #669 Moreau, Cole	3) #672 Rains, Grant	4) #663 Germain, Nicholas	

Event 97 Women 2000 Meter Steeplechase Open

NOSSA: 5:16.84 * 5/25/2016 Erin Hansel, WFSS-North Bay

OFSAA: 6:57.89 # 6/7/2019 Molly Strain, Adam Scott

Name	School	Seed	Finals
Finals			
1 #648 Heimonen, Hannah	Superior Heights C & V S	8:53.00	8:25.49
2 #428 Oommen, Sophia	Lo-Ellen Park Secondary Schoo	8:48.59	8:36.11
3 #366 Jones, Bay	Lockerby - Sudbury	9:05.16	8:42.64
4 #652 Schoahs, Celeste	Superior Heights C & V S	9:37.00	9:04.95
5 #92 Wall, Jenna	Chippewa Secondary School	9:00.10	9:18.83
6 #354 Beljo, Kaja	Lockerby - Sudbury	9:57.07	9:20.89
7 #114 Tremblay, Madeleine	College Notre-Dame - Sudbury	9:46.08	9:25.33
8 #84 McCourt, Skye	Chippewa Secondary School	9:58.83	9:52.70
9 #499 Sarazin, PaulJeanna	Marymount Academy - Sudbur	10:20.38	10:16.08

Event 98 Men 2000 Meter Steeplechase Open

NOSSA: 5:54.20 * 5/29/2013 Graham Hansel, WFSS-North Bay

OFSAA: 5:37.76 # 1982 Alain Boucher, ESC Algonquin

Name	School	Seed	Finals
Finals			
1 #467 Ward, Kaeden	Lo-Ellen Park Secondary Schoo	7:00.29	7:06.83
2 #380 Annett, Travis	Lockerby - Sudbury	7:29.09	7:23.08
3 #209 Foreshow, Alexander	Esc Champlain - Chelmsford	8:19.34	7:41.02
4 #615 DiCerbo, Marcus	St. Mary's College S S - nosm	8:19.00	8:00.83
5 #713 Devree, Ferrous	West Ferris Secondary School	9:58.25	8:57.58
6 #338 Thomson, Gareth	Lasalle - Sudbury	8:37.49	8:59.80
7 #506 Spacek, William	Notre Dame Du Sualt	9:44.00	9:33.05
--- #22 Cadieux, Gabriel	Algonquin - North Bay	7:05.07	DQ

Event 99 Women 4x400 Meter Relay Open

NOSSA: 4:10.93 * 5/29/2014 Lasalle SS - Sudbury, Lasalle SS

K Cashmore, K Marcotte, K Hellstrom, L Graham

OFSAA: 3:47.35 # 2002 Mary Ward CSS

L. Wilson, D. Abraham, Z. Gill, O. Ugiagbe

Team	Relay	Seed	Finals	H#
Finals				
1 St. Mary's College S S - nosn	A	4:36.00	4:31.35	2
1) #595 Koprash, Madison	2) #581 Brazeau, Brooke	3) #588 Evans, Ava	4) #601 Noble, Ashlyn	
2 Manitoulin S S	A	4:31.53	4:33.73	2
1) #475 Green, Morgan	2) #474 Green, Mackenzie	3) #477 Kasunich, Maren	4) #469 Balfe, Annie	
5) #470 Bridgeman, Sadie				

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Team	Relay	Seed	Finals	H#
3 Lo-Ellen Park Secondary Sch	A	4:33.20	4:35.00	2
1) #428 Oommen, Sophia	2) #406 Bertrim, Ali	3) #409 Cuza, Finlay	4) #410 Dale, Gracie	
5) #407 Bourget, Bree	6) #422 Kusnierczyk, Jill			
4 Korah C & V S - noko	A	4:37.00	4:36.34	2
1) #266 McKenzie, Alana	2) #267 McKenzie, Ellie	3) #258 Howe, Haley	4) #261 Lafrance, Lucy	
5 Scollard Hall - North Bay	A	4:47.45	4:36.35	2
1) #515 Fletcher, Lindsay	2) #525 Popp, Chloe	3) #509 Blake, Maeve	4) #516 Gignac, Hannah	
5) #524 Phelps, Sarah	6) #527 Thomas, Isabelle			
6 Marymount Academy - Sudbu	A	4:39.02	4:37.30	2
1) #500 Smania, Janessa	2) #492 Guse, Tara	3) #494 Massimiliano, Mya	4) #498 Salmaso, Lucia	
5) #497 Polischuk, Katie	6) #503 Williams, Brooke			
7 Lockerby - Sudbury	A	4:57.51	4:49.81	1
1) #357 Caddel, Maeve	2) #354 Beljo, Kaja	3) #358 Coe, Sydney	4) #371 Pineau, Lauren	
5) #355 Bertrim, Halle	6) #377 Uguccioni, Elizabeth			
8 St. Benedict - Sudbury	A	4:50.88	4:58.24	1
1) #552 De Poli, Katelyn	2) #555 O'malley, Marin	3) #553 Kero, Karly	4) #554 Lepage, Georgia	
9 Lasalle - Sudbury	A	4:49.26	5:02.76	2
1) #313 Eberlein, Charlotte	2) #307 Brear, Hunter	3) #308 Brear, Peyton	4) #315 Hodgins, Ava	
6) #318 Pyoli, Miia				
10 Central Algoma S S	A	4:47.36	5:04.67	2
1) #52 Cooke, Darcy	2) #57 Martineau, Ella	3) #61 Smith, Fischer	4) #53 Cooper, Avery	
5) #54 Hardy, Kristin				
11 Chippewa Secondary School	A	5:21.34	5:21.80	1
1) #83 Lannin, Alexandra	2) #84 McCourt, Skye	3) #86 Pauli, Kate	4) #89 Rivet, Julia	
5) #92 Wall, Jenna				
--- Espanola H S	A	5:10.55	SCR	1
1) #214 Gallant, Molly	2) #221 Solomon, Acadia	3) #220 Noble, Amelia	4) #219 Massicotte, Leala	
5) #215 Hawkins, Faith				

Event 100 Men 4x400 Meter Relay Open

NOSSA: 3:30.73 * 5/26/2016 Espanola H S, Espanola
L Emiry, C Lafrance, J Leale, M Leale
OFSAA: 3:10.8h # 1987 Central Technical School
K. O'Henhen, A. Wilson, P. Gordon, C. Folkes

Team	Relay	Seed	Finals	H#
Finals				
1 Algonquin - North Bay	A	3:46.59	3:42.91	2
1) #22 Cadieux, Gabriel	2) #24 Grant, Kaleb	3) #29 McGill, James	4) #31 Ryan, Teo	
5) #32 Tooley, Quinn				
2 Lo-Ellen Park Secondary Sch	A	3:43.69	3:47.44	2
1) #467 Ward, Kaeden	2) #468 Wiss, Patrick	3) #452 Lacroix, Liam	4) #439 Conlin, Liam	
5) #438 Barney, Jacob	6) #453 Labrecque, Nicho			
3 Lasalle - Sudbury	A	3:44.67	3:50.82	2
1) #324 Hodgins, Christian	2) #332 Radey, Brandon	3) #333 Radey, Hayden	4) #335 Rose, Ethan	
5) #325 Lawson, Ryan				
4 Korah C & V S - noko	A	4:00.92	3:59.51	2
1) #302 Talvitie, Matthew	2) #294 Higham, Nathan	3) #293 Guizzetti, Nathan	4) #303 Talvitie, Nicholas	
5 Central Algoma S S	A	3:54.69	4:00.31	2
1) #65 Byman, Micah	2) #74 Lawrence, Ethan	3) #76 Moss, Tait	4) #77 Smith, Ethan	
5) #71 Kelly, Holden				

NOSSA 2022
Track and Field Championships
Jo Forman Track Complex - 5/25/2022 to 5/26/2022
Results

Finals ... (Event 100 Men 4x400 Meter Relay Open)

Team	Relay	Seed	Finals	H#
6 Manitoulin S S	A	3:55.98	4:03.51	2
1) #485 Green, TJ	2) #483 Decchenes, Davin	3) #488 Pennie, Brodie	4) #490 Wilkin, Alan	
5) #481 Cooper, Andrew				
7 Superior Heights C & V S	A	4:06.39	4:05.30	1
1) #673 Sayers, Will	2) #660 Gartshore, Peter	3) #668 Missere, Noah	4) #672 Rains, Grant	
8 White Pines C & V S - nowp	A	4:14.81	4:07.46	1
1) #736 Ferlaino, Michael	2) #742 Pine, Gavin	3) #735 Devries, Alder	4) #744 Wyslocky, Rowan	
9 Lively - Lively	A	4:11.55	4:07.53	1
1) #345 Campbell, Hughie	2) #350 Ricci, Ryan	3) #352 Spry, Marshal	4) #348 MacDonald, Ian	
10 Lockerby - Sudbury	A	3:56.92	4:09.23	2
1) #387 Ducharme, Brady	2) #380 Annett, Travis	3) #398 Roney, Owen	4) #401 Thususka, Atom	
5) #383 Binks, Liam				
11 Elliot Lake S S	A	3:58.97	4:11.10	2
1) #168 Parsons, Owen	2) #170 Raby, Taylor	3) #169 Parsons, Theo	4) #172 Stevenson, Josh	
12 St. Mary's College S S - nosn	A	4:19.57	4:28.28	1
1) #615 DiCerbo, Marcus	2) #631 Spadafora, Alexander	3) #611 Brown, Oliver	4) #636 Wilding, Nolan	
13 ES Macdonald-Cartier - Sudb	A	4:27.10	4:36.90	1
1) #204 Rondeau, Zachary	2) #201 Blais, R.J.	3) #206 Toupin, Pierre	4) #205 Smith, Becket	
5) #203 LeClair, Evan				
--- West Ferris Secondary School	A	4:04.51	DQ	1
1) #708 Chevalier, Luke	2) #719 Suszter, Matthew	3) #715 Lacroix, Owen	4) #713 Devree, Ferrous	
5) #716 Michenko, Kayden	6) #710 Culin, Kalen			

Event 106 Men 100 Meter Dash Intellectually Imp.

NOSSA: 14.79 * 5/29/2019 Riley Cornthwaite, Lasalle SS

OFSAA: 11.04 # 2015 Robert Pipitone -, Huron Heights SS

Name	School	Seed	Finals
Finals			
1 #322 Cornthwaite, Riley	Lasalle - Sudbury	15.58	15.58
2 #638 Barber, David	Sudbury - Sudbury	18.19	18.19

Event 116 Men 800 Meter Run Intellectually Imp.

NOSSA: 3:00.23 * 5/29/2019 Riley Cornthwaite, Lasalle SS

OFSAA: 2:15.82 # 2018 Owen Konkle, Beamsville DSS

Name	School	Seed	Finals
Finals			
1 #322 Cornthwaite, Riley	Lasalle - Sudbury	2:49.04	2:54.58 *
2 #638 Barber, David	Sudbury - Sudbury	3:40.53	3:37.05