

NOSSA 2022**Track and Field Championships****Jo Forman Track Complex - 5/25/2022 to 5/26/2022****Team Rankings - Through Event 98****Combined Team Scores**

Place	School		Points
1	Lo-Ellen Park Secondary School	NOLO	218
2	Lockerby - Sudbury	NOLK	151
3	Korah C & V S - noko	NOKO	93
4	St. Mary's College S S - nosm	NOSM	90
5	Manitoulin S S	NOMI	79
6	West Ferris Secondary School	NOWF	76.50
7	Scollard Hall - North Bay	NOSJ	62
8	Central Algoma S S	NOCA	57
9	Lasalle - Sudbury	NOLS	47
10	Algonquin - North Bay	NOAL	43
11	Superior Heights C & V S	NOSH	41
12	Chippewa Secondary School	NOCW	34
13	Bish Alexander Carter - Hanmer	NOAC	33.50
14	Confederation Secondary School	NOCF	33
15	Marymount Academy - Sudbury	NOMM	27
16	Franco-Cité - Sturgeon Falls	NOFC	24
17	Lively - Lively	NOLI	23
18	Espanola H S	NOES	21
18	White Pines C & V S - nowp	NOWP	21
20	St. Benedict - Sudbury	NOBE	19
21	College Notre-Dame - Sudbury	NOND	18
22	Esc Champlain - Chelmsford	NOCH	17
23	W. C. Eaket S S	NOEA	16
24	Elliot Lake S S	NOEL	14
25	St. Charles College - Sudbury	NOSC	11
26	Es du Sacré-Coeur	NOSA	8
27	Villa Francais des Jeunes	NOVF	5
28	ES Macdonald-Cartier - Sudbury	NOMC	3
28	Elisabeth-Bruyère	NOEB	3
30	Notre Dame Du Suait	NONG	2
30	E.s.c Horizon - Val Caron	NOLZ	2
32	Jeunesse-Nord E S	NOJN	1
			Total
			1,293.00

Female Team Scores

Place	School		Points
1	Lo-Ellen Park Secondary School	NOLO	98
2	Lockerby - Sudbury	NOLK	80
3	Manitoulin S S	NOMI	58
4	Korah C & V S - noko	NOKO	52
5	West Ferris Secondary School	NOWF	48
6	St. Mary's College S S - nosm	NOSM	43
7	Scollard Hall - North Bay	NOSJ	35
8	Central Algoma S S	NOCA	29

NOSSA 2022**Track and Field Championships****Jo Forman Track Complex - 5/25/2022 to 5/26/2022****Team Rankings - Through Event 98****Female Team Scores**

Place	School		Points
9	Marymount Academy - Sudbury	NOMM	27
10	Bish Alexander Carter - Hanmer	NOAC	21
11	Lasalle - Sudbury	NOLS	20
12	Superior Heights C & V S	NOSH	19
12	Confederation Secondary School	NOCF	19
14	Algonquin - North Bay	NOAL	17
15	Franco-Cité - Sturgeon Falls	NOFC	16
16	Chippewa Secondary School	NOCW	14
17	Espanola H S	NOES	12
18	St. Benedict - Sudbury	NOBE	11
19	White Pines C & V S - nowp	NOWP	10
20	Elliot Lake S S	NOEL	8
21	College Notre-Dame - Sudbury	NOND	7
22	Villa Francais des Jeunes	NOVF	5
23	ES Macdonald-Cartier - Sudbury	NOMC	3
24	Es du Sacré-Coeur	NOSA	2
25	Jeunesse-Nord E S	NOJN	1
25	Esc Champlain - Chelmsford	NOCH	1
25	W. C. Eaket S S	NOEA	1
Total			657.00

Male Team Scores

Place	School		Points
1	Lo-Ellen Park Secondary School	NOLO	120
2	Lockerby - Sudbury	NOLK	71
3	St. Mary's College S S - nosm	NOSM	47
4	Korah C & V S - noko	NOKO	41
5	West Ferris Secondary School	NOWF	28.50
6	Central Algoma S S	NOCA	28
7	Lasalle - Sudbury	NOLS	27
7	Scollard Hall - North Bay	NOSJ	27
9	Algonquin - North Bay	NOAL	26
10	Lively - Lively	NOLI	23
11	Superior Heights C & V S	NOSH	22
12	Manitoulin S S	NOMI	21
13	Chippewa Secondary School	NOCW	20
14	Esc Champlain - Chelmsford	NOCH	16
15	W. C. Eaket S S	NOEA	15
16	Confederation Secondary School	NOCF	14
17	Bish Alexander Carter - Hanmer	NOAC	12.50
18	White Pines C & V S - nowp	NOWP	11
18	College Notre-Dame - Sudbury	NOND	11
18	St. Charles College - Sudbury	NOSC	11
21	Espanola H S	NOES	9

NOSSA 2022**Track and Field Championships****Jo Forman Track Complex - 5/25/2022 to 5/26/2022****Team Rankings - Through Event 98****Male Team Scores**

Place	School		Points
22	St. Benedict - Sudbury	NOBE	8
22	Franco-Cité - Sturgeon Falls	NOFC	8
24	Elliot Lake S S	NOEL	6
24	Es du Sacré-Coeur	NOSA	6
26	Elisabeth-Bruyère	NOEB	3
27	E.s.c Horizon - Val Caron	NOLZ	2
27	Notre Dame Du Sualt	NONG	2
			<hr/>
Total			636.00

NOSSA 2022
Track and Field Championships
Jo Forman Track Complex - 5/25/2022 to 5/26/2022
Results

Women 400 Meter Dash Novice

NOSSA: 58.69* 2004 Rebecca Johnston-L
 OFSAA: 54.63# 2013 Kyra Constantine

LaneName	Team	Prelims
Preliminaries		
1 Gignac, Hannah	NOSJ	1:06.78Q
2 Roy, Carleigh	NOWF	1:08.56Q
3 Dale, Gracie	NOLO	1:07.20Q
4 Massimiliano, Mya	NOMM	1:10.69Q
5 Jaremko, Abigail	NOSM	1:08.48q
6 Daoust, Marie-Laure	NOVF	1:09.29q
7 Polischuk, Katie	NOMM	1:11.11q
8 Ball, Olivia	NOLO	1:12.50q
9 Bowden, Maiya	NOSM	1:14.47
10 Berry-Singeisen, Enya	NOEL	1:17.59
11 Bouchard, Victoria	NOVF	1:19.24
--- Thompson-McGuire, /	NOKO	DQ
--- Lebel-Schneider, Ame	NOAL	DQ

Women 400 Meter Dash Novice

NOSSA: 58.69* 2004 Rebecca Johnston-L
 OFSAA: 54.63# 2013 Kyra Constantine

Name	Team	Finals
Finals		
1 Dale, Gracie	NOLO	1:07.04
2 Gignac, Hannah	NOSJ	1:07.05
3 Roy, Carleigh	NOWF	1:09.11
4 Jaremko, Abigail	NOSM	1:09.89
5 Daoust, Marie-Laure	NOVF	1:10.13
6 Massimiliano, Mya	NOMM	1:12.19
7 Polischuk, Katie	NOMM	1:12.69
8 Ball, Olivia	NOLO	1:16.99

Women 1500 Meter Run Novice

NOSSA: 5:03.72* 2010 Marissa Lobert
 OFSAA: 4:28.41#

Name	Team	Finals
Finals		
1 Salmaso, Lucia	NOMM	5:23.80
2 Gervais, Sam	NOWF	5:37.00
3 Nener, Maija	NOLO	5:42.67
4 Bain, Logan	NOWF	5:56.33
5 Toms, Tru	NOSM	5:59.14
6 Macmichael, Lisa	NOSH	6:04.49
7 Campbell, Julia	NOCA	6:05.17
8 Daoust, Marie-Laure	NOVF	6:07.36
9 Corbiere, Morgan	NOSJ	6:07.89
10 Berlingieri, Keira	NOSM	6:13.89
11 Nootchtai, Tia	NOLK	6:15.00
12 Luomaranta, Aili	NOKO	6:16.95
13 Oberthier, Anna	NOMM	6:19.42
14 Kawa, Audry	NOLO	6:23.24
15 Byman, Elora	NOCA	6:38.64

Women 80 Meter Hurdles Novice

NOSSA: 11.80* 2007 Serena SanCartier
 OFSAA: 11.29# 1996 Jessica Zelinka

LaneName	Team	Prelims
Preliminaries		
1 Skrobot, Sidney	NOLO	14.27Q
2 McNally, Madelyn	NOKO	14.83Q
3 Avery, Ocean	NOLS	15.03Q
4 Jones, Shelby	NOLS	15.52Q
5 Pedlar, Sadie	NOKO	15.22q
6 Jaremko, Abigail	NOSM	15.57q
7 Korczak, Elizabeth	NOLO	15.85q
8 McKechnie, Sarah	NOLK	15.91q
9 Kurylo, Kloe	NOSM	15.94
10 McGinley, Jordyn	NOAL	16.77
11 Zwolak, Vanessa	NOAL	17.36
12 McGill, Bethany	NOAL	17.74
13 Merrylees, Tessa	NOMI	17.81
14 Smith-Pilon, Jade	NOEA	18.55

Women 80 Meter Hurdles Novice

NOSSA: 11.80* 2007 Serena SanCartier
 OFSAA: 11.29# 1996 Jessica Zelinka

Name	Team	Finals
Finals		
1 Skrobot, Sidney	NOLO	14.31
2 McNally, Madelyn	NOKO	14.65
3 Pedlar, Sadie	NOKO	14.92
4 Avery, Ocean	NOLS	15.00
5 Jones, Shelby	NOLS	15.29
6 Jaremko, Abigail	NOSM	15.72
7 Korczak, Elizabeth	NOLO	15.90
8 McKechnie, Sarah	NOLK	15.91

Women Pole Vault Novice

NOSSA: 2.31m* 2018 Isabelle Scratch
 OFSAA: 3.26m# 2009 Alysha Newman

Name	Team	Finals
Finals		
1 Holloway, Evelyn	NOLK	2.15m

Women Long Jump Novice

NOSSA: 5.20m* 2007 Caroline Ehrhardt
 OFSAA: 5.76m# 1996 Jessica Zelinka

Name	Team	Finals
Finals		
1 Heika, Julia	NOSM	4.20m
2 Bridgeman, Sadie	NOMI	4.14m
3 Wozney, Taryn	NOWF	4.03m
4 Clement, Kali	NOLS	3.91m
5 Shields, Lexi	NOKO	3.85m
6 Bellaire, Kahlan	NOMC	J3.80m
7 Mirfield, Isabelle	NOAL	J3.80m
8 Moore, Sophia	NOCW	3.77m
9 McGinley, Jordyn	NOAL	3.67m

10 St. Pierre, Kaylee	NOCF	3.58m
11 Maluorno, Hannah	NOWP	3.57m
12 Troscinski, Caedene	NOAC	3.47m
13 Fabris, Enza	NOVF	3.21m
14 Wagemann, Alexys	NOMM	3.12m
15 Gibson, Gracie	NORE	2.78m
--- Bruni, Matea	NOKO	X3.64m

Women Shot Put Novice

NOSSA: 11.82m* 2018 Lauren Fearn
 OFSAA: 15.92m# 2015 Trinity Tutti

Name	Team	Finals
Finals		
1 Thomas, Kayiesha	NOMM	9.76m
2 Odaiskey, Cameron	NOAC	8.35m
3 Troscinski, Caedene	NOAC	8.32m
4 Dagenais, Kylie	NOSJ	8.30m
5 Day, Journey	NOWP	8.00m
6 Richard, Keena	NOLK	7.82m
7 Withers, Rowyn	NOES	7.75m
8 Huron, Rhianna	NOEA	7.38m
9 Pietramale, Riley	NOSH	7.37m
10 Nough, Joudy	NOKO	7.08m
11 Nebre, Mya	NOMM	6.80m
12 McDonald, Felisity	NOSM	6.63m
13 Rainville, Chloe	NOVF	6.54m
14 Hind, Katelyn	NOSJ	5.75m

Women 400 Meter Dash Junior

NOSSA: 58.44* 2005 Rebecca Johnston-L
 OFSAA: 53.66# 2011 Christian Brennan

LaneName	Team	Prelims
Preliminaries		
1 Balfe, Annie	NOMI	1:05.34Q
2 Kero, Karly	NOBE	1:06.40Q
3 Popp, Chloe	NOSJ	1:05.45Q
4 Cuza, Finlay	NOLO	1:08.25Q
5 Fabbro, Mikayla	NOLO	1:07.42q
6 Smith, Fischer	NOCA	1:08.44q
7 Pelletier, Madison	NOKO	1:10.21q
8 Green, Morgan	NOMI	1:10.65q
9 Carbone, Tori	NOSM	1:11.21
10 Rivet, Julia	NOCW	1:12.47
11 Hallett, Grace	NOLI	1:12.87
12 Thomas, Isabelle	NOSJ	1:13.69
13 Williams, Brooke	NOMM	1:14.30
--- Nelson, Shayla	NOKO	DQ

Women 400 Meter Dash Junior

NOSSA: 58.44* 2005 Rebecca Johnston-L
 OFSAA: 53.66# 2011 Christian Brennan

Name	Team	Finals
Finals		
1 Cuza, Finlay	NOLO	1:05.31
2 Balfe, Annie	NOMI	1:05.66
3 Popp, Chloe	NOSJ	1:05.68

NOSSA 2022

Track and Field Championships

Jo Forman Track Complex - 5/25/2022 to 5/26/2022

Results

Finals ... (Women 400 Meter Dash Junior)

4	Kero, Karly	NOBE	1:06.45
5	Fabbro, Mikayla	NOLO	1:07.20
6	Smith, Fischer	NOCA	1:09.87
7	Pelletier, Madison	NOKO	1:11.95
8	Green, Morgan	NOMI	1:12.80

Women 1500 Meter Run Junior

NOSSA: 5:01.65* 2009 Lynnea Lobert

OFSAA: 4:24.58# 2016 Joceyln Chau

Name	Team	Finals
------	------	--------

Finals

1	Kasunich, Maren	NOMI	5:02.99
2	Pineau, Lauren	NOLK	5:20.77
3	Lepage, Georgia	NOBE	5:26.89
4	Green, Mackenzie	NOMI	5:37.21
5	Schulte-Hostedde, Ivy	NOLK	5:54.30
6	Goymer, Rhianna	NOEL	5:55.14
7	Blake, Maeve	NOSJ	6:01.95
8	McKague, Isabel	NOLO	6:03.42
9	Phelps, Sarah	NOSJ	6:04.61
10	Hodgins, Ava	NOLS	6:05.24
11	Withers-Cott, Sydney	NOSM	6:06.30
12	Schoahs, Helena	NOSH	6:08.70
13	Towle, Anna	NOSH	6:31.80
14	Ranger, Isabelle	NOAL	6:50.17
15	Lyons, Hannah	NOWF	6:50.70

Women 80 Meter Hurdles Junior

NOSSA: 12.10* 2008 Serena SanCartier

OFSAA: 11.24# 2015 Keira Christie-Galla

LaneName	Team	Prelims
----------	------	---------

Preliminaries

1	Wilson, Georgia	NOCF	13.92Q
2	Remillard, Aimie	NOAC	14.48Q
3	Glavota, Matea	NOKO	14.42Q
4	Elliott, Delaney	NOKO	14.96Q
5	Diavolitsis, Alissa	NOLK	15.11q
6	Roe, Kayleigh	NOCA	15.46q
7	Magli, Payton	NOSM	15.71q
8	Ietswaard, Jennifer	NOLO	15.94q
9	Lane, Mollie	NOKO	16.07
10	Uguccioni, Elizabeth	NOLK	19.43

Women 80 Meter Hurdles Junior

NOSSA: 12.10* 2008 Serena SanCartier

OFSAA: 11.24# 2015 Keira Christie-Galla

Name	Team	Finals
------	------	--------

Finals

1	Wilson, Georgia	NOCF	14.45
2	Diavolitsis, Alissa	NOLK	14.71
3	Ietswaard, Jennifer	NOLO	14.92
4	Glavota, Matea	NOKO	15.08
5	Elliott, Delaney	NOKO	15.11
6	Magli, Payton	NOSM	15.25

7	Roe, Kayleigh	NOCA	16.04
8	Remillard, Aimie	NOAC	22.49

Women Pole Vault Junior

NOSSA: 2.85m* 2010 Alison Fung

OFSAA: 3.75m# 2010 Alysha Newman

Name	Team	Finals
------	------	--------

Finals

---	Morrissey, Norah	NOLK	DQ
---	Innis, Avani	NOLK	DQ

Women Triple Jump Junior

NOSSA: 11.66m* 2008 Caroline Ehrhardt

OFSAA: 12.19m# 2018 Busola Akinduro

Name	Team	Finals
------	------	--------

Finals

1	Balfé, Annie	NOMI	9.75m
2	Eshkawkogan, Saraya	NOMI	9.74m
3	Remillard, Aimie	NOAC	9.26m
4	Wilson, Georgia	NOCF	9.20m
5	Gavey, Elizabeth	NOSM	9.13m
6	Robinson, Jeliccia	NOWF	9.00m
7	Elliott, Delaney	NOKO	8.91m
8	Edgar, Emily	NOSM	8.82m
9	Richardson, Sierra	NOCW	8.41m
9	Drover, Sydney	NOSM	8.41m
11	Basso, Brooklyn	NOLK	8.12m
12	Way-White, Grace	NOSJ	8.10m
12	De Poli, Katelyn	NOBE	8.10m
14	Chateauvert, Emma	NOLO	8.00m
15	Martin, Jeana	NOES	7.80m
16	Benson, Albany	NOCW	7.72m

Women Discus Throw Junior

NOSSA: 37.62m* 2019 Lauren Fearn

OFSAA: 45.16m# 2015 Grace Tennant

Name	Team	Finals
------	------	--------

Finals

1	Jarbeau, Abigail	NOWF	27.69m
2	Shanks, Kendra	NOLO	22.34m
3	Lachance, Ava	NOAL	21.97m
4	Brisson, Lisa	NOCA	21.72m
5	Sawchyn, Lilliana	NOKO	21.42m
6	Labonté-Giroux, Sami	NOAL	21.37m
7	Doyle, Catherine	NOEL	19.60m
8	Devoe, Hailee	NOSH	18.87m
9	Ramsay, Camryn	NORE	18.59m
10	Hopkin, Talia	NOKO	18.28m
11	Hunter, Jaden	NOKO	18.10m
12	Mason, Abbey	NOSJ	17.46m
13	Lawson, Amy	NOSA	17.42m
14	Thomas, Grace	NOLO	17.40m
15	Ferguson, Ellanor	NOLK	16.29m
16	Morrissey, Norah	NOLK	16.26m

Women 400 Meter Dash Senior

NOSSA: 57.85* 2006 Rebecca Johnston-L

OFSAA: 53.32# 1980 Charmaine Crooks

LaneName	Team	Prelims
----------	------	---------

Preliminaries

1	Walker, Camryn	NOWF	1:03.65Q
2	Howe, Haley	NOKO	1:05.02Q
3	Hardy, Kristin	NOCA	1:04.87Q
4	Noble, Ashlyn	NOSM	1:06.30Q
5	Evans, Ava	NOSM	1:07.14q
6	Brear, Peyton	NOLS	1:08.00q
7	Dokis-Dupuis, Alexie	NOLO	1:08.30q
8	Smania, Janessa	NOMM	1:11.62q
9	Stevenson, Nicole	NOEL	1:11.63
10	MacNeil, Erika	NOSC	1:12.72
11	Pauli, Kate	NOCW	1:13.04
12	Caddel, Maeve	NOLK	1:14.08

Women 400 Meter Dash Senior

NOSSA: 57.85* 2006 Rebecca Johnston-L

OFSAA: 53.32# 1980 Charmaine Crooks

Name	Team	Finals
------	------	--------

Finals

1	Walker, Camryn	NOWF	1:02.08
2	Hardy, Kristin	NOCA	1:04.57
3	Howe, Haley	NOKO	1:05.04
4	Noble, Ashlyn	NOSM	1:05.56
5	Evans, Ava	NOSM	1:07.48
6	Brear, Peyton	NOLS	1:09.63
7	Smania, Janessa	NOMM	1:12.13
8	Dokis-Dupuis, Alexie	NOLO	1:13.78

Women 1500 Meter Run Senior

NOSSA: 4:52.07* 2008 Emma Tallman

OFSAA: 4:21.72# 2017 Laura Parkinson

Name	Team	Finals
------	------	--------

Finals

1	Fletcher, Lindsay	NOSJ	5:17.05
2	Pilon, Michelle	NOFC	5:21.64
3	Sutherland, Avery	NOLO	5:33.36
4	Lafrance, Lucy	NOKO	5:36.17
5	McKenzie, Alana	NOKO	5:40.11
6	Cooper, Avery	NOCA	5:55.02
7	Auger, Ashlyn	NOSJ	5:55.77
8	Azzi, Sophie	NOJN	5:56.86
9	Pauli, Kate	NOCW	6:11.30
10	Henson, Belen	NOKO	6:13.74
11	Sarazin, PaulJeanna	NOMM	6:48.24
12	Allard, Veronica	NOSM	6:50.30
13	Wiebe, Kennedy	NOEA	7:28.95

NOSSA 2022
Track and Field Championships
Jo Forman Track Complex - 5/25/2022 to 5/26/2022
Results

Women 100 Meter Hurdles Senior

NOSSA: 14.30* 2007 Natasia SanCartier
OFSAA: 13.33# 2016 Kiera Christie-Gallo

Lane	Name	Team	Prelims
Preliminaries			
1	Lannin, Alexandra	NOCW	17.62Q
2	Moore, Sophie	NOLO	17.65Q
3	Alaeddine, Mona	NOLO	18.09Q
4	Parker, Kaitlyn	NOCA	18.46Q
5	Kuhlberg, Carling	NOLO	18.89q
6	Howe, Haley	NOKO	18.90q
7	Bertrim, Halle	NOLK	18.96q
8	McKenzie, Ellie	NOKO	19.08q
9	DosSantos, Taelyn	NOSH	19.53
10	Senecal, Caitlin	NOSM	20.12
11	Thompson, Hannah	NOAL	20.20
12	Hawkins, Faith	NOES	20.46
13	Besserer, Arienne	NOSJ	20.49
14	Ingram, Maddie	NOCA	20.86
15	Hind, Emily	NOSJ	23.22

Women 100 Meter Hurdles Senior

NOSSA: 14.30* 2007 Natasia SanCartier
OFSAA: 13.33# 2016 Kiera Christie-Gallo

Name	Team	Finals
Finals		
1	Moore, Sophie	NOLO 17.46
2	Lannin, Alexandra	NOCW 17.70
3	Parker, Kaitlyn	NOCA 18.21
4	Kuhlberg, Carling	NOLO 18.29
5	Alaeddine, Mona	NOLO 18.46
6	Bertrim, Halle	NOLK 19.71
7	McKenzie, Ellie	NOKO 21.24
---	Howe, Haley	NOKO DQ

Women High Jump Senior

NOSSA: 1.67m* 2017 Caliegh Porter
OFSAA: 1.88m# 1979 Julie White

Name	Team	Finals
Finals		
1	Coe, Sydney	NOLK 1.52m
2	Hietkamp, Sophie	NOMI 1.49m
3	Herold, Charlie	NOLO J1.45m
4	Scratch, Michelle	NOND J1.45m
5	Lamming, Keira	NOSM J1.45m
6	Eberlein, Charlotte	NOLS J1.40m
7	Hanselman, Kate	NOSJ J1.40m
8	Souliere, Madison	NOCH J1.40m
9	Tremblay, Mikayla	NOKO J1.35m
10	Erkkila, Eden	NOSH J1.35m
11	Walton, Emma	NOSJ 1.25m
---	Jacques, Isabella	NOES DQ
---	Hind, Emily	NOSJ DQ

Women Pole Vault Senior

NOSSA: 3.35m* 2011 Sarah Swain
OFSAA: 4.06m# 2012 Alysha Newman

Name	Team	Finals
Finals		
1	Coe, Sydney	NOLK 2.20m
2	Beljo, Kaja	NOLK 1.90m
3	Caddel, Maeve	NOLK 1.70m

Women Javelin Throw Senior

NOSSA: 42.49m* 2019 Jenna Fleming
OFSAA: 49.48m# 1986 Louise Perrault

Name	Team	Finals
Finals		
1	Brohart, Hope	NOES 31.10m
2	Mondoux, France	NOFC 27.24m
3	Bowman, Elyce	NOWP 26.88m
4	Boldt, Brianna	NOAL 26.43m
5	Ruddick, Ashley	NOCF 26.36m
6	Prevost, Andrea	NOEL 25.85m
7	Bertrand, Hayley	NOSA 25.49m
8	Boyer, Emma	NOAL 25.46m
9	Solomon, Acadia	NOES 23.75m
10	Gordon, Alexa	NOCH 23.14m
11	Elliott, Grace	NOKO 22.90m
12	Grisdale, Hannah	NOSH 22.79m
13	Cartwright, Ffiona	NOSH 22.75m
14	Pilon, Katie	NOMC 21.63m
15	Hoger, Janna	NOCW 20.50m
16	Kissner, Ella	NOMC 20.35m

Women 2000 Meter Steeplechase Open

NOSSA: 5:16.84* 2016 Erin Hansel
OFSAA: 6:57.89# 2019 Molly Strain

Name	Team	Finals
Finals		
1	Heimonen, Hannah	NOSH 8:25.49
2	Oommen, Sophia	NOLO 8:36.11
3	Jones, Bay	NOLK 8:42.64
4	Schoahs, Celeste	NOSH 9:04.95
5	Wall, Jenna	NOCW 9:18.83
6	Beljo, Kaja	NOLK 9:20.89
7	Tremblay, Madeleine	NOND 9:25.33
8	McCourt, Skye	NOCW 9:52.70
9	Sarazin, PaulJeanna	NOMM 10:16.08

Men 400 Meter Dash Novice

NOSSA: 52.47* 2010 Mitchell Mazzuca
OFSAA: 49.14# 2019 Christopher Morales

Lane	Name	Team	Prelims
Preliminaries			
1	Higham, Nathan	NOKO	58.74Q
2	Lacroix, Owen	NOWF	58.86Q
3	Stevenson, Josh	NOEL	59.68Q
4	Urso, Adam	NOSC	1:00.47Q

5	Beaton, Elijah	NOSH	1:01.15q
6	Nadeau, Nathan	NOCF	1:01.27q
7	Jones-McDonald, Dev	NOSH	1:01.54q
8	Culin, Kalen	NOWF	1:01.75q
9	Michenko, Kayden	NOWF	1:01.76
10	Sauve, Shiloh	NOLO	1:01.82
11	Stocks, Evan	NOSM	1:02.11
12	Smith, Becket	NOMC	1:02.39
13	MacDonald, Ian	NOLI	1:02.88
14	Currie, Sam	NORE	1:04.58
15	Antram, Dylan	NOWF	1:10.08
---	Cooper, Andrew	NOMI	DQ

Men 400 Meter Dash Novice

NOSSA: 52.47* 2010 Mitchell Mazzuca
OFSAA: 49.14# 2019 Christopher Morales

Name	Team	Finals
Finals		
1	Urso, Adam	NOSC 57.77
2	Higham, Nathan	NOKO 57.89
3	Lacroix, Owen	NOWF 57.92
4	Jones-McDonald, Dev	NOSH 1:00.37
5	Stevenson, Josh	NOEL 1:00.42
6	Nadeau, Nathan	NOCF 1:03.72
---	Beaton, Elijah	NOSH DQ
---	Culin, Kalen	NOWF DQ

Men 1500 Meter Run Novice

NOSSA: 4:22.77* 2005 Dominik Graf-Sir Ja
OFSAA: 3:54.31# 1989 Kevin Sullivan

Name	Team	Finals
Finals		
1	Labrecque, Nicho	NOLO 4:45.64
2	Gartshore, Peter	NOSH 4:49.74
3	Mara, Xavier	NOMI 4:50.77
4	Daniw, Jesse	NOWF 4:56.49
5	Buell, Wesley	NOWF 5:01.67
6	Agawa, Ethan	NOSM 5:04.67
7	Parsons, Theo	NOEL 5:10.92
8	Blair, Nixon	NOKO 5:12.02
9	Nadeau, Nathan	NOCF 5:19.77
10	Stevenson, Josh	NOEL 5:21.45
11	Hann, Sam	NOLO 5:23.74
12	Giddens, Liam	NOSJ 5:27.24
13	Turco, Tate	NOKO 5:29.70
14	Gauthier, Mathew	NOSJ 5:32.08
15	Thomson, Gareth	NOLS 5:33.36
16	Wainio, Chase	NOCF 5:36.80

Men 100 Meter Hurdles Novice

NOSSA: 14.86* 2010 Luke Udeschini
OFSAA: 13.41# 2015 Liam Mather

Name	Team	Finals
Finals		
1	Mannella, Logan	NOLS 15.66
2	Lacroix, Corey	NOLO 15.67

NOSSA 2022
Track and Field Championships
Jo Forman Track Complex - 5/25/2022 to 5/26/2022

Results

Finals ... (Men 100 Meter Hurdles Novice)		
3	Arnold, Max	NOLO 17.55
4	Wilding, Nolan	NOSM 18.00
5	Mador, Alexandre	NOSM 18.08
6	Caron, Corbin	NOLK 19.25
7	Ietswaard, Owen	NOLO 19.26
8	Lamming, Joshua	NOSM 20.14

Men Long Jump Novice

NOSSA: 6.17m* 2017 Kurtis Wennerstorn

OFSAA: 6.67m# 2017 Marcus Renford

Name	Team	Finals
Finals		
1	Bell, Coulson	NOKO J5.20m
2	Bechard, Nicholas	NOND J5.20m
3	Guizzetti, Nathan	NOKO 4.81m
4	Makasoff, Carter	NOAC 4.66m
4	Denis, Corben	NOWF 4.66m
6	Higham, Nathan	NOKO 4.64m
7	Burns, Ronan	NOCA 4.59m
8	Aurthurs, Rhyis	NOMI 4.50m
9	Duchene, Cash	NOMI 4.45m
10	Small, Ryan	NOWF 4.44m
11	Michenko, Kayden	NOWF 4.37m
12	Gauvreau, Gabe	NOLS 4.36m
13	Mackey, Will	NOLS 4.27m
14	Berube, Mathieu	NOAL 4.26m
15	Lamming, Joshua	NOSM 3.91m
16	Fauteux, Aiden	NOLI 3.84m

Men Shot Put Novice

NOSSA: 14.60m* 2013 Tanner Horgan

OFSAA: 16.95m# 2006 Jackson Gray

Name	Team	Finals
Finals		
1	Culin, Jackson	NOSJ 11.87m
2	Jeanveau, Isaac	NOAC 10.45m
3	Bertrand, Brayden	NOSA 10.34m
4	Leblance, Kent	NOSM 10.05m
5	Purvis, Owen	NOCF 9.55m
6	Fava, Will	NOSJ 9.07m
7	Drake, Hunter	NOEA 8.95m
8	Wierzbicki, William	NOSC 8.09m
9	Paul, Braiden	NORE 7.70m
10	Charette, Jackson	NOSJ 7.57m
11	Riley, Paul	NOEA 7.19m
---	Serrao, Ethan	NOKO DQ
---	Luczynski, Cody	NOSM DQ

Men 400 Meter Dash Junior

NOSSA: 50.06* 2007 Richard MacLennan

OFSAA: 48.46# 2015 Nathan Friginette

LaneName	Team	Prelims
Preliminaries		
1	Thususka, Atom	NOLK 57.82Q

2	Carruthers, Liam	NOCW 58.22Q
3	Wardell, Harley	NOSM 58.80Q
4	Kelly, Kevin	NOLO 1:00.57Q
5	Jacques, Micah	NOES 59.74q
6	Decchenes, Davin	NOMI 1:00.53q
7	Currie, Jack	NOWP 1:01.66q
8	Wyslocky, Rowan	NOWP 1:01.93q
9	Petroski, Jonas	NOBE 1:02.14
10	Duguay, Aleksander	NOLK 1:03.76
11	Silva, Inuka	NOCW 1:04.60
12	Landriaul, Tristan	NOAL 1:05.44
13	Perry, Ty	NOLK 1:08.48

Men 400 Meter Dash Junior

NOSSA: 50.06* 2007 Richard MacLennan

OFSAA: 48.46# 2015 Nathan Friginette

Name	Team	Finals
Finals		
1	Carruthers, Liam	NOCW 56.32
2	Thususka, Atom	NOLK 56.90
3	Wardell, Harley	NOSM 57.88
4	Jacques, Micah	NOES 59.98
5	Decchenes, Davin	NOMI 1:00.85
6	Kelly, Kevin	NOLO 1:01.18
7	Currie, Jack	NOWP 1:01.50
8	Wyslocky, Rowan	NOWP 1:03.50

Men 1500 Meter Run Junior

NOSSA: 4:09.87* 2011 Graham Hansel

OFSAA: 3:55.38# 2009 Robert Denault

Name	Team	Finals
Finals		
1	Rice, Sam	NOLO 4:33.77
2	Kuhlberg, Nolan	NOLO 4:35.36
3	Pennie, Brodie	NOMI 4:36.17
4	Binks, Liam	NOLK 4:36.92
5	Joiner, Russell	NOLO 5:06.33
6	Warwick, Kenny	NOCA 5:10.99
7	Brochu, Miguel	NOAL 5:12.21
8	Sutton, Caden	NOLS 5:16.89
9	Norbo, Ben	NOSM 5:28.55
10	Roberts, Jake	NOEA 5:39.80
11	Uta'naaq, Cloud-Berry	NOSJ 5:52.67

Men 100 Meter Hurdles Junior

NOSSA: 14.87* 2011 Luke Udeschini

OFSAA: 12.95# 2019 Mark Skerl

Name	Team	Finals
Finals		
1	Lalonde, Caleb	NOCH 16.66
2	Kehoe, Isaiah	NOCA 16.67
3	Wardell, Harley	NOSM 21.08

Men Pole Vault Junior

NOSSA: 3.52m* 2007 Erik Faucon

OFSAA: 4.45m# 1992 Drew Barrett

Name	Team	Finals
Finals		
1	Appleby, Corbin	NOLK 2.00m

Men Triple Jump Junior

NOSSA: 12.99m* 2014 Ryan Taylor

OFSAA: 14.34m# 2010 Mitch O'Donnell

Name	Team	Finals
Finals		
1	Abel, Evan	NOLI 11.17m
2	Yan, Haowen	NOEA 10.96m
3	MacAuley, Cole	NOCA 10.56m
4	Scott, Adam	NOLO 10.40m
5	Carbone, Ethan	NOKO 10.26m
6	Ducharme, Bosco	NOLI 10.23m
7	Juma, Kiran	NOSM 9.96m
8	Baron, Callum	NOLK 9.77m
9	Bradley, Grayson	NOCW 9.45m
10	Post, Jesse	NOKO 8.30m

Men Discus Throw Junior

NOSSA: 49.31m* 2011 Ryan Hunter

OFSAA: 70.79m# 2009 Jordan Young

Name	Team	Finals
Finals		
1	Pannell, Samuel	NOAL 40.01m
2	Bradley, Heath	NOCW 39.75m
3	Guzzo, Daniel	NOSM 38.47m
4	Lees, CJ	NOEA 33.47m
5	Case, Aiden	NOMI 32.44m
6	Wootton, Ethan	NOSH 32.41m
7	Bradley, Grayson	NOCW 32.29m
8	Sawchyn, Ashton	NOKO 31.50m
9	Cowan, Jaiden	NOKO 26.95m
10	Siemann, Matthias	NOLK 26.06m
11	Olufowobi, Okikola	NOCF 24.56m
12	Shipton, Tyler	NOES 24.17m
13	Farrell, Joe	NOLK 23.98m
14	Brochu, Miguel	NOAL 23.48m
15	Abeyratne, Dilain	NOLK 19.91m

Men 400 Meter Dash Senior

NOSSA: 49.83* 2011 Brandon Shirk

OFSAA: 45.71# 2019 Myles Misener Daley

LaneName	Team	Prelims
Preliminaries		
1	Radey, Brandon	NOLS 53.61Q
2	Lacroix, Liam	NOLO 54.22Q
3	Ryan, Teo	NOAL 54.41Q
4	Talvitie, Matthew	NOKO 54.84Q
5	Conlin, Liam	NOLO 55.17q
6	Rains, Grant	NOSH 56.13q

NOSSA 2022
Track and Field Championships
Jo Forman Track Complex - 5/25/2022 to 5/26/2022

Results

Preliminaries ... (Men 400 Meter Dash Senior)		
7	Domagalski, Leon	NOBE 56.48q
8	Scott, Preston	NOSJ 56.49q
9	Wilkin, Alan	NOMI 57.69
10	Doyle, Landon	NOCF 58.50
11	Moss, Tait	NOCA 59.42
12	Grimard, Auston	NOJN 59.85
13	Morgenstern, Adam	NOSM 59.93
14	Chevalier, Luke	NOWF 1:00.14
15	DiCerbo, Marcus	NOSM 1:02.28
16	Suszter, Matthew	NOWF 1:05.65

Men 400 Meter Dash Senior		
NOSSA:	49.83*	2011 Brandon Shirk
OFSSA:	45.71#	2019 Myles Misener Daley

Name	Team	Finals
Finals		
1	Radey, Brandon	NOLS 53.48
2	Lacroix, Liam	NOLO 53.68
3	Talvitie, Matthew	NOKO 53.79
4	Ryan, Teo	NOAL 54.50
5	Conlin, Liam	NOLO 55.67
6	Domagalski, Leon	NOBE 59.72
---	Scott, Preston	NOSJ DQ
---	Rains, Grant	NOSH DQ

Men 1500 Meter Run Senior		
NOSSA:	3:57.05*	2010 Ross Proudfoot
OFSSA:	3:42.33#	1993 Kevin Sullivan

Name	Team	Finals
Finals		
1	Ward, Kaeden	NOLO 4:23.64
2	Cadieux, Gabriel	NOAL 4:25.99
3	Wilton, Troy	NOCF 4:30.99
4	Byman, Micah	NOCA 4:37.24
5	Roney, Owen	NOLK 4:49.02
6	Lawrence, Ethan	NOCA 4:49.67
7	Wiss, Patrick	NOLO 4:50.80
8	Crane, Carson	NOCF 4:57.61
9	Zimbaro, Gabe	NOSM 5:07.21
10	Dufresne-Nappert, Zal	NOSJ 5:08.52
11	Parsons, Owen	NOEL 5:13.21
12	Devree, Ferrous	NOWF 5:38.14
13	Chevalier, Luke	NOWF 5:38.64
14	Dayrit, Andrei	NOWP 6:30.39
15	Gabor, Jordan	NOKO 7:00.42

Men 110 Meter Hurdles Senior		
NOSSA:	14.00*	2007 Jamie Stamler
OFSSA:	13.33#	2010 Gregory MacNeill

LaneName	Team	Prelims
Preliminaries		
1	Fabbro, Caden	NOLO 17.39Q
2	Ferlaino, Michael	NOWP 17.76Q
3	Vrbanic, Luke	NOLO 18.11Q

4	Ducharme, Brady	NOLK 18.19Q
5	Lamothe, Ethan	NOES 18.86q
6	Drumm, Eoghan	NOEB 19.01q
7	Rose, Ethan	NOLS 19.24q
8	Salami, Mubaraq	NOLS 19.80q
9	Marano, Jacob	NOSM 19.87
10	Moss, Tait	NOCA 20.15
11	Doucette, Carter	NOSM 20.92
12	Kirby, Isaac	NOCA 21.17
---	McGill, James	NOAL DQ

Men 110 Meter Hurdles Senior		
NOSSA:	14.00*	2007 Jamie Stamler
OFSSA:	13.33#	2010 Gregory MacNeill

Name	Team	Finals
Finals		
1	Fabbro, Caden	NOLO 16.62
2	Ferlaino, Michael	NOWP 16.94
3	Vrbanic, Luke	NOLO 17.83
4	Ducharme, Brady	NOLK 18.15
5	Lamothe, Ethan	NOES 18.31
6	Drumm, Eoghan	NOEB 18.92
7	Rose, Ethan	NOLS 18.96
8	Salami, Mubaraq	NOLS 20.16

Men High Jump Senior		
NOSSA:	1.97m*	2016 Ryley Bene
OFSSA:	2.24m#	1998 Michael Ponikvar

Name	Team	Finals
Finals		
1	Rubic, Ryan	NOLI J1.75m
2	Tysick, William	NOSJ J1.75m
3	Rains, Grant	NOSH J1.75m
4	Dubowski, Jake	NOBE 1.70m
5	Vecchio, Nikolas	NOSM J1.65m
6	Graffi, Luca	NOLK J1.65m
7	Sauve, Eric	NOLZ J1.60m
8	Logan, Mcdonald	NOAL J1.60m
9	MacIntyre, Logan	NOND J1.60m
10	Ambeault, Carter	NOSH J1.60m
11	Forcier, Ryan	NOES 1.55m
12	Pierman, John	NOKO 1.50m
13	Lemieux, Roch	NOJN J1.45m
14	Willoughan-Eckford, I	NOES J1.45m

Men Pole Vault Senior		
NOSSA:	4.10m*	2010 Erik Faucon
OFSSA:	4.87m#	1984 Rob Lindsay

Name	Team	Finals
Finals		
1	Graffi, Luca	NOLK 2.82m
2	Gerhardt, Eli	NOLK 2.50m
3	Heffern, Connor	NOLK 2.30m

Men Javelin Throw Senior		
NOSSA:	55.05m*	2009 Bradley Piper
OFSSA:	71.22m#	2000 Trevor Snyder
Name	Team	Finals
Finals		
1	Scott, Ethan	NOLO 43.45m
2	Hatton, Scott	NOFC 41.85m
3	Tysick, William	NOSJ 40.36m
4	Bridges, Alastair	NOWF 37.20m
5	Teddy, Malcolm	NOLO 36.74m
6	Sloan, Jack	NOND 36.24m
7	Nicoletta, Mike	NOKO 36.14m
8	Berry, Jayme	NOCA 35.08m
9	Fremlin, Dave	NOCA 34.92m
10	Greco, Tyler	NOSH 31.73m
11	Belleau, Konnor	NOKO 31.37m
12	Léveillé, Jacob	NOAL 30.43m
13	Graham, Marcus	NOCA 30.36m
14	Wilson, Harrison	NOCF 29.14m
15	Clark, Aidan	NOAC 28.38m

Men 2000 Meter Steeplechase Open		
NOSSA:	5:54.20*	2013 Graham Hansel
OFSSA:	5:37.76#	1982 Alain Boucher

Name	Team	Finals
Finals		
1	Ward, Kaeden	NOLO 7:06.83
2	Annett, Travis	NOLK 7:23.08
3	Foreshew, Alexander	NOCH 7:41.02
4	DiCerbo, Marcus	NOSM 8:00.83
5	Devree, Ferrous	NOWF 8:57.58
6	Thomson, Gareth	NOLS 8:59.80
7	Spacek, William	NONG 9:33.05
---	Cadieux, Gabriel	NOAL DQ