

Manitoulin Secondary School
M'Chigeeng, Ontario
P0P 1K0
Phone: 705-377-5321
Fax: 705-377-5533
Email: stringj@rainbowschools.ca

Monday, September 15, 2008

Dear Cross Country Running Coach,

The 2008 Manitoulin Invitational Cross Country Meet will be held on Friday, October 10th at Rainbow Ridge Golf Course in Manitowaning. NOSSA will also be held there, on Friday, October 24th. Complete NOSSA information is available on the NOSSA website. The Manitoulin Invitational will be a "pre-NOSSA" event.

The schedule will be as follows:

9:00 - 10:00 am	Registration
9:45 am	Coaches' Meeting
10:30 am	Midget Girls
11:00 pm	Midget Boys
11:45 pm	Junior Girls
12:30 pm	Junior Boys
1:15 pm	Senior Girls
2:00 pm	Senior Boys

There will be no awards for the Invitational. There will be no charge for the Invitational. Please fax entries to me, Jim Stringer, at MSS by 4 pm, Monday, Oct. 6. Maps will be posted on the NOSSA website. There will be no race numbers - please use address labels, indicating name, age class and school, pinned to the front of the running top.

I look forward to seeing you all there. If you have any questions, please email me.

Jim Stringer
Convenor