

N.O.S.S.A.

Northern Ontario Secondary School Athletics



Handbook and Playing Regulations

Updated Only June 2008

**NORTHERN ONTARIO SECONDARY SCHOOL' ATHLETICS
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NOSSA PAST PRESIDENTS

YEAR	NAME	SCHOOL
1986	Heather Chambers	West Ferris Secondary School
1987	Clyde Sheppard	Levack District High School
1988	Daniel Robitaille	Villa Française des Jeunes
1989	Jerry Bumbacco	Bawating
1989	JoAnne McKinnon	Bawating
1990	Bill Hartley	St. Joseph/Scollard Hall
1991	Linda MacKenzie	Marymount College
1991	Brian Ceppetelli	St. Charles College
1992	Don McIntyre	Espanola High School
1993	Marg Holgate	Bawating
1993	Gary Cormier	Bawating
1994	Roger Beauchemin	E.S. Franco Cité
1995	Dick Johnstone	Lively District High School
1995	Rae Beynon	Lively District High School
1996	Jim Nichol	Elliot Lake Secondary School
1997	Jim Pedatella	St Basil Secondary School
1997	Joanne McKinnon	Korah Collegiate & Vocational School
1998	Sam DeMarchi	Confederation Secondary School
1998	Barb Parker	Confederation Secondary School
1999	Peter Kategiannis	Manitoulin Secondary School
2000	Mary Lynn Palarchio	Mount St. Joseph
2000	Richard Maunu	St Mary's College
2001	Tim Lowe	ESC Algonquin
2002	Lynn MacLean	ESC Champlain
2002	Michel Leroux	ESC Champlain
2003	Jackie Balleny	W.C. Eaket Secondary School
2004	Barry Rushon	White Pines C & VS
2004	Karen McLean	St Mary's College
2005	Sean Mullan	Widdifield SS
2006	Ron Dubuc	ES du Sacre-Coeur
2006	Denis Gauthier	Lasalle SS
2007	Margo Dequanne	ES Jeunesse Nord

N.O.S.S.A. EXECUTIVE 2008-2009

BOARD OF DIRECTORS

Lynn MacLean - Champlain
Seth Cond - Bawating

John Wilson - St Joe/Scollard
Tony Yachuk - Espanola

ADDITIONAL OFFICERS

Honorary President
Honorary Vice-President
Past Presidents (North Shore)

Miss H. Holomego
Tracey Parrish
Marguerite Dequanne
Eric Simon

Kingston
OFSAA President
ES Jeunesse Nord
ES Jeunesse Nord

OTHER OFFICERS

President (Sault)

Jim Pedatella

St Basil SS

1st Vice-President (Nipissing)

John Wilson

St Joseph/Scollard Hall

2nd Vice-President (Sudbury)

Sherry Green
Luc Giroux

Lively DSS
College Notre-Dame

3rd Vice- President (North Shore)

Christian Giroux

Villa Francaise des Jeunes

DISTRICT SECRETARIES

Nipissing
North Shore
Sault Ste. Marie

John Whittet
Christian Giroux
Mike Cowan
Janis Hogan
Dave Makela

St Joseph/Scollard Hall
Villa Francaise des Jeunes
White Pines
Korah
Edu. Media Centre- Sud

Sudbury

N.O.S.S.A. DELEGATES TO O.F.S.A.A.

President
Principal's Representative
Female Representative
Male Representative

Jim Pedatella
Martin Punkari
Laura Aubertin
Tim Lowe

St Basil
Espanola HS
Confederation SS
ESC Algonquin

N.O.S.S.A. SECRETARY-TREASURERS

Treasurer

Robert Gawalko
412 Pine Street
Sudbury, Ontario
P3C 1Y2
Phone 673-3912 - Fax 675-1547 (c/o Dave Makela)
Email: sonnygawalko@sympatico.ca

Secretary

Dave Makela
c/o Sudbury Secondary – Edu. Media Centre
85 MacKenzie
Sudbury, ON P3C 4Y2
Phone: 674-2150 - Fax: 675-1547
Email: makelad@rainbowschools.ca

AUDITORS (APPOINTED)

Mr. D. Makela
Mr. J. Pidutti

Edu. Media Centre - Sudbury Secondary School
Sudbury Secondary School

N.O.S.S.A. REPRESENTATIVES TO O.F.S.A.A. SPORTS COMMITTEES

Badminton	Janis Hogan	Korah
Boys' Basketball	Mitch Lalonde	Lasalle
Girls' Basketball	Bill Gordon	Lasalle
Cross Country Running	Dave Wilkinson	St Joseph/Scollard Hall
Nordic Skiing	Kevin Ellsworth	Lo-Ellen Park
Football	Barry Rushon	White Pines
Golf	Kent Rendell	Sudbury Secondary
Boys' Hockey	John Wilson	St Joseph/Scollard Hall
Girls' Hockey	Michele Albert	College Notre Dame
Soccer	Heather Windrem	Widdifield
Swimming	Janet Laliberte	Lockerby Composite
Track and Field	Mike Ohlman	ESC Algonquin
Volleyball	Laura Aubertin	Confederation
Wrestling	Ted Fryia	Sir James Dunn

BOARD OF REFERENCE

Ms. Lynn MacLean	Esc Champlain
Mr. Tim Lowe	Esc Algonquin
Mr. Mark Zorzit	White Pines

STEERING COMMITTEE

Ms. Laura Aubertin	Confederation
Ms. Jillian Peltier	Wasse Abin
Mr. Dez Forget	Chippewa

RESOLUTIONS COMMITTEE CHAIRPERSON

Heather Chambers (ret.)

N.O.S.S.A. ANNUAL MEETING

The 2009 Annual Meeting will be held in the Sault District on Friday, April 24th, 2009.

SIGNING AUTHORITY

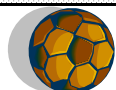
Mr. J. Pidutti or Mr. D. Makela	Sudbury Secondary
Mr. R. Gawalko	

O.F.S.A.A. EXECUTIVE DIRECTOR

Doug Gellatly (doug@ofsaa.on.ca)
1185 Eglinton Ave E., Suite 409
Toronto, Ontario M3C 3C6
Phone: (416) 426-7391 – Fax: (416) 426-7317

N.O.S.S.A. ACTIVITY CALENDAR

2008-2009



SPORTS	AGE GROUPS	CLASS.	DATE	OFSAA ENTRY	CONVENERS	SCHOOL
COED SPORTS						
Alpine Skiing	Open	Lev I & II	Feb. 13	Feb. 15	Karin Augenstein	Lockerby CS
					Dave Makela	Edu. Media Centre
Badminton	Mid/Jr/Sr	n/a	Apr. 24-25	Apr. 29	Guy Horth	West Ferris SS
Cross Country Running	Mid/Jr/Sr	n/a	24-Oct	Oct. 24	Jim Stringer	Manitoulin SS
Nordic Skiing	Jr/Sr	n/a	Feb. 12	Feb. 18	Karl Giesbrecht	Widdifield SS
Curling	Open	n/a	Mar. 10-11	Mar. 11	Gilbert Briscoe	Confederation SS
Golf	Open	n/a	3-Oct	Oct 8	Charles Houle	Jeunesse Nord
Tennis	Open	n/a	May 25	May 25	Jeremy Nesseth	Lasalle SS
Track and Field	Mid/Jr/Sr	n/a	May 28-29	May 30	Laura Stanyon	Lockerby CS
					Karin Augenstein	Lockerby CS
Wrestling	Open	n/a	Feb. 20	Feb. 25	Ray Gowlatt	Central Algoma SS
BOYS' SPORTS						
Basketball	Open	B	Feb. 28	n/a	Gilbert Page	ES Hanmer
Basketball	Mid	A	Feb. 28	n/a	Christian Giroux	VFJ
Basketball	Jr/Sr	A	Feb. 27-28	Mar. 3	Marcel Blanchard	Esc l'Horizon
Basketball	Mid	AA/AAA	Feb. 28	n/a	Denis Gauthier	Lasalle SS
Basketball	Jr/Sr	AA	Feb. 27-28	Mar. 3	Shawn Plamondon	Widdifield SS
Basketball	Jr/Sr	AAA	Feb. 27-28	Mar. 3	Jeff Giovanatta	Korah
Football Sr (Semi Final)	Senior	n/a	Nov. 7	TBA	Frank Rocca	St Benedict CSS
Football Sr (Final)	Senior	n/a	Nov. 14	TBA	Site of Semi Final Winner	TBA
Hockey	Senior	A/AA	Mar. 10-11	Mar. 11	Mike Cowan	White Pines
Hockey	Senior	AAA	Mar. 10-11	Mar. 11	John Wilson	St Joseph/Scollard Hall
Soccer	Jr/Sr	A,AA,AAA	May 27	May 28	Paul Hatzis	Lockerby CS
Volleyball	Open	B	Nov. 15	n/a	Gilbert Page	ES Hanmer
Volleyball	Jr/Sr	A	Nov. 14-15	Nov. 16	Christian Giroux	VFJ
Volleyball	Jr/Sr	AA	Nov. 14-15	Nov. 16	Chantal Dagostino	St Charles College
Volleyball	Jr/Sr	AAA	Nov. 14-15	Nov. 16	Colleen Egan	Chippewa
GIRLS' SPORTS						
Basketball	Open	B	Nov. 15	n/a	Stephane Picard	NDGL
Basketball	Jr/Sr	A	Nov. 14-15	Nov. 16	Jean-Gilles Larocque	Bishop Carter CSS
Basketball	Jr/Sr	AA	Nov. 14-15	Nov. 16	Christian Giroux	VFJ
Basketball	Jr/Sr	AAA	Nov. 14-15	Nov. 16	Jim Davidson	St Joseph/Scollard Hall
Gymnastics	Open	n/a	tba	tba	Joanne Bradley	Esc Champlain
Hockey	Open	A/AA	Mar. 3-4	Mar. 10	Rod Vincent	West Ferris SS
		AAA	Mar. 3-4	Mar. 10	Laurie Vezina	St Joseph/Scollard Hall
Soccer	Senior	A,AA,AAA	May 27	May 28	Lorie Tremblay	ESC Algonquin
Volleyball	Open	B	Feb. 28	n/a	Stephane Picard	NDGL
Volleyball	Jr/Sr	A	Feb. 27-28	Mar. 3	Laura Aubertin	Confederation SS
Volleyball	Jr/Sr	AA	Feb. 27-28	Mar. 3	Christian Giroux	VFJ
Volleyball	Jr/Sr	AAA	Feb. 27-28	Mar. 3	Dave Zagordo	St Mary's

NORTHERN ONTARIO SECONDARY SCHOOLS' ATHLETIC ASSOCIATION
FOUR YEAR ACTIVITY CALENDAR

<u>ACTIVITY</u>	<u>2008-2009</u>	<u>2009-2010</u>	<u>2010-2011</u>	<u>2011-2012</u>
<u>CO-ED</u>				
Annual Meeting	Sault	Nipissing	Sudbury	North Shore
Alpine Skiing	Sudbury	Nipissing	Sudbury	Nipissing
Badminton	Nipissing	Sault	Sudbury	North Shore
Cross Country Running	North Shore	Nipissing	Sudbury	Sault
Nordic Skiing	Nipissing	Sudbury	Nipissing	Sudbury
Curling	Sudbury	Sault	Nipissing	North Shore
Golf	North Shore	Nipissing	Sudbury	North Shore
Pete Beach Award	Sault	Nipissing	Sudbury	North Shore
Tennis	Sudbury	North Shore	Sudbury	North Shore
Track & Field	Sudbury	Nipissing	Sault	Sudbury
Wrestling	Sault	North Shore	Nipissing	Sudbury
<u>BOYS'</u>				
"B" Basketball (J-S)	Sudbury	North Shore	Sault	Sudbury
"A" Basketball (M)	North Shore	Sudbury	North Shore	Sudbury
"A" Basketball (J-S)	Sudbury	Nipissing	North Shore	Sudbury
"AA"/"AAA" Basketball (M)	Sudbury	North Shore	Sudbury	North Shore
"AA" Basketball (J-S)	Nipissing	Sudbury	Sault	North Shore
"AAA" Basketball (J-S)	Sault	Nipissing	Sudbury	Sault
Senior Football - Semi Final	Nipissing @ Sudbury	Sault @ Nipissing	TBA	TBA
Senior Football - Final	Site of semi winner	Site of semi winner	Site of semi winner	Site of semi winner
"A"/"AA" Hockey	Sault	Sudbury	Nipissing	Sault
"AAA" Hockey	Nipissing	Sault	Sudbury	Nipissing
Soccer (Sr A and AAA)	Sudbury	Nipissing	Sudbury	Nipissing
Soccer Sr AA	Sudbury	Nipissing	Sault	Sudbury
Soccer (Jr A, AA, AAA)	Sudbury	Nipissing	Sudbury	Nipissing
"B" Volleyball	Sudbury	North Shore	Sudbury	North Shore
"A" Volleyball	North Shore	Sudbury	Nipissing	North Shore
"AA" Volleyball	Sudbury	North Shore	Nipissing	Sudbury
"AAA" Volleyball	Nipissing	Sudbury	Nipissing	Sudbury
<u>GIRLS'</u>				
"B" Basketball Jr/Sr	Sault	North Shore	Sudbury	Sault
"A" Basketball Jr./Sr.	Sudbury	North Shore	Nipissing	Sudbury
"AA" Basketball Jr./Sr.	North Shore	Sault	Sudbury	Nipissing
"AAA" Basketball Jr./Sr.	Nipissing	Sudbury	Sault	Nipissing
Hockey (A/AA, AAA)	Nipissing	Sudbury	Nipissing	Sudbury
Soccer "A" and "AAA"	Nipissing	Sudbury	Nipissing	Sudbury
Soccer "AA"	Nipissing	Sudbury	Sault	Nipissing
"B" Volleyball Jr/Sr	Sault	North Shore	Sudbury	Sault
"A" Volleyball Jr/Sr.	Sudbury	Nipissing	North Shore	Sudbury
"AA" Volleyball Jr/Sr.	North Shore	Nipissing	Sudbury	Sault
"AAA" Volleyball Jr/Sr.	Sault	Sudbury	Nipissing	Sault
Gymnastics	Sudbury	Sudbury	Sudbury	Sudbury

Conveners must notify all schools of changes in playing dates at least one month in advance. District Secretaries must bring a list of conveners to the Resolutions Meeting for activities for which their district is responsible. If a district is unable to host an activity due to a strike or work to rule, then the convenership of

**NIPISSING DISTRICT
SCHOOL****CONTACT
PERSONS****COLOURS
TEAM NAME
CLASSIFICATION**

- | | | | |
|----|---|--|--|
| 1. | E.S.C. Algonquin (ALNO)
555 Algonquin Avenue
North Bay, Ontario P1B 4W8
Ph. 472 8240 FAX 472-8476
Email: hottel@franco-nord.ca
Email: sneddonr@franco-nord.ca | Lisa Hotte
Bob Sneddon | Maroon/White
Barons
"A" |
| 2. | E.S. Franco-Cite (FCNO)
90 Rue Main
Sturgeon Falls, Ontario P2B 2Z7
Ph. 753-1510 FAX 753-5370
Email: lachancr@franco-nord.ca | Rock Lachance | Orange/Black/
White
Patriotes
"A" |
| 3. | Chippewa Secondary School (CWNO)
539 Chippewa St. W.
North Bay, Ontario P1B 6G8
Ph. 472-4010 ext 226 FAX 476-0845
Email: raiderathletics@yahoo.com | Dez Forget | Scarlet/Gold
Raiders
"AA" |
| 4. | E.S. F.J. McElligott (MENO)
370 Pine Street
Mattawa, Ontario. P0H 1V0
Ph. 472-5720 FAX 744-0786
Email: qscot@hotmail.com | Sue Martel
Scot Quarrington | Blue/Gold
Voyageurs
"A" |
| 5. | E.S. Northern (NONO)
175 Ethel Street
Sturgeon Falls, Ontario P2B 2Z8
Ph. 472-5322 FAX 753-2400
Email: tchurd@personainternet.com | Richard Lachance
Carola Maisonneuve | Silver/Red
Braves
"A" |
| 6. | St. Joseph-Scollard Hall (SJNO)
675 O'Brien
North Bay, Ontario P1B 9R3
Ph. 494-8600 FAX 494-4778
Email: vezinal@npsc.edu.on.ca
Email: whittetj@npsc.edu.on.ca | Laurie Vezina
John Whittet | Green/Gold
Bears
"AAA" |
| 7. | West Ferris Sec. School (WFNO)
60 Marshall Park Drive
North Bay, Ontario P1A 2P2
Ph. 475-2333 x8563 FAX 497-7945
Email: smithp@nearnorthschools.ca
Email: mitchellr@nearnorthschools.ca | Peggy Smith (ext 1540)
Rick Mitchell (ext 8563) | Green/White
Trojans
"AA" |

NIPISSING DISTRICT (cont'd)
SCHOOL**CONTACT**
PERSONS**COLOURS**
TEAM NAME
CLASSIFICATION

8. Widdifield Sec. School (WINO)
320 Ski Club Road
North Bay, Ontario P1B 7R2
Ph. 472-5711 FAX 474-4223
Email: wssathletics@hotmail.com
Email: hwindrem@hotmail.com

Sean Mullan
Heather Windrem

Navy/White/Red
Wildcats
"AA"

9. E.S. Odyssee
480, croissant Norman
North Bay, Ontario P1B 8B7
Ph. 474-5500 FAX 474-6600
Email: lavignm@csdne.edu.on.ca
Email: oueller@csdne.edu.on.ca

Marc Lavigne
Ray Ouellette

"A"
Blue/Silver/White
Phenix

NORTH SHORE DISTRICT
SCHOOL**CONTACT**
PERSONS**COLOURS**
TEAM NAME
CLASSIFICATION

1. Central Algoma S. S.(CANO)
Kensington Road
Desbarats, Ontario.
P0R 1E0
Ph. 782-0539 FAX 782-4288
Email: gowletr@email.adsb.on.ca
Email: huntfoc@email.adsb.on.ca

Ray Gowlett
Carol Hunt-Ford

Gold/Red/Black
Huskies
"A"

2. W.C.Eaket S. S. (EANO)
Box 2000
Blind River, Ontario.
P0R 1B0
Ph. 356-2221 FAX 356-2596
Email: guitarb@email.adsb.on.ca

Brenda Guitard

Blue/Gold
Royals
"A"

3. Elliot Lake S. S. (ELNO)
303 Mississauga Avenue
Elliot Lake, Ontario
P5A 1E8
Ph. 848-7162 FAX 848-0103
Email: nausjasper@hotmail.com

Tom O'Grady

Red/White
Atoms
"A"

4. Espanola High School (ESNO)
147 Spruce St.
Espanola, Ontario P5E 1R7
Ph. 869-1590 FAX 869-6204
Email: yachukt@rainbowschools.ca

Tony Yachuk

Green/White
Spartans
"A"

**NORTH SHORE DISTRICT
SCHOOL (cont'd)****CONTACT
PERSONS****COLOURS
TEAM NAME
CLASSIFICATION**

- | | | | |
|----|---|--|-------------------------------------|
| 5. | Manitoulin Sec. School (MINO)
Box 307, West Bay, Ontario P0P 1G0
Ph. 377-5321 FAX 377-5533
Email: kategip@rainbowschools.ca or katman33@yahoo.com | Peter Kategiannis | Black/Gold
Mustangs
"A" |
| 6. | E.S. Jeunesse Nord (JNNO)
C.P. 1210, Blind River, Ontario P0R 1B0
Ph. 356-1688 FAX 356-2435
Email: eric.simons@nouvelon.ca | Eric Simons | Burgundy/
Grey/Black
"A" |
| 7. | Villa Francaise Des Jeunes (VFNO)
11 Avenue Edinburg
Elliot Lake, Ontario P5A 2M3
Ph. 848-2259 FAX 848-2390
Email: cgiroux@cspgno.ca
Email: hacquap@cspgno.ca
Email: johnstc@cspgno.ca | Christian Giroux
Pamela Hacquard
Carole Johnston | White/Black/Orange/
Elite
"A" |
| 8. | Wasse-Abin High School (WHSNO)
34 Henry Street
Wikwemikong, Ontario P0P 2J0
Ph. 859-2870 FAX 859-2407
Email: jpeltier@amtelecom.net | Jillian Peltier | Red/White/Black
Warriors
"A" |
| 9. | E.S. Franco-Ouest
147 Spruce Street
Espanola, Ontario P5B 1R7
Ph: 862-7437
Email: roc.lariviere@nouvelon.ca | Roc Lariviere | Blue/White
"A" |

**SAULT STE. MARIE
DISTRICT SCHOOL****CONTACT
PERSONS****COLOUR
TEAM NAME
CLASSIFICATION**

- | | | | |
|----|--|------------------------|--------------------------------------|
| 1. | Alexander Henry H. S. (AHNO)
232 Northern Avenue
Sault Ste. Marie, Ont.P6B 4H6
Ph. 945-7179 FAX 945-7866
Email: markpalumbo@hotmail.com | Mark Palumbo | Red/White
Hawks
"A" |
| 2. | Bawating Collegiate and
Vocational School (BANO)
750 North Street
Sault Ste. Marie, Ont. P6B 2C5
Ph. 945-7178 FAX 945-8975
Email: sethcond@hotmail.com
Email: mary.hart@shaw.ca | Mary Hart
Seth Cond | Scarlet/Gold/White
Braves
"AA" |

<u>SAULT STE. MARIE DISTRICT (cont'd)</u> <u>SCHOOL</u>	<u>CONTACT</u> <u>PERSONS</u>	<u>COLOUR</u> <u>TEAM NAME</u> <u>CLASSIFICATION</u>
3. Korah Collegiate and Vocational School (KONO) 636 Goulais Avenue Sault Ste. Marie, Ont.P6C 5A7 Ph. 945-7180 FAX 945-0750 Email: jk.hogan@sympatico.ca	Steve Caruso Janis Hogan	Brown/Gold Colts "AA"
4. Ecole Notre Dame des Grands Lacs (NGNO) 250 St. Georges Avenue, East Sault St. Marie, Ont. P6B 1X5 Ph. 945-5541 FAX 942-5512	Michele Picard	Royal Blue/ Grey "A"
5. St. Basil S.S. (SBNO) 250 St. Georges Avenue, East Sault Ste. Marie, Ontario P6B 1X5 Ph. 945-5542 FAX (705) 945-5544 Email: jim-teacher@hotmail.com	Jim Pedatella	Black/Silver/White Saints "AA"
6. St. Mary's College (SMNO) 130 Wellington St. East Sault Ste. Marie, Ont. P6A 2L5 Ph. 945-5540 FAX 945-5561 Email: davzagordo@imail.hscdsb.on.ca	Dave Zagordo	Maroon/White Knights "AA"
7. Sir James Dunn Collegiate and Vocational School (DUNO) 1601 Wellington Street, East Sault Ste. Marie, Ont. P6A 2R8 Ph. 945-7177 FAX 945-8737 Email: SHAMASR@email.adsb.on.ca	Robin Shamas (female) Tom Annett (male)	Green/Gold Eagles "AA"
8. White Pines Collegiate and Vocational School (WPNO) 1007 Trunk Road Sault Ste. Marie, Ont. P6A 5K9 Ph. 945-7181 FAX 945-0726 Email: rushonb2@email.adsb.on.ca	Wendy Basawa Barry Rushon	Forest Green/White Wolverines "AA"

<u>SUDBURY DISTRICT</u> <u>SCHOOL</u>	<u>CONTACT</u> <u>PERSONS</u>	<u>COLOURS</u> <u>TEAM NAME</u> <u>CLASSIFICATION</u>
1. Bishop Alexander Carter CSS 539 Francis Street Hanmer, Ontario P3P 1E6 Ph. 969-2212 FAX 969-8133 Email: larocqj@scdsb.edu.on.ca	Jean Gilles Larocque	Gold/Navy/White Golden Gators "A"

SUDBURY DISTRICT (cont'd)
SCHOOL**CONTACT**
PERSONS**COLOURS**
TEAM NAME
CLASSIFICATION

- | | | |
|---|--------------------------------------|--|
| 2. ESC Champlain (CHNO)
61 Rue Brookside, Box 1988
Chelmsford, Ont. P0M 1L0
Ph. 855-9046 FAX 855-8889 (P.E.)
Email: suelynn.boudreault@nouvelon.ca
Email: johnnycoconut40@hotmail.com | Sue-Lynn Boudreault
Michel Leroux | White/Black/Grey
Requins (Sharks)
"A" |
| 3. Chelmsford Valley District
Composite School (CVNO)
3594 Highway 144
Chelmsford, Ont. P0M 1L0
Ph. 675-0225 FAX 675-0226
Email: vethamr@rainbowschools.ca
Email: hallerv@rainbowschools.ca | Ravi Vethamany
Val Haller | Royal Blue/Wht/Gold
Flyers
"A" |
| 4. Confederation S. S. (CONO)
Box 1000, 1918 Main Street
Val Caron, Ont. P3N 1B4
Ph. 671-5948 FAX 671-5949
Email: briscog@rainbowschools.ca
Email: aubertl@rainbowschools.ca | Gilbert Briscoe
Laura Aubertin | Green/Gold/White
Chargers
"A" |
| 5. Ecole Secondaire Hanmer (HANO)
Box 1000, 4800 rue Notre-Dame
Hanmer, Ont. P3P 1V2
Ph. 969-4402 FAX 969-3643
Email: pageg@cspgno.ca | Gilbert Page | Royal Blue/Orange/
White
Sabres
"A" |
| 6. E. S. du Sacre-Coeur (LHNO)
261 Notre Dame
Sudbury, Ont. P3C 5K4
Ph. 566-5511 FAX 566-5688
Email: jocelyne.leclair@nouvelon.ca | Jocelyne Leclair
Ron Dubuc | Grey/Royal/White
Griffon
"A" |
| 7. E. S. Catholique l'Horizon (LZNO)
1650 Valley View Rd.
Val Caron, Ont. P3N 1S2
Ph. 897-2503 FAX 897-2504
Email: marc.dubuc@nouvelon.ca | Marc Dubuc | Green/White
Aigle
"A" |
| 8. Lasalle Secondary School (LSNO)
1545 Kennedy St.
Sudbury, Ontario. P3A 2G1
Ph. 566-2280 FAX 566-1008
Email: gauthid@rainbowschools.ca
Email: woodcom@rainbowschools.ca | Denis Gauthier
Millie Wood Colton | Black/White/Orange
Lancers
"AAA" |

<u>SUDBURY DISTRICT (cont'd)</u> <u>SCHOOL</u>	<u>CONTACT</u> <u>PERSONS</u>	<u>COLOURS</u> <u>TEAM NAME</u> <u>CLASSIFICATION</u>
9. Lively District Sec School (LINO) 265 5 th Avenue, Box 430 Lively, Ont. P3Y 1M4 Ph. 692-3671 FAX 692-9510 Email: greensh@rainbowschools.ca Email: chezzik@rainbowschools.ca	Sherry Green Kim Chezzi	Black/White/Gold Hawks "A"
10. Lockerby Composite School (LKNO) 1391 Ramsey View Crt Sudbury, Ont. P3E 5T4 Ph. 522-1750 FAX 522-1240 (P.E.) Email: augensk@rainbowschools.ca Email: greens@rainbowschools.ca	Karin Augenstein Sean Green	Forest Green/Gold Vikings "AAA"
11. Lo-Ellen Park Park Secondary School (LONO) 275 Loach's Road Sudbury, Ont. P3E 2P8 Ph. 522-2320 FAX 522-2322 Email: poiriey@rainbowschools.ca	Yves Poirier Kevin Ellsworth	Purple/White/Gold Knights "AA"
12. E. S. Macdonald-Cartier (MCNO) 37 Lasalle Blvd. West Sudbury, Ont. P3A 1W1 Ph. 566-7660 FAX 566-3433 Email: poulinr@cspgno.ca Email: savagem@cspgno.ca	Ron Poulin Marc Savage	Red/White/Blue Pantheres "A"
13. Marymount Academy (MMNO) 165 D'Youville St. Sudbury, Ont. P3C 5E7 Ph. 674-4231 FAX 674-5619 Email: bartold@scdsb.edu.on.ca	Dan Bartolucci Rob Van Mierlo	White/Navy/Burgundy Regals "A"
14. College Notre-Dame (NDNO) 100 Rue Levis Sudbury, Ont. P3C 2H1 Ph. 674-7484 FAX 674-9054 Email: luc.giroux@nouvelon.ca Email: Claudette.loranger@nouvelon.ca	Luc Giroux Claudette Loranger	Navy/White Alouettes "AA"
15. ES Riviere-des-Francais (FRNO) Box 160 Noelville, Ont. P0M 2N0 Ph. 898-2282 FAX 898-2134 Email: tessiej@cspgno.ca	Janelle Tessier	Red/White/Black Muskie's "A"

<u>SUDBURY DISTRICT (cont'd)</u>	<u>CONTACT</u>	<u>COLOURS</u>
<u>SCHOOL</u>	<u>PERSONS</u>	<u>TEAM NAME</u>
		<u>CLASSIFICATION</u>
16. St. Benedict Secondary School (BENO) 2993 Algonquin Road Sudbury, Ontario P3E 4X5 Ph. 523-9235 x322 FAX 523-4115 Email: roccaf@scdsb.edu.on.ca	Frank Rocca	Sky Blue/Navy/ White Bears "A"
17. St. Charles College (SCNO) 1940 Hawthorne Drive Sudbury, Ont. P3A 1M8 Ph. 566-9605 FAX 566-9603 Email: chantaldagostino@hotmail.com	Chantal Dagostino	Garnet/Grey Cardinals "AA"
18. Sudbury Secondary School (SUNO) 85 Mackenzie Street Sudbury, Ont. P3C 4Y2 Ph. 674-7551 FAX 674-5383 Email: moggyt@rainbowschools.ca	Tracy Moggy Kent Rendell	Blue/White/Red North Stars "AA"

Dave Makela, Athletic Administrator – Sudbury District
Sudbury Secondary Media Centre, 85 MacKenzie
Sudbury, Ontario P3C 4Y2
Ph. 674-2150 FAX 675-1547
Email: makelad@rainbowschools.ca
SDSSAA website: <http://www.rainbowschools.ca/sdssaa>
NOSSA website: <http://www.rainbowschools.ca/nossa>

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- President A District President or designate
- 1st Vice President..... A District President or designate
.....(of next District to be President)
- 2nd Vice President..... A District President or designate
.....(of next District to be 1st Vice-President)
- 3rd Vice President A District President or designate
.....(of next District to be 2nd Vice-President)
- Secretary Appointed by the Association
- Treasurer.....(one male and one female/permanent appointments)

d) Other Officers

- i) District Secretaries
- ii) OFSAA Representatives (elected for 2 year period)
 - a) CGA Rep. (Committee for Girls Activities) - elected for a minimum two year period. #Alternate election year with CBA rep (2004).
 - b) CBA Rep. (Committee for Boys Activities) - elected for a minimum two year period. #Alternate election year with CGA rep (2003).
 - c) 1 Principal's Rep.
 - d) The Association President
 - e) @ Officers of the President and Vice-President shall be a three year term following the rotation listed below. Each district is to determine their own process for selecting a President and Vice-President. The Vice-President will attend the OFSAA AGM when the President is unable to do so.

<u>Year</u>	<u>President</u>	<u>Vice President</u>	<u>NOSSA AGM</u>
2008-2009	Sault Ste. Marie	Nipissing	Sault Ste. Marie
2009-2010	Sault Ste. Marie	Nipissing	Nipissing
2010-2011	Sault Ste. Marie	Nipissing	Sudbury
2012-2013	Nipissing	Sudbury	North Shore
2013-2014	Nipissing	Sudbury	Sault Ste. Marie
2014-2015	Nipissing	Sudbury	Nipissing
2015-2016	Sudbury	North Shore	Sudbury
2016-2017	Sudbury	North Shore	North Shore
2017-2018	Sudbury	North Shore	Sault Ste. Marie
2018-2019	North Shore	Sault Ste. Marie	Nipissing
2019-2020	North Shore	Sault Ste. Marie	Sudbury
2020-2021	North Shore	Sault Ste. Marie	North Shore

SECTION 3

All officers of the Executive shall be chosen only from those persons engaged in the staffs of Association member schools in their respective Districts.

SECTION 4: DUTIES OF THE PRESIDENT

- a) to preside over Executive meetings
- b) to preside over the Annual Association Meeting
- c) to appoint a Steering Committee for the Annual Meeting
- d) to appoint special committees when necessary

SECTION 5: DUTIES OF THE SECRETARY AND TREASURER

- a) to deposit all monies received by the Association into a separate bank account held for this sole purpose
- b) to disburse any debts of the Association
- c) to present a financial statement of income and disbursements to the Annual Meeting of the Association.
- d) to record the business of the Association
- e) to issue pertinent information to member schools and Districts
- f) to compile a list of District Conveners to be sent to each school along with the usual fall package.

SECTION 6: DUTIES OF THE EXECUTIVE

- a) to convene at the President's request or at the request of three of the District Presidents
- b) °to authorize disbursements exceeding \$150 at times other than the Annual Association Meeting or payment for NOSSA Championship banners and medals.
- c) The Executive Committee of the Association shall consist of the regular Officers and they shall exercise full control over all funds of the organization and over all matters pertaining to the management of the Association, subject to an appeal to the Association as a whole, at the written request of any three(3) schools in the Association.
- d) **The Executive will serve as the Classifications Committee and will meet at the request of any school in the Association on classification appeals.
This Committee shall rule on situations not specifically covered by the Constitution.

***SECTION 7: DUTIES OF DISTRICT SECRETARY**

- a) to communicate with their District Schools regarding N.O.S.S.A. business
- b) to represent their District at N.O.S.S.A. Appeal hearings
- c) to collect information from time to time as requested by the N.O.S.S.A. Secretary or Treasurer and/or the President
- d) to submit to the N.O.S.S.A. Secretary and Treasurer their District intents to participate in N.O.S.S.A. Championships
- e) to submit requests to the N.O.S.S.A. Board of Reference on behalf of a school

- f) to direct District concerns to the Chair of the N.O.S.S.A. Ad Hoc Committee
- g) circulate to all District Secretaries a list of their Sport Conveners, including school and contact information
- h) *District Secretaries shall be responsible for obtaining final reports from conveners in their District and forwarding them to the N.O.S.S.A. Secretary and Treasurer by the Annual Meeting (exceptions: badminton, soccer and track and field). Districts will be fined \$25.00 for each report that is not submitted on time.

ARTICLE V: COMMITTEES, MEETINGS & OFSAA REPRESENTATIVES

SECTION 1: SPECIAL COMMITTEES

- a) When required, special committees may be appointed by the President, the Executive or the Association. The membership and the mandate of each committee shall be determined by the appointing body.
- b) ^All Committee Chairpersons and special representatives of the Association must submit a written report to the N.O.S.S.A. Secretary and Treasurer for distribution to relevant members.
- c) € All correspondence for the Ad Hoc Committee should be circulated to all members of the committee. All correspondence should also be sent to the NOSSA President.

SECTION 2: RESOLUTIONS COMMITTEE

A Resolutions Committee shall:

- a) assist with the administration of the Annual Meeting
- b) consist of the District delegates (male & female), the N.O.S.S.A. Secretary and Treasurer, a chairperson who will be appointed at the previous Annual Meeting and the N.O.S.S.A. President
- c) convene on the evening preceding the Annual Association Meeting.
- d) approve the following for presentation the next day:
 - i) to screen all the notices of motion (from each District) which are to be presented at the Annual Association Meeting to prevent duplication, to combine similar motions, but not to reject any motion.
 - ii) to prepare a slate of officers, conveners, delegates to OFSAA and committees, all of which shall be presented to the Annual Meeting for approval.
 - iii) to submit names of auditors to the Annual Meeting for approval.
- e) present the changes to Playing Regulations in reverse alphabetical order in alternating years (odd numbered years, ie. 1991).

SECTION 3: ANNUAL MEETING

- a) The annual Meeting of the Association shall be held on the last Friday of April. The time and location shall be approved at the previous meeting.

- b) @ Each District shall prepare and submit the following information to the resolutions committee:
 - i) slate of District Officers, to include Other Officers – President, 1st Vice President, etc., whichever applies by rotation,
 - ii) District Secretaries,
 - iii) NOSSA Reps to OFSAA SAC Committees – whichever may be required,
 - iv) Names of Principal Reps to serve on the NOSSA Board of Reference – one per district,
 - v) Steering Committee Members – as required.

- c) i) All notices of motion to amend the Constitution or Playing Regulations must be in writing to the appropriate Secretary-Treasurer one month prior to the Annual Meeting. A copy of these notices-of-motion shall be mailed to each district secretary at the same time.

Exceptions

- 1) Badminton and any other sport that may end after the convener's district meeting but prior to the Annual Meeting, the convener may submit them directly to the appropriate Secretary-Treasurer.

 - 2) Soccer and Track & Field and any other sport that may end after the Annual Meeting must be submitted through the convener's district meeting for next year's Annual Meeting.
-
- d) During the Annual Meeting, no motions should be accepted under new business which might have been submitted as a notice-of-motion, unless the motion is approved by the Steering Committee and then must be passed by a two-thirds majority.

 - e) @ At the Annual Association Meeting, the Association shall provide a continental breakfast and noon-hour meal for all attending members and guests.

 - f) Dates for the Activity Calendar as submitted by the host District Secretaries may be changed at the Annual Meeting to have them reflect the specifics of the Playing Regulations for each activity.

 - g) Dates for the Activity Calendar as set at the Annual Meeting may only be changed as follows.
 - i) Following the OFSAA meeting in June our Male and Female Representatives, having noted a change in OFSAA dates, may suggest a similar change in N.O.S.S.A. dates and these changes will be forwarded immediately to each N.O.S.S.A. Secretary and recorded on the Activity Calendar.
 - ii) Conveners may change a date only after getting unanimous approval of District Conveners and if this is done at least 30 days prior to the scheduled date.

SECTION 4: OTHER MEETINGS

- a) Special meetings of the Association other than the annual meeting shall be held either at the request of the Executive or as a result of a request from the principals of any three (3) member schools of the Association.
- b) All meetings of any special committee shall be held at the request of the chairperson of that committee.

SECTION 5: REPRESENTATIVES TO OFSAA COMMITTEES

- a) OFSAA Legislative Council - N.O.S.S.A. shall appoint four (4) representatives to the Council, one of whom shall be a Principal or Vice-Principal, one the President, one male representative and one female representative.
- b) OFSAA Board of Directors - the male and female representatives from (a) above.
- c) Committee for Boys Activities and Committee for Girls Activities - the male and female representatives from (a) above (these positions are for two (2) year terms).
- d) OFSAA Sports Committee Representatives will be determined at the Annual Meeting.

ARTICLE VI: VOTING

The Constitution and Playing Regulations shall be amended only at the Annual Meeting.

SECTION 1: VOTING ON CONSTITUTIONAL AMENDMENTS

- a) written proxy votes are allowed
- b) each school gets 2 votes (1 male, 1 female)
- c) two-thirds majority vote required to pass motions

SECTION 2: VOTING ON CO-ED PLAYING REGULATIONS

- a) proxies not allowed
- b) each school gets 2 votes (1 male, 1 female)
- c) straight majority vote required to pass motions
- d) in case of a tie vote, the chairperson shall cast the deciding vote

SECTION 3: VOTING ON NON CO-ED PLAYING REGULATIONS

- a) proxies not allowed
- b) each school gets 1 vote
- c) straight majority vote required to pass motions

- d) in case of a tie vote, the chairperson shall cast the deciding vote

ARTICLE VII: ELIGIBILITY

SECTION 1: AMATEUR RULE

A student who has played in a scheduled game in a recognized professional league, or has participated as a professional in any individual sport shall be ineligible for competition in the sport in which he/she has been classed as a professional (it is not the intent that students who are employed as life-guards, caddies or playground supervisors should be affected by this ruling).

SECTION 2: AN ELIGIBLE COMPETITOR IS ONE WHO

- a) is enrolled as a day student at the school for which he/she competes on or before September 20th of the current school year, or has enrolled at least ten (10) school days prior to the contest concerned.
- b) is in attendance at least 75% of the regular school days intervening between the date of registration and the date of the contest except where school is legally closed by a municipality and except where there is a disabling illness.
- c) is taking a scheduled program in a cycle which is not less than 50% of school cycle minutes in each semester or during the full year.
- d) first satisfies all the requirements of the District that he/she is representing. (i.e. Districts have the right to make their own restrictions beyond N.O.S.S.A. restrictions).
- e) That the playing regulations regarding eligibility for N.O.S.S.A. championships leading to OFSAA championships correspond to the playing regulations for OFSAA.

SECTION 3

- a) A principal may at any time declare a student of his own school to be ineligible.
- b) Expulsion or suspension from school shall render the competitor ineligible until reinstated by the principal.

SECTION 4: PARTICIPATION REQUIREMENTS

- a) A player may participate (play, dress to play or have his/her name on the scoresheet) in only one (1) District league match (not applicable to exhibition matches) in a higher age division and still be eligible for N.O.S.S.A. in the lower age division.

- b) A player may not play in one age division in District play-offs and another in N.O.S.S.A..
- c) A player must have played in at least two (2) regular league games (exclusive of play-off games) in the District to be eligible for that age division at N.O.S.S.A..
- d) No student who is registered in one school shall be eligible to participate for another school.
Exceptions:
 - 1) In Badminton Boys' and Girls' separate schools may combine for mixed doubles
 - 2) Alexander Henry High School (Special Education School) - students of this school may participate for another school subject to the following:
 - i) A.H.H.S does not already have an entry in the sport
 - ii) Other eligibility requirements are met
 - iii) The student(s) play for the school in whose normal school district the student(s) attended elementary school
 - iv) No more than two such students play for any one school
 - 3) F.J. McElligott H.S. and E.S.F.J. McElligott are allowed combined entry in all N.O.S.S.A. sports.
- e) No students may participate in a N.O.S.S.A. final in more than one age division with the exception of Track & Field Relays.

SECTION 5: ELIGIBILITY LISTS

- a) Eligibility lists signed by the Principal, Head of Physical Education and coach must be submitted to the District convener in all activities at all age divisions. The signators are responsible for the accuracy of the lists.
- b) The District Convener must submit these lists to the N.O.S.S.A. Convener.
- c) Eligibility lists must include:
 - i) Competitor's full name
 - ii) Competitor's date of birth (name of month must be written)
 - iii) **Competitor's age as of midnight December 31st of the current school year
- d) False statements on the eligibility lists will mean loss of games in which an ineligible player participated.

SECTION 6: AGE DIVISIONS

- a) **All age restriction dates are as of 11:59 p.m., December 31st of the current school year.
- b) @ Age Divisions and restrictions are:
 - i) Midget - under fifteen (15)
For the school year 2008-2009, all students born on or after 1994.

- ii) Junior - under sixteen (16)
For the school year 2008-2009 all students born on or after 1993.
 - iii) Senior - under twenty (20)
For the school year 2008-2009 all students born on or after 1989.
 - iv) NOSSA “B” will only consist of an open division rather than junior and senior.
- c) Each competitor shall furnish upon request of a convener, or of the executive, an official birth certificate or an official certificate of age.

SECTION 7: SCHOOL CLASSIFICATIONS

- a) All schools within NOSSA shall be classified according to school population numbers (taken as full time equivalent enrolment numbers – FTE numbers) from Oct 31st of the previous school year. This number shall be used to classify the member schools. These classification category numbers are:

@ “B”: 1 - 250
“A”: 1 – 600
“AA”: 601 – 950
“AAA”: 951 +

- b) To determine classification of all-male or all-female schools (public or private), they shall multiply their enrolment by 2 and then use this number as its classification.

The following Additional Guidelines **may** be used by the Association when classifying schools. These may be used for **each school as a whole and by sport** after Association has place a school in its classification category outline in a).

- i) Location of School
 - The location of a school could allow an Association to shift the classification of the school in either direction. For example, a large school in an isolated area may be moved to a lower classification category.
 - consideration of urban vs. rural advantages and disadvantages
- ii) School Composition
 - Program focus may require a shift of a school from one classification to another (i.e. collegiate vs. composite).
 - Schools with a residential component have definite benefits and may warrant a shift to a higher classification category.
 - High performance sport schools should be considered for a shift to a higher classification category.
- iii) Team Composition
 - Any of the following may create a shift of a school in a specific sport to a higher classification category: majority of team playing in outside league, Provincial team players, National team members.

iv) Competition

- Consideration should be given to shifting teams to a higher classification category if the team plays out-of-season, or plays an exceptional number of games.
- School teams playing in two leagues at the same time should be shifted to a higher category.

v) OFSAA Success

- Regular medallists at any level of OFSAA competition should be shifted to a higher classification category.

vi) General

- The Association may only shift a school one level below what their student population numbers designate.
- Schools may be shifted up any number of classifications if several of the above guidelines apply to a specific school or to a specific sport within a school.
- a school may participate in only one school classification of competition in any one sport during a school year.

vii) Appeal process

- An appeal process shall be in place which allows schools to appeal the placement of their school/team in a specific classification by the Association to the OFSAA Classification Committee. The appeal must come through the Association and shall include an outline of the rationale for the Association's decision, and the school's rationale for their appeal. Appeals must be resolved by May 15th of the current school year so as to be effective for the next school year.

ARTICLE VIII: DUTIES OF CONVENERS

SECTION 1: DISTRICT RESPONSIBILITIES

- a) Each District must submit the name and school of conveners for approval to the Annual Meeting for sports they will host according to the 4 year calendar.
- b) *The convener or co-convener must be a teacher (current or retired) from a member school of the District hosting the event.
- c) The person in charge of athletics is responsible to give the convener a copy of Article VIII: Duties of Conveners, as well as applicable Playing Regulations.
- d) Should a convener be unable to fulfil his/her duties, a new convener shall be appointed by the District concerned if possible at least 30 days prior to the N.O.S.S.A. event. @ District Conveners, as well as the secretary and treasurer, must be notified of the change.

- e) *In cases where a District is unable to take their turn hosting a N.O.S.S.A. event or a convener is not available, a volunteer District will be sought at the Annual Meeting. If no volunteer is found, then the next District on the 4 year calendar shall host the event. As a result of this change, the 4 year calendar will not change other than the volunteer District may keep or give their next turn to the defaulting District.
- f) @ All conveners must provide a contact email address to facilitate communication among conveners, coaches and executive members as required.

SECTION 2: N.O.S.S.A. CHAMPIONSHIPS

- a) A convener shall:
 - i) send out pertinent information at least 3 weeks prior to the event.
 - ii) encourage media coverage of the event which includes allowing press photographs during the event.
- b) To see that adequate and regulation facilities are available. Where possible the event should not be given to a school where these conditions cannot be met.
- c) Prepare a schedule of games. In doing so, assume for the purpose of seeding that the first team from each District is the team who won their District playoff in cases where the District submits 2 entries.
- d) Inform all Coaches of the exact time that they will play their first game. This is to be done well in advance of the tournament so that travel and accommodation arrangements can be made.
- e) Arrange officials.
- f) Receive the eligibility sheets prior to the competition.
- f) Rule on protests.
- h) Arrange for the appropriate trophies to be present, in good condition, at the site of the tournament or meet. The maintenance of N.O.S.S.A. trophies as required shall be the responsibility of the school holding the trophy and the expenses shall be paid by that school.

Exceptions: - new bases for trophies are to be charged to N.O.S.S.A..

*^Championship banners will be presented to winning team sports at N.O.S.S.A. championships. Banners shall be ordered from N.O.S.S.A. c/o Bob Gawalko in Sudbury and purchased by sports conveners and the cost shall be included in the entry fee.

- i) *Arrange for the presentation of trophies and individual awards (N.O.S.S.A. medallions are carried in stock by N.O.S.S.A. and may be ordered from Bob Gawalko in Sudbury (note: full payment for the banners and medallions must be made before the order is sent **with a post dated cheque from the appropriate district treasurer).

- j) Submit entry forms to OFSAA.
- k) Submit a N.O.S.S.A. Conveners Report including a financial statement to the N.O.S.S.A. Secretary within one month of conclusion of the event.
- l) Pass on a check list and information of the event to the next convener.
- m) N.O.S.S.A. entry fees for each team sport shall be charged to all participating teams. Allowable expenses to be budgeted for by the convener include the following: officials' fees, accommodation and transportation of officials (where necessary), minor officials' fees (timers, scorers, linespersons), awards as prescribed by Article XI, and production of a program (photocopying). When the aforementioned expenses have been budgeted for, the entry fee will be calculated by dividing the total expenses by the total number of participating teams.
- n) Publish and post in their gymnasias the OFSAA Code of Behaviour for spectators. The school administration will see that this code is adhered to.

#SECTION 3: OFSAA CHAMPIONSHIPS

When a District hosts an OFSAA competition on behalf of N.O.S.S.A., the District shall have the sole responsibility of determining which team(s) to invite to facilitate the draw, if necessary, after each Association has indicated their representative. The District may, if it wishes, turn this decision over to its convener.

ARTICLE IX: FINANCES

SECTION 1: FEES

- a) °N.O.S.S.A. fees for all member schools shall be twenty-five cents per student, for each school based on the enrolment on October 31st of the previous school year.
- b) The above fees shall be collected by the District Secretaries and one cheque for each district shall be forwarded to the Secretary-Treasurers by November 15th of the current year. Late fines shall be 10% up to November 30th. After November 30th an additional fine of \$5.00 per school day to a maximum of \$50.00 will be imposed.
- c) Any school delinquent in payment of fees will be refused participation in further N.O.S.S.A. events until the fees are paid.

SECTION 2: DISBURSEMENTS

- a) All disbursements shall be made by "The Signing Authority".

- b) °The Secretary-Treasurer shall be authorized to disburse any Association debt up to and including the sum of one hundred and fifty dollar (\$150.00), upon the signatures mentioned in Section 4. Any disbursements exceeding the sum of \$150.00 shall be paid only with the authority of the Executive or the Association at the Annual Meeting. Exceptions: Annual meeting expenses and payment of NOSSA championship banners and medallions.
- c) ##The Secretary-Treasurers shall receive an honorarium of \$900.00 per annum as approved at the Annual Meeting.

SECTION 3: AUDITING

The Association's books shall be audited annually prior to the Annual meeting. Two auditors for the ensuing year shall be appointed by the Association at the Annual Meeting.

SECTION 4: EXPENSES FOR ANNUAL MEETING

- a) Expenses will be paid by the Association for the following delegates:
 - i) Resolution Committee Members
 - ii) Special N.O.S.S.A. Committee Members
 - iii) OFSAA delegates
- b) Expenses will be paid at the following rates:
 - i) Transportation
°**WITHIN N.O.S.S.A.** - 30 cents per return km for distances travelled by car or airfare whichever is less. (Wherever possible, arrangements should be made for delegates from the same district to travel in the same vehicle. One claim per vehicle shall be made.)
OUTSIDE N.O.S.S.A. - same as within N.O.S.S.A. or total airfare where only one delegate is going from one city. Special permission may be obtained from the Executive to deviate from these guidelines eg. it may be cheaper to fly and save on one less night's hotel accommodation
 - ii) Hotel - total amount of room cost
 - iii) Meals - Breakfast \$8.00, Lunch \$8.00, Dinner \$20.00
 - iv) Parking - \$3.00 per night or taxis \$12.00.

ARTICLE X: PROTESTS AND BOARD OF REFERENCE

SECTION 1: PROTESTS

- a) Line of Appeal
 - i) District convener or District Board of Reference - only on issues regarding entries to N.O.S.S.A..
 - ii) N.O.S.S.A. Convener - who may utilize a Jury of Appeal (Some playing regulations call for one).
 - iii) Board of Reference for protests over Convener and/or Jury of Appeal decisions.

- b) Entries Protests

Any disputes over entries from a District to N.O.S.S.A. must be settled by the District (convener, secretary or Board of Reference) subject to District procedures.

- c) Eligibility Protests

Failure to produce eligibility lists upon request shall render a contest liable to protest.

- d) Protest Bond

^Protests must be accompanied by \$50.00 to be put into General N.O.S.S.A. Revenue if the protest is lost, or returned if won.

SECTION 2: APPEAL TO BOARD OF REFERENCE

- a) In the case of a protest of a convener's decision, or in the case of a protest that arises after conclusion of the competition, an appeal may be made to the Board of Reference within 48 hours of receiving the convener's decision or conclusion of the competition.

- b) No action should be taken which is outside N.O.S.S.A. at least until the Board of References has decided upon the protest. If such outside action is taken before N.O.S.S.A. has dealt with the protest, N.O.S.S.A. will render the protest invalid.

- c)
 - i) Requests may be submitted only by:
 - 1) N.O.S.S.A. Executive
 - 2) Convener
 - 3) District Secretary on behalf of a school
 - ii) Requests must be in the form of a letter or fax to the N.O.S.S.A. President
 - iii) Copies must be sent to the appropriate N.O.S.S.A. Secretary as well as each of the members of the Board of Reference and the N.O.S.S.A. Convener.

SECTION 3: BOARD OF REFERENCE

- a) The Board shall rule on written protests of conveners decisions. It is empowered to interpret articles of the Constitution and Playing Regulations to decide the point at issue. The Board's interpretation is binding until the next Annual Meeting.

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- b) The Board of Reference shall consist of three of the four principal's representatives. The N.O.S.S.A. President shall chair the meeting as a non-voting member.
- c)
 - i) The President will convene a conference call to also include 3 members of the Board of Reference. Each District involved may have one person included in the conference call to give information after which the Board of Reference will be alone to make their decision.
 - ii) Copies must be sent to the appropriate N.O.S.S.A. Secretary as well as each of the members of the Board of Reference and the N.O.S.S.A. Convener.
- d) Immediately following a decision all parties will be informed verbally and the chairperson will confirm the decision in writing.

ARTICLE XI: AWARDS

Individual Awards

- a) ^N.O.S.S.A. championship medals are to be awarded to 1st place champions, team members or individuals in each category or division as approved by N.O.S.S.A.. Second place medals are to be awarded in the following team sports: basketball, hockey, soccer, curling, football and volleyball.
- b) ^Additional awards (ribbons, medals, trophies, etc.), unless otherwise stated in the playing regulations, may be given at the discretion of the convener. Expenses for these additional awards are not to be included in the tournament entry fee.
- c) That the cost of awards for all N.O.S.S.A. activities be the responsibility of the convener of each activity and the host District.
- d) ^N.O.S.S.A. (championship) banners shall be presented to championship teams and the cost shall be included in the entry fee. °If a championship banner is not awarded in any year, banners for that championship will not be ordered for the following year. If indeed the championship is hosted, it will be back ordered.
- e) ° NOSSA championship banners and medals will be shipped to conveners automatically according to the formula listed below. Conveners may revise these numbers to meet their needs by providing a minimum seventy-two (72) hours notice. Representatives of Sudbury teams competing in each championship unless otherwise requested will transport awards for each event. Any shipping charges will be added to the total cost of the awards.

COED	Banners	Gold	Silver	Bronze
Alpine Skiing	4	12	12	0
Badminton	1	24	24	0
Cross Country Running	3	48	0	0
Nordic Skiing	2	52	0	0
Curling	2	12	12	0
Golf	2	12	12	0

°=2007, €=06, ##=05, #-04, **= 03, *=02, ^=01

Tennis	1	8	8	0
Track & Field	3	125	125	0
Wrestling	2	30	30	30

BOYS SPORTS	Banners	Gold	Silver	Bronze
Basketball Open B	1	15	15	0
Basketball Midget A	1	15	15	0
Basketball Junior A	1	15	15	0
Basketball Senior A	1	15	15	0
Basketball Midget AA	1	15	15	0
Basketball Junior AA	1	15	15	0
Basketball Senior AA	1	15	15	0
Basketball Junior AAA	1	15	15	0
Basketball Senior AAA	1	15	15	0
Football	1	50	50	0
Hockey A/AA	1	25	25	0
Hockey AAA	1	25	25	0
Soccer Jr/Sr A, AA, AAA	6	120	120	0
Volleyball Open B	1	15	15	0
Volleyball Jr A	1	15	15	0
Volleyball Sr A	1	15	15	0
Volleyball Jr AA	1	15	15	0
Volleyball Sr AA	1	15	15	0
Volleyball Jr AAA	1	15	15	0
Volleyball Sr AAA	1	15	15	0

GIRLS SPORTS	Banners	Gold	Silver	Bronze
Basketball Open B	1	15	15	0
Basketball Junior A	1	15	15	0
Basketball Senior A	1	15	15	0
Basketball Junior AA	1	15	15	0
Basketball Senior AA	1	15	15	0
Basketball Junior AAA	1	15	15	0
Basketball Senior AAA	1	15	15	0
Gymnastics Open	1	40	40	20
Hockey A/AA	1	20	20	0
Hockey AAA	1	20	20	0
Soccer A, AA, AAA	3	60	60	0
Volleyball Open B	1	15	15	0
Volleyball Jr A	1	15	15	0
Volleyball Sr A	1	15	15	0
Volleyball Jr AA	1	15	15	0
Volleyball Sr AA	1	15	15	0
Volleyball Jr AAA	1	15	15	0
Volleyball Sr AAA	1	15	15	0

- f) @ For 2008-2009, there shall be no charge for banners, with the cost covered in full by rebate revenue received from the Westmont Hospitality Group.

ARTICLE XII: COACHING PERSONNEL & DEPARTMENT

- a) All school teams must be in the charge of a person designated by the school which that person will represent, who will be responsible to the Association for competitions.
- b) Players and coaches who are guilty of criticizing officials who act in their games, whether the criticism is to him or her in person or in public or who are guilty of unsportsmanlike conduct, are open to CENSURE from this Association and are liable to this Association for their actions.
- c) Misconduct on the part of players or coaches should be noted within 48 hours of the competition in a letter to the convener and to the appropriate N.O.S.S.A. Secretary-Treasurer. If the letter requests a Board of Reference ruling the N.O.S.S.A. Secretary-Treasurer will forward the letter to the appropriate N.O.S.S.A. Co-President and District Secretary.

ARTICLE XIII: DATES DEADLINES & TIME LIMITS

Annual Meeting	End of April
District Meetings	One month prior to Annual Meeting
Notices of Motion to N.O.S.S.A.	One month prior to Annual Meeting
Notices of Motion back to school	2 weeks prior to Annual Meeting
Eligibility	Enrolled by September 20. In attendance 10 school days prior. In attendance 75% of time. Taking scheduled program in a cycle which is not less than 50% of school cycle minutes.
**Age Divisions cut off date	11:59, December 31
**Age Divisions	Mgt. - under 15 Jr. - under 16 Sr. - under 20
*Intent to Compete	Fall Sports (G-BB, B-VB) - Oct. 31 Winter Sports (B-BB, G-VB, Hock, Curl) - Jan 15 Spring Sports (Soccer) - May 10 Each District Secretary will submit a list to the N.O.S.S.A. Secretary and Treasurer who will inform each convener regarding district intent to participate

School Classification declaration date	Nov. 5
N.O.S.S.A. Fees	°Based on enrolment of Oct 31 of previous school year Due date November 15 - penalty date November 30
Protests	Within 48 hours of contest
Board of Reference replies	Immediately
Misconduct reported	Within 24 hours

ARTICLE XIV: SANCTIONS

SECTION 1

##District confirmations must be received by the deadline dates established for fall, winter and spring sports respectively. Districts will not be eligible to compete in any activity which is not confirmed by the deadline dates.

SECTION 2

- (a) *If a District is unable to honour its confirmation of intent to participate in any championship, the District shall be charged the entry fee for that championship. Payment will be due to the convener on the date of the championship. Failure to comply will result in a 10% late payment penalty (effective September 2002).
- (b) ##Schools found to be in default of championship entry fees will not be permitted into any subsequent NOSSA event until such time as they convener of said championship confirms payment.

ARTICLE XV: N.O.S.S.A. UNIFORM SPONSORSHIP POLICY

All competitors are expected to dress for Association Championships in uniforms that are neat, clean, conform to uniform requirements outlined in the Playing Regulations, and which maintain the integrity of the school's name, colours and logos. No sport club insignia on uniforms shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in a single or multi sport programs

A uniform is defined as a top, a bottom, warm-up T-shirt and a track suit.

- (a) **Commercial Sponsorship Criteria**
Commercial sponsorship may be recognized on athletes; uniforms at Association Championships/events provided the following criteria is met:
 - (i) the product and/or service provided by the sponsor must be commensurate with the philosophical practices and policies of the Association, the school, and the local Board of Education;

- (ii) *only the same singular sponsor may be recognized on a team's set of uniforms;
- (iii) the manufacturer of the uniform may be recognized as the sponsor. If the manufacturer is not the sponsor, then the manufacturer's logo must be displayed very discreetly (i.e. smaller than 64 cm.sq. and not longer than 10 cm.)
- (iv) this criteria must be met both on and in the immediate vicinity of the competitive area.

(b) **Commercial Sponsorship Placement Guidelines**

(i) Singlets/Vests/Jerseys

Where uniform tops have sleeves, recognition of the sponsor must appear on one only of either the left or right sleeve. The maximum area to be covered by the advertising on the sleeve is 64 cm.sq. (maximum length 10 cm.).

Uniform tops without sleeves may display sponsorship on the left or right breast of the uniform top. The maximum area to be covered by the advertising on the uniform top without a sleeve is 24 cm.sq. (maximum length 8 cm.)

(ii) Shorts/Bottoms

One piece of advertising, similar in nature to that permitted on the top of the uniform, will be permitted on the left or right thigh. The maximum area to be covered by the advertising on the shorts/bottoms is 64 cm.sq. (maximum length 10 cm.).

(iii) Warm-Up T-Shirts/Track Suits

The permitted advertising on warm-up T-shirts and track suits will conform to the criteria for uniform tops and bottoms.

Schools may choose whether to recognize sponsors on the sleeve or breast area of the uniform top.

If the manufacturer's logo is discrete (i.e. smaller than 64 cm.sq. and not longer than 10 cm.), then the sponsor's name may be displayed on the warm-up T-shirt and/or track suit.

- (c) **Failure to abide** by all aspects of this Section may result in disqualification from the Association Championship.

FOOTBALL

- GENERAL** (cont):
5. That two (2) one-minute time-outs per half be permitted to each team (senior and junior only). These two time-outs shall be exclusive of injuries and one player may approach the sidelines during each time-out. The clock will start again with the snap of the ball.
 6. Each team will be allowed to use their own football, ie. J5V or Cooper Bomb during NOSSA play-offs.
 7. NOSSA shall adopt the four (4) down system as recommended at the OFSAA Sport Committee Meeting. The neutral zone is to be removed between the offensive and defensive teams with the ball being scrimmaged at any point up to the goal line.
 8. There shall be unlimited blocking on any punt reception, with the existing five yard rule retained - such blocking to commence with the snap of the ball and interpreted as on the kick-off.
 9. Mouthguards are mandatory for all football players playing NOSSA high school football. The type of mouthguard to be used is optional.
 10. Cleat length shall be the same as that used in the OUAA rules.
 11. @ Playing time as outlined in the CAFA rulebook. Twelve (12) minute quarters with the last three minutes of the second and fourth as stop time.
 12. Canadian kicking rules shall apply.
 13. *The cut blocking rule will be adopted for the next NOSSA Sr. Football Championship and blocking below the waist must be within tackle to tackle and not in open field.
 14. ##Jersey Numbering – The football numbering system endorsed by the CAFA will be adopted at the NOSSA level.

N.O.S.S.A. SOCCER CHAMPIONSHIP

DATE: The NOSSA SOCCER Championship shall be held one week prior to the OFSAA SOCCER Championship unless extraordinary circumstances dictate a change.

DECLARATION DATE: *Districts must declare their intention to compete by May 10th.

TOURNAMENTS: @ There shall be a Senior "A", "AA" and "AAA" Championship, and a Junior "A", "AA" and "AAA" Championship.

LOCATION: The location of Championships shall be decided not later than the NOSSA Annual Meeting held in June of the school year prior to the Championship.

TOURNAMENT STRUCTURE AND PROCEDURE:

@ In the event that two districts confirm participation, the NOSSA championship will consist of a single game. Should a third district formally declare their intent to participate by May 10th in accordance with NOSSA rules, the host site will be permitted a second entry to render a four team draw, in a single elimination format. The first round match-ups will be determined by the convener, however the host teams are not to meet in the first round of competition. At least four hours should be allowed between the first round and championship final game.

Should a fourth district formally declare their intent to participate by May 10th in accordance with NOSSA rules, all four shall receive an entry and a four team single elimination schedule will be developed at the convener's discretion. At least four hours should be allowed between the first round and championship final game.

*The NOSSA Soccer Championship games are not to begin before 11am to allow time for out-of-town teams to travel.

The following procedures shall take place at each game:

- a) At the beginning of the game players and coaches shall line up along their respective sides of the mid-field line and shall advance and shake hands with their opponents.
- b) At the completion of the game players and coaches shall again shake hands with all opponents.

ENTRY: *Each District must declare entry by May 10 and the deadline for team entry will be the Wednesday prior to the NOSSA Championship. ^Each City Convener or winning coach must submit to the NOSSA Convener, the eligibility lists and team rosters (with jersey numbers) 24 hours before the NOSSA Championships.

EXPENSES: An Entry Fee shall be charged which shall be sufficient to cover operating costs of the tournament.

Those schools having entries are responsible for arranging and financing their own travel, meals and accommodation for the event.

ELIGIBILITY: To represent a school, a student must:
i) be eligible for competition under the Constitution, By-Laws and Standing Rules of the Association to which his school belongs.

N.O.S.S.A. SOCCER CHAMPIONSHIP

ELIGIBILITY:

- ii) be certified as eligible by the Principal of the school.
- iii) meet the following age requirements:
 - **Senior - the individual's birth certificate indicates that he has not reached his 20th birthday by December 31st of the current school year.
 - **Junior - the individual's birth certificate indicates that he has not reached his 16th birthday by December 31st of the current school year.
- iv) **be in Grades 9-12.

RULES AND OFFICIALS:

The rules of Soccer as they appear in the F.I.F.A. Handbook shall govern play in the NOSSA Championship with the following exceptions:

- a) Length of Play - There shall be two (2) forty-five minute halves with a five-minute rest period.
- b) *Number of Players - Each team may have a maximum of 20.
- c) Substitution - There is unlimited substitution. Substitution may occur at goal kicks, goals scored and at half-time. In the case of an injury, substitution is permissible at the referee's discretion. Substitution for a yellow carded player is compulsory. *Substitution may occur at throw-ins (own possession). Opponents can substitute if possessing team substitutes.

The yellow carded player is the only player who may be replaced at that time and he may re-enter the game at a regular substitution period.

If a player receives a red card he must leave the field for the remainder of that game (no substitution allowed) and may not play in his team's next game in the tournament.

- d) Tied Games - If the teams are tied at the end of regulation time the following procedure shall be used:
 - i) Two 10-minute halves.
 - ii) If still tied each team will select 5 players from those on the field at the conclusion of the overtime. These 5 players will take penalty kicks alternately, the first team to kick being decided by a coin toss. The winner will be the team scoring the most penalty kicks.
 - iii) If still tied, the remaining players shall take penalty kicks one from each team alternately, the winner being that team which is ahead after any pair of penalty kicks.
- e) @ The NOSSA Convener shall be responsible for obtaining OSA-certified officials for all championship games, wherever possible.

N.O.S.S.A. SOCCER CHAMPIONSHIP

UNIFORMS AND EQUIPMENT:

Teams must provide a second set of uniforms or a set of legally numbered markers of a different colour in case two opposing teams have uniforms of a similar colour. A coin toss shall decide which team shall change.

The NOSSA Convener shall be responsible for providing good playing facilities and equipment including goal posts with nets and corner field flags. Fields shall be clearly marked according to soccer regulation.

^Each team must bring two game balls to the championship.

AWARDS:

^Members of Championship team shall receive NOSSA medallions (to a maximum of 22). Members of the finalist team shall receive NOSSA silver medallions (to a maximum of 22).

^The championship teams will also received the following trophies:

A/AA Boys -

AAA - L.U. Soccer Ball

Junior Boys - Nina Grossi Memorial Trophy

BOY'S VOLLEYBALL

ELIGIBILITY: The NOSSA Volleyball competition shall be divided into two divisions: Junior and Senior

NOSSA Constitution, ARTICLE VII and OFSAA.

DECLARATION DATE: *Districts must declare their intention to compete by October 31st.

- SERIES:**
1. The "A" tournament shall rotate amongst the four districts. The "AA" and "AAA" tournaments shall rotate among North Shore, Nipissing and Sudbury until such time that the Sault Ste. Marie District applies for entry at the Annual NOSSA Meeting. The rotational order in Boys' Volleyball should be aligned such that one District does not host more than one (1) category in any given year.
 2.
 - a) Each District shall be allowed one representative with the host district having two (2) entries in both Junior and Senior. Each District must declare its entrant(s) by the **Wednesday** prior to the NOSSA "AAA", "AA", "A": tournaments. Failure to do so shall mean forfeiture of the district entrant(s).
 - b) *Each district shall attempt to send their best teams to represent them in each of the "A", "AA" and "AAA" tournaments. Each district Convener will declare to the NOSSA Convener(s) on October 31st whether the district will be represented in each classification. After doing so, should there be openings left unfilled, the convener may, in consultation with the local conveners, choose the best possible team(s) from any NOSSA region to complete the tournament.
 3. The NOSSA Volleyball Tournament shall be a 4 team round robin tournament with the top (2) teams going on to a playoff match.
 4. The round robin matches shall be 2 out of 3 games. The playoff match shall be the best 2 of 3 games.
 5. The suggested starting time shall be 10 00 hours, with each succeeding match starting on the hour. The Junior playoff shall begin after the completion of the round robin. The Senior playoff shall begin immediately after the Junior playoff.
 6.
 - i) Award 2 points for a match win and 0 for the loss.
 - ii)
 - a) If 2 teams are tied the team which won the match between the two teams shall be given the highest placing.
 - b) If 3 teams are tied and one team has beaten both the other teams, that team shall be given the highest placing.

BOY'S VOLLEYBALL

- c) The team having the best ratio won/lost games in the entire preliminary round robin will be ranked higher; for example: Team A and B are tied with a 4 win 1 loss record in matches. Team A has a 12 win 4 loss record in games and Team B has a 13 win 5 loss record in games. $A = 12/4$ or 3.00, $B = 13/5$ or 2.60 (carry as many decimal places as necessary). Therefore, Team A is placed higher in the standings
- d) In the event of a tie after the above, the team having the best point ratio for and against in the entire preliminary round robin will be ranked higher. The same division of points won divided by points lost as in games above will be used.

7. °Warm-ups prior to matches will follow a 5-5-5-1-1 format.

GAME PROCEDURES:

##When the first referee indicates for the teams to change sides at the end of a set, the teams may go directly to their bench and then proceed to the team bench on the other side of the court.

SCHEDULES:

##See appendices following these playing regulations for examples to follow.

LIBERO:

##The player that is designated as the libero for any set may be team captain or game captain.

RULEBOOKS:

Rules to be followed as outlined in the current C.V.A. Rulebook.

UNIFORMS:

@ A team is to wear matching uniform tops and matching (at first glance) shorts at all times or the player(s) will not play. Student-athletes must remain fully clothed in appropriate team uniform in the competition area, and, use the designated locker room or change area to change to and from competition attire. Teams in violation will receive a yellow card which carries a one-point penalty. Officials must inform the players of ineligibility to continue. Should a team member's uniform become soiled due to contact with blood or other bodily fluid, a "substitute uniform" may consist of another team member's uniform or a spare jersey.

OFFICIALS:

@ Every effort must be made to obtain the best qualified O.V.A. officials that are available. The host of the NOSSA tournament must provide suitably trained linespeople for all matches.

FINANCES:

Each representative will be responsible for its own cost. An entry fee may be charged to cover cost of officials and awards.

AWARDS:

The type of awards to be at the discretion of the convener with an eye toward encouraging the sport.

GENERAL:

1. In the event that two or more schools desire entry into the OFSAA "A" Senior Boys' Volleyball Tournament, a play-off shall be arranged to accommodate these teams at least one week prior to the OFSAA tournament. Playing regulations are to be in "AA".

BOY'S VOLLEYBALL

2. €For Junior competition, the net height shall be 2.35m.
3. *The championship game shall be a best of three as per OFSAA playing regulations.
4. There will be a separate tournament and playoff for the "A", "AA" and the "AAA" team entries at NOSSA.
5.
 - a) The tournament shall be a 4 team tournament with the top (2) teams going on to a playoff match.
 - b) If only 3 teams, use a 3-team Round Robin format.
 - c) If only 2 teams, use only the playoff match.
 - d) @ The game ball used for NOSSA league matches must be the Baden 15-0, Baden Lexum 15-0C, Baden Protection Elite, Tachikara SV-5W Gold or Tachikara SV-5WL.

BOYS VOLLEYBALL

SCHEDULES

##SCHEDULE #1:			
This schedule is a 4 team round robin for both Jr and Sr, using best 2 of 3 matches. It guarantees one half hour rest between matches.			
COURT #1	TIME	DIVISION	COURT #2
a vs d	9:00	JR	b vs c
A VS D	10:15	SR	B vs C
a vs c	11:30	JR	d vs b
A VS C	12:45	SR	D vs B
a vs b	2:00	JR	c vs d
A vs B	3:15	SR	C vs D
JR FINAL	5:00	JR	
	6:30	SR	SR Final

FEWER THAN 4 ENTRIES:

@ In case a team that qualified declines to enter, the following procedure must be undertaken by the convener to fill the tournament draw:

1. Contact the convener of the declining district to invite the next team in the school classification involved,
2. If no team can be picked up from declining district, invite the next team that has qualified from another district that has fewer than two entries already,
3. If no team can be picked up from any district within the limitations of item (2), then go to a 3-team schedule.
4. When a 3-team schedule is necessary, longer matches than 2 of 3 are suggested.

BOYS VOLLEYBALL

SCHEDULES

SCHEDULES FOR 3 TEAM TOURNAMENTS (or combined 3-Team and 4-Team)

<u>^SCHEDULE #2:</u>		
<p>3 team round robin for both JR and SR. Final Match - best 2 of 3. For Single "A", If at all possible, if a second gym is available, the court #2 schedule will be used at the second gym and all finals will be at the gym designated by the convener.</p>		
<u>COURT #1 SENIORS</u>	<u>TIME</u>	<u>COURT #2 JUNIORS</u>
<u>B vs C</u>	<u>10:00</u>	<u>b vs c</u>
<u>A vs C</u>	<u>12:00</u>	<u>a vs c</u>
<u>A vs B</u>	<u>2:00</u>	<u>a vs b</u>
	<u>4:30</u>	<u>JR FINAL</u>
<u>SR FINAL</u>	<u>6:00</u>	

<u>^SCHEDULE #3:</u>			
<p>4 team SR and 3 team JR round robin. Final match best 2 of 3. For Single "A", If at all possible, if a second gym is available, the court #2 schedule will be used at the second gym and all finals will be at the gym designated by the convener.</p>			
<u>COURT #1</u>	<u>TIME</u>	<u>DIVISION</u>	<u>COURT #2</u>
	9:00	JR	b vs c
A vs D	10:15	SR	B vs C
	11:30	JR	a vs c
A vs C	12:45	SR	D vs B
	2:00	JR	a vs b
A vs B	3:15	SR	C vs D
	5:00	JR	JR FINAL
SR FINAL	6:30	SR	

BOYS VOLLEYBALL

SCHEDULES

##SCHEDULE #4:			
3 team SR and 4 team JR round robin. Final match best 2 of 3. For Single "A", If at all possible, if a second gym is available, the court #2 schedule will be used at the second gym and all finals will be at the gym designated by the convener.			
<u>COURT #1</u>	<u>TIME</u>	<u>DIVISION</u>	<u>COURT #2</u>
a vs d	9:00	JR	b vs c
B vs C	10:15	SR	
a vs c	11:30	JR	d vs b
A VS C	12:45	SR	
a vs b	2:00	JR	c vs d
A vs B	3:15	SR	
SR FINAL	5:00 6:30	JR	JR FINAL

°SCHEDULE #5:			
4 team SR and 4 team JR round robin. Final match best 2 of 3. Single venue.			
<u>DAY</u>	<u>DIVISION</u>	<u>TEAMS</u>	<u>TIME</u>
1	JR	Sud #1 vs Sud #2	4:00pm
1	JR	North Shore vs Nip	5:00pm
1	SR	Sud #1 vs Sud #2	6:00pm
1	SR	North Shore vs Nip	7:00pm
2	JR	Sud #2 vs North Shore	9:00am
2	JR	Sud #1 vs North Bay	10:00am
2	SR	Sud #2 vs North Shore	11:00am
2	SR	Sud #1 vs North Bay	12:00pm
2	JR	Sud #2 vs North Bay	1:00pm
2	JR	Sud #1 vs North Shore	2:00pm
2	SR	Sud #2 vs North Bay	3:00pm
2	SR	Sud #1 vs North Shore	4:00pm
2	JR	CHAMP FINAL	5:00pm
2	SR	CHAMP FINAL	6:15pm

SOCCER

DATE: The NOSSA SOCCER Championship shall be held one week prior to the OFSAA SOCCER Championship unless extraordinary circumstances dictate a change. Suggested game times are 1:00pm and 3:00pm. *The NOSSA Soccer championship games are not to begin before 11:00am to allow out-of-town teams to travel.

LOCATION: The location of Championships shall be decided not later than the NOSSA Annual Meeting held in April of the school year prior to the Championship.

TOURNAMENT STRUCTURE AND PROCEDURE:

@ There shall be “A”, “AA” and “AAA” championships contested at the senior level.

@ In the event that two districts confirm participation, the NOSSA championship will consist of a single game

Should a third district formally declare their intent to participate by May 10th in accordance with NOSSA rules, the host site will be permitted a second entry to render a four team draw, single elimination format. The first round match-ups will be determined by the convener, however the host teams are not to meet in the first round of competition. At least four hours should be allowed between completion of the round robin and championship final game.

Should a fourth district formally declare their intent to participate by May 10th in accordance with NOSSA rules, all four shall receive an entry and a four team single elimination schedule will be developed at the convener's discretion. At least four hours should be allowed between completion of the round robin and championship final game.

The following procedures shall take place at each game:

- a) At the beginning of the game players and coaches shall line up along their respective sides of the mid-field line and shall advance and shake hands with their opponents.
- b) At the completion of the game players and coaches shall again shake hands with all opponents.

ENTRY: *Each District must declare their intent to participate by May 10 and the deadline for team entry will be the Wednesday prior to the NOSSA Championship.

EXPENSES: An Entry Fee shall be charged which shall be sufficient to cover operating costs of the tournament.

Those schools having entries are responsible for arranging and financing their own travel, meals and accommodation for the event.

SOCCER

ELIGIBILITY: To represent a school, a student must:

- i) be eligible for competition under the Constitution, By-Laws and Standing Rules of the Association to which her school belongs.
- ii) be certified as eligible by the Principal of the school.
- iii) **meet the following age requirements:
 - the individual's birth certificate indicates that she has not reached her 20th birthday by December 31st of the current school year.
- iv) **be in Grades 9-12.

RULES AND OFFICIALS:

The rules of Soccer as they appear in the F.I.F.A. Handbook shall govern play in the NOSSA Championship with the following exceptions:

- a) Length of Play - There shall be two (2) forty minute halves with a five-minute rest period.
- b) Number of Players - Each team may have a maximum of 20.
- c) Substitution - There is unlimited substitution. Substitution may occur at stoppage of play and at half-time. In the case of an injury, substitution is permissible at the referee's discretion. Substitution for a yellow carded player is compulsory. ^Substitution may occur at throw-ins (own possession). Opponents can substitute only if possessing team substitutes.
The yellow carded player is the only player who may be replaced at that time and she may re-enter the game at a regular substitution period.

If a player receives a red card she must leave the field for the remainder of that game (no substitution allowed) and may not play in her team's next game in the tournament.

- d) Tied Games - If the teams are tied at the end of regulation time the following procedure shall be used:
 - i) Two 5-minute halves.
 - ii) If still tied each team will select 5 players from those on the field at the conclusion of the overtime. These 5 players will take penalty kicks alternately, the first team to kick being decided by a coin toss. The winner will be the team scoring the most penalty kicks.
 - iii) If still tied, the remaining players shall take penalty kicks one from each team alternately, the winner being that team which is ahead after any pair of penalty kicks.

SOCCER

- e) Teams must register thirty minutes before the first game time and must be ready to play when scheduled in subsequent games or face forfeiture.
- f) @ The NOSSA Convener shall be responsible for obtaining OSA-certified officials for all championship games, wherever possible.

UNIFORMS AND EQUIPMENT:

Teams must provide a second set of uniforms or a set of legally numbered markers of a different colour in case two opposing teams have uniforms of a similar colour. A coin toss shall decide which team shall change.

The NOSSA Convener shall be responsible for providing good playing facilities and equipment including goal posts with nets and corner field flags. Fields shall be clearly marked according to soccer regulation.

^Each team must bring two game balls to the meet.

AWARDS:

Members of Championship team shall receive NOSSA medallions (to a maximum of 20).

VOLLEYBALL

AGE AND ELIGIBILITY:

See Constitution, Article VII

TOURNAMENT FINANCING:

Expenses for the NOSSA volleyball tournaments shall be the responsibility of the host area. An entry fee will be charged at the discretion of the convener to off-set tournament expenses. Any profit/loss is to be returned to/covered by the host district.

TOURNAMENTS:

NOSSA will host the following tournaments

- "A" Jr/Sr.
- "AA" Jr/Sr.
- "AAA" Jr/Sr.

ENTRIES:

€"A", "AA" and "AAA" tournament:

JUNIOR: Sudbury 1, Nipissing 1, North Shore 1, Sault 1, Host District 1 (optional)

SENIOR: Sudbury 1, Nipissing 1, North Shore 1, Sault 1, Host District 1 (optional)

DECLARATION OF DISTRICT REPRESENTATION DEADLINE:

By January 15th of the current volleyball season, *each District must declare in writing to each of the three N.O.S.S.A. conveners, whether or not a district will have an entry in both the senior and junior tournaments. It is not necessary to specify a school. If a district has not declared by the set date they will not be permitted an entry to the tournament for that year. *Furthermore, each NOSSA convener will confirm this entry by January 31st in writing as well.

Each district must declare its entrant(s) by the Wednesday prior to the N.O.S.S.A. "AAA", "AA", "A", tournaments. Failure to do so shall mean forfeiture of the district entrant(s).

ENTRY DEADLINE:

Each district must declare its entrants and notify the convener no later than the Monday immediately prior to the NOSSA tournament. Failure to do so shall mean forfeiture of the district entrant(s).

FACILITIES:

The Convener shall make every effort to schedule games on regulation size courts, with height of gym and size of serving area as suggested in the CVA Rules.

Teams should be notified in advance of any necessary changes in gym height or serving area size and also if there are any overhead obstructions. This information is to be included in the general information sent to each District well in advance of the tournament. Rulings on overhead obstructions (local ground rules) shall be made by the host district.

VOLLEYBALL

PLAYING RULES:

The rules used shall be from the most recent CVA rule book with the exception of the ping pong rule.

For juniors and seniors, the height of the net shall be 2.24m.

No tensor bandages may be worn on wrists or arms. Elastoplast may be used to tape an injured area; fingers may be taped to protect injured joints. @ All jewelry must be removed. Violations will be penalized with a yellow card and a delay of game warning issued to the offending team.

A team playing consecutive games, both in NOSSA Volleyball and Basketball will be given time to rest; in Basketball one hour and in Volleyball 30 minutes.

All NOSSA Volleyball matches are to be run at the scheduled time unless the teams have not had their prescribed rest period between matches, in which case they shall play later than the scheduled time or both coaches, the referees and the convener (or the convener's representative) agree to play earlier than the scheduled time.

€Eighteen dressed players shall be allowed to sit on the bench and up to eighteen players may be on the scoresheet.

That the Junior teams' uniform numbers not be restricted to the range as outlined in Rule 5.1-4 of the Volleyball Canada Rulebook and the range be allowed from 1 to 99.

*Twelve substitutions per set will be permitted as per the Ontario Volleyball's Provincial Indoor Competitions Manual (1997-98).

Clarification: Teams are allowed a maximum of twelve substitutions in any one set. There is no limit to the number of times a plyer may leave or re-enter a set as long as the maximum number of substitutions is adhered to and they leave or re-enter for the same player. (Once a player has designated substitution partner in a set, that is the only player for which they may leave or re-enter in that set. Players may have a different substitution partner in subsequent sets.)

°Should a team member's uniform become soiled due to contact with blood or other bodily fluid, a "substitute uniform" may consist of another team member's uniform or a spare jersey.

°Student-athletes must remain fully clothed in an appropriate team uniform in the competition area, AND use the designated locker room or change area to change to and from competition attire. Teams in violation will receive a yellow card which carries a one point penalty.

VOLLEYBALL

SCORING: Tournament - each match won shall earn a team two points, each match lost shall earn a team 0 points.

VOLLEYBALL CANADA TIE BREAKING PROCEDURE:

If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:

- a) The team having the best ratio of won/lost matches, considering matches between the tied teams, will be ranked higher.
- b) The team having the best ratio of won/lost games, considering matches played between the tied teams, will be ranked higher.
- c) The team having the best ratio of won/lost games, considering all matches of the round robin, will be ranked higher.
- d) The team having the best ratio of points for/against, considering games played between the tied teams, will be ranked higher.
- e) The team having the best ratio of points for/against, considering all games played during the round, will be ranked higher.

When you apply this rule to break a tie you should follow this sequence:

1. When two teams are tied, the tie breaking criteria are applied one after the other until the tie has been broken.
2. When three or more teams are tied, the tie breaking criteria are applied one after the other until all the tied teams have been ranked.

Note: This means that if there is a tie among teams X, Y and Z and criteria "b" is able to determine X as first, Y as second and Z as third, then no further criteria are to be used. The tie is broken.

However, if criteria "b" determines X as first and there is still a tie between Y and Z, then the ranking of the remaining teams will be determined by proceeding to criteria "c" and so on, if necessary. Do not start at "a" again, continue through the sequence of criteria.

OFFICIALS: @ The convener or her appointee(s) shall attempt to arrange for a sufficient number of provincially-rated (OVA) or higher-rated officials so that there will be at least one working each match of the tournament, and two working any final match. The official with the highest rating shall be the referee, not the umpire.

At the NOSSA Volleyball Tournaments (A, AA, AAA), the Convener, where possible, must use trained or rated people to serve as lines people.

VOLLEYBALL

CONVENER: The convener shall appoint a Jury of Appeal consisting of the convener and one representative from each District to rule on any protests that may arise during the course of the tournament. If a member of this Jury is a coach whose team is involved in the protest, another representative will be appointed to assist in the ruling.

@ The convener is reminded to direct coaches to the latest NOSSA Constitution found on the NOSSA website.

DATE: @ All championship tournaments (“A”, “AA” and “AAA”) involving four teams or less will be hosted on a Friday.

GAME PROCEDURES: ##When the first referee indicates for the teams to change sides at the end of a set, the teams may go directly to their bench and then proceed to the team bench on the other side of the court.

LIBERO: ##The player that is designated as the libero for any set may be team captain or game captain.

SCHEDULE: °A round-robin schedule shall be played with a final between the first and the second place teams to decide the championship. @ All matches, including the final, will be the best two out of three sets.

All participating teams shall play an equal number of games on the Friday of the NOSSA Tournament.

The Convener is to inform outside districts of the exact time that they are to play their first match, so that travel arrangements can be made. The Convener has the discretion to change the playing schedule when two sites are utilized. The half hour rest between matches may not be possible due to schedule limitations.

*Be it resolved that when two teams from the same district are involved in one particular NOSSA tournament, that the two teams from that same district play each other in the second round of the tournament (exception: 6 team draw)..

Example: 2 Sudbury Reps and 2 Sault Reps. These 2 teams from the same district will play each other in the second round of the tournament.

@WARM-UPS: Warm-ups will consist of a 5-5-5 format for on court warm-up when the court is made available to the competing teams. Five (5) minutes will be common time for on court warm-up; five (5) minutes for team serving first at net; five (5) minutes for team receiving first at net.

VOLLEYBALL

AWARDS: Second place teams in Junior and Senior Girls' Volleyball Final matches will be awarded silver medals or second place ribbons.

<u>SCHEDULE #1:</u>			
This schedule is a 4 team round robin for both Jr and Sr, using best 2 of 3 matches. It guarantees one half hour rest between matches.			
COURT #1	TIME	DIVISION	COURT #2
a vs d	9:00	JR	b vs c
A VS D	10:15	SR	B vs C
a vs c	11:30	JR	d vs b
A VS C	12:45	SR	D vs B
a vs b	2:00	JR	c vs d
A vs B	3:15	SR	C vs D
JR FINAL	5:00	JR	
	6:30	SR	SR Final

FEWER THAN 4 ENTRIES:

@ In case a team that qualified declines to enter, the following procedure *must be used* by the convener as a method to round out the tournament.

1. Contact the convener of the declining district to invite the next team that qualifies from that district.
2. If no team can be picked up from that district, then invite the next team that has qualified from another district that *has fewer than three entries* already.
3. If no team can be picked up from any district within the limitations of #2, then go to a 3-team schedule.
4. When a 3-team schedule is necessary, longer matches than 2 of 3 are suggested.

BADMINTON

DIVISION:

- **Midget - under 15 on December 31st of the competing year.
- **Junior - under 16 on December 31st of the competing year.
- **Senior - under 20 on December 31st of the competing year.

SERIES:

- a) Two entries will be allowed from each area. If one area does not enter two teams, the host area may supply an additional entry. A competitor may enter one event only. This vacant spot in the draw shall be filled by the individual or team who has placed next in the host district's standings.
- b) All competitors must have qualified in their event in their district to be eligible to compete in the same event at NOSSA.
- c) No substitutions shall be allowed for any doubles or mixed doubles player who has qualified for NOSSA competition. In the case where a player who has qualified for NOSSA can not compete, the singles player or doubles team should be replaced by the individual or team who has placed next in the District standings. The same rule shall apply to NOSSA competitors who qualify for OFSAA.

DATE:

Two weeks prior to OFSAA and shall rotate among the associations.

FINANCING:

@ The NOSSA badminton fee is \$10.00 / athlete.

RULEBOOK:

Canadian Badminton Association. A convener's book was prepared in 1976 and will be passed on to the next convener.

@ NOSSA badminton will return to the current OFSAA playing regulations in all matters pertaining to format of competition, protective equipment and brand of shuttlecock to use.

OFFICIALS:

Staff members, coaches and players (no payment).

SEEDING:

All teams are to be seeded. The first place area teams are to fill the slots 1,4,5,8 and the second place teams to fill the slots 2,3,6,7 in the opposite end of the draw of their 1st place representatives.

^The first place District players will be placed randomly in each draw.

BADMINTON

^The Convener has the discretion to seed the top two singles' players or doubles' players in opposite halves of the draw in all flights.

@ The seeding process shall be undertaken for each event.

EVENTS:

Ladies' Singles
Men's Singles
Ladies' Doubles Championships only
Men's Doubles
Mixed Doubles

FORMAT:

- a) A true double elimination tournament as used at OFSAA. This guarantees everyone 2 matches. The finalist from the losers round must defeat the winner round finalist in 2 matches in order to win.
- b)
 - i) ##In all events, all games shall be played to 15 points. If a 15th match is required, the players are allowed a 20 minute rest period before playing that match.
 - ii) Warm-ups shall be 3 minutes.
 - iii) Players shall be allowed a rest period of no more than five minutes between consecutive games.
- c) With 10 to 12 courts available, the following timings and order of events may be used:
 - i) Tournament begins with all singles matches to finals - planning time 4 hours.
 - ii) Doubles to the finals - 4 and a half hours.
 - iii) Mixed doubles starting 1 hour after doubles - 3 and one half hours.
- d) If a player(s) is (are) given a bye, he/she (they) may have the court for a maximum of 15 minutes to warm up.
- e) A fifteen minute default rule may be enforced by the convener(s) for athletes not showing up for their game within 15 minutes of when the game was called.
- f) **Games one to eight in each draw are to be played on the Friday evening.

BADMINTON

JUDGES:

#The NOSSA Badminton convener will have a pre-competition meeting with all coaches to go over:

- a) Lets
- b) @ A chief referee be instated as part of the badminton officiating needs (when needed). The chief referee will be decided upon by the incoming convener. Officiating qualifications are required for any chief referee. The chief referee will be paid an appropriate honourarium and accommodations provided by the convening group.
- c) Review uniform regulations
- d) Discuss post season meeting that will take place after the NOSSA awards presentation.

SHUTTLE:

NOSSA shall use the Mavis 300 as the official bird.

SCORING:

Points for determining final school results will be awarded as follows:

- | | |
|----------------------------|---|
| 5 points for first place, | 2 points for fourth place, |
| 4 points for second place, | 1 point for each player tied for fifth place. |
| 3 points for third place, | |

TROPHIES:

The following team trophies shall be presented at the conclusion of the NOSSA competition:

- (a) The Steve Chen Trophy - Combined Team Champion
- (b) The Bumbacco Trophy - Senior Team Champion
- (c) The Larry Bobbie Trophy - Midget Team Champion
- (d) - Junior Team Champion
- (e) The Lucio Fabris Trophy - Overall District Winner

UNIFORMS:

°All players must be dressed in gym shorts of mainly solid colour and a predominantly white T-shirt (or white collared shirt) - **No fluorescent colours.**

^School, Association or OFSAA logos are permitted insignia in the competitive area. The brand name of the uniform manufacturer is permitted to be visible. Badminton-related shirts are acceptable.

**School team badminton uniforms are accepted. The shirts do not have to be white if the singles player or matching double/mixed partners are wearing matching team uniforms.

@ Doubles and mixed players from the same team must wear matching, solid coloured shorts.

Headgear is not acceptable in the competitive area with the exception of sweat bands.

BADMINTON

°When two or more players are warming up or competing on court, approved eye-wear is mandatory for all levels of NOSSA badminton.

CONDUCT:

Athletes displaying flagrant unsportsmanlike behaviour on the courts will be warned by the convenor or his/her designate. A second offence will result in disqualification of the athlete from the match. Any further offences will result in the athlete being disqualified from the tournament.

TENNIS

ELIGIBILITY AGE:

**One Division - Competitors must be under twenty on December 31st of the competing year.

TOURNAMENT DATE:

@ The tournament will be played near the end of may or early June. The date will be set at the April meeting of NOSSA in the previous school year.

LOCATION:

The tournament location and convenership shall rotate amongst the participating districts.

OFFICIALS:

Volunteers, coaches, players, parents, or other responsible people who may be in attendance.

RULES:

Canadian Lawn Tennis Association (convener shall have the right to modify the rules to suit the facilities available).

ENTRIES:

The NOSSA Tournament shall be a (4) four team single elimination tournament with each district guaranteed one entry. When only two (2) district compete in an event, each gets two (2) entries. When three (3) districts compete in an event the host district gets two (2) entries.

LENGTH OF GAMES:

@ All matches will be pro game 10 game sets with “no ads”. Tie breaker at 9-9 (it shall be up to the discretion of the convener to decide if the “No ADD rule” will apply, or whether they will use Adds. The convener may also decide upon the length of sets depending upon time available. This will depend upon the time available and the number of courts available). Finals will be 10 game sets “with ads”. Tie breaker at 9-9. If challenge match is required, play 8 game pro set with tie breaker at 7-7.

FINANCING:

Entry fees should be on a competitor basis. Amount of fee is left to the discretion of the convener but should be sufficient to cover the cost of tennis balls, awards and any other essential expenses. The purchase of awards or trophies shall be at the discretion of the convener.

GENERAL:

- a) Events - girls singles, girls double, mixed doubles, boys singles, boys doubles (championship flight only).
- b) Competitors may only enter one event.

TENNIS

- GENERAL (cont):**
- c) With each entry, the coach should include a resume of any awards or ranking in national, provincial or local tournaments to assist the convener in seeding of players. Otherwise, the past performance of the competitor in other previous tournaments should be noted.
 - d) Dress - "whites" are preferred and running shoes but school gym uniforms or sweatsuits are also acceptable.
 - e) Tennis balls will be supplied for all events.

POINTS:

@ There will be gold medals for each division winner, silver for second place finishers and ribbons for third and fourth place finishers. There will also be a championship banner for the school with the most overall points. The following breakdown will be used to award points based on finish: 1st = 10 points, 2nd = 7 points, 3rd = 4 points, 4th = 2 points.

TRACK AND FIELD

17. In both the high jump and the pole vault, the crossbar must not be raised to tie a record but shall be raised until the height exceed the record by at least 1 cm in the high jump and by at least 1 cm in the pole vault.
18. The officials for all field events must be in their designated areas before the first call to allow the athletes to warm up properly and to prevent accidents in the weight events.
19. The shot put and discus areas should be constructed of cement with a metal ring insert (if possible).
20. The open 2000m steeplechase is to be included in the list of events and will be run even if the water jump is not available.
21. There shall be only two calls for each event:
 - a) First call - 15 minutes prior to the event time.
 - b) Final call - 5 minutes prior to the event time.
22. #That ribbons be awarded to second to eighth place finishers.
23. That a standardized short form system for all schools in NOSSA be used as included.
24. The entire name, i.e. first and last name, must be entered on all entry forms.
25. All members of relay teams must be entered on the entry sheets.
26. An athlete must participate in all events in which he or she is entered. In the event an athlete scratches he will be ineligible to participate in any subsequent events.
- ^27. Assistance to athletes must be consistent with Rule 143 of the IAAF rule book.
- @28. An individual shall be assigned to the NOSSA meet whose sole responsibility will be the administering of first aid to the athletes.