

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 1 Women 100 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 9:00 AM**

NOSSA: 12.93 6/1/2007 Trisha Francis, Dunn, Sir Ja  
 OFSAA: 12.20 2008 Cassandra Pascal - St Marcellinus SS, Mississauga

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	742	Trowbridge, Kelsie	WCESS-Blind Rive	14.96	_____	_____
2	590	Roberts-Jamieson, Koren	SJDCVS-SS Marie	14.17	_____	_____
3	9	Dupuis, Nathalie	ESA - North Bay	13.82	_____	_____
4	682	St. Germain, Alyssa	SMC-SS Marie	13.27	_____	_____
5	632	Spina, Taylor	SBSS-SS Marie	13.64	_____	_____
6	353	Koutsoukis, Kea	LEPSS-Sudbury	14.16	_____	_____
7	190	Sicard, Stephanie	ESCC-Chelmsford	14.94	_____	_____
8	77	Orlando, Jamie	CASS-Desbarats	15.49	_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	57	Celetti, Holly	CASS-Desbarats	15.33	_____	_____
2	94	Fung, Alison	CSS- North Bay	14.55	_____	_____
3	342	Elliott, Clarissa	LEPSS-Sudbury	13.90	_____	_____
4	29	McCann, Molly	ESA - North Bay	13.35	_____	_____
5	295	Stewart, Sam	Korah - SS Marie	13.44	_____	_____
6	312	Prescott, Sarah	LaSalle - Sudbury	14.12	_____	_____
7	154	Belanger, Christina	ESMC-Sudbury	14.87	_____	_____
8	108	Vandermeer, Molly	CSS- North Bay	15.43	_____	_____

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**Event 2 Men 100 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 9:30 AM****NOSSA: 11.59 2006****David Fournier-St Joe/Scollard****OFSAA: 10.89 1981****Keith Dormond - Graham B. Warr**

<b>Lane</b>	<b>Comp#</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
<b>Heat 1 of 2 Prelims</b>						
1	798	Marshall, Devin	WSS-North Bay	13.23	_____	_____
2	343	Ghent, Dalton	LEPSS-Sudbury	12.96	_____	_____
3	438	Argall, Andrew	MSS-M'Chigeeng	12.74	_____	_____
4	266	Conforzi, Corey	Korah - SS Marie	11.63	_____	_____
5	603	Bradford, Riley	SBSS-SS Marie	12.50	_____	_____
6	414	Jenkins, Zachary	Lockerby - Sudbury	12.95	_____	_____
7	162	Dufour, Sébastien	ES Odyssée	13.18	_____	_____
8	198	Beaudry-Southwind, Jayden	EHS-Espanola	13.65	_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	313	Rivet, Luc	LaSalle - Sudbury	13.26	_____	_____
2	331	Belzile, Han-Sen	LEPSS-Sudbury	13.02	_____	_____
3	73	MacDonald, Luke	CASS-Desbarats	12.80	_____	_____
4	605	Carchidi, Carlo	SBSS-SS Marie	12.37	_____	_____
5	549	Depetrillo, Brandon	SJDCVS-SS Marie	12.47	_____	_____
6	418	Larin, Keiran	Lockerby - Sudbury	12.92	_____	_____
7	752	Davis, Joey	WFSS-North Bay	13.02	_____	_____
8	488	Perrin, Ron	NSS - Sturgeon F	13.27	_____	_____

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**Event 3 Women 200 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 10:30 AM****NOSSA: 26.60 2004****Rebecca Johnston-Lo-Ellen Park****OFSAA: 24.42 2002****Emily Johnson -John F. Ross CVI**

<b>Lane</b>	<b>Comp#</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
<b>Heat 1 of 2 Prelims</b>						
1					_____	_____
2	164	Albert, Tali Anne	ESSC-Sudbury	30.22	_____	_____
3	154	Belanger, Christina	ESMC-Sudbury	29.45	_____	_____
4	29	McCann, Molly	ESA - North Bay	27.24	_____	_____
5	682	St. Germain, Alyssa	SMC-SS Marie	28.62	_____	_____
6	265	Carter, Jaimee	Korah - SS Marie	29.60	_____	_____
7	108	Vandermeer, Molly	CSS- North Bay	31.63	_____	_____
8	57	Celetti, Holly	CASS-Desbarats	32.37	_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	441	Bredin, Anne	MSS-M'Chigeeng	33.11	_____	_____
2	96	Giorgetti, Corrine	CSS- North Bay	30.42	_____	_____
3	295	Stewart, Sam	Korah - SS Marie	29.40	_____	_____
4	9	Dupuis, Nathalie	ESA - North Bay	28.09	_____	_____
5	312	Prescott, Sarah	LaSalle - Sudbury	28.60	_____	_____
6	669	MacLennan, Rachel	SMC-SS Marie	29.30	_____	_____
7	135	Rogers, Jessica	ELSS-Elliot Lake	31.20	_____	_____
8					_____	_____

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**Event 4 Men 200 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 11:00 AM**NOSSA: 23.97 6/1/2007 **Joey Plastino, St. Basil's**OFSAA: 22.30 1991 **Chris Robinson - Jacob Hespeler**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	208	Cooper, Caleb	EHS-Espanola	29.84	_____	_____
2	798	Marshall, Devin	WSS-North Bay	26.73	_____	_____
3	331	Belzile, Han-Sen	LEPSS-Sudbury	26.34	_____	_____
4	266	Conforzi, Corey	Korah - SS Marie	25.40	_____	_____
5	418	Larin, Keiran	Lockerby - Sudbury	26.27	_____	_____
6	605	Carchidi, Carlo	SBSS-SS Marie	26.89	_____	_____
7	258	St. Pierre, Brady	FJME-Mattawa	27.05	_____	_____
8	148	Piche, Kyler	ESJN-Blind River	37.84	_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	549	Depetrillo, Brandon	SJDCVS-SS Marie	27.66	_____	_____
2	343	Ghent, Dalton	LEPSS-Sudbury	26.60	_____	_____
3	162	Dufour, Sébastien	ES Odyssée	26.38	_____	_____
4	407	Ealdama, Justin	Lockerby - Sudbury	25.44	_____	_____
5	159	Mazal, Abram	ESMC-Sudbury	25.57	_____	_____
6	752	Davis, Joey	WFSS-North Bay	26.43	_____	_____
7	768	Fagan, Matt	WPCVS-SS Marie	27.02	_____	_____
8	146	Landriault, Cameron	ESJN-Blind River	31.62	_____	_____

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**Event 5 Women 400 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 4:50 PM****NOSSA: 58.69 2004****Rebecca Johnston-Lo-Ellen Park****OFSAA: 55.4h 1978****Linda Orr - Aldershot HS****OFSAA\_2: 56.20 2005****Natalie Geiger - Stouffville D H S**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	149	Roberts, Mackenzie	ESJN-Blind River	1:16.11	_____	_____
2	405	Conrad, Gabrielle	Lockerby - Sudbury	1:15.25	_____	_____
3	693	Busch, Sieglinde	SJSH-North Bay	1:11.29	_____	_____
4	9	Dupuis, Nathalie	ESA - North Bay	1:03.65	_____	_____
5	669	MacLennan, Rachel	SMC-SS Marie	1:08.59	_____	_____
6	552	Dupuis, Danielle	SJDCVS-SS Marie	1:14.19	_____	_____
7	453	Prato, Katerina	MSS-M'Chigeeng	1:15.58	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	321	Bertuzzi, Elissa	Lively - Lively	1:17.25	_____	_____
2	663	Gjos, Meagan	SMC-SS Marie	1:14.59	_____	_____
3	455	Robertson, Taylor	MSS-M'Chigeeng	1:13.14	_____	_____
4	29	McCann, Molly	ESA - North Bay	1:03.93	_____	_____
5	692	Buckle, Meghan	SJSH-North Bay	1:07.27	_____	_____
6	435	Vatcher, Meghan	Lockerby - Sudbury	1:13.34	_____	_____
7	611	Henderson, Kristen	SBSS-SS Marie	1:15.69	_____	_____
8	497	Bouzane, Cecilia	CND - Sudbury	1:18.15	_____	_____

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**Event 6 Men 400 Meter Dash Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 5:25 PM****NOSSA: 53.68 5/29/2008 Jeremy Poeta, SJSH-North Bay****OFSAA: 50.84 6/4/2005 Mohammed Dhaqane, Birchmount P-Scarboroug**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	146	Landriault, Cameron	ESJN-Blind River	1:11.14	_____	_____
2	181	Fraser, Joel	ESCC-Chelmsford	1:04.95	_____	_____
3	47	Maidra, Adam	BCVS - SS Marie	1:00.84	_____	_____
4	716	Ortepi, Jordi	SJSH-North Bay	58.64	_____	_____
5	80	Thomas, Coty	CASS-Desbarats	1:00.62	_____	_____
6	159	Mazal, Abram	ESMC-Sudbury	1:02.54	_____	_____
7	446	Doane, Mark	MSS-M'Chigeeng	1:07.11	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1					_____	_____
2	189	Ruest, Kayden	ESCC-Chelmsford	1:05.56	_____	_____
3	772	Hicks, Josh	WPCVS-SS Marie	1:01.04	_____	_____
4	563	Heeps, Patrick	SJDCVS-SS Marie	59.74	_____	_____
5	328	Ayotte, Cameron	LEPSS-Sudbury	1:00.15	_____	_____
6	616	Krotkiewicz, Jon	SBSS-SS Marie	1:01.61	_____	_____
7	793	Griffith, Brent	WSS-North Bay	1:05.58	_____	_____
8					_____	_____

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**Event 7 Women 800 Meter Run Midget**

Friday 5/29/2009 - 12:00 PM

NOSSA: 2:25.95 6/1/2007 Caroline Ehrhardt, Espanola

OFSAA: 2:13.40 1983 Michelle Bathurst - Oakridge

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
3-1A	280	Krancevich, Mariah	Korah - SS Marie	2:48.12	_____	_____
7-1B	479	Webber, Mackenzie	MA-Sudbury	3:08.07	_____	_____
11-1C	460	Wright, Marie Lee	MSS-M'Chigeeng	2:55.64	_____	_____
1-2A	455	Robertson, Taylor	MSS-M'Chigeeng	2:50.96	_____	_____
5-2B	759	Murton-Shorey, Alora	WFSS-North Bay	2:44.09	_____	_____
9-2C	367	Pehwarden-Watson, Michaela	LEPSS-Sudbury	2:55.96	_____	_____
13-2D	692	Buckle, Meghan	SJSH-North Bay	2:43.12	_____	_____
2-3A	578	Mascardelli, Madison	SJDCVS-SS Marie	2:50.17	_____	_____
6-3B	327	Arteca, Ellen	LEPSS-Sudbury	3:20.35	_____	_____
10-3C	149	Roberts, Mackenzie	ESJN-Blind River	2:59.36	_____	_____
14-3D	633	Stilin, Anna	SBSS-SS Marie	2:45.78	_____	_____
4-4A	689	Benitez, Sofia	SJSH-North Bay	2:47.56	_____	_____
8-4B	627	Reader, Chelsea	SBSS-SS Marie	2:41.42	_____	_____
12-4C	751	Dart, Meghan	WFSS-North Bay	2:44.36	_____	_____
15-1D					_____	_____
16-4D					_____	_____

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**Event 8 Men 800 Meter Run Midget**  
**Friday 5/29/2009 - 12:30 PM**

NOSSA: 2:07.9h 2005  
 OFSAA: 1:53.24 1989

**Dominik Graf-Sir James Dunn**  
**Kevin Sullivan - North Park C&**

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
3-1A	551	DiPietro, Stephen	SJDCVS-SS Marie	2:36.96	_____	_____
7-1B	786	Brideau, Michael	WSS-North Bay	2:34.05	_____	_____
11-1C	294	St. John, Blair	Korah - SS Marie	2:30.31	_____	_____
15-1D	597	Smith, Brett	SJDCVS-SS Marie	2:31.11	_____	_____
1-2A	457	Trimmer, Wesley	MSS-M'Chigeeng	2:33.02	_____	_____
5-2B	616	Krotkiewiez, Jon	SBSS-SS Marie	2:29.75	_____	_____
9-2C	163	Palmer, Darren	ES Odyssée	2:35.50	_____	_____
13-2D	22	Laperriere, Pascal	ESA - North Bay	2:33.46	_____	_____
2-3A	724	Langlois, Jesse	ESVFJ-Elliot Lak	2:36.24	_____	_____
6-3B	403	Caverson, Zachary	Lockerby - Sudbury	2:31.22	_____	_____
10-3C	328	Ayotte, Cameron	LEPSS-Sudbury	2:26.77	_____	_____
14-3D	416	Kosmerly, Hayden	Lockerby - Sudbury	2:24.09	_____	_____
4-4A	299	Bailey, Ian	LaSalle - Sudbury	2:30.05	_____	_____
8-4B	446	Doane, Mark	MSS-M'Chigeeng	2:35.48	_____	_____
12-4C	716	Ortepi, Jordi	SJSH-North Bay	2:11.31	_____	_____
16-4D					_____	_____

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**Event 9 Women 1500 Meter Run Midget****Thursday 5/28/2009 - 5:50 PM**

NOSSA: 5:10.67 5/29/2008 Kyla Pettigrew, LEPSS-Sudbury

OFSAA: 4:36.30 2004 Lindsay Carson - Southwood SS

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	719	Sherry, Sami	SJSH-North Bay	5:32.13	_____	_____
2	626	Reader, Annie	SBSS-SS Marie	5:35.77	_____	_____
3	627	Reader, Chelsea	SBSS-SS Marie	5:38.58	_____	_____
4	689	Benitez, Sofia	SJSH-North Bay	5:40.59	_____	_____
5	759	Murton-Shorey, Alora	WFSS-North Bay	5:42.91	_____	_____
6	633	Stilin, Anna	SBSS-SS Marie	5:44.75	_____	_____
7	4	Boulay, Camille	ESA - North Bay	5:52.52	_____	_____
8	578	Mascardelli, Madison	SJDCVS-SS Marie	5:54.89	_____	_____
9	496	Bouchard, Emilie	CND - Sudbury	6:02.18	_____	_____
10	460	Wright, Marie Lee	MSS-M'Chigeeng	6:15.83	_____	_____
11	112	Bastien, Kailey	CSS - Val Caron	6:16.16	_____	_____
12	367	Pehwarden-Watson, Michaela	LEPSS-Sudbury	6:20.69	_____	_____
13	456	Sampson, Erica	MSS-M'Chigeeng	6:22.99	_____	_____
14	327	Arteca, Ellen	LEPSS-Sudbury	6:29.97	_____	_____
15	505	Gauthier, Jasmine	CND - Sudbury	6:31.70	_____	_____
16					_____	_____

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**Event 10 Men 1500 Meter Run Midget**  
**Thursday 5/28/2009 - 6:50 PM**

NOSSA: 4:22.77 2005  
 OFSAA: 3:54.31 1989

Dominik Graf-Sir James Dunn  
 Kevin Sullivan - North Park C&

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	716	Ortepi, Jordi	SJSH-North Bay	4:43.38	_____	_____
2	416	Kosmerly, Hayden	Lockerby - Sudbury	4:52.00	_____	_____
3	299	Bailey, Ian	LaSalle - Sudbury	5:01.40	_____	_____
4	163	Palmer, Darren	ES Odyssée	5:02.33	_____	_____
5	113	Beaton, Scott	CSS - Val Caron	5:05.80	_____	_____
6	403	Caverson, Zachary	Lockerby - Sudbury	5:06.90	_____	_____
7	333	Blayney, Conor	LEPSS-Sudbury	5:10.30	_____	_____
8	22	Laperriere, Pascal	ESA - North Bay	5:25.55	_____	_____
9	246	Weaver, Justin	EHS-Espanola	5:26.65	_____	_____
10	59	Evoy, Keegan	CASS-Desbarats	5:30.90	_____	_____
11	457	Trimmer, Wesley	MSS-M'Chigeeng	5:32.65	_____	_____
12	487	Lachance, Erik	NSS - Sturgeon F	5:38.08	_____	_____
13	551	DiPietro, Stephen	SJDCVS-SS Marie	5:43.34	_____	_____
14	597	Smith, Brett	SJDCVS-SS Marie	5:43.62	_____	_____
15	291	Radke, Dave	Korah - SS Marie	5:48.58	_____	_____
16					_____	_____

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**Event 11 Women 3000 Meter Run Midget**

Friday 5/29/2009 - 4:15 PM

NOSSA: 11:32.20 5/30/2008 Lynnea Lobert, SJDCVS-SS Marie

OFSAA: 9:44.67 1986 Jennifer Armstrong - London So

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	626	Reader, Annie	SBSS-SS Marie	11:50.17	_____	_____
2	633	Stilin, Anna	SBSS-SS Marie	12:27.67	_____	_____
3	719	Sherry, Sami	SJSH-North Bay	12:29.96	_____	_____
4	759	Murton-Shorey, Alora	WFSS-North Bay	12:49.36	_____	_____
5	496	Bouchard, Emilie	CND - Sudbury	13:12.00	_____	_____
6	4	Boulay, Camille	ESA - North Bay	13:26.29	_____	_____
7	693	Busch, Sieglinde	SJSH-North Bay	13:31.78	_____	_____
8	472	Palkovits, Kate	MA-Sudbury	13:33.10	_____	_____
9	581	Mihell, Wendy	SJDCVS-SS Marie	13:37.85	_____	_____
10	505	Gauthier, Jasmine	CND - Sudbury	13:40.90	_____	_____
11	479	Webber, Mackenzie	MA-Sudbury	13:55.40	_____	_____
12	459	Wright, Danielle	MSS-M'Chigeeng	14:47.43	_____	_____
13	456	Sampson, Erica	MSS-M'Chigeeng	15:01.34	_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

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**Event 12 Men 3000 Meter Run Midget**

Friday 5/29/2009 - 4:30 PM

NOSSA:	9:38.00	2004	Matt Walters-West Ferris
OFSAA:	8:56.06	2007	Stephen Hosier-Lindsay CVI - Lindsay
OFSAA_2:	8:53.09	2002	Mike Woods -Hillcrest HS

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	113	Beaton, Scott	CSS - Val Caron	10:47.94	_____	_____
2	299	Bailey, Ian	LaSalle - Sudbury	10:56.48	_____	_____
3	684	Turco, Daniel	SMC-SS Marie	11:10.60	_____	_____
4	152	Girard, Dominic	ESLH-Val Caron	11:12.72	_____	_____
5	333	Blayney, Conor	LEPSS-Sudbury	11:22.42	_____	_____
6	186	Miron, Jesse	ESCC-Chelmsford	12:03.03	_____	_____
7	246	Weaver, Justin	EHS-Espanola	12:20.72	_____	_____
8	215	Gallinger, Curtis	EHS-Espanola	12:26.43	_____	_____
9	131	Longworth, Thomas	ELSS-Elliot Lake	12:38.96	_____	_____
10					_____	_____
11					_____	_____
12					_____	_____

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**Event 13 Women 80 Meter Hurdles Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 3:50 PM**

NOSSA: 11.80 5/31/2007 Serena SanCartier, Lo-Ellen Par

OFSAA: 11.29 1996 Jessica Zeilinka - Sir Frederick Bantim

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	461	Adams, Jaymie	MA-Sudbury	17.40	_____	_____
2	265	Carter, Jaimee	Korah - SS Marie	15.41	_____	_____
3	377	SanCartier, Haley	LEPSS-Sudbury	14.70	_____	_____
4	90	Culhane, Macey	CSS- North Bay	13.81	_____	_____
5	632	Spina, Taylor	SBSS-SS Marie	14.25	_____	_____
6	154	Belanger, Christina	ESMC-Sudbury	15.90	_____	_____
7	744	Tulloch, Olivia	WCESS-Blind Rive	16.87	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	119	Levesque, Danielle	CSS - Val Caron	17.30	_____	_____
2	547	Dawson, Amanda	SJDCVS-SS Marie	15.75	_____	_____
3	285	Mihell, Cydney	Korah - SS Marie	14.64	_____	_____
4	94	Fung, Alison	CSS- North Bay	13.13	_____	_____
5	96	Giorgetti, Corrine	CSS- North Bay	14.31	_____	_____
6	358	Lumley, Adria	LEPSS-Sudbury	15.30	_____	_____
7	135	Rogers, Jessica	ELSS-Elliot Lake	16.04	_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 14 Men 100 Meter Hurdles Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 4:20 PM**

NOSSA: 15.00 5/31/2007 Cam Coulter, Dunn, Sir Ja

NOSSA\_2: 15.00 2007 David Kwolek-St Basil

OFSAA: 13.50 2007 Gabriel Tesfaye-Oakridge SS - London

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	796	Kregar, Gerrett	WSS-North Bay	25.62	_____	_____
2	607	Debryne, Adam	SBSS-SS Marie	19.90	_____	_____
3	652	Berkenbosch, Tim	SMC-SS Marie	17.86	_____	_____
4	44	Bordin, Barak	BCVS - SS Marie	16.76	_____	_____
5	93	Faucon, Kristofer	CSS- North Bay	17.84	_____	_____
6	73	MacDonald, Luke	CASS-Desbarats	17.87	_____	_____
7	161	Yanchuk, Caleb	ESMC-Sudbury	24.90	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1					_____	_____
2	651	Bell, Will	SMC-SS Marie	19.83	_____	_____
3	198	Beaudry-Southwind, Jayden	EHS-Espanola	19.58	_____	_____
4	357	Lucciantonio, Joe	LEPSS-Sudbury	17.40	_____	_____
5	756	Knapp, Mitchell	WFSS-North Bay	17.56	_____	_____
6	221	Lelievre, Travis	EHS-Espanola	18.49	_____	_____
7	301	Bartell, Nathan	LaSalle - Sudbury	20.10	_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 15 Women 300 Meter Hurdles Midget**

Friday 5/29/2009 - 1:30 PM

NOSSA: 47.20 2004

Paige Leclerc-Lockerby

OFSAA: 43.94 2007

Kelsey Balkwill-Essex DHS - Essex

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2	476	Schonfeldt-Taylor, Seana	MA-Sudbury	1:04.80	_____	_____
3	342	Elliott, Clarissa	LEPSS-Sudbury	54.80	_____	_____
4	281	Luxton, Cierra	Korah - SS Marie	59.59	_____	_____
5	102	McParland, Maura	CSS- North Bay	59.82	_____	_____
6	297	Wilton, Brooklyn	Korah - SS Marie	1:02.28	_____	_____
7	471	Linley, Serena	MA-Sudbury	1:16.10	_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1	611	Henderson, Kristen	SBSS-SS Marie	1:00.79	_____	_____
2	285	Mihell, Cydney	Korah - SS Marie	53.75	_____	_____
3	751	Dart, Meghan	WFSS-North Bay	52.96	_____	_____
4	377	SanCartier, Haley	LEPSS-Sudbury	52.60	_____	_____
5	135	Rogers, Jessica	ELSS-Elliot Lake	52.67	_____	_____
6	96	Giorgetti, Corrine	CSS- North Bay	53.19	_____	_____
7	472	Palkovits, Kate	MA-Sudbury	54.70	_____	_____
8	105	Stuart, Heather	CSS- North Bay	55.71	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 16 Men 300 Meter Hurdles Midget**

Friday 5/29/2009 - 2:00 PM

NOSSA: 44.70 2004 Kyle Beaudry-Champlain  
 OFSAA: 40.17 6/5/2005 Jeremy Gibbons, Herman, W.F.-Windsor

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2					_____	_____
3	786	Brideau, Michael	WSS-North Bay	52.95	_____	_____
4	301	Bartell, Nathan	LaSalle - Sudbury	52.60	_____	_____
5	425	Pitre, Keegan	Lockerby - Sudbury	52.10	_____	_____
6					_____	_____
7					_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1	158	Lyons, Georges	ESMC-Sudbury	51.00	_____	_____
2	563	Heeps, Patrick	SJDCVS-SS Marie	49.60	_____	_____
3	768	Fagan, Matt	WPCVS-SS Marie	49.31	_____	_____
4	603	Bradford, Riley	SBSS-SS Marie	47.25	_____	_____
5	652	Berkenbosch, Tim	SMC-SS Marie	47.70	_____	_____
6	357	Lucciantonio, Joe	LEPSS-Sudbury	49.40	_____	_____
7	15	Gaudreault, Patrick	ESA - North Bay	49.63	_____	_____
8	237	Powers, Rhys	EHS-Espanola	52.71	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 17 Women High Jump Midget**  
**Friday 5/29/2009 - 9:00 AM**

NOSSA: 1.53m 6/1/2007 Cassie-Fay Langlois, Notre Dame  
 OFSAA: 1.74m 1984 Leanne Madill - Centennial SS,

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	170	Michaud, Gabrielle	ESSC-Sudbury	1.26m	_____	_____
2	497	Bouzane, Cecilia	CND - Sudbury	1.29m	_____	_____
3	1	Besette, Cassidy	ESA - North Bay	1.30m	_____	_____
4	415	Kleppe, Eili	Lockerby - Sudbury	1.47m	_____	_____
5	618	Lapensee, Jocelyn	SBSS-SS Marie	1.38m	_____	_____
6	461	Adams, Jaymie	MA-Sudbury	1.29m	_____	_____
7	253	Maurer, Julia	FJME-Mattawa	1.30m	_____	_____
8	578	Mascardelli, Madison	SJDCVS-SS Marie	1.44m	_____	_____
9	689	Benitez, Sofia	SJSH-North Bay	1.25m	_____	_____
10	744	Tulloch, Olivia	WCESS-Blind Rive	1.27m	_____	_____
11	220	Lehman, Brooke	EHS-Espanola	1.28m	_____	_____
12	271	Fogg, Abigail	Korah - SS Marie	1.38m	_____	_____
13	662	Gallagher, Jenna	SMC-SS Marie	1.40m	_____	_____
14	693	Busch, Sieglinde	SJSH-North Bay	1.20m	_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 18 Men High Jump Midget**

Friday 5/29/2009 - 10:30 AM

NOSSA: 1.72m 6/1/2007 Sean Plumley, White Pines  
 NOSSA\_2: 1.72m 2007 Sean Plumley-White Pines  
 OFSAA: 1.95m 2007 Jeff Webb-Eden HS - St. Catharines

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	341	Donaldson, Eric	LEPSS-Sudbury	1.45m	_____	_____
2	445	Cranston, Aaron	MSS-M'Chigeeng	1.52m	_____	_____
3	656	Devon, Adam	SMC-SS Marie	1.67m	_____	_____
4	603	Bradford, Riley	SBSS-SS Marie	1.65m	_____	_____
5	191	Gatien, Patrique	ESCFO-Espanola	1.61m	_____	_____
6	255	Mick, Joe	FJME-Mattawa	1.63m	_____	_____
7	187	Morin, Steven	ESCC-Chelmsford	1.50m	_____	_____
8	488	Perrin, Ron	NSS - Sturgeon F	1.45m	_____	_____
9	753	Holland, Andrew	WFSS-North Bay	1.55m	_____	_____
10	206	Brown, Matt	EHS-Espanola	1.61m	_____	_____
11	480	Bidal, Tyler	NSS - Sturgeon F	1.60m	_____	_____
12	643	Ranson, Dylan	SBCSS-Sudbury	1.50m	_____	_____
13	307	Lavigne, Robert	LaSalle - Sudbury	1.53m	_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 20 Men Pole Vault Midget**

Thursday 5/28/2009 - 3:30 PM

NOSSA: 2.90m 5/29/2008 John Kosar, LEPSS-Sudbury

OFSSAA: 3.45m 2007 Alex Hoediono-Sir John A Macdonald SS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	523	Roque, Zacharie	CND - Sudbury	1.89m	_____	_____
2	493	Boileau, Patrick	CND - Sudbury	2.35m	_____	_____
3	355	Law, Dax	LEPSS-Sudbury	1.89m	_____	_____
4					_____	_____
5					_____	_____
6					_____	_____
7					_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 21 Women Long Jump Midget**  
**Thursday 5/28/2009 - 3:30 PM**

NOSSA: 5.20m 5/31/2007 Caroline Ehrhardt, Espanola  
 OFSAA: 5.76m 1996 Jessica Zelinka - Sir Frederic

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	669	MacLennan, Rachel	SMC-SS Marie	4.68m	_____	_____
2	1	Besette, Cassidy	ESA - North Bay	3.82m	_____	_____
3	356	Lee, Deanna	LEPSS-Sudbury	4.11m	_____	_____
4	662	Gallagher, Jenna	SMC-SS Marie	4.60m	_____	_____
5	245	Verch, Carly	EHS-Espanola	4.16m	_____	_____
6	461	Adams, Jaymie	MA-Sudbury	3.58m	_____	_____
7	114	Boivin, Sydney	CSS - Val Caron	3.56m	_____	_____
8	295	Stewart, Sam	Korah - SS Marie	4.19m	_____	_____
9	16	Giguère, Karianne	ESA - North Bay	3.71m	_____	_____
10	57	Celetti, Holly	CASS-Desbarats	3.91m	_____	_____
11	90	Culhane, Macey	CSS- North Bay	4.15m	_____	_____
12	692	Buckle, Meghan	SJSH-North Bay	4.36m	_____	_____
13	447	Elliot, Kayla	MSS-M'Chigeeng	3.84m	_____	_____
14	117	Hanson, Alyssa	CSS - Val Caron	3.70m	_____	_____
15	297	Wilton, Brooklyn	Korah - SS Marie	3.95m	_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 22 Men Long Jump Midget**  
**Thursday 5/28/2009 - 5:00 PM**

NOSSA: 5.93m 2006  
 OFSAA: 6.64m 2006

Richard MacLennan-St. Mary's  
 Carlin McLean - Orchard Park

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	666	Hebert, Dylan	SMC-SS Marie	5.13m	_____	_____
2	480	Bidal, Tyler	NSS - Sturgeon F	5.11m	_____	_____
3	346	Ho, Dominic	LEPSS-Sudbury	4.44m	_____	_____
4	184	Johnston, Carl	ESCC-Chelmsford	4.39m	_____	_____
5	605	Carchidi, Carlo	SBSS-SS Marie	5.08m	_____	_____
6	12	Fay, Alexandre	ESA - North Bay	4.95m	_____	_____
7	438	Argall, Andrew	MSS-M'Chigeeng	5.47m	_____	_____
8	331	Belzile, Han-Sen	LEPSS-Sudbury	4.71m	_____	_____
9	317	Taylor, Matthew	LaSalle - Sudbury	4.49m	_____	_____
10	47	Maidra, Adam	BCVS - SS Marie	4.44m	_____	_____
11	159	Mazal, Abram	ESMC-Sudbury	4.86m	_____	_____
12	15	Gaudreault, Patrick	ESA - North Bay	4.74m	_____	_____
13	730	Clarke, Joshua	WCESS-Blind Rive	5.46m	_____	_____
14	44	Bordin, Barak	BCVS - SS Marie	4.58m	_____	_____
15	752	Davis, Joey	WFSS-North Bay	5.51m	_____	_____
16	80	Thomas, Coty	CASS-Desbarats	5.25m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 23 Women Triple Jump Midget**  
**Friday 5/29/2009 - 1:00 PM**

NOSSA: 10.46m 6/1/2007  
 OFSAA: 11.80m 2000

Caroline Ehrhardt, Espanola  
 Tabia Charles - Pine Ridge SS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	90	Culhane, Macey	CSS- North Bay	8.88m	_____	_____
2	164	Albert, Tali Anne	ESSC-Sudbury	8.20m	_____	_____
3	271	Fogg, Abigail	Korah - SS Marie	8.59m	_____	_____
4	245	Verch, Carly	EHS-Espanola	8.21m	_____	_____
5	632	Spina, Taylor	SBSS-SS Marie	8.55m	_____	_____
6	302	Collard, Nicole	LaSalle - Sudbury	8.50m	_____	_____
7	702	Gorecki, Vicky	SJSH-North Bay	8.59m	_____	_____
8	77	Orlando, Jamie	CASS-Desbarats	8.22m	_____	_____
9	112	Bastien, Kailey	CSS - Val Caron	7.61m	_____	_____
10	447	Elliot, Kayla	MSS-M'Chigeeng	8.15m	_____	_____
11	405	Conrad, Gabrielle	Lockerby - Sudbury	8.45m	_____	_____
12	265	Carter, Jaimee	Korah - SS Marie	8.98m	_____	_____
13	611	Henderson, Kristen	SBSS-SS Marie	9.45m	_____	_____
14	389	Towns, Quinn	LEPSS-Sudbury	8.46m	_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 24 Men Triple Jump Midget**

Friday 5/29/2009 - 2:30 PM

NOSSA: 11.89m 6/1/2007

Robert Gallinger, Central Algo

OFSAA: 13.32m 6/5/2005

Nathan Dennis, Massey, Vinc-Windsor

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	12	Fay, Alexandre	ESA - North Bay	10.86m	_____	_____
2	643	Ranson, Dylan	SBCSS-Sudbury	9.60m	_____	_____
3	438	Argall, Andrew	MSS-M'Chigeeng	11.02m	_____	_____
4	317	Taylor, Matthew	LaSalle - Sudbury	10.46m	_____	_____
5	706	Hummel, Dustin	SJSH-North Bay	9.62m	_____	_____
6	11	Dussault, Ricky	ESA - North Bay	8.55m	_____	_____
7	161	Yanchuk, Caleb	ESMC-Sudbury	8.62m	_____	_____
8	191	Gatien, Patrique	ESCFO-Espanola	10.52m	_____	_____
9	80	Thomas, Coty	CASS-Desbarats	10.63m	_____	_____
10	666	Hebert, Dylan	SMC-SS Marie	10.82m	_____	_____
11	307	Lavigne, Robert	LaSalle - Sudbury	9.84m	_____	_____
12	652	Berkenbosch, Tim	SMC-SS Marie	9.88m	_____	_____
13	158	Lyons, Georges	ESMC-Sudbury	9.79m	_____	_____
14	756	Knapp, Mitchell	WFSS-North Bay	9.55m	_____	_____
15	579	McClinchey, Jack	SJDCVS-SS Marie	8.08m	_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 25 Women Shot Put Midget**

Thursday 5/28/2009 - 5:00 PM

NOSSA: 9.29m 5/31/2007 Allison Loyst, St. Joseph-S

OFSAA: 10.71m 2006 Jessi Pilling - Sir Frederick Banting

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	640	Frometa, Dominica	SBCSS-Sudbury	8.52m	_____	_____
2	507	Hanse, Jessica	CND - Sudbury	8.18m	_____	_____
3	100	Leblanc, Morgan	CSS- North Bay	8.13m	_____	_____
4	622	O'Hara, Kayla	SBSS-SS Marie	7.96m	_____	_____
5	302	Collard, Nicole	LaSalle - Sudbury	8.75m	_____	_____
6	123	Boivin, Cassandra	ELSS-Elliot Lake	7.37m	_____	_____
7	245	Verch, Carly	EHS-Espanola	7.14m	_____	_____
8	105	Stuart, Heather	CSS- North Bay	7.65m	_____	_____
9	700	Dwyer, Natasha	SJSH-North Bay	8.64m	_____	_____
10	515	Paquette, Marie-Helene	CND - Sudbury	8.64m	_____	_____
11	678	Policicchio, Anna-Lee	SMC-SS Marie	9.21m	_____	_____
12	240	Schmitz, Stephanie	EHS-Espanola	7.06m	_____	_____
13	354	Lalonde, Sherry	LEPSS-Sudbury	9.17m	_____	_____
14	276	Ivey, Rachel	Korah - SS Marie	8.45m	_____	_____
15	46	Joseph, Muranda	BCVS - SS Marie	7.14m	_____	_____
16	38	Scobie, Alexandra	ESA - North Bay	7.02m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 26 Men Shot Put Midget**

Thursday 5/28/2009 - 3:30 PM

NOSSA: 14.37m 2005

Austin Roy-Sudbury SS

OFSAA: 16.95m 2006

Jackson Gray - Sarnia

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	636	Dailey, Spencer	SBCSS-Sudbury	11.39m	_____	_____
2	687	Beaudoin, Jordan	SJSH-North Bay	12.01m	_____	_____
3	730	Clarke, Joshua	WCESS-Blind Rive	11.06m	_____	_____
4	549	Depetrillo, Brandon	SJDCVS-SS Marie	10.36m	_____	_____
5	98	Jacobs, Ryan	CSS- North Bay	10.61m	_____	_____
6	151	Arbour, Stephane	ESLH-Val Caron	11.33m	_____	_____
7	255	Mick, Joe	FJME-Mattawa	10.97m	_____	_____
8	360	McCrory, Colin	LEPSS-Sudbury	10.91m	_____	_____
9	486	Grasser, Cody	NSS - Sturgeon F	11.18m	_____	_____
10	775	Lacasse, Matt	WPCVS-SS Marie	10.28m	_____	_____
11	139	Congi, Jayden	ESJN-Blind River	10.40m	_____	_____
12	136	Thomson-Shelly, Donovan	ELSS-Elliot Lake	10.26m	_____	_____
13	558	Gioventu, Robert	SJDCVS-SS Marie	12.41m	_____	_____
14	629	Rouleau, Marc	SBSS-SS Marie	13.25m	_____	_____
15	330	Bell, Justin	LEPSS-Sudbury	12.61m	_____	_____
16	530	Trudeau, Aleczandre	CND - Sudbury	11.63m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 27 Women Discus Throw Midget**

Friday 5/29/2009 - 2:30 PM

NOSSA: 26.69m 6/1/2007 Audra Mathewson, Lo-Ellen Par

OFSAA: 40.78m 1979 Liz Polyak - North Park C &amp; VS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	281	Luxton, Cierra	Korah - SS Marie	18.80m	_____	_____
2	354	Lalonde, Sherry	LEPSS-Sudbury	23.10m	_____	_____
3	515	Paquette, Marie-Helene	CND - Sudbury	25.80m	_____	_____
4	276	Ivey, Rachel	Korah - SS Marie	23.73m	_____	_____
5	726	Blondin, Chelsey	WCESS-Blind Rive	18.98m	_____	_____
6	254	Mayfield, Jordan	FJME-Mattawa	16.37m	_____	_____
7	1	Besette, Cassidy	ESA - North Bay	17.09m	_____	_____
8	640	Frometa, Dominica	SBCSS-Sudbury	18.13m	_____	_____
9	38	Scobie, Alexandra	ESA - North Bay	21.02m	_____	_____
10	700	Dwyer, Natasha	SJSH-North Bay	19.89m	_____	_____
11	132	MacKenzie, Alisha	ELSS-Elliot Lake	18.75m	_____	_____
12	123	Boivin, Cassandra	ELSS-Elliot Lake	22.27m	_____	_____
13	507	Hanse, Jessica	CND - Sudbury	24.16m	_____	_____
14	302	Collard, Nicole	LaSalle - Sudbury	20.62m	_____	_____
15	678	Policicchio, Anna-Lee	SMC-SS Marie	23.74m	_____	_____
16	770	Hamilton, Jordyn	WPCVS-SS Marie	18.56m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 28 Men Discus Throw Midget**

Friday 5/29/2009 - 1:00 PM

NOSSA: 43.90m 6/1/2007

Craig Riehl, Chelmsford

OFSAA: 58.98m 1973

Rob Town - Orillia DHS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	508	Lachapelle, Jacob	CND - Sudbury	26.19m	_____	_____
2	224	McColeman, Kyle	EHS-Espanola	27.39m	_____	_____
3	587	Punch, Cameron	SJDCVS-SS Marie	30.68m	_____	_____
4	623	Paci, Adam	SBSS-SS Marie	30.39m	_____	_____
5	629	Rouleau, Marc	SBSS-SS Marie	33.18m	_____	_____
6	558	Gioventu, Robert	SJDCVS-SS Marie	31.93m	_____	_____
7	341	Donaldson, Eric	LEPSS-Sudbury	25.33m	_____	_____
8	687	Beaudoin, Jordan	SJSH-North Bay	38.44m	_____	_____
9	529	Therrien, Joel	CND - Sudbury	30.15m	_____	_____
10	28	Maurice, Dustin	ESA - North Bay	27.10m	_____	_____
11	136	Thomson-Shelly, Donovan	ELSS-Elliot Lake	30.52m	_____	_____
12	193	Jalbert, Alex	ESCFO-Espanola	32.19m	_____	_____
13	34	Owca, Tanner	ESA - North Bay	28.07m	_____	_____
14	382	St Marseille, Benjamin	LEPSS-Sudbury	28.21m	_____	_____
15	360	McCrary, Colin	LEPSS-Sudbury	28.02m	_____	_____
16	486	Grasser, Cody	NSS - Sturgeon F	31.14m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 29 Women Javelin Throw Midget**

Friday 5/29/2009 - 10:30 AM

NOSSA: 28.18m 6/1/2007 Ellen Andrews, Lo-Ellen Par

OFSAA: 41.24m 1995 Meredith Popp - Holy Names HS,

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	105	Stuart, Heather	CSS- North Bay	26.93m	_____	_____
2	415	Kleppe, Eili	Lockerby - Sudbury	23.42m	_____	_____
3	354	Lalonde, Sherry	LEPSS-Sudbury	21.40m	_____	_____
4	115	Connor, Leeza	CSS - Val Caron	23.31m	_____	_____
5	471	Linley, Serena	MA-Sudbury	21.43m	_____	_____
6	696	Davidson, Jenna	SJSH-North Bay	19.09m	_____	_____
7	253	Maurer, Julia	FJME-Mattawa	21.90m	_____	_____
8	570	Labelle, Kaili	SJDCVS-SS Marie	22.41m	_____	_____
9	770	Hamilton, Jordyn	WPCVS-SS Marie	24.74m	_____	_____
10	619	Lento, Emily	SBSS-SS Marie	21.40m	_____	_____
11	132	MacKenzie, Alisha	ELSS-Elliot Lake	22.12m	_____	_____
12	658	Duplin, Haley	SMC-SS Marie	23.14m	_____	_____
13	742	Trowbridge, Kelsie	WCESS-Blind Rive	24.04m	_____	_____
14	123	Boivin, Cassandra	ELSS-Elliot Lake	20.90m	_____	_____
15	370	Petahtegoose, Sage	LEPSS-Sudbury	22.36m	_____	_____
16	38	Scobie, Alexandra	ESA - North Bay	25.97m	_____	_____

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**Event 30 Men Javelin Throw Midget**

Friday 5/29/2009 - 9:00 AM

NOSSA: 50.64m 2006

Mathieu Charbonneau-Northern

OFSAA: 57.95m 2007

Ray Dykstra-Grimbsby DSS - Grimbsby, Westminster-London

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	382	St Marseille, Benjamin	LEPSS-Sudbury	35.63m	_____	_____
2	12	Fay, Alexandre	ESA - North Bay	34.56m	_____	_____
3	756	Knapp, Mitchell	WFSS-North Bay	35.83m	_____	_____
4	79	Tetreault, Cody	CASS-Desbarats	33.16m	_____	_____
5	44	Bordin, Barak	BCVS - SS Marie	41.17m	_____	_____
6	136	Thomson-Shelly, Donovan	ELSS-Elliot Lake	39.77m	_____	_____
7	568	Jamieson, Tyler	SJDCVS-SS Marie	24.23m	_____	_____
8	595	Simard, Luke	SJDCVS-SS Marie	25.62m	_____	_____
9	193	Jalbert, Alex	ESCFO-Espanola	31.62m	_____	_____
10	499	Cisa-Pare, Vincent	CND - Sudbury	33.28m	_____	_____
11	486	Grasser, Cody	NSS - Sturgeon F	43.73m	_____	_____
12	636	Dailey, Spencer	SBCSS-Sudbury	27.92m	_____	_____
13	93	Faucon, Kristofer	CSS- North Bay	39.87m	_____	_____
14	538	Barber, Robert	SJDCVS-SS Marie	25.61m	_____	_____
15	171	Perrin, Eric	ESSC-Sudbury	37.34m	_____	_____
16	508	Lachapelle, Jacob	CND - Sudbury	28.98m	_____	_____

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**Event 31 Women 4x100 Meter Relay Midget**

Friday 5/29/2009 - 4:45 PM

NOSSA: 52.84 2004  
 OFSAA: 49.82 2007

Sir James Dunn  
 Pickering HS - Ajax  
 C. Exeter, K. Lawrence, C. Prince, S. Shaw

Lane	Comp#	Team	Relay	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2					_____	_____
3		Marymount Academy - Sudbury	A	1:03.90	_____	_____
		1) 472 Palkovits, Kate      2) 475 Rumford, Alyssa      3) 476 Schonfeldt-Taylor, Seana      4) 479 Webber, Mackenzie				
4		LaSalle - Sudbury	A	1:01.00	_____	_____
		1) 302 Collard, Nicole      2) 315 Smith, Breanna      3) 312 Prescott, Sarah      4) 305 Keyes, Kylie				
5		Widdifield - North Bay	A	1:02.10	_____	_____
		1) 794 Haddow, Lindsey      2) 795 Holmes, Natasha      3) 802 Uetz, Mary-Beth      4) 801 Szarka, Alison				
6					_____	_____
7					_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1		St. Joseph-Scollard - North Bay	A	1:00.53	_____	_____
		1) 689 Benitez, Sofia      2) 692 Buckle, Meghan      3) 693 Busch, Sieglinde      4) 719 Sherry, Sami				
2		Chippewa - North Bay	A	59.91	_____	_____
		1) 96 Giorgetti, Corrine      2) 94 Fung, Alison      3) 90 Culhane, Macey      4) 108 Vandermeer, Molly				
3		Korah - SS Marie	A	57.80	_____	_____
		1) 267 Culina, Ashlie      2) 295 Stewart, Sam      3) 281 Luxton, Cierra      4) 293 Secord, Amanda				
4		Lo-Ellen Park - Sudbury	A	56.70	_____	_____
		1) 353 Koutsoukis, Kea      2) 342 Elliott, Clarissa      3) 339 Conroy, Brigid      4) 377 SanCartier, Haley				
5		St. Basil - SS Marie	A	57.39	_____	_____
		1) 622 O'Hara, Kayla      2) 611 Henderson, Kristen      3) 618 Lapensee, Jocelyn      4) 632 Spina, Taylor				
6		Central Algoma - Desbarats	A	58.99	_____	_____
		1) 64 Horner, Emma      2) 56 Campbell, Rachel      3) 77 Orlando, Jamie      4) 57 Celetti, Holly				
7		Manitoulin - M'Chigeeng	A	59.99	_____	_____
		1) 453 Prato, Katerina      2) 455 Robertson, Taylor      3) 447 Elliot, Kayla      4) 460 Wright, Marie Lee				
		5) 459 Wright, Danielle      6) 441 Bredin, Anne				
8					_____	_____

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**Event 32 Men 4x100 Meter Relay Midget**

Friday 5/29/2009 - 4:50 PM

NOSSA: 47.35 6/1/2007 Sir James Dunn C & V S, Dunn, Sir Ja  
D Carter, G Hunt, B Babic, J Vernelli  
OFSAA: 45.38 6/4/2008 Pickergin HS - Ajax  
D. Williams, K. Farzam, D. Wright, B. Reid

Lane	Comp#	Team	Relay	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2					_____	_____
3		Notre Dame College - Sudbury	A	55.23	_____	_____
		1) 500 Cloutier, Martin      2) 513 Niesing, Alex	3) 499 Cisa-Pare, Vincent	4) 523 Roque, Zacharie		
		5) 495 Bonin, Jacob				
4		LaSalle - Sudbury	A	54.30	_____	_____
		1) 299 Bailey, Ian      2) 307 Lavigne, Robert	3) 317 Taylor, Matthew	4) 313 Rivet, Luc		
		5) 301 Bartell, Nathan				
5		Widdifield - North Bay	A	54.41	_____	_____
		1) 798 Marshall, Devin      2) 791 Giesler, Max	3) 786 Brideau, Michael	4) 799 Martel, Bruce		
6					_____	_____
7					_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1		ES Jeunesse-Nord - Blind River	A	53.83	_____	_____
		1) 139 Congi, Jayden      2) 144 Hall, David	3) 148 Piche, Kyler	4) 146 Landriault, Cameron		
2		Lo-Ellen Park - Sudbury	A	51.64	_____	_____
		1) 357 Lucciantonio, Joe      2) 343 Ghent, Dalton	3) 331 Belzile, Han-Sen	4) 336 Burtney, Josh		
		5) 328 Ayotte, Cameron      6) 346 Ho, Dominic				
3		Espanola - Espanola	A	51.40	_____	_____
		1) 243 St. Pierre, Bryce      2) 206 Brown, Matt	3) 208 Cooper, Caleb	4) 198 Beaudry-Southwind,		
		5) 221 Lelievre, Travis				
4		Sir James Dunn - SS Marie	A	51.16	_____	_____
		1) 551 DiPietro, Stephen      2) 549 Depetrillo, Brandon	3) 563 Heeps, Patrick	4) 587 Punch, Cameron		
5		Manitoulin - M'Chigeeng	A	51.26	_____	_____
		1) 438 Argall, Andrew      2) 445 Cranston, Aaron	3) 446 Doane, Mark	4) 457 Trimmer, Wesley		
6		St. Basil - SS Marie	B	51.63	_____	_____
		1) 607 Debryne, Adam      2) 603 Bradford, Riley	3) 616 Krotkiewicz, Jon	4) 605 Carchidi, Carlo		
7		Algonquin E S - North Bay	A	53.08	_____	_____
		1) 34 Owca, Tanner      2) 12 Fay, Alexandre	3) 15 Gaudreault, Patrick	4) 22 Laperriere, Pascal		
		5) 11 Dussault, Ricky				
8		Lockerby - Sudbury	A	54.04	_____	_____
		1) 414 Jenkins, Zachary      2) 407 Ealdama, Justin	3) 418 Larin, Keiran	4) 425 Pitre, Keegan		
		5) 416 Kosmerly, Hayden      6) 403 Caverson, Zachary				

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**Event 33 Women 100 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 9:10 AM****NOSSA: 13.06 2005****Celine Loyer-Sacre-Coeur****OFSAA: 12.05 1989****Dionne Wright - C.W.Jefferys SS**

<b>Lane</b>	<b>Comp#</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
<b>Heat 1 of 2 Prelims</b>						
1	30	Neault, Carine	ESA - North Bay	14.50	_____	_____
2	338	Chiesa, Alicia	LEPSS-Sudbury	14.18	_____	_____
3	124	Britton-Foster, Hannah	ELSS-Elliot Lake	13.84	_____	_____
4	553	Eddy, Rachel	SJDCVS-SS Marie	13.16	_____	_____
5	628	Rocca, Taylor	SBSS-SS Marie	13.56	_____	_____
6	211	Dubreuil, Karen	EHS-Espanola	13.96	_____	_____
7	466	Ealdama, Jordan	MA-Sudbury	14.43	_____	_____
8	789	Etches, Elizabeth	WSS-North Bay	15.50	_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	69	Kinzel, Nichole	CASS-Desbarats	14.55	_____	_____
2	25	Libby, Daryan	ESA - North Bay	14.23	_____	_____
3	612	Hodgson, Sophie	SBSS-SS Marie	13.63	_____	_____
4	400	Blacklock, Kerissa	Lockerby - Sudbury	13.49	_____	_____
5	502	Frappier, Shiyanne	CND - Sudbury	13.54	_____	_____
6	275	Iacoe, Samantha	Korah - SS Marie	13.90	_____	_____
7	760	O'Grady, Molly	WFSS-North Bay	14.30	_____	_____
8	318	Tremblay, Bianca	LaSalle - Sudbury	14.68	_____	_____

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**Event 34 Men 100 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 9:40 AM**

NOSSA:	11.51	6/1/2007	David Fournier, St. Joseph-S
NOSSA_2:	11.66	2006	Eric Roque-Notre-Dame
OFSAA:	10.99	2006	Ian Warner - Birchmount Park
OFSAA_2:	10.99	2007	Phillip Hayle-St. Edmund Campion SS

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	223	Massicotte, Justin	EHS-Espanola	13.30	_____	_____
2	648	Leclair, Blake	SCC-Sudbury	12.75	_____	_____
3	718	Poeta, Jeremy	SJSH-North Bay	11.93	_____	_____
4	674	Morrison, Alex	SMC-SS Marie	11.44	_____	_____
5	555	Fitton, Matthew	SJDCVS-SS Marie	11.91	_____	_____
6	368	Pelkington, Tyson	LEPSS-Sudbury	12.33	_____	_____
7	512	McDonald, Ryan	CND - Sudbury	12.67	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	210	Dubois, Brett	EHS-Espanola	12.48	_____	_____
2	116	Gladu, Ricky	CSS - Val Caron	12.53	_____	_____
3	704	Hamilton, Gab	SJSH-North Bay	12.06	_____	_____
4	774	Katajamaki, Ben	WPCVS-SS Marie	11.74	_____	_____
5	314	Shirk, Brandon	LaSalle - Sudbury	11.88	_____	_____
6	534	Pearson, Patrick	NDGLSS-SS Marie	12.07	_____	_____
7	74	MacFarlane, Ben	CASS-Desbarats	12.58	_____	_____
8	800	Piche, Mike	WSS-North Bay	14.52	_____	_____

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**Event 35 Women 200 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 10:40 AM****NOSSA: 25.09 2005****Rebecca Johnston-Lo Ellen Park****OFSAA: 25.07 2008****Chisomo McHaina - Southwood SS, Cambridge**

<b>Lane</b>	<b>Comp#</b>	<b>Name</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
<b>Heat 1 of 2 Prelims</b>						
1	739	Rousselle, Heather	WCESS-Blind Rive	31.27	_____	_____
2	760	O'Grady, Molly	WFSS-North Bay	30.02	_____	_____
3	340	Dailey, Carly	LEPSS-Sudbury	29.18	_____	_____
4	553	Eddy, Rachel	SJDCVS-SS Marie	27.95	_____	_____
5	721	Tancredi, Bridget	SJSH-North Bay	29.04	_____	_____
6	612	Hodgson, Sophie	SBSS-SS Marie	29.43	_____	_____
7	25	Libby, Daryan	ESA - North Bay	30.57	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	448	Esposito, Gabby	MSS-M'Chigeeng	31.36	_____	_____
2	565	Horbatuk, Meaghan	SJDCVS-SS Marie	29.90	_____	_____
3	124	Britton-Foster, Hannah	ELSS-Elliot Lake	29.74	_____	_____
4	380	Schwabe, Katarina	LEPSS-Sudbury	28.44	_____	_____
5	628	Rocca, Taylor	SBSS-SS Marie	28.80	_____	_____
6	466	Ealdama, Jordan	MA-Sudbury	29.46	_____	_____
7	30	Neault, Carine	ESA - North Bay	30.14	_____	_____
8	318	Tremblay, Bianca	LaSalle - Sudbury	32.64	_____	_____

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**Event 36 Men 200 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 11:10 AM**

NOSSA: 23.37 6/1/2007

Richard MacLennan, St. Mary's C S S

OFSAA: 21.74 2007

Segun Makinde-Colonel By SS - Ottawa, The Woodlands- Mississau

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	53	McCambridge, Aaron	BACCSS-Hanmer	26.62	_____	_____
2	411	Gladu, Dylan	Lockerby - Sudbury	25.87	_____	_____
3	782	Plumley, Trevor	WPCVS-SS Marie	24.71	_____	_____
4	674	Morrison, Alex	SMC-SS Marie	23.60	_____	_____
5	704	Hamilton, Gab	SJSH-North Bay	24.63	_____	_____
6	99	Knight, Mitchell	CSS- North Bay	25.82	_____	_____
7	646	Chretien, Shawn	SCC-Sudbury	26.55	_____	_____
8	239	Rydall, Tyler	EHS-Espanola	27.24	_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	74	MacFarlane, Ben	CASS-Desbarats	26.71	_____	_____
2	648	Leclair, Blake	SCC-Sudbury	26.12	_____	_____
3	774	Katajamaki, Ben	WPCVS-SS Marie	25.10	_____	_____
4	718	Poeta, Jeremy	SJSH-North Bay	24.47	_____	_____
5	555	Fitton, Matthew	SJDCVS-SS Marie	24.54	_____	_____
6	720	Sullivan, Isaac	SJSH-North Bay	25.77	_____	_____
7	316	Smith, Scott	LaSalle - Sudbury	26.61	_____	_____
8	444	Corrigan, Zack	MSS-M'Chigeeng	27.11	_____	_____

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**Event 37 Women 400 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 5:00 PM**NOSSA: 58.44 2005 **Rebecca Johnston-Lo-Ellen Park**OFSAA: 56.04 2006 **Natalie Greiger - Stouffville**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1					_____	_____
2	717	Paige, Laura	SJSH-North Bay	1:13.67	_____	_____
3	130	Lanktree, Lacey	ELSS-Elliot Lake	1:12.11	_____	_____
4	767	Brain, Rachel	WPCVS-SS Marie	1:03.96	_____	_____
5	278	Kinach, Lesia	Korah - SS Marie	1:07.84	_____	_____
6	196	LeBlanc, Deanne	ESCFO-Espanola	1:13.30	_____	_____
7	462	Alhonmaki, Mariah	MA-Sudbury	1:26.86	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	20	Jerome, Shannon	ESA - North Bay	1:15.72	_____	_____
2	359	MacLean, Alannah	LEPSS-Sudbury	1:13.79	_____	_____
3	721	Tancredi, Bridget	SJSH-North Bay	1:08.50	_____	_____
4	609	Dovigi, Kristine	SBSS-SS Marie	1:04.86	_____	_____
5	550	Dick, Rachel	SJDCVS-SS Marie	1:08.43	_____	_____
6	69	Kinzel, Nichole	CASS-Desbarats	1:13.43	_____	_____
7	470	Kaelas, Sarah	MA-Sudbury	1:20.70	_____	_____
8					_____	_____

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**Event 38 Men 400 Meter Dash Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 5:35 PM**

NOSSA: 50.06 5/31/2007 Richard MacLennan, St. Mary's C S S

OFSAA: 48.92 2008 Alistair Moona - Erindale SS, Mississauga

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	188	Ouellette, Jeremie	ESCC-Chelmsford	1:05.48	_____	_____
2	74	MacFarlane, Ben	CASS-Desbarats	1:00.86	_____	_____
3	782	Plumley, Trevor	WPCVS-SS Marie	56.51	_____	_____
4	718	Poeta, Jeremy	SJSH-North Bay	52.04	_____	_____
5	99	Knight, Mitchell	CSS- North Bay	56.15	_____	_____
6	399	Armstrong, Jordan	Lockerby - Sudbury	59.66	_____	_____
7	155	Demore, Joshua	ESMC-Sudbury	1:01.54	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	222	Mailloux, Bryan	EHS-Espanola	1:06.40	_____	_____
2	646	Chretien, Shawn	SCC-Sudbury	1:00.69	_____	_____
3	314	Shirk, Brandon	LaSalle - Sudbury	56.92	_____	_____
4	674	Morrison, Alex	SMC-SS Marie	53.74	_____	_____
5	555	Fitton, Matthew	SJDCVS-SS Marie	54.77	_____	_____
6	269	DiBerardino, Michael	Korah - SS Marie	57.98	_____	_____
7	444	Corrigan, Zack	MSS-M'Chigeeng	1:01.43	_____	_____
8					_____	_____

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**Event 39 Women 800 Meter Run Junior**

Friday 5/29/2009 - 12:10 PM

NOSSA: 2:19.10 2004

Kaitlyn Tallman-Manitoulin

OFSAA: 2:08.29 2007

Jessica Parry-Catholic Central HS

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
3-1A	437	Wismer, Katie	Lockerby - Sudbury	2:52.72	_____	_____
7-1B	785	Sarlo, Gabi	WPCVS-SS Marie	2:49.43	_____	_____
11-1C	767	Brain, Rachel	WPCVS-SS Marie	2:38.05	_____	_____
15-1D	70	Lajambe, Lexie	CASS-Desbarats	2:54.96	_____	_____
1-2A	789	Etches, Elizabeth	WSS-North Bay	3:28.07	_____	_____
5-2B	442	Clark, Caitlyn	MSS-M'Chigeeng	2:52.18	_____	_____
9-2C	278	Kinach, Lesia	Korah - SS Marie	2:43.65	_____	_____
13-2D	516	Pelletier, Marie-Josee	CND - Sudbury	3:03.53	_____	_____
2-3A	477	Tkachuk, Sarah	MA-Sudbury	3:05.43	_____	_____
6-3B	550	Dick, Rachel	SJDCVS-SS Marie	2:43.41	_____	_____
10-3C	7	Doucette, Candy	ESA - North Bay	3:34.26	_____	_____
14-3D	729	Chow, Ovina	WCESS-Blind Rive	2:59.27	_____	_____
4-4A	372	Pettigrew, Kyla	LEPSS-Sudbury	2:32.77	_____	_____
8-4B	717	Paige, Laura	SJSH-North Bay	2:43.09	_____	_____
12-4C	20	Jerome, Shannon	ESA - North Bay	2:46.00	_____	_____
16-4D					_____	_____

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**Event 40 Men 800 Meter Run Junior**  
**Friday 5/29/2009 - 12:40 PM**

NOSSA: 2:02.10 6/1/2007  
 OFSAA: 1:54.82 2007

Benoît Boulay, Algonquin  
 Trent Sayers-Sinclair SS - Whitby, Aurora HS-Au

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
3-1A	153	Mayer, Cederic	ESLH-Val Caron	2:31.02	_____	_____
7-1B	668	Lake, Jaime	SMC-SS Marie	2:31.60	_____	_____
11-1C	528	Swanson, Devin	CND - Sudbury	2:21.90	_____	_____
1-2A	443	Cooper, Jeremy	MSS-M'Chigeeng	2:08.62	_____	_____
5-2B	557	Fryia, Joshua	SJDCVS-SS Marie	2:32.60	_____	_____
9-2C	637	Diebel, Sebastien	SBCSS-Sudbury	2:13.78	_____	_____
2-3A	764	Uuksulainen, Keifer	WFSS-North Bay	2:21.74	_____	_____
6-3B	232	Paibomsai, Edward	EHS-Espanola	2:21.02	_____	_____
10-3C	646	Chretien, Shawn	SCC-Sudbury	2:29.44	_____	_____
4-4A	690	Brazeau, Nick	SJSH-North Bay	2:41.10	_____	_____
8-4B	269	DiBerardino, Michael	Korah - SS Marie	2:22.84	_____	_____
12-4C	561	Graf, Philipp	SJDCVS-SS Marie	2:16.71	_____	_____
13-2D					_____	_____
14-3D					_____	_____
15-1D					_____	_____
16-4D					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 41 Women 1500 Meter Run Junior**

Thursday 5/28/2009 - 6:00 PM

NOSSA: 5:03.50 2004

Kaitlyn Tallman-Manitoulin

OFSAA: 4:35.27 2006

Amanda Truelove - St. Joan of Arc

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	573	Lobert, Lynnea	SJDCVS-SS Marie	5:14.16	_____	_____
2	610	Flynn, Jullien	SBSS-SS Marie	5:37.50	_____	_____
3	372	Pettigrew, Kyla	LEPSS-Sudbury	5:39.03	_____	_____
4	575	Mallinger, Catherine	SJDCVS-SS Marie	5:47.36	_____	_____
5	437	Wismer, Katie	Lockerby - Sudbury	5:55.84	_____	_____
6	711	Lawes, Megan	SJSH-North Bay	6:03.32	_____	_____
7	785	Sarlo, Gabi	WPCVS-SS Marie	6:05.70	_____	_____
8	707	Hunt, Stephanie	SJSH-North Bay	6:11.35	_____	_____
9	477	Tkachuk, Sarah	MA-Sudbury	6:14.85	_____	_____
10	14	Fiorino, Chiara	ESA - North Bay	6:17.04	_____	_____
11	516	Pelletier, Marie-Josee	CND - Sudbury	6:21.79	_____	_____
12	251	Gauvin, Ashley	FJME-Mattawa	6:41.73	_____	_____
13					_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 42 Men 1500 Meter Run Junior**  
**Thursday 5/28/2009 - 6:50 PM**

NOSSA: 4:14.40 2005

Matt Walters-West Ferris

OFSAA: 4:01.10 2006

Kyle Milks - Thousand Islands

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	443	Cooper, Jeremy	MSS-M'Chigeeng	4:28.68	_____	_____
2	263	Carlyle, Jack	Korah - SS Marie	4:34.73	_____	_____
3	561	Graf, Philipp	SJDCVS-SS Marie	4:38.03	_____	_____
4	694	Chirico, Charlie	SJSH-North Bay	4:41.40	_____	_____
5	764	Uuksulainen, Keifer	WFSS-North Bay	4:49.56	_____	_____
6	637	Diebel, Sebastien	SBCSS-Sudbury	4:50.12	_____	_____
7	790	Fettes, Peter	WSS-North Bay	4:54.60	_____	_____
8	232	Paibomsai, Edward	EHS-Espanola	4:56.08	_____	_____
9	399	Armstrong, Jordan	Lockerby - Sudbury	4:59.50	_____	_____
10	288	Penno, Kyle	Korah - SS Marie	4:59.65	_____	_____
11	528	Swanson, Devin	CND - Sudbury	5:05.73	_____	_____
12	250	Ciesielski, Brandon	FJME-Mattawa	5:13.00	_____	_____
13	557	Fryia, Joshua	SJDCVS-SS Marie	5:14.79	_____	_____
14	194	Laabs, Tanner	ESCFO-Espanola	5:15.61	_____	_____
15	180	Couture, Jordan	ESCC-Chelmsford	5:42.66	_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 43 Women 3000 Meter Run Junior**

Friday 5/29/2009 - 2:45 PM

NOSSA: 10:28.70 2004

Kaitlyn Tallman-Manitoulin

OFSAA: 10:00.90 2006

Amanda Truelove - St. Joan of Arc

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	573	Lobert, Lynnea	SJDCVS-SS Marie	11:17.92	_____	_____
2	610	Flynn, Jullien	SBSS-SS Marie	11:44.79	_____	_____
3	372	Pettigrew, Kyla	LEPSS-Sudbury	12:21.91	_____	_____
4	548	Denardo, Kylie	SJDCVS-SS Marie	12:40.83	_____	_____
5	437	Wismer, Katie	Lockerby - Sudbury	12:46.02	_____	_____
6	575	Mallinger, Catherine	SJDCVS-SS Marie	12:46.61	_____	_____
7	371	Petingola, Hannah	LEPSS-Sudbury	13:44.48	_____	_____
8	477	Tkachuk, Sarah	MA-Sudbury	13:47.65	_____	_____
9	711	Lawes, Megan	SJSH-North Bay	13:54.25	_____	_____
10	707	Hunt, Stephanie	SJSH-North Bay	14:14.37	_____	_____
11	14	Fiorino, Chiara	ESA - North Bay	14:27.47	_____	_____
12	7	Doucette, Candy	ESA - North Bay	17:13.75	_____	_____
13					_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 44 Men 3000 Meter Run Junior**  
**Friday 5/29/2009 - 3:15 PM**

NOSSA: 9:23.86 2006  
 OFSAA: 8:33.65 2007

Dominik Graf-Sir James Dunn  
 John Paul Mallette-Assumption College

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	443	Cooper, Jeremy	MSS-M'Chigeeng	10:00.99	_____	_____
2	263	Carlyle, Jack	Korah - SS Marie	10:05.10	_____	_____
3	637	Diebel, Sebastien	SBCSS-Sudbury	10:26.54	_____	_____
4	399	Armstrong, Jordan	Lockerby - Sudbury	10:31.02	_____	_____
5	401	Boyce, Connor	Lockerby - Sudbury	10:32.66	_____	_____
6	528	Swanson, Devin	CND - Sudbury	10:34.77	_____	_____
7	694	Chirico, Charlie	SJSH-North Bay	10:39.53	_____	_____
8	561	Graf, Philipp	SJDCVS-SS Marie	10:54.90	_____	_____
9	52	Hinds, Sam	BACCSS-Hanmer	11:26.85	_____	_____
10	557	Fryia, Joshua	SJDCVS-SS Marie	11:30.65	_____	_____
11	440	Bondi, Parker	MSS-M'Chigeeng	12:47.08	_____	_____
12					_____	_____
13					_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 45 Women 80 Meter Hurdles Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 4:00 PM**

NOSSA: 12.10 5/29/2008 Serena SanCartier, LEPSS-Sudbury  
 OFSAA: 11.88 2008 Ashley Maddex - Rockland DHS, Rockland

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1					_____	_____
2	675	Nolan, Sydney	SMC-SS Marie	15.12	_____	_____
3	392	Venugopal, Marla	LEPSS-Sudbury	14.80	_____	_____
4	400	Blacklock, Kerissa	Lockerby - Sudbury	12.70	_____	_____
5	628	Rocca, Taylor	SBSS-SS Marie	14.12	_____	_____
6	65	Julien, Hayley	CASS-Desbarats	15.11	_____	_____
7	448	Esposito, Gabby	MSS-M'Chigeeng	16.62	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1					_____	_____
2	451	Knobel, Kim	MSS-M'Chigeeng	16.04	_____	_____
3	671	Mandolesi, Dina	SMC-SS Marie	14.83	_____	_____
4	380	Schwabe, Katarina	LEPSS-Sudbury	13.60	_____	_____
5	560	Glassford, Kati	SJDCVS-SS Marie	14.02	_____	_____
6	338	Chiesa, Alicia	LEPSS-Sudbury	15.10	_____	_____
7	532	Underdown, Melissa	CND - Sudbury	16.80	_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 46 Men 100 Meter Hurdles Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times**

NOSSA: 15.00 2004 Derek Coccimiglio-St Basil

NOSSA\_2: 15.00 2007 Erik Faucon-Chippewa SS

OFSAA: 13.31 2008 Gregory MacNeill - Mother Teresa CHS, London

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1					_____	_____
2	87	Bodley, Michael	CSS- North Bay	19.25	_____	_____
3	613	Hoover, Jordan	SBSS-SS Marie	16.72	_____	_____
4	368	Pelkington, Tyson	LEPSS-Sudbury	15.40	_____	_____
5	545	Cooke, Justin	SJDCVS-SS Marie	16.52	_____	_____
6	654	Chiarello, Jordan	SMC-SS Marie	18.15	_____	_____
7					_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1					_____	_____
2					_____	_____
3	156	Glaude, Zackary	ESMC-Sudbury	16.80	_____	_____
4	542	Booth, Colin	SJDCVS-SS Marie	16.42	_____	_____
5	306	Lavallie, Shawn	LaSalle - Sudbury	16.60	_____	_____
6	429	Smith, Timothy	Lockerby - Sudbury	17.80	_____	_____
7					_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 47 Women 300 Meter Hurdles Junior**

Friday 5/29/2009 - 1:40 PM

NOSSA: 47.13 2005

Paige Leclerc-Lockerby

OFSAA: 42.46 1997

Jessica Zelinka - Sir Frederick Banting

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2	309	Lockwood, Heather	LaSalle - Sudbury	59.80	_____	_____
3	675	Nolan, Sydney	SMC-SS Marie	57.10	_____	_____
4	130	Lanktree, Lacey	ELSS-Elliot Lake	53.02	_____	_____
5	671	Mandolesi, Dina	SMC-SS Marie	56.21	_____	_____
6	338	Chiesa, Alicia	LEPSS-Sudbury	57.10	_____	_____
7	470	Kaelas, Sarah	MA-Sudbury	1:02.20	_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1	20	Jerome, Shannon	ESA - North Bay	53.26	_____	_____
2	721	Tancredi, Bridget	SJSH-North Bay	53.01	_____	_____
3	392	Venugopal, Marla	LEPSS-Sudbury	52.90	_____	_____
4	124	Britton-Foster, Hannah	ELSS-Elliot Lake	50.30	_____	_____
5	380	Schwabe, Katarina	LEPSS-Sudbury	52.10	_____	_____
6	560	Glassford, Kati	SJDCVS-SS Marie	52.90	_____	_____
7	661	Gagnon, Alyssa	SMC-SS Marie	53.67	_____	_____
8	70	Lajambe, Lexie	CASS-Desbarats	53.49	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 48 Men 300 Meter Hurdles Junior**

Friday 5/29/2009 - 2:10 PM

NOSSA: 41.00 2004

Justin Digiglio-St Joe/Scollard Hall

OFSAA: 38.67 2008

Gregor MacNeill - Mother Teresa CHS, London

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2	429	Smith, Timothy	Lockerby - Sudbury	53.20	_____	_____
3	539	Bell, Jason	SJDCVS-SS Marie	49.60	_____	_____
4	454	Proulx, Lucas	MSS-M'Chigeeng	48.87	_____	_____
5	236	Podlatis, Kurt	EHS-Espanola	49.27	_____	_____
6	156	Glaude, Zackary	ESMC-Sudbury	47.90	_____	_____
7	87	Bodley, Michael	CSS- North Bay	53.68	_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1	82	Brebant, James	CVDCS-Chelmsford	47.00	_____	_____
2	368	Pelkington, Tyson	LEPSS-Sudbury	46.40	_____	_____
3	155	Demore, Joshua	ESMC-Sudbury	45.70	_____	_____
4	545	Cooke, Justin	SJDCVS-SS Marie	44.75	_____	_____
5	780	Muncaster, Ben	WPCVS-SS Marie	45.40	_____	_____
6	227	Meijer, Bob	EHS-Espanola	45.99	_____	_____
7	569	Johnson, Drew	SJDCVS-SS Marie	46.57	_____	_____
8	111	Wilson, Zach	CSS- North Bay	51.46	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 49 Women High Jump Junior**

Friday 5/29/2009 - 1:00 PM

NOSSA: 1.52m 2006

Jennifer Piper-Chippewa

OFSAA: 1.75m 2007

Michelle Theophille-Father Leo J. Austi

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	118	Huffman, Jade	CSS - Val Caron	1.28m	_____	_____
2	337	Charbonneau, Meredith	LEPSS-Sudbury	1.34m	_____	_____
3	732	Deverell, Hilary	WCESS-Blind Rive	1.32m	_____	_____
4	68	King, Kaisha	CASS-Desbarats	1.35m	_____	_____
5	196	LeBlanc, Deanne	ESCFO-Espanola	1.27m	_____	_____
6	583	Patterson, Genna	SJDCVS-SS Marie	1.44m	_____	_____
7	614	Hurd, Abby	SBSS-SS Marie	1.42m	_____	_____
8	51	Smith, Miranda	BCVS - SS Marie	1.39m	_____	_____
9	609	Dovigi, Kristine	SBSS-SS Marie	1.46m	_____	_____
10	251	Gauvin, Ashley	FJME-Mattawa	1.20m	_____	_____
11	392	Venugopal, Marla	LEPSS-Sudbury	1.37m	_____	_____
12	259	Walkentin, Krysta	FJME-Mattawa	1.30m	_____	_____
13	431	Tiplady, Kara	Lockerby - Sudbury	1.54m	_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 50 Men High Jump Junior**

Friday 5/29/2009 - 2:30 PM

NOSSA: 1.78m 6/1/2007

Patrick Laferrière, Algonquin

OFSAA: 2.04m 1995

Michael Ponikvar - Denis Morri

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	167	Leclair, Marc	ESSC-Sudbury	1.51m	_____	_____
2	481	Charbonneau, Jean	NSS - Sturgeon F	1.65m	_____	_____
3	165	Kilganon, Grant	ESSC-Sudbury	1.54m	_____	_____
4	599	Walsh, Bradley	SJDCVS-SS Marie	1.69m	_____	_____
5	613	Hoover, Jordan	SBSS-SS Marie	1.52m	_____	_____
6	249	Burns, Rodney	FJME-Mattawa	1.60m	_____	_____
7	322	Lampman, Tyler	Lively - Lively	1.62m	_____	_____
8	256	Reid, Mackenzie	FJME-Mattawa	1.60m	_____	_____
9	713	Mannshardt, Matt	SJSH-North Bay	1.55m	_____	_____
10	454	Proulx, Lucas	MSS-M'Chigeeng	1.67m	_____	_____
11	604	Bruni, Mario	SBSS-SS Marie	1.66m	_____	_____
12	444	Corrigan, Zack	MSS-M'Chigeeng	1.67m	_____	_____
13	352	Kosar, John	LEPSS-Sudbury	1.73m	_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 51 Women Pole Vault Junior**

Thursday 5/28/2009 - 6:00 PM

NOSSA: 2.60m 5/29/2008 Sarah Swain, CSS- North Bay

OFSSA: 3.25m 2008 Karleigh Parker - College Avenue SS, Woodstock

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	358	Lumley, Adria	LEPSS-Sudbury	2.01m	_____	_____
2	102	McParland, Maura	CSS- North Bay	1.88m	_____	_____
3	390	Tremblay, Brittany	LEPSS-Sudbury	1.77m	_____	_____
4	94	Fung, Alison	CSS- North Bay	2.58m	_____	_____
5	505	Gauthier, Jasmine	CND - Sudbury	2.07m	_____	_____
6	511	MacQueen, Chelsea	CND - Sudbury	1.83m	_____	_____
7	506	Guy, Janik	CND - Sudbury	1.95m	_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 52 Men Pole Vault Junior**

Friday 5/29/2009 - 9:00 AM

NOSSA: 3.52m 6/1/2007 Erik Faucon, Chippewa

OFSAA: 4.45m 1992 Drew Barrett - King City SS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	86	Birosh, Adam	CSS- North Bay	2.48m	_____	_____
2	352	Kosar, John	LEPSS-Sudbury	2.70m	_____	_____
3	520	Ritchie, Tristan	CND - Sudbury	2.30m	_____	_____
4					_____	_____
5					_____	_____
6					_____	_____
7					_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 53 Women Long Jump Junior**

Friday 5/29/2009 - 9:00 AM

NOSSA: 5.12m 5/30/2008

Caroline Ehrhardt, EHS-Espanola

OFSAA: 5.48m 2006

Catherine Okoukoni - Cardinal Carter

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	345	Hick, Michelle	LEPSS-Sudbury	3.98m	_____	_____
2	287	Nicholson, Serina	Korah - SS Marie	4.01m	_____	_____
3	60	Ford, Caray	CASS-Desbarats	4.26m	_____	_____
4	783	Rathwell, Kayleigh	WPCVS-SS Marie	4.26m	_____	_____
5	337	Charbonneau, Meredith	LEPSS-Sudbury	3.74m	_____	_____
6	400	Blacklock, Kerissa	Lockerby - Sudbury	4.12m	_____	_____
7	789	Etches, Elizabeth	WSS-North Bay	4.15m	_____	_____
8	760	O'Grady, Molly	WFSS-North Bay	4.18m	_____	_____
9	535	Valiquette, Celine	NDGLSS-SS Marie	4.05m	_____	_____
10	211	Dubreuil, Karen	EHS-Espanola	4.46m	_____	_____
11	362	Michel, Kyra	LEPSS-Sudbury	3.64m	_____	_____
12	792	Glass, Brittney	WSS-North Bay	4.47m	_____	_____
13	458	Woodbury, Lily	MSS-M'Chigeeng	4.30m	_____	_____
14	25	Libby, Daryan	ESA - North Bay	3.95m	_____	_____
15	583	Patterson, Genna	SJDCVS-SS Marie	4.03m	_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 54 Men Long Jump Junior**

Friday 5/29/2009 - 10:30 AM

NOSSA: 6.34m 6/1/2007

Matt Glibota, Korah

OFSAA: 6.79m 1986

Bobby Llewellyn - George Harvey SS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	638	Duff, Garrett	SBCSS-Sudbury	4.90m	_____	_____
2	239	Rydall, Tyler	EHS-Espanola	5.42m	_____	_____
3	43	Vermette, Sam	ESA - North Bay	5.41m	_____	_____
4	501	Depatie, Matthieu	CND - Sudbury	4.54m	_____	_____
5	494	Bonin, Chris	CND - Sudbury	4.58m	_____	_____
6	410	Fram, Kyle	Lockerby - Sudbury	5.35m	_____	_____
7	116	Gladu, Ricky	CSS - Val Caron	5.15m	_____	_____
8	54	Barbarie, Kurt	CASS-Desbarats	5.56m	_____	_____
9	599	Walsh, Bradley	SJDCVS-SS Marie	5.42m	_____	_____
10	248	Bigelow, Stewart	FJME-Mattawa	4.69m	_____	_____
11	691	Brooks, Spencer	SJSH-North Bay	5.96m	_____	_____
12	289	Pulkkinen, Esa	Korah - SS Marie	5.34m	_____	_____
13	774	Katajamaki, Ben	WPCVS-SS Marie	5.87m	_____	_____
14	203	Bouwmeester, Corey	EHS-Espanola	5.27m	_____	_____
15	704	Hamilton, Gab	SJSH-North Bay	5.45m	_____	_____
16	533	Mohammadi, Marc	NDGLSS-SS Marie	5.50m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 55 Women Triple Jump Junior**  
**Thursday 5/28/2009 - 3:30 PM**

NOSSA: 11.66m 5/29/2008

Caroline Ehrhardt, EHS-Espanola

OFSAA: 11.97m 2008

Caroline Ehrhardt - Espanola HS, Espanola

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	596	Skalecki, Carissa	SJDCVS-SS Marie	9.40m	_____	_____
2	422	Mazzella, Veronica	Lockerby - Sudbury	9.07m	_____	_____
3	337	Charbonneau, Meredith	LEPSS-Sudbury	8.60m	_____	_____
4	783	Rathwell, Kayleigh	WPCVS-SS Marie	9.17m	_____	_____
5	466	Ealdama, Jordan	MA-Sudbury	8.58m	_____	_____
6	24	Lefebvre, Gabrielle	ESA - North Bay	7.72m	_____	_____
7	458	Woodbury, Lily	MSS-M'Chigeeng	8.75m	_____	_____
8	583	Patterson, Genna	SJDCVS-SS Marie	9.10m	_____	_____
9	792	Glass, Brittney	WSS-North Bay	8.80m	_____	_____
10	345	Hick, Michelle	LEPSS-Sudbury	8.85m	_____	_____
11	661	Gagnon, Alyssa	SMC-SS Marie	9.18m	_____	_____
12	211	Dubreuil, Karen	EHS-Espanola	9.62m	_____	_____
13	60	Ford, Caray	CASS-Desbarats	9.04m	_____	_____
14	710	Justice, Jennifer	SJSH-North Bay	7.02m	_____	_____
15	711	Lawes, Megan	SJSH-North Bay	7.95m	_____	_____
16	362	Michel, Kyra	LEPSS-Sudbury	8.44m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
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**Meet Program**

**Event 56 Men Triple Jump Junior**  
**Thursday 5/28/2009 - 5:00 PM**

NOSSA: 12.75m 2004

OFSAA: 14.17m 1994

OFSAA\_2: 14.17m 1994

Dan Gardiner-Chelmsford

Devon Davis - Pickering HS

Kris Peterson - Sandwich SS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	501	Depatie, Matthieu	CND - Sudbury	10.09m	_____	_____
2	227	Meijer, Bob	EHS-Espanola	11.24m	_____	_____
3	410	Fram, Kyle	Lockerby - Sudbury	11.10m	_____	_____
4	599	Walsh, Bradley	SJDCVS-SS Marie	11.98m	_____	_____
5	311	Predon, Alex	LaSalle - Sudbury	9.96m	_____	_____
6	270	Dinter, Paul	Korah - SS Marie	10.66m	_____	_____
7	252	Jaakkola, Phillip	FJME-Mattawa	10.74m	_____	_____
8	664	Glibota, David	SMC-SS Marie	10.53m	_____	_____
9	604	Bruni, Mario	SBSS-SS Marie	10.74m	_____	_____
10	244	Steinke, Caleb	EHS-Espanola	10.53m	_____	_____
11	713	Mannshardt, Matt	SJSH-North Bay	10.35m	_____	_____
12	638	Duff, Garrett	SBCSS-Sudbury	10.63m	_____	_____
13	82	Brebant, James	CVDCS-Chelmsford	10.41m	_____	_____
14	698	Drolet, Jordan	SJSH-North Bay	9.72m	_____	_____
15	43	Vermette, Sam	ESA - North Bay	10.76m	_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 57 Women Shot Put Junior**  
**Friday 5/29/2009 - 10:30 AM**

NOSSA: 9.29m 2005  
 OFSAA: 13.61m 2000

Samantha Boivin, Elliot Lake  
 Sultana Frizell - Perth and District CI

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	62	Goulding, Taryn	CASS-Desbarats	8.18m	_____	_____
2	572	Linklater, Riley Jo	SJDCVS-SS Marie	7.96m	_____	_____
3	707	Hunt, Stephanie	SJSH-North Bay	7.01m	_____	_____
4	469	Huneault, Margaret	MA-Sudbury	8.73m	_____	_____
5	85	Savoie, Michelle	CVDCS-Chelmsford	7.79m	_____	_____
6	175	Blais, Magalie	ESCC-Chelmsford	8.15m	_____	_____
7	519	Rancourt, Krystal	CND - Sudbury	7.93m	_____	_____
8	45	Cesco, Megan	BCVS - SS Marie	7.74m	_____	_____
9	104	Stickle, Jessica	CSS- North Bay	6.72m	_____	_____
10	48	Mortimore, Sam	BCVS - SS Marie	8.66m	_____	_____
11	348	Jacques, Michelle	LEPSS-Sudbury	8.11m	_____	_____
12	738	Murray, Diana	WCESS-Blind Rive	8.09m	_____	_____
13	103	Mossington, Emma	CSS- North Bay	6.88m	_____	_____
14	784	Ritchie, Liza	WPCVS-SS Marie	8.76m	_____	_____
15	233	Peters, Emmalee	EHS-Espanola	8.08m	_____	_____
16	257	Romain, Shelby	FJME-Mattawa	8.65m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 58 Men Shot Put Junior**

Friday 5/29/2009 - 9:00 AM

NOSSA: 14.68m 6/1/2007

James Robertson, Espanola

OFSAA: 19.72m 2006

Tim Nedow - Thousand Islands

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	525	Scott, Pat	CND - Sudbury	11.82m	_____	_____
2	334	Bowins, Donald	LEPSS-Sudbury	12.16m	_____	_____
3	763	Stevenson, Braeden	WFSS-North Bay	11.77m	_____	_____
4	133	McDonell, Kevin	ELSS-Elliot Lake	11.81m	_____	_____
5	33	Oukes, Corrie	ESA - North Bay	12.25m	_____	_____
6	580	McGrath, Patrick	SJDCVS-SS Marie	11.37m	_____	_____
7	179	Chartrand, Kyle	ESCC-Chelmsford	13.21m	_____	_____
8	685	Turcotte, Patrick	SMC-SS Marie	12.72m	_____	_____
9	657	Drinkwater, Andrew	SMC-SS Marie	11.38m	_____	_____
10	705	Harrison, Chris	SJSH-North Bay	12.40m	_____	_____
11	642	Lessard, Eric	SBCSS-Sudbury	13.06m	_____	_____
12	234	Pitawanakwat, Jessie	EHS-Espanola	12.35m	_____	_____
13	386	Thompson, Ian	LEPSS-Sudbury	12.10m	_____	_____
14	109	Wang, Mark	CSS- North Bay	12.50m	_____	_____
15	54	Barbarie, Kurt	CASS-Desbarats	11.94m	_____	_____
16	554	Evans, Bryan	SJDCVS-SS Marie	11.99m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 59 Women Discus Throw Junior**  
**Thursday 5/28/2009 - 5:00 PM**

NOSSA: 27.11m 2004 Ashley Clingen-White Pines  
 OFSAA: 39.25m 6/5/2005 Amy Town, Orillia DCVI -Orillia

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	104	Stickle, Jessica	CSS- North Bay	18.92m	_____	_____
2	348	Jacques, Michelle	LEPSS-Sudbury	21.80m	_____	_____
3	778	McClelland, Emily	WPCVS-SS Marie	22.86m	_____	_____
4	738	Murray, Diana	WCESS-Blind Rive	21.03m	_____	_____
5	300	Bartell, Chelsea	LaSalle - Sudbury	18.60m	_____	_____
6	699	Dubien, Rikki-Lynn	SJSH-North Bay	17.40m	_____	_____
7	85	Savoie, Michelle	CVDCS-Chelmsford	17.82m	_____	_____
8	175	Blais, Magalie	ESCC-Chelmsford	20.48m	_____	_____
9	735	Macdonald-Talbot, Sierra	WCESS-Blind Rive	21.48m	_____	_____
10	784	Ritchie, Liza	WPCVS-SS Marie	27.28m	_____	_____
11	62	Goulding, Taryn	CASS-Desbarats	22.50m	_____	_____
12	257	Romain, Shelby	FJME-Mattawa	21.05m	_____	_____
13	103	Mossington, Emma	CSS- North Bay	23.38m	_____	_____
14	608	Deluzio, Tianna	SBSS-SS Marie	22.09m	_____	_____
15	48	Mortimore, Sam	BCVS - SS Marie	24.52m	_____	_____
16	365	Moutsatsos, Jasmine	LEPSS-Sudbury	20.39m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 60 Men Discus Throw Junior**  
**Thursday 5/28/2009 - 3:30 PM**

NOSSA: 47.13m 5/29/2008 Dale Valade, WFSS-North Bay

OFSAA: 59.77m 2007 Jackson Gray-Sarnia CITS-Sarnia

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	501	Depatie, Matthieu	CND - Sudbury	21.67m	_____	_____
2	685	Turcotte, Patrick	SMC-SS Marie	38.66m	_____	_____
3	705	Harrison, Chris	SJSH-North Bay	37.45m	_____	_____
4	580	McGrath, Patrick	SJDCVS-SS Marie	32.20m	_____	_____
5	33	Oukes, Corrie	ESA - North Bay	44.73m	_____	_____
6	218	Golden, Nick	EHS-Espanola	31.62m	_____	_____
7	655	Corelli, Brandon	SMC-SS Marie	34.25m	_____	_____
8	691	Brooks, Spencer	SJSH-North Bay	45.79m	_____	_____
9	53	McCambridge, Aaron	BACCSS-Hanmer	24.96m	_____	_____
10	197	Presseau, Daniel	ESCFO-Espanola	36.02m	_____	_____
11	334	Bowins, Donald	LEPSS-Sudbury	28.92m	_____	_____
12	527	Sutherland, Chris	CND - Sudbury	28.09m	_____	_____
13	490	Barbeau, Trevor	CND - Sudbury	35.16m	_____	_____
14	26	Loeffen, Niko	ESA - North Bay	32.86m	_____	_____
15	554	Evans, Bryan	SJDCVS-SS Marie	35.66m	_____	_____
16	228	Morin, Shawn	EHS-Espanola	32.52m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 61 Women Javelin Throw Junior**

Friday 5/29/2009 - 2:30 PM

NOSSA: 34.30m 2005

Aly McDougall-WC Eaket

OFSAA: 40.24m 2004

Beth Wachna -Holy Names -Windsor

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	134	Nelson, Thalia	ELSS-Elliot Lake	21.75m	_____	_____
2	62	Goulding, Taryn	CASS-Desbarats	26.09m	_____	_____
3	738	Murray, Diana	WCESS-Blind Rive	24.38m	_____	_____
4	671	Mandolesi, Dina	SMC-SS Marie	22.20m	_____	_____
5	103	Mossington, Emma	CSS- North Bay	21.50m	_____	_____
6	572	Linklater, Riley Jo	SJDCVS-SS Marie	27.26m	_____	_____
7	650	Amadio, Jaclyn	SMC-SS Marie	26.02m	_____	_____
8	348	Jacques, Michelle	LEPSS-Sudbury	17.39m	_____	_____
9	17	Goulet, Émilie	ESA - North Bay	22.97m	_____	_____
10	104	Stickle, Jessica	CSS- North Bay	21.80m	_____	_____
11	363	Milne, Karley	LEPSS-Sudbury	16.11m	_____	_____
12	257	Romain, Shelby	FJME-Mattawa	20.40m	_____	_____
13	175	Blais, Magalie	ESCC-Chelmsford	18.80m	_____	_____
14	608	Deluzio, Tianna	SBSS-SS Marie	30.32m	_____	_____
15	519	Rancourt, Krystal	CND - Sudbury	24.19m	_____	_____
16	469	Huneault, Margaret	MA-Sudbury	14.11m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 62 Men Javelin Throw Junior**  
**Friday 5/29/2009 - 1:00 PM**

NOSSA: 55.99m 2004  
 OFSAA: 58.60m 2008

James Bergamin-Sir James Dunn  
 Ray Dykstra - Grimsby HS, Grimsby

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	54	Barbarie, Kurt	CASS-Desbarats	38.67m	_____	_____
2	133	McDonell, Kevin	ELSS-Elliot Lake	36.56m	_____	_____
3	314	Shirk, Brandon	LaSalle - Sudbury	46.88m	_____	_____
4	494	Bonin, Chris	CND - Sudbury	34.59m	_____	_____
5	81	Trotter, Brandon	CASS-Desbarats	42.02m	_____	_____
6	490	Barbeau, Trevor	CND - Sudbury	34.73m	_____	_____
7	324	Punkari, Jacob	Lively - Lively	39.00m	_____	_____
8	165	Kilganon, Grant	ESSC-Sudbury	37.27m	_____	_____
9	109	Wang, Mark	CSS- North Bay	38.76m	_____	_____
10	86	Birosh, Adam	CSS- North Bay	43.12m	_____	_____
11	679	Pyymaki, Daniel	SMC-SS Marie	38.86m	_____	_____
12	33	Oukes, Corrie	ESA - North Bay	50.31m	_____	_____
13	664	Glibota, David	SMC-SS Marie	42.23m	_____	_____
14	604	Bruni, Mario	SBSS-SS Marie	42.68m	_____	_____
15	580	McGrath, Patrick	SJDCVS-SS Marie	37.97m	_____	_____
16	698	Drolet, Jordan	SJSH-North Bay	41.98m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 63 Women 4x100 Meter Relay Junior**

Friday 5/29/2009 - 4:55 PM

NOSSA: 51.95 2005

Lo-Ellen Park SS

OFSAA: 49.08 1997

B. Leclair, N. Pyzik, R. Johnston, N. San Cartier

Sir Frederick Banting CI

V.Bendle,A.Fader,J.Zelinka,E.Cairncross

Lane	Comp#	Team	Relay	Seed Time	Finals	Place		
<b>Section 1 of 2 Timed Finals</b>								
1					_____	_____		
2					_____	_____		
3		Marymount Academy - Sudbury	A	59.60	_____	_____		
	1) 465	Clouthier, Chelsey	2) 466	Ealdama, Jordan	3) 468	Hanson, Taylor	4) 470	Kaelas, Sarah
4		Algonquin E S - North Bay	A	58.13	_____	_____		
	1) 9	Dupuis, Nathalie	2) 29	McCann, Molly	3) 25	Libby, Daryan	4) 30	Neault, Carine
	5) 20	Jerome, Shannon	6) 24	Lefebvre, Gabrielle				
5		Notre Dame College - Sudbury	A	58.58	_____	_____		
	1) 491	Bechard, Samantha	2) 502	Frappier, Shiyanne	3) 516	Pelletier, Marie-Josee	4) 532	Underdown, Melissa
	5) 526	St-Denis, Michelle						
6					_____	_____		
7					_____	_____		
8					_____	_____		
<b>Section 2 of 2 Timed Finals</b>								
1		St.Joseph-Scollard - North Bay	A	58.10	_____	_____		
	1) 707	Hunt, Stephanie	2) 711	Lawes, Megan	3) 717	Paige, Laura	4) 721	Tancredi, Bridget
2		Espanola - Espanola	A	55.53	_____	_____		
	1) 242	Smith, Amanda	2) 211	Dubreuil, Karen	3) 238	Rancourt, Sarah	4) 226	McGregor, Kendra
	5) 245	Verch, Carly						
3		Central Algoma - Desbarats	A	55.08	_____	_____		
	1) 60	Ford, Caray	2) 68	King, Kaisha	3) 65	Julien, Hayley	4) 69	Kinzel, Nichole
	5) 70	Lajambe, Lexie						
4		Lo-Ellen Park - Sudbury	A	54.62	_____	_____		
	1) 340	Dailey, Carly	2) 380	Schwabe, Katarina	3) 372	Pettigrew, Kyla	4) 359	MacLean, Alannah
	5) 338	Chiesa, Alicia	6) 345	Hick, Michelle				
5		St. Basil - SS Marie	C	54.85	_____	_____		
	1) 612	Hodgson, Sophie	2) 609	Dovigi, Kristine	3) 608	Deluzio, Tianna	4) 628	Rocca, Taylor
6		W. C. Eaket - Blind River	A	55.52	_____	_____		
	1) 742	Trowbridge, Kelsie	2) 739	Rousselle, Heather	3) 726	Blondin, Chelsey	4) 727	Boyer, Krista
7		Sir James Dunn - SS Marie	A	55.90	_____	_____		
	1) 537	Barban, Kendall	2) 553	Eddy, Rachel	3) 565	Horbatuk, Meaghan	4) 589	Robb, Amanda
8					_____	_____		

**Northern Ontario Secondary Schools' Athletics**  
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**Event 64 Men 4x100 Meter Relay Junior**  
**Friday 5/29/2009 - 5:05 PM**

**NOSSA: 45.80 5/30/2008 Sir James Dunn - SS Marie, SJDCVS-SS Marie**  
**E Bogensberger, M Auger, G Hunt, J Vernelli**  
**OFSAA: 43.80 2006 Birchmount Park**  
**J. Bartholomew, I. Warner, M. Dhaqane, A. Hamilton**

Lane	Comp#	Team	Relay	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2					_____	_____
3		ESC Champlain - Chelmsford	A	55.99	_____	_____
	1) 189 Ruest, Kayden	2) 181 Fraser, Joel	3) 184 Johnston, Carl	4) 186 Miron, Jesse		
	5) 188 Ouellette, Jeremie	6) 183 Huneault, Mathieu				
4		Lockerby - Sudbury	A	51.96	_____	_____
	1) 399 Armstrong, Jordan	2) 436 Visentin, Justin	3) 429 Smith, Timothy	4) 411 Gladu, Dylan		
	5) 410 Fram, Kyle					
5		Chippewa - North Bay	A	54.31	_____	_____
	1) 99 Knight, Mitchell	2) 86 Birosh, Adam	3) 111 Wilson, Zach	4) 109 Wang, Mark		
	5) 89 Chadbourne, Alex					
6		F. J. McElligott - Mattawa	A	56.23	_____	_____
	1) 250 Ciesielski, Brandon	2) 249 Burns, Rodney	3) 252 Jaakkola, Phillip	4) 255 Mick, Joe		
7					_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1		Notre Dame College - Sudbury	A	50.67	_____	_____
	1) 528 Swanson, Devin	2) 494 Bonin, Chris	3) 520 Ritchie, Tristan	4) 512 McDonald, Ryan		
2		LaSalle - Sudbury	A	48.91	_____	_____
	1) 306 Lavallie, Shawn	2) 311 Predon, Alex	3) 314 Shirk, Brandon	4) 316 Smith, Scott		
3		Sir James Dunn - SS Marie	A	47.74	_____	_____
	1) 539 Bell, Jason	2) 555 Fitton, Matthew	3) 545 Cooke, Justin	4) 542 Booth, Colin		
4		St.Joseph-Scollard - North Bay	A	46.46	_____	_____
	1) 691 Brooks, Spencer	2) 704 Hamilton, Gab	3) 718 Poeta, Jeremy	4) 720 Sullivan, Isaac		
5		White Pines - SS Marie	A	47.71	_____	_____
	1) 771 Heimonen, Nathan	2) 782 Plumley, Trevor	3) 780 Muncaster, Ben	4) 774 Katajamaki, Ben		
6		Central Algoma - Desbarats	A	48.55	_____	_____
	1) 73 MacDonald, Luke	2) 74 MacFarlane, Ben	3) 81 Trotter, Brandon	4) 54 Barbarie, Kurt		
7		Espanola - Espanola	A	49.90	_____	_____
	1) 232 Paibomsai, Edward	2) 239 Rydall, Tyler	3) 236 Podlatis, Kurt	4) 222 Mailloux, Bryan		
8		Lo-Ellen Park - Sudbury	A	50.74	_____	_____
	1) 368 Pelkington, Tyson	2) 350 Jolicoeur, Martin	3) 325 Alexander, Ryan	4) 396 Williamson, Curtis		
	5) 351 Kim, Ben	6) 352 Kosar, John				

**Northern Ontario Secondary Schools' Athletics**  
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**Meet Program**

**Event 65 Women 100 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 9:20 AM**NOSSA: 12.36 6/1/2007 **Rebecca Johnston, Lo-Ellen Par**OFSAA: 11.54 2002 **Ashley Purnell - St. Mark HS**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	430	Thomson, Grace	Lockerby - Sudbury	14.22	_____	_____
2	39	Shank, Brittany	ESA - North Bay	13.68	_____	_____
3	107	Swain, Sarah	CSS- North Bay	13.35	_____	_____
4	378	SanCartier, Serena	LEPSS-Sudbury	13.05	_____	_____
5	522	Roque, Melanie	CND - Sudbury	13.30	_____	_____
6	630	Seaton, Kristen	SBSS-SS Marie	13.76	_____	_____
7	304	Karen, Kathryn	LaSalle - Sudbury	14.17	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	741	Trivers, Lisa	WCESS-Blind Rive	14.24	_____	_____
2	97	Goodridge, Lindsay	CSS- North Bay	13.45	_____	_____
3	129	Kluke, Karilynn	ELSS-Elliot Lake	13.40	_____	_____
4	769	Frayn, Danielle	WPCVS-SS Marie	13.10	_____	_____
5	556	Francis, Trisha	SJDCVS-SS Marie	13.11	_____	_____
6	274	Gallagher, Sarah	Korah - SS Marie	13.43	_____	_____
7	483	Davison, Caitlyn	NSS - Sturgeon F	13.83	_____	_____
8	76	Moffat, Marina	CASS-Desbarats	14.74	_____	_____

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**Event 66 Men 100 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 9:50 AM**

NOSSA: 10.89 2005

Adam Newton-West Ferris

OFSAA: 10.41 1994

Carlton Chambers -Ascension of

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	199	Beer, Nathan	EHS-Espanola	12.43	_____	_____
2	747	Boake, Cameron	WFSS-North Bay	12.14	_____	_____
3	127	Huff, Wesley	ELSS-Elliot Lake	11.51	_____	_____
4	521	Roque, Eric	CND - Sudbury	11.29	_____	_____
5	624	Plastino, Joey	SBSS-SS Marie	11.45	_____	_____
6	536	Auger, Matthew	SJDCVS-SS Marie	11.55	_____	_____
7	639	Fillipov, Nick	SBCSS-Sudbury	12.15	_____	_____
8	169	McMahon, Kurtis	ESSC-Sudbury	12.44	_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	84	Burton, Spencer	CVDCS-Chelmsford	12.31	_____	_____
2	750	Cauchy, Jarret	WFSS-North Bay	12.07	_____	_____
3	482	Commanda, Theoren	NSS - Sturgeon F	11.47	_____	_____
4	701	Fournier, David	SJSH-North Bay	11.26	_____	_____
5	598	Vernelli, Jordan	SJDCVS-SS Marie	11.35	_____	_____
6	677	Pavoni, Jordan	SMC-SS Marie	11.62	_____	_____
7	374	Randa, Mark	LEPSS-Sudbury	12.30	_____	_____
8	225	McCulloch, Andrew	EHS-Espanola	12.70	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 67 Women 200 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 10:50 AM****NOSSA: 24.81 2006****Rebecca Johnston-Lo-Ellen****OFSAA: 23.78 2007****Sherine Wells-Westview Centennial SS**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	741	Trivers, Lisa	WCESS-Blind Rive	32.01	_____	_____
2	39	Shank, Brittany	ESA - North Bay	28.65	_____	_____
3	430	Thomson, Grace	Lockerby - Sudbury	28.20	_____	_____
4	672	Morin, Kaitlin	SMC-SS Marie	27.46	_____	_____
5	708	Jeanneault, Emily	SJSH-North Bay	27.73	_____	_____
6	97	Goodridge, Lindsay	CSS- North Bay	28.20	_____	_____
7	473	Paxton, Emma	MA-Sudbury	28.79	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1					_____	_____
2	556	Francis, Trisha	SJDCVS-SS Marie	28.59	_____	_____
3	769	Frayn, Danielle	WPCVS-SS Marie	28.06	_____	_____
4	212	Ehrhardt, Caroline	EHS-Espanola	27.24	_____	_____
5	122	Violin, Alicia	CSS - Val Caron	27.88	_____	_____
6	673	Morin, Steph	SMC-SS Marie	28.23	_____	_____
7	6	Desrochers, Stephanie	ESA - North Bay	29.08	_____	_____
8	129	Kluge, Karilynn	ELSS-Elliot Lake	29.90	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 68 Men 200 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 5/29/2009 - 11:20 AM****NOSSA: 22.00 2004****Adam Newton-West Ferris****OFSAA: 21.30 2007****Adam Johnson-Bendale BTI - Toronto****OFSAA\_2: 21.33 1984****Atlee Mahorn - Central Technic**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1					_____	_____
2	566	Hunt, Gabe	SJDCVS-SS Marie	24.77	_____	_____
3	781	Plumley, Sean	WPCVS-SS Marie	24.07	_____	_____
4	173	Bastien, Marc	ESCC-Chelmsford	23.04	_____	_____
5	482	Commanda, Theoren	NSS - Sturgeon F	23.41	_____	_____
6	127	Huff, Wesley	ELSS-Elliot Lake	23.84	_____	_____
7	225	McCulloch, Andrew	EHS-Espanola	26.96	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	639	Fillipov, Nick	SBCSS-Sudbury	25.21	_____	_____
2	750	Cauchy, Jarret	WFSS-North Bay	24.38	_____	_____
3	36	Price, Adam	ESA - North Bay	23.75	_____	_____
4	521	Roque, Eric	CND - Sudbury	22.73	_____	_____
5	701	Fournier, David	SJSH-North Bay	23.60	_____	_____
6	624	Plastino, Joey	SBSS-SS Marie	23.77	_____	_____
7	199	Beer, Nathan	EHS-Espanola	25.31	_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 69 Women 400 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 5:10 PM**

NOSSA: 57.85 2006

Rebecca Johnston-Lo-Ellen

OFSAA: 53.32 1980

Charmaine Crooks - West Toronto

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1					_____	_____
2	75	McLeod, Chelsea	CASS-Desbarats	1:17.68	_____	_____
3	708	Jeanneault, Emily	SJSH-North Bay	1:07.37	_____	_____
4	594	Shamess, Alexis	SJDCVS-SS Marie	1:03.62	_____	_____
5	122	Violin, Alicia	CSS - Val Caron	1:05.55	_____	_____
6	32	Ouimette, Janika	ESA - North Bay	1:10.49	_____	_____
7	647	Hallock, Erica	SCC-Sudbury	1:10.62	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	600	Wetzel, Carly	SJDCVS-SS Marie	1:12.56	_____	_____
2	71	Lawrence, Rebecca	CASS-Desbarats	1:11.61	_____	_____
3	473	Paxton, Emma	MA-Sudbury	1:05.89	_____	_____
4	672	Morin, Kaitlin	SMC-SS Marie	1:02.52	_____	_____
5	498	Charbonneau, Veronique	CND - Sudbury	1:05.80	_____	_____
6	42	Trudel, Nadia	ESA - North Bay	1:13.14	_____	_____
7	722	White, Ashley	SJSH-North Bay	1:13.27	_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 70 Men 400 Meter Dash Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 5:45 PM**

NOSSA: 49.92 5/29/2008 Richard MacLennan, SMC-SS Marie

OFSAA: 47.82 2006 Greg Hayes - St. Mary's

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	384	Swan, Blake	LEPSS-Sudbury	1:04.99	_____	_____
2	709	Johnson, Evan	SJSH-North Bay	57.09	_____	_____
3	620	Lytwynec, Riley	SBSS-SS Marie	55.38	_____	_____
4	670	MacLennan, Richard	SMC-SS Marie	51.95	_____	_____
5	207	Burke, Joseph	EHS-Espanola	54.21	_____	_____
6	296	Theodossiou, Theo	Korah - SS Marie	55.58	_____	_____
7	10	Dussault, Jessy	ESA - North Bay	1:01.10	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	419	Larocque, Miquel	Lockerby - Sudbury	57.13	_____	_____
2	762	Scott, Jordan	WFSS-North Bay	57.08	_____	_____
3	36	Price, Adam	ESA - North Bay	55.26	_____	_____
4	781	Plumley, Sean	WPCVS-SS Marie	52.88	_____	_____
5	173	Bastien, Marc	ESCC-Chelmsford	54.81	_____	_____
6	364	Montpellier, Owen	LEPSS-Sudbury	56.93	_____	_____
7	209	Corbin, Justin	EHS-Espanola	59.08	_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 71 Women 800 Meter Run Senior**

Friday 5/29/2009 - 12:20 PM

NOSSA: 2:21.91 2006

Kaitlyn Tallman-Manitoulin

OFSAA: 2:05.94 1984

Elise Braithwaite-Elmwood Sch

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
3-1A	576	Mallinger, Hilary	SJDCVS-SS Marie	2:47.83	_____	_____
7-1B	195	LeBlanc, Danelle	ESCFO-Espanola	3:13.05	_____	_____
11-1C	23	Laroque, Laure	ESA - North Bay	2:41.49	_____	_____
15-1D	695	Davidson, Christie	SJSH-North Bay	2:56.22	_____	_____
1-2A	213	Floean, Jenna	EHS-Espanola	2:45.05	_____	_____
5-2B	381	Sigouin, Kim	LEPSS-Sudbury	2:54.08	_____	_____
9-2C	498	Charbonneau, Veronique	CND - Sudbury	2:42.66	_____	_____
13-2D	665	Greve, Anna	SMC-SS Marie	3:03.76	_____	_____
2-3A	388	Townend, Emily	LEPSS-Sudbury	2:55.75	_____	_____
6-3B	5	Chartrand, Dominique	ESA - North Bay	2:32.69	_____	_____
10-3C	428	Simpson, Erin	Lockerby - Sudbury	2:56.63	_____	_____
14-3D	2	Boland, Stephanie	ESA - North Bay	2:40.63	_____	_____
4-4A	503	Gallo, Kayla	CND - Sudbury	2:50.25	_____	_____
8-4B	594	Shamess, Alexis	SJDCVS-SS Marie	2:39.25	_____	_____
12-4C	262	Bovingdon, Allison	Korah - SS Marie	2:52.72	_____	_____
16-4D	439	Bedard, Cassie	MSS-M'Chigeeng	3:08.45	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 72 Men 800 Meter Run Senior**  
**Friday 5/29/2009 - 12:50 PM**

NOSSA: 1:59.59 2006

Eric Ouellette-Notre- Dame

OFSAA: 1:48.26 2007

Andrew Heaney-Cardinal Newman CSS - Tor

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
3-1A	670	MacLennan, Richard	SMC-SS Marie	2:11.87	_____	_____
7-1B	709	Johnson, Evan	SJSH-North Bay	2:16.90	_____	_____
11-1C	584	Payne, George	SJDCVS-SS Marie	2:22.10	_____	_____
15-1D	141	Fallu, Jody	ESJN-Blind River	2:14.99	_____	_____
1-2A	653	Cavanagh, Devon	SMC-SS Marie	2:20.00	_____	_____
5-2B	749	Callahan, Josh	WFSS-North Bay	2:18.89	_____	_____
9-2C	3	Boulay, Benoit	ESA - North Bay	2:01.26	_____	_____
13-2D	207	Burke, Joseph	EHS-Espanola	2:06.02	_____	_____
2-3A	373	Proudfoot, Ross	LEPSS-Sudbury	2:10.30	_____	_____
6-3B	492	Bizier, Benoit	CND - Sudbury	2:13.02	_____	_____
10-3C	601	Wetzel, Jesse	SJDCVS-SS Marie	2:17.39	_____	_____
14-3D	762	Scott, Jordan	WFSS-North Bay	2:08.36	_____	_____
4-4A	168	Levesque, Steve	ESSC-Sudbury	2:29.89	_____	_____
8-4B	128	Killen, Wesley	ELSS-Elliot Lake	2:22.78	_____	_____
12-4C	185	Leroux, Sebastien	ESCC-Chelmsford	2:21.59	_____	_____
16-4D					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 73 Women 1500 Meter Run Senior**  
**Thursday 5/28/2009 - 6:10 PM**

NOSSA: 4:52.07 5/29/2008 Emma Tallman, MSS-M'Chigeeng

OFSSA: 4:23.52 1982 Alison Wiley - Branksome Hall

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	5	Chartrand, Dominique	ESA - North Bay	5:27.46	_____	_____
2	688	Bedard, Alyssa	SJSH-North Bay	5:33.83	_____	_____
3	2	Boland, Stephanie	ESA - North Bay	5:40.30	_____	_____
4	667	Kasch, Tessa	SMC-SS Marie	5:45.81	_____	_____
5	277	Kargl, Sophie	Korah - SS Marie	5:47.39	_____	_____
6	503	Gallo, Kayla	CND - Sudbury	5:50.16	_____	_____
7	31	Orlowski, Natasha	ESA - North Bay	5:53.17	_____	_____
8	262	Bovingdon, Allison	Korah - SS Marie	5:56.54	_____	_____
9	559	Glassford, Jenn	SJDCVS-SS Marie	5:58.74	_____	_____
10	428	Simpson, Erin	Lockerby - Sudbury	6:08.60	_____	_____
11	408	Flewelling, Lauren	Lockerby - Sudbury	6:19.58	_____	_____
12	467	Foreshew, Rebecca	MA-Sudbury	6:21.26	_____	_____
13	439	Bedard, Cassie	MSS-M'Chigeeng	6:25.21	_____	_____
14	121	Rannelli, Roxanne	CSS - Val Caron	6:34.72	_____	_____
15	450	Jeeves, Heather	MSS-M'Chigeeng	6:42.87	_____	_____
16	66	Kern, Shaylene	CASS-Desbarats	6:51.14	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 74 Men 1500 Meter Run Senior**  
**Thursday 5/28/2009 - 6:50 PM**

NOSSA: 4:04.79 5/31/2007 Matt Walters, West Ferris  
 OFSAA: 3:42.33 1993 Kevin Sullivan - North Park C&

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	373	Proudfoot, Ross	LEPSS-Sudbury	4:19.84	_____	_____
2	653	Cavanagh, Devon	SMC-SS Marie	4:34.64	_____	_____
3	3	Boulay, Benoit	ESA - North Bay	4:43.55	_____	_____
4	709	Johnson, Evan	SJSH-North Bay	4:45.79	_____	_____
5	141	Fallu, Jody	ESJN-Blind River	4:46.58	_____	_____
6	757	Laming, Aaron	WFSS-North Bay	4:46.94	_____	_____
7	264	Carson, Brenden	Korah - SS Marie	4:53.54	_____	_____
8	128	Killen, Wesley	ELSS-Elliot Lake	4:53.65	_____	_____
9	273	Gagnon, Greg	Korah - SS Marie	4:53.78	_____	_____
10	126	Dickey, Joshua	ELSS-Elliot Lake	4:53.90	_____	_____
11	787	Butt, Anthony	WSS-North Bay	5:00.00	_____	_____
12	509	Lafleur, Benoit	CND - Sudbury	5:08.54	_____	_____
13	329	Bamberger, Mark	LEPSS-Sudbury	5:11.66	_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 75 Women 3000 Meter Run Senior**  
**Friday 5/29/2009 - 10:00 AM**

NOSSA: 10:44.23 5/30/2008 Rhiannon Johns, SJDCVS-SS Marie  
 OFSAA: 9:30.64 1981 Kate Wiley - Branksome Hall

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	667	Kasch, Tessa	SMC-SS Marie	11:56.78	_____	_____
2	593	Saunders, Nora-Beth	SJDCVS-SS Marie	12:05.30	_____	_____
3	688	Bedard, Alyssa	SJSH-North Bay	12:34.03	_____	_____
4	283	McCarthy, Elyse	Korah - SS Marie	12:45.83	_____	_____
5	562	Griswold, Chelsea	SJDCVS-SS Marie	12:47.80	_____	_____
6	503	Gallo, Kayla	CND - Sudbury	12:53.16	_____	_____
7	715	O'Rourke, Brianne	SJSH-North Bay	12:55.55	_____	_____
8	31	Orlowski, Natasha	ESA - North Bay	12:56.44	_____	_____
9	695	Davidson, Christie	SJSH-North Bay	12:57.22	_____	_____
10	388	Townend, Emily	LEPSS-Sudbury	13:35.37	_____	_____
11	478	Van Kempen, Rebecca	MA-Sudbury	13:41.42	_____	_____
12	467	Foreshew, Rebecca	MA-Sudbury	13:55.40	_____	_____
13	450	Jeeves, Heather	MSS-M'Chigeeng	16:49.24	_____	_____
14	439	Bedard, Cassie	MSS-M'Chigeeng	16:49.24	_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 76 Men 3000 Meter Run Senior**  
**Friday 5/29/2009 - 10:15 AM**

NOSSA: 9:01.46 5/30/2008 Matt Walters, WFSS-North Bay

OFSAA: 8:00.2h 1987 Greg Anderson - Parkside HS

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	373	Proudfoot, Ross	LEPSS-Sudbury	9:38.18	_____	_____
2	653	Cavanagh, Devon	SMC-SS Marie	10:04.24	_____	_____
3	349	Jacques, Stephane	LEPSS-Sudbury	10:26.46	_____	_____
4	125	Brown, Jeremy	ELSS-Elliot Lake	10:31.64	_____	_____
5	147	Menard, Mederik	ESJN-Blind River	10:33.74	_____	_____
6	126	Dickey, Joshua	ELSS-Elliot Lake	10:52.90	_____	_____
7	585	Peer, Thomas	SJDCVS-SS Marie	11:05.38	_____	_____
8	514	Ouellette, Justin	CND - Sudbury	11:07.40	_____	_____
9	292	Roney, Ian	Korah - SS Marie	11:18.25	_____	_____
10	509	Lafleur, Benoit	CND - Sudbury	11:18.50	_____	_____
11	787	Butt, Anthony	WSS-North Bay	11:28.96	_____	_____
12	659	Fabbro, Matthew	SMC-SS Marie	11:32.89	_____	_____
13	641	Kendall, Andrew	SBCSS-Sudbury	11:54.80	_____	_____
14	91	Darbyson, Kyle	CSS- North Bay	12:02.39	_____	_____
15	27	Lockett, Trevor	ESA - North Bay	13:13.86	_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 77 Women 100 Meter Hurdles Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 4:10 PM**NOSSA: 14.30 5/31/2007 **Natasia SanCartier, Lo-Ellen Par**OFSAA: 13.41 1998 **Perdita Felicien - Pine Ridge**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1					_____	_____
2	452	Masbou, Anais	MSS-M'Chigeeng	19.68	_____	_____
3	741	Trivers, Lisa	WCESS-Blind Rive	18.36	_____	_____
4	378	SanCartier, Serena	LEPSS-Sudbury	15.60	_____	_____
5	97	Goodridge, Lindsay	CSS- North Bay	15.78	_____	_____
6	582	Oleskiw, Kerri	SJDCVS-SS Marie	18.67	_____	_____
7	393	Wallingford, Jessica	LEPSS-Sudbury	19.90	_____	_____
8					_____	_____
<b>Heat 2 of 2 Prelims</b>						
1					_____	_____
2	241	Shank, Danielle	EHS-Espanola	19.36	_____	_____
3	564	Hodgson, Riley Jo	SJDCVS-SS Marie	17.78	_____	_____
4	107	Swain, Sarah	CSS- North Bay	14.47	_____	_____
5	35	Perron, Nadine	ESA - North Bay	16.56	_____	_____
6	274	Gallagher, Sarah	Korah - SS Marie	18.68	_____	_____
7	366	Nizzero, Alexis	LEPSS-Sudbury	20.80	_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 78 Men 110 Meter Hurdles Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Thursday 5/28/2009 - 4:40 PM**NOSSA: 14.00 5/31/2007 **Jamie Stamler, Chippewa**OFSAA: 13.86 2006 **Jamie Ryder - Sir Frederick Banting**

Lane	Comp#	Name	School	Seed Time	Prelim Time	Place
<b>Heat 1 of 2 Prelims</b>						
1	219	Larson, Dennis	EHS-Espanola	19.21	_____	_____
2	746	Bertram, Steve	WFSS-North Bay	17.00	_____	_____
3	676	Paluzzi, Mike	SMC-SS Marie	16.82	_____	_____
4	92	Faucon, Erik	CSS- North Bay	15.68	_____	_____
5	546	Coulter, Cam	SJDCVS-SS Marie	16.76	_____	_____
6	398	Wiseman, Scott	LEPSS-Sudbury	17.00	_____	_____
7	174	Benoit, Joseph	ESCC-Chelmsford	17.40	_____	_____
8	202	Bently, Craig	EHS-Espanola	21.88	_____	_____
<b>Heat 2 of 2 Prelims</b>						
1	58	Celetti, Jesse	CASS-Desbarats	18.52	_____	_____
2	540	Bogensberger, Eric	SJDCVS-SS Marie	16.96	_____	_____
3	703	Graham, Nick	SJSH-North Bay	16.90	_____	_____
4	21	Laferrière, Patrick	ESA - North Bay	16.22	_____	_____
5	544	Campbell, Michael	SJDCVS-SS Marie	16.62	_____	_____
6	203	Bouwmeester, Corey	EHS-Espanola	17.55	_____	_____
7	361	Merwin, Ben	LEPSS-Sudbury	17.90	_____	_____
8	87	Bodley, Michael	CSS- North Bay	19.25	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 79 Women 400 Meter Hurdles Senior**

Friday 5/29/2009 - 1:50 PM

NOSSA: 1:07.49 2005

Leesa Church-Widdifield

OFSAA: 58.65 1995

Nadia Schmiedt - John Paul II

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2					_____	_____
3	576	Mallinger, Hilary	SJDCVS-SS Marie	1:19.60	_____	_____
4	478	Van Kempen, Rebecca	MA-Sudbury	1:18.10	_____	_____
5	381	Sigouin, Kim	LEPSS-Sudbury	1:19.40	_____	_____
6					_____	_____
7					_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1	600	Wetzel, Carly	SJDCVS-SS Marie	1:16.70	_____	_____
2	779	Meincke, Karly	WPCVS-SS Marie	1:15.99	_____	_____
3	35	Perron, Nadine	ESA - North Bay	1:14.91	_____	_____
4	708	Jeanneault, Emily	SJSH-North Bay	1:12.74	_____	_____
5	564	Hodgson, Riley Jo	SJDCVS-SS Marie	1:13.16	_____	_____
6	23	Laroque, Laure	ESA - North Bay	1:15.56	_____	_____
7	378	SanCartier, Serena	LEPSS-Sudbury	1:16.40	_____	_____
8	71	Lawrence, Rebecca	CASS-Desbarats	1:17.18	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 80 Men 400 Meter Hurdles Senior**  
**Friday 5/29/2009 - 2:20 PM**

NOSSA: 58.50 2004  
 OFSAA: 51.68 1985

Seb Bell-Chippewa  
 Phillip Hughes - Earl of March

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1 Timed Finals</b>						
1	174	Benoit, Joseph	ESCC-Chelmsford	1:08.70	_____	_____
2	634	Sullivan, Shawn	SBSS-SS Marie	1:05.85	_____	_____
3	543	Burrows, Quinton	SJDCVS-SS Marie	1:04.19	_____	_____
4	21	Laferrière, Patrick	ESA - North Bay	58.50	_____	_____
5	620	Lytwyne, Riley	SBSS-SS Marie	1:01.98	_____	_____
6	398	Wiseman, Scott	LEPSS-Sudbury	1:06.30	_____	_____
7	617	Kwolek, David	SBSS-SS Marie	1:06.76	_____	_____
8	10	Dussault, Jessy	ESA - North Bay	1:10.18	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 81 Women High Jump Senior**  
**Thursday 5/28/2009 - 3:30 PM**

NOSSA: 1.56m 2005  
 OFSAA: 1.88m 1979

Jenn Galt-McElligott  
 Julie White - Brampton Centenn

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	391	Uy, Hillary	LEPSS-Sudbury	1.33m	_____	_____
2	483	Davison, Caitlyn	NSS - Sturgeon F	1.40m	_____	_____
3	510	Langlois, Cassie-Fay	CND - Sudbury	1.36m	_____	_____
4	66	Kern, Shaylene	CASS-Desbarats	1.42m	_____	_____
5	571	Laudadio, Alex	SJDCVS-SS Marie	1.40m	_____	_____
6	260	Warkentin, Mariah	FJME-Mattawa	1.35m	_____	_____
7	630	Seaton, Kristen	SBSS-SS Marie	1.44m	_____	_____
8	591	Rock, Hilary	SJDCVS-SS Marie	1.38m	_____	_____
9	421	Matte, Danielle	Lockerby - Sudbury	1.33m	_____	_____
10	737	McCoy, Avalon	WCESS-Blind Rive	1.38m	_____	_____
11	50	Rains, Emalee	BCVS - SS Marie	1.44m	_____	_____
12	733	Kirby, Aryn	WCESS-Blind Rive	1.44m	_____	_____
13	423	McGovern, Mary	Lockerby - Sudbury	1.30m	_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 82 Men High Jump Senior**  
**Thursday 5/28/2009 - 5:00 PM**

NOSSA: 1.96m 2004  
 OFSAA: 2.24m 1998

Andrew Miron-Central Algoma  
 Michael Ponikvar - Denis Morri

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	166	Kilganon, Jordan	ESSC-Sudbury	1.55m	_____	_____
2	18	Gustafson, Bobby	ESA - North Bay	1.60m	_____	_____
3	686	Vendramin, Paul	SMC-SS Marie	1.76m	_____	_____
4	566	Hunt, Gabe	SJDCVS-SS Marie	1.76m	_____	_____
5	61	Gallinger, Rob	CASS-Desbarats	1.72m	_____	_____
6	489	Stone, Kyle	NSS - Sturgeon F	1.70m	_____	_____
7	67	King, Colton	CASS-Desbarats	1.72m	_____	_____
8	303	Dussiaume, Mathieu	LaSalle - Sudbury	1.58m	_____	_____
9	725	Bissaillion, Robert	WCESS-Blind Rive	1.67m	_____	_____
10	335	Bruser, Max	LEPSS-Sudbury	1.81m	_____	_____
11	747	Boake, Cameron	WFSS-North Bay	1.70m	_____	_____
12	21	Laferrière, Patrick	ESA - North Bay	1.78m	_____	_____
13	634	Sullivan, Shawn	SBSS-SS Marie	1.73m	_____	_____
14	577	Marshall, Andrew	SJDCVS-SS Marie	1.76m	_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 83 Women Pole Vault Senior**  
**Thursday 5/28/2009 - 6:00 PM**

NOSSA: 2.56m 2005  
 OFSAA: 3.55m 2007

Lisa Dupont, SJSH-North Bay  
 Jen House-Oakridge SS-London

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	391	Uy, Hillary	LEPSS-Sudbury	2.25m	_____	_____
2	409	Fournier, Jasmine	Lockerby - Sudbury	1.71m	_____	_____
3	421	Matte, Danielle	Lockerby - Sudbury	2.13m	_____	_____
4	394	Walsh, Keatha	LEPSS-Sudbury	1.77m	_____	_____
5	107	Swain, Sarah	CSS- North Bay	3.08m	_____	_____
6	95	Fung, Rachel	CSS- North Bay	2.38m	_____	_____
7					_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 84 Men Pole Vault Senior**

Friday 5/29/2009 - 1:00 PM

NOSSA: 3.95m 5/30/2008 Erik Faucon, CSS- North Bay

OFSSA: 4.87m 1984 Rob Lindsay - South Carleton H

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	361	Merwin, Ben	LEPSS-Sudbury	3.10m	_____	_____
2	92	Faucon, Erik	CSS- North Bay	3.98m	_____	_____
3	517	Piette, Yves	CND - Sudbury	2.90m	_____	_____
4	404	Charette, Mathieu	Lockerby - Sudbury	2.50m	_____	_____
5					_____	_____
6					_____	_____
7					_____	_____
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 85 Women Long Jump Senior**

Friday 5/29/2009 - 1:00 PM

NOSSA: 5.04m 2005

Tanya Simard-Algonquin

OFSAA: 6.16m 1986

Keron Hamilton - Burlington Ce

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	241	Shank, Danielle	EHS-Espanola	4.31m	_____	_____
2	323	Morin, Ariane	Lively - Lively	4.42m	_____	_____
3	766	Walker, Jazzamyn	WFSS-North Bay	4.68m	_____	_____
4	745	Wiebe, Tegan	WCESS-Blind Rive	4.21m	_____	_____
5	625	Rains, Courtney	SBSS-SS Marie	4.03m	_____	_____
6	758	Mitchell, Amanda	WFSS-North Bay	4.91m	_____	_____
7	591	Rock, Hilary	SJDCVS-SS Marie	4.35m	_____	_____
8	754	Kain, Rebecca	WFSS-North Bay	4.85m	_____	_____
9	261	Barrett, Chelsea	Korah - SS Marie	3.64m	_____	_____
10	212	Ehrhardt, Caroline	EHS-Espanola	5.53m	_____	_____
11	375	Richard, Alex	LEPSS-Sudbury	3.58m	_____	_____
12	483	Davison, Caitlyn	NSS - Sturgeon F	4.56m	_____	_____
13	421	Matte, Danielle	Lockerby - Sudbury	3.40m	_____	_____
14	279	King, Heather	Korah - SS Marie	4.03m	_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 86 Men Long Jump Senior**  
**Friday 5/29/2009 - 2:30 PM**

NOSSA: 6.65m 2006  
 OFSAA: 7.60m 1990

Dan Gardiner-Chelmsford  
 Brian Thomas - Central Technic

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	61	Gallinger, Rob	CASS-Desbarats	5.65m	_____	_____
2	8	Dufresne, Patrick	ESA - North Bay	6.30m	_____	_____
3	577	Marshall, Andrew	SJDCVS-SS Marie	5.24m	_____	_____
4	773	Hope, Mike	WPCVS-SS Marie	5.40m	_____	_____
5	536	Auger, Matthew	SJDCVS-SS Marie	5.40m	_____	_____
6	67	King, Colton	CASS-Desbarats	5.76m	_____	_____
7	36	Price, Adam	ESA - North Bay	6.47m	_____	_____
8	723	Morreau, Tim	Sudbury - Sudbury	4.56m	_____	_____
9	424	McKay, Sean	Lockerby - Sudbury	5.12m	_____	_____
10	634	Sullivan, Shawn	SBSS-SS Marie	5.24m	_____	_____
11	725	Bissaillion, Robert	WCESS-Blind Rive	5.51m	_____	_____
12	320	Wood, Phillip	LaSalle - Sudbury	5.49m	_____	_____
13					_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 87 Women Triple Jump Senior**  
**Friday 5/29/2009 - 9:00 AM**

NOSSA: 10.93m 2005  
 OFSAA: 12.36m 2002

Tanya Simard-Algonquin E S  
 Tabia Charles - Pine Ridge SS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	72	Lee, Karli	CASS-Desbarats	8.84m	_____	_____
2	323	Morin, Ariane	Lively - Lively	10.18m	_____	_____
3	591	Rock, Hilary	SJDCVS-SS Marie	9.57m	_____	_____
4	625	Rains, Courtney	SBSS-SS Marie	9.49m	_____	_____
5	279	King, Heather	Korah - SS Marie	9.47m	_____	_____
6	510	Langlois, Cassie-Fay	CND - Sudbury	8.94m	_____	_____
7	274	Gallagher, Sarah	Korah - SS Marie	9.47m	_____	_____
8	212	Ehrhardt, Caroline	EHS-Espanola	11.48m	_____	_____
9	766	Walker, Jazzamyn	WFSS-North Bay	9.15m	_____	_____
10	298	Albrecht, Karley	LaSalle - Sudbury	9.52m	_____	_____
11	754	Kain, Rebecca	WFSS-North Bay	9.08m	_____	_____
12	731	Daub, Jennifer	WCESS-Blind Rive	8.82m	_____	_____
13	122	Violin, Alicia	CSS - Val Caron	9.65m	_____	_____
14	393	Wallingford, Jessica	LEPSS-Sudbury	8.63m	_____	_____
15	6	Desrochers, Stephanie	ESA - North Bay	8.96m	_____	_____
16	697	DeMarco, Micaela	SJSH-North Bay	9.18m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 88 Men Triple Jump Senior**  
**Friday 5/29/2009 - 10:30 AM**

NOSSA: 13.85m 2006  
 OFSAA: 15.76m 1982

Dan Gardiner-Chelmsford DCS  
 George Wright - Vaughan Road C

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	335	Bruser, Max	LEPSS-Sudbury	10.87m	_____	_____
2	61	Gallinger, Rob	CASS-Desbarats	11.42m	_____	_____
3	320	Wood, Phillip	LaSalle - Sudbury	10.51m	_____	_____
4	84	Burton, Spencer	CVDCS-Chelmsford	10.08m	_____	_____
5	725	Bissaillion, Robert	WCESS-Blind Rive	12.34m	_____	_____
6	284	Melville, Kevin	Korah - SS Marie	11.73m	_____	_____
7	620	Lytwyne, Riley	SBSS-SS Marie	12.08m	_____	_____
8	8	Dufresne, Patrick	ESA - North Bay	13.49m	_____	_____
9	67	King, Colton	CASS-Desbarats	12.22m	_____	_____
10	18	Gustafson, Bobby	ESA - North Bay	12.23m	_____	_____
11	773	Hope, Mike	WPCVS-SS Marie	11.75m	_____	_____
12	268	Cummings, Jarrett	Korah - SS Marie	11.28m	_____	_____
13	723	Morreau, Tim	Sudbury - Sudbury	9.84m	_____	_____
14	424	McKay, Sean	Lockerby - Sudbury	10.78m	_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 89 Women Shot Put Senior**  
**Friday 5/29/2009 - 2:30 PM**

NOSSA: 10.97m 2005  
 OFSAA: 14.35m 2002

Holly Maskell-White Pines  
 Sultana Frizell - Perth and District CI

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	485	Dorval, Julia	NSS - Sturgeon F	7.79m	_____	_____
2	83	Burns, Kate	CVDCS-Chelmsford	7.57m	_____	_____
3	290	Quan, Yi	Korah - SS Marie	7.16m	_____	_____
4	712	Loyst, Allison	SJSH-North Bay	10.24m	_____	_____
5	586	Predinchuk, Holly	SJDCVS-SS Marie	8.17m	_____	_____
6	567	Hupfl, Sarah	SJDCVS-SS Marie	7.87m	_____	_____
7	308	Lebid, Ashley	LaSalle - Sudbury	8.64m	_____	_____
8	397	Wills, Larissa	LEPSS-Sudbury	8.03m	_____	_____
9	379	Scherbak, Chantal	LEPSS-Sudbury	9.84m	_____	_____
10	788	Coombs, Morgan	WSS-North Bay	8.00m	_____	_____
11	602	Benford, Jen	SBSS-SS Marie	7.24m	_____	_____
12	734	Kluding, Klara	WCESS-Blind Rive	8.22m	_____	_____
13	182	Hebert, Julie	ESCC-Chelmsford	9.56m	_____	_____
14	449	Hensen, Leah	MSS-M'Chigeeng	8.02m	_____	_____
15	19	Hinchberger, Elissa	ESA - North Bay	8.85m	_____	_____
16	740	Tober, Toni	WCESS-Blind Rive	8.08m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 90 Men Shot Put Senior**

Friday 5/29/2009 - 1:00 PM

NOSSA: 14.93m 2004

Dan Kennedy-Sir James Dunn

OFSAA: 20.09m 6/5/2005

Mike Barnes, Saltfleet DH -Stoney Cre

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	761	Piper, Bradley	WFSS-North Bay	10.94m	_____	_____
2	157	Lalonde, Nicholas	ESMC-Sudbury	10.56m	_____	_____
3	37	Richard, Branden	ESA - North Bay	11.74m	_____	_____
4	631	Speakman, Fraser	SBSS-SS Marie	11.01m	_____	_____
5	78	Roberts, Justin	CASS-Desbarats	10.93m	_____	_____
6	765	Valade, Dale	WFSS-North Bay	11.35m	_____	_____
7	645	Roy, Austin	SBCSS-Sudbury	13.08m	_____	_____
8	160	Richardson, Justin	ESMC-Sudbury	14.22m	_____	_____
9	588	Ramsay, Robert	SJDCVS-SS Marie	12.59m	_____	_____
10	55	Beitz, Ben	CASS-Desbarats	11.13m	_____	_____
11	84	Burton, Spencer	CVDCS-Chelmsford	11.78m	_____	_____
12	286	Morely, Luke	Korah - SS Marie	11.61m	_____	_____
13	40	Trudel, Daniel	ESA - North Bay	11.13m	_____	_____
14	736	Macmillan, Drew	WCESS-Blind Rive	10.63m	_____	_____
15	776	Mageau, Calvin	WPCVS-SS Marie	11.67m	_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 91 Women Discus Throw Senior**  
**Friday 5/29/2009 - 10:30 AM**

NOSSA: 35.52m 6/1/2007  
 OFSAA: 47.62m 1986

Katie Weston, Widdifield  
 Michelle Brotherton -Birchmoun

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	586	Predinchuk, Holly	SJDCVS-SS Marie	28.53m	_____	_____
2	743	Tulloch, Hannah	WCESS-Blind Rive	22.20m	_____	_____
3	777	McClelland, Brianna	WPCVS-SS Marie	18.53m	_____	_____
4	182	Hebert, Julie	ESCC-Chelmsford	25.05m	_____	_____
5	106	Stuart, Trisha	CSS- North Bay	24.67m	_____	_____
6	369	Pellerin, Brittany	LEPSS-Sudbury	18.97m	_____	_____
7	615	Komsa, Katie	SBSS-SS Marie	21.47m	_____	_____
8	310	Mathewson, Audra	LaSalle - Sudbury	26.42m	_____	_____
9	235	Podlatis, Alyx	EHS-Espanola	25.79m	_____	_____
10	644	Redwood, Katie	SBCSS-Sudbury	21.21m	_____	_____
11	19	Hinchberger, Elissa	ESA - North Bay	29.19m	_____	_____
12	592	Sangestino, Reyanna	SJDCVS-SS Marie	23.02m	_____	_____
13	712	Loyst, Allison	SJSH-North Bay	29.25m	_____	_____
14	35	Perron, Nadine	ESA - North Bay	31.07m	_____	_____
15	379	Scherbak, Chantal	LEPSS-Sudbury	27.26m	_____	_____
16	734	Kluding, Klara	WCESS-Blind Rive	23.63m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 92 Men Discus Throw Senior**

Friday 5/29/2009 - 9:00 AM

NOSSA: 42.52m 5/30/2008 Josh Haslam, LEPSS-Sudbury

OFSAA: 62.58m 1995 Jason Tunks - Sir Frederick Ba

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	606	Cicchelli, Ben	SBSS-SS Marie	33.21m	_____	_____
2	728	Cada, Bruce	WCESS-Blind Rive	25.02m	_____	_____
3	765	Valade, Dale	WFSS-North Bay	41.13m	_____	_____
4	160	Richardson, Justin	ESMC-Sudbury	35.46m	_____	_____
5	344	Haslam, Josh	LEPSS-Sudbury	41.39m	_____	_____
6	229	Morin, Tyler	EHS-Espanola	31.15m	_____	_____
7	541	Bolduc, Andre	SJDCVS-SS Marie	31.95m	_____	_____
8	49	Pipoli, David	BCVS - SS Marie	30.00m	_____	_____
9	157	Lalonde, Nicholas	ESMC-Sudbury	29.50m	_____	_____
10	13	Fay, Patrick	ESA - North Bay	30.05m	_____	_____
11	55	Beitz, Ben	CASS-Desbarats	32.32m	_____	_____
12	748	Burton, Ryan	WFSS-North Bay	32.10m	_____	_____
13	37	Richard, Branden	ESA - North Bay	35.33m	_____	_____
14	660	Gagne, Stephane	SMC-SS Marie	34.30m	_____	_____
15	319	Welch, Matthew	LaSalle - Sudbury	30.30m	_____	_____
16	645	Roy, Austin	SBCSS-Sudbury	31.93m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 93 Women Javelin Throw Senior**  
**Thursday 5/28/2009 - 5:00 PM**

NOSSA: 40.23m 5/31/2007 Katie Weston, Widdifield

OFSAA: 49.48m 1986 Louise Perrault - Arnprior DHS

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	740	Tober, Toni	WCESS-Blind Rive	28.71m	_____	_____
2	615	Komsa, Katie	SBSS-SS Marie	28.92m	_____	_____
3	19	Hinchberger, Elissa	ESA - North Bay	32.75m	_____	_____
4	39	Shank, Brittany	ESA - North Bay	34.40m	_____	_____
5	567	Hupfl, Sarah	SJDCVS-SS Marie	26.80m	_____	_____
6	766	Walker, Jazzamyn	WFSS-North Bay	24.98m	_____	_____
7	777	McClelland, Brianna	WPCVS-SS Marie	28.38m	_____	_____
8	484	Davison, Jalyssa	NSS - Sturgeon F	29.25m	_____	_____
9	172	Prevost, Anne Marie	ESSC-Sudbury	25.52m	_____	_____
10	282	MacInnis, Shannon	Korah - SS Marie	27.72m	_____	_____
11	649	Walpert, Yvette	SCC-Sudbury	27.39m	_____	_____
12	518	Rancourt, Danielle	CND - Sudbury	31.34m	_____	_____
13	743	Tulloch, Hannah	WCESS-Blind Rive	27.58m	_____	_____
14	326	Andrews, Ellen	LEPSS-Sudbury	29.19m	_____	_____
15	524	Ross, Samantha	CND - Sudbury	29.00m	_____	_____
16	204	Brown, Arielle	EHS-Espanola	27.83m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 94 Men Javelin Throw Senior**

Thursday 5/28/2009 - 3:30 PM

NOSSA: 54.92m 5/29/2008 Joe Pitawanakwat, MSS-M'Chigeeng

OFSAA: 71.22m 2000 Trevor Snyder - St. Joseph

Pos	Comp#	Name	School	Seed Mark	Finals	Place
<b>Flight 1 of 1 Finals</b>						
1	761	Piper, Bradley	WFSS-North Bay	53.10m	_____	_____
2	728	Cada, Bruce	WCESS-Blind Rive	35.56m	_____	_____
3	40	Trudel, Daniel	ESA - North Bay	46.15m	_____	_____
4	504	Gaudreau, Alain	CND - Sudbury	39.87m	_____	_____
5	49	Pipoli, David	BCVS - SS Marie	44.11m	_____	_____
6	219	Larson, Dennis	EHS-Espanola	36.38m	_____	_____
7	765	Valade, Dale	WFSS-North Bay	48.82m	_____	_____
8	531	Trudeau, Zackarie	CND - Sudbury	37.82m	_____	_____
9	588	Ramsay, Robert	SJDCVS-SS Marie	46.03m	_____	_____
10	110	Waye, Kyle	CSS- North Bay	44.93m	_____	_____
11	681	Sauerzopf, Justin	SMC-SS Marie	38.32m	_____	_____
12	120	May, Jacob	CSS - Val Caron	38.73m	_____	_____
13	420	Marshall, Keegan	Lockerby - Sudbury	42.61m	_____	_____
14	160	Richardson, Justin	ESMC-Sudbury	51.23m	_____	_____
15	192	Huot, Kyle	ESCFO-Espanola	35.32m	_____	_____
16	574	MacDonald, Danny	SJDCVS-SS Marie	39.54m	_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 95 Women 4x100 Meter Relay Senior**

Friday 5/29/2009 - 5:10 PM

NOSSA: 51.18 6/1/2007 Lo-Ellen Park S S, Lo-Ellen Par  
 R Johnston, B Leclair, E Dube, N SanCartier  
 OFSAA: 47.60 2003 Mary Ward CSS - Scarborough  
 O.Ugiagbe,Z.Gill,L.Gonsalves,L.Wilson

Lane	Comp#	Team	Relay	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2					_____	_____
3		Chippewa - North Bay	A	59.37	_____	_____
		1) 97 Goodridge, Lindsay      2) 107 Swain, Sarah	3) 106 Stuart, Trisha	4) 95 Fung, Rachel		
		5) 101 Leung, Andrea				
4		St.Joseph-Scollard - North Bay	A	57.76	_____	_____
		1) 714 Menard, Carissa      2) 695 Davidson, Christie	3) 697 DeMarco, Micaela	4) 708 Jeanneault, Emily		
5		Marymount Academy - Sudbury	A	59.36	_____	_____
		1) 463 Belisle, Kourtney      2) 464 Boeck, Raphaela	3) 473 Paxton, Emma	4) 474 Roy, Jennifer		
6					_____	_____
7					_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1		St. Basil - SS Marie	E	57.31	_____	_____
		1) 621 Martineau, Keena      2) 625 Rains, Courtney	3) 602 Benford, Jen	4) 630 Seaton, Kristen		
2		Algonquin E S - North Bay	A	55.79	_____	_____
		1) 6 Desrochers, Stephanie      2) 39 Shank, Brittany	3) 32 Ouimette, Janika	4) 35 Perron, Nadine		
		5) 23 Laroque, Laure				
3		Lo-Ellen Park - Sudbury	A	54.84	_____	_____
		1) 385 Swanson, Alex      2) 378 SanCartier, Serena	3) 347 Hocevar, Lindsay	4) 332 Belzile, Mei-Ni		
		5) 393 Wallingford, Jessica      6) 381 Sigouin, Kim				
4		Espanola - Espanola	A	53.49	_____	_____
		1) 212 Ehrhardt, Caroline      2) 214 Fraser, Melody	3) 241 Shank, Danielle	4) 201 Bender, Kelsey		
		5) 213 Florean, Jenna				
5		Sir James Dunn - SS Marie	A	53.94	_____	_____
		1) 594 Shamess, Alexis      2) 556 Francis, Trisha	3) 564 Hodgson, Riley Jo	4) 591 Rock, Hilary		
6		Central Algoma - Desbarats	A	54.87	_____	_____
		1) 71 Lawrence, Rebecca      2) 75 McLeod, Chelsea		4) 72 Lee, Karli		
7		ES Jeunesse-Nord - Blind River	A	57.31	_____	_____
		1) 137 Becketon, Jelisa      3) 143 Geoffroy, Jasmine	4) 145 Lajeunesse, Michele			
		5) 150 Viel, Alyssa				
8		Lockerby - Sudbury	A	57.72	_____	_____
		1) 421 Matte, Danielle      2) 428 Simpson, Erin	3) 430 Thomson, Grace	4) 423 McGovern, Mary		
		5) 400 Blacklock, Kerissa      6) 405 Conrad, Gabrielle				

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 96 Men 4x100 Meter Relay Senior**

Friday 5/29/2009 - 5:15 PM

NOSSA: 44.28 2004  
 OFSAA: 41.47 2008

St Mary's  
 Birchmount Park CI, Scarborough  
 Aaron Brown, Ian Warner, T. Harvey, A. Hamilton

Lane	Comp#	Team	Relay	Seed Time	Finals	Place		
<b>Section 1 of 1</b>	<b>1</b>	<b>Timed Finals</b>						
1		ES Jeunesse-Nord - Blind River	A	51.02	_____	_____		
	1) 138	Chenard, Martin	2) 141	Fallu, Jody	3) 147	Menard, Mederik	4) 140	Degagne, Michael
	5) 142	Gagnon, Nick						
2		Espanola - Espanola	A	48.05	_____	_____		
	1) 209	Corbin, Justin	2) 219	Larson, Dennis	3) 207	Burke, Joseph	4) 205	Brown, Brad
	5) 202	Bently, Craig						
3		West Ferris - North Bay	A	47.02	_____	_____		
	1) 746	Bertram, Steve	2) 747	Boake, Cameron	3) 750	Cauchy, Jarret	4) 762	Scott, Jordan
4		Sir James Dunn - SS Marie	A	45.35	_____	_____		
	1) 540	Bogensberger, Eric	2) 536	Auger, Matthew	3) 566	Hunt, Gabe	4) 598	Vernelli, Jordan
5		St. Mary's College - SS Marie	A	45.79	_____	_____		
	1) 676	Paluzzi, Mike	2) 677	Pavoni, Jordan	3) 670	MacLennan, Richard	4) 680	Rushon, Craig
6		ESC Champlain - Chelmsford	A	47.60	_____	_____		
	1) 176	Carriere, Andy	2) 174	Benoit, Joseph	3) 173	Bastien, Marc	4) 185	Leroux, Sebastien
	5) 177	Castonguay, Colin						
7		Lo-Ellen Park - Sudbury	A	48.08	_____	_____		
	1) 387	Topps, Nick	2) 398	Wiseman, Scott	3) 395	Walter, Brett	4) 374	Randa, Mark
	5) 383	Strasser, Doug	6) 344	Haslam, Josh	7) 361	Merwin, Ben		
8							_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 97 Women 1500 Meter Steeplechase Open****Thursday 5/28/2009 - 3:30 PM**

NOSSA: 5:27.14 5/31/2007 Christine Thomas, Dunn, Sir Ja

OFSAA: 4:58.07 6/4/2005 Lydia Willemse, St Christopher- Sarnia

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	5	Chartrand, Dominique	ESA - North Bay	5:45.00	_____	_____
2	626	Reader, Annie	SBSS-SS Marie	5:53.26	_____	_____
3	667	Kasch, Tessa	SMC-SS Marie	5:53.42	_____	_____
4	600	Wetzl, Carly	SJDCVS-SS Marie	6:01.65	_____	_____
5	23	Laroque, Laure	ESA - North Bay	6:05.84	_____	_____
6	428	Simpson, Erin	Lockerby - Sudbury	6:16.95	_____	_____
7	548	Denardo, Kylie	SJDCVS-SS Marie	6:17.33	_____	_____
8	755	Keech, Beth	WFSS-North Bay	6:22.00	_____	_____
9	388	Townend, Emily	LEPSS-Sudbury	6:24.88	_____	_____
10	478	Van Kempen, Rebecca	MA-Sudbury	6:34.35	_____	_____
11	121	Rannelli, Roxanne	CSS - Val Caron	6:39.09	_____	_____
12	467	Foreshew, Rebecca	MA-Sudbury	6:41.52	_____	_____
13	714	Menard, Carissa	SJSH-North Bay	6:47.05	_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 98 Men 2000 Meter Steeplechase Open**

Thursday 5/28/2009 - 3:40 PM

NOSSA: 6:03.92 5/31/2007 Nick Walters, West Ferris

OFSAA: 5:37.76 1982 Alain Boucher - ES Algonquin

Lane	Comp#	Name	School	Seed Time	Finals	Place
<b>Section 1 of 1</b>		<b>Timed Finals</b>				
1	125	Brown, Jeremy	ELSS-Elliot Lake	7:06.40	_____	_____
2	349	Jacques, Stephane	LEPSS-Sudbury	7:13.58	_____	_____
3	749	Callahan, Josh	WFSS-North Bay	7:14.85	_____	_____
4	401	Boyce, Connor	Lockerby - Sudbury	7:16.36	_____	_____
5	601	Wetzel, Jesse	SJDCVS-SS Marie	7:25.60	_____	_____
6	272	Fortais, Adam	Korah - SS Marie	7:33.29	_____	_____
7	292	Roney, Ian	Korah - SS Marie	7:39.51	_____	_____
8	247	Young, Daniel	EHS-Espanola	7:40.11	_____	_____
9	216	Gallinger, Kenny	EHS-Espanola	7:48.42	_____	_____
10	635	Warick, Bryan	SBSS-SS Marie	7:52.77	_____	_____
11					_____	_____
12					_____	_____
13					_____	_____
14					_____	_____
15					_____	_____
16					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 99 Women 4x400 Meter Relay Open**

Friday 5/29/2009 - 5:30 PM

NOSSA: 4:13.75 2004  
 OFSAA: 3:47.35 2002

Sir James Dunn  
 Mary Ward Catholic SS  
 L. Wilson, D. Abraham, Z. Gill, O. Ugiagbe

Lane	Comp#	Team	Relay	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2					_____	_____
3		Marymount Academy - Sudbury	A	5:09.94	_____	_____
	1) 473 Paxton, Emma	2) 477 Tkachuk, Sarah	3) 478 Van Kempen, Rebecca	4) 474 Roy, Jennifer		
4		Central Algoma - Desbarats	A	4:57.04	_____	_____
	1) 71 Lawrence, Rebecca	2) 75 McLeod, Chelsea	3) 69 Kinzel, Nichole	4) 68 King, Kaisha		
5		Manitoulin - M'Chigeeng	A	5:07.40	_____	_____
	1) 459 Wright, Danielle	2) 453 Prato, Katerina	3) 448 Esposito, Gabby	4) 455 Robertson, Taylor		
	5) 460 Wright, Marie Lee	6) 442 Clark, Caitlyn	7) 439 Bedard, Cassie			
6					_____	_____
7					_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1					_____	_____
2		Lo-Ellen Park - Sudbury	A	4:45.98	_____	_____
	1) 378 SanCartier, Serena	2) 359 MacLean, Alannah	3) 347 Hocevar, Lindsay	4) 372 Pettigrew, Kyla		
	5) 332 Belzile, Mei-Ni	6) 381 Sigouin, Kim	7) 380 Schwabe, Katarina	8) 385 Swanson, Alex		
3		White Pines - SS Marie	A	4:33.51	_____	_____
	1) 779 Meincke, Karly	2) 769 Frayn, Danielle	3) 785 Sarlo, Gabi	4) 767 Brain, Rachel		
4		Sir James Dunn - SS Marie	A	4:27.93	_____	_____
	1) 594 Shamess, Alexis	2) 600 Wetzl, Carly	3) 550 Dick, Rachel	4) 573 Lobert, Lynnea		
5		Algonquin E S - North Bay	A	4:29.04	_____	_____
	1) 5 Chartrand, Dominique	2) 9 Dupuis, Nathalie	3) 29 McCann, Molly	4) 20 Jerome, Shannon		
	5) 35 Perron, Nadine	6) 32 Ouimette, Janika				
6		Espanola - Espanola	A	4:40.46	_____	_____
	1) 212 Ehrhardt, Caroline	2) 214 Fraser, Melody	3) 200 Bender, Haily	4) 213 Florean, Jenna		
7		Lockerby - Sudbury	A	4:54.33	_____	_____
	1) 428 Simpson, Erin	2) 431 Tiplady, Kara	3) 430 Thomson, Grace	4) 437 Wismer, Katie		
	5) 405 Conrad, Gabrielle	6) 421 Matte, Danielle				
8					_____	_____

**Northern Ontario Secondary Schools' Athletics**  
**2009 Track and Field Championships**  
**St Joseph/Scollard Hall - North Bay - 5/28/2009 to 5/29/2009**  
**Meet Program**

**Event 100 Men 4x400 Meter Relay Open**

Friday 5/29/2009 - 5:40 PM

NOSSA: 3:31.36 6/1/2007 West Ferris S S, West Ferris  
 K Peroff, M Walters, N Walters  
 OFSAA: 3:10.8h 1987 Central Technical School - Tor  
 K.O'Henhen,A.Wilson,P.Gordon,C.Folkes  
 OFSAA\_2: 3:14.24 1988 Central Technical School - Tor

Lane	Comp#	Team	Relay	Seed Time	Finals	Place
<b>Section 1 of 2 Timed Finals</b>						
1					_____	_____
2					_____	_____
3		Lockerby - Sudbury	A	4:27.17	_____	_____
	1) 436	Visentin, Justin	2) 399	Armstrong, Jordan	3) 403	Caverson, Zachary
	5) 407	Ealdama, Justin	6) 416	Kosmerly, Hayden	4) 411	Gladu, Dylan
4		West Ferris - North Bay	A	4:04.11	_____	_____
	1) 749	Callahan, Josh	2) 762	Scott, Jordan	3) 746	Bertram, Steve
5		ESC Champlain - Chelmsford	A	4:06.17	_____	_____
	1) 174	Benoit, Joseph	2) 178	Castonguay, Neil	3) 176	Carriere, Andy
	5) 185	Leroux, Sebastien	6) 177	Castonguay, Colin	4) 173	Bastien, Marc
6					_____	_____
7					_____	_____
8					_____	_____
<b>Section 2 of 2 Timed Finals</b>						
1					_____	_____
2		Manitoulin - M'Chigeeng	A	3:53.90	_____	_____
	1) 457	Trimmer, Wesley	2) 438	Argall, Andrew	3) 443	Cooper, Jeremy
	5) 444	Corrigan, Zack			4) 446	Doane, Mark
3		Korah - SS Marie	A	3:43.78	_____	_____
	1) 268	Cummings, Jarrett	2) 273	Gagnon, Greg	3) 289	Pulkkinen, Esa
	5) 284	Melville, Kevin	6) 264	Carson, Brenden	7) 269	DiBerardino, Michael
4		Algonquin E S - North Bay	A	3:34.35	_____	_____
	1) 3	Boulay, Benoit	2) 8	Dufresne, Patrick	3) 36	Price, Adam
	5) 41	Trudel, Keifer	6) 10	Dussault, Jessy	4) 21	Laferrière, Patrick
5		St. Mary's College - SS Marie	A	3:41.81	_____	_____
	1) 674	Morrison, Alex	2) 660	Gagne, Stephane	3) 683	Thompson, Brett
6		Espanola - Espanola	A	3:47.84	_____	_____
	1) 247	Young, Daniel	2) 207	Burke, Joseph	3) 227	Meijer, Bob
7		Lo-Ellen Park - Sudbury	A	3:59.36	_____	_____
	1) 373	Proudfoot, Ross	2) 398	Wiseman, Scott	3) 384	Swan, Blake
	5) 376	Ryan, Dustin	6) 395	Walter, Brett	7) 383	Strasser, Doug
					8) 349	Jacques, Stephane
8					_____	_____