

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 1 Women 100 Meter Dash Midget Prelims**Thursday 5/26/2011 - 9:00 AM****NOSSA: 12.85 5/28/2010 Jenna Hellstrom****OFSAA: 12.20 2008 Cassandra Pascal - St. Marcellin**

Name	School	Seed	Time
1 Beaulieu, Sophie	NDGLSS-SS Marie		14.06
2 Burt, Megan	LCS-Sudbury		13.62
3 Deubelbeiss-Mathieu, Gab	CSS- North Bay		13.58
4 Doogan, Gracelynn	ESVFJ-Elliot La		14.12
5 Febbraro, Daniella	KCVS-SS Marie		13.92
6 Forand, Chanelle	ESH - Hanmer		14.19
7 Hammond, Sarah	SBSS-SS Marie		13.25
8 Lafontaine, Morgan	SJSH-North Bay		14.93
9 Marcotte, Karli	LSS-Sudbury		14.08
10 Murphy, Taylor	SJSH-North Bay		13.58
11 Murray, Kaitlyn	CASS-Desbarats		14.19
12 Palumbo, Tianna	KCVS-SS Marie		13.93
13 Pitawanakwat, Victoria	LCS-Sudbury		13.99
14 Smith, Courtney	MA-Sudbury		14.05
15 Tremblay, Nathalie	NSS - Sturgeon l		14.41
16 Trottier, Maddie	WCESS-Blind R		14.43

Event 2 Men 100 Meter Dash Midget Prelims**Thursday 5/26/2011 - 9:30 AM****NOSSA: 11.59 2006 David Fournier-St Joe/Scollard****OFSAA: 10.89 1981 Keith Dormond - Graham B. Wa**

Name	School	Seed	Time
1 Bell, Bradley	SBCSS-Sudbury		12.44
2 Bovingdon, Dylan	KCVS-SS Marie		12.80
3 Chirico, Cooper	WSS-North Bay		13.23
4 Cooke, Brett	CASS-Desbarats		12.00
5 Dudezki, Brandon	SHCVS		12.60
6 Farmer, Talon	LEPSS-Sudbury		12.30
7 Giusti, Rudy	SBCSS-Sudbury		12.57
8 Hargrave, Brett	WSS-North Bay		12.75
9 Heckman-Jackson, Brando	LSS-Sudbury		12.48
10 Kramer, Chris	SBSS-SS Marie		12.63
11 Labelle, James	LCS-Sudbury		12.73
12 McFarlane, Will	WSS-North Bay		13.74
13 pitawanakwat, barry	EHS-Espanola		12.50
14 pregent, zack	EHS-Espanola		12.19
15 Stefano, Anthony	SMC-SS Marie		12.26

Event 3 Women 200 Meter Dash Midget Prelims**Thursday 5/26/2011 - 10:30 AM****NOSSA: 26.60 2004 Rebecca Johnston-Lo-Ellen Park****OFSAA: 24.32 6/5/2010 Christian Brennan**

Name	School	Seed	Time
1 Bonin, Maxime	CND - Sudbury		29.57
2 Bruni, Adriane	WPCVS-SS Mar		29.76
3 Burt, Megan	LCS-Sudbury		27.92
4 Deubelbeiss-Mathieu, Gab	CSS- North Bay		28.80
5 Febbraro, Daniella	KCVS-SS Marie		29.70
6 Forand, Chanelle	ESH - Hanmer		29.54

7 Grube, Kylie	WSS-North Bay	NT
8 Hammond, Sarah	SBSS-SS Marie	27.14
9 Johnson, Erin	SJSH-North Bay	31.26
10 Lefebvre, Arianne	ESA - North Bay	30.18
11 Loder, Kristen	ELSS-Elliot Lak	31.09
12 Marcotte, Karli	LSS-Sudbury	29.50
13 mercieca, ellen	EHS-Espanola	34.97
14 Murray, Kaitlyn	CASS-Desbarats	29.94
15 Olar, Keirstin	WPCVS-SS Mar	29.12
16 Pitawanakwat, Victoria	LCS-Sudbury	28.44

Event 4 Men 200 Meter Dash Midget Prelims**Thursday 5/26/2011 - 11:00 AM****NOSSA: 23.97 6/1/2007 Joey Plastino****OFSAA: 22.30 1991 Chris Robinson - Jacob Hespele**

Name	School	Seed	Time
1 bomberry, noel	EHS-Espanola		28.97
2 Bovingdon, Dylan	KCVS-SS Marie		26.31
3 Cooke, Brett	CASS-Desbarats		26.90
4 Giusti, Rudy	SBCSS-Sudbury		25.28
5 Hargrave, Brett	WSS-North Bay		26.30
6 Heckman-Jackson, Brando	LSS-Sudbury		25.75
7 Ibbitson, Josh	SJSH-North Bay		27.75
8 kelly, matthew	ESCFO-Espanol		29.69
9 Kramer, Chris	SBSS-SS Marie		26.01
10 Labelle, James	LCS-Sudbury		25.96
11 McFarlane, Will	WSS-North Bay		27.70
12 Oliverio, Mitch	KCVS-SS Marie		26.68
13 Peregrine, Nathan	LSS-Sudbury		25.45
14 Stefano, Anthony	SMC-SS Marie		25.31
15 Sullivan, Jake	SJSH-North Bay		27.38
16 Therrien, Myles	LCS-Sudbury		25.95

Event 5 Women 400 Meter Dash Midget Prelims**Wednesday 5/25/2011 - 4:50 PM****NOSSA: 58.69 2004 Rebecca Johnston-Lo-Ellen Park****OFSAA: 55.95 6/3/2010 Christian Brennan****OFSAA_2: 56.20 2005 Natalie Geiger - Stouffville D H S**

Name	School	Seed	Time
1 Albidone, Bianca	KCVS-SS Marie		1:09.82
2 Bain, Taylor	MSS-M'Chigeeen		1:15.94
3 Bonin, Angele	CND - Sudbury		1:07.44
4 Chaput, Isabelle	ESLH-Val Carol		1:10.97
5 Christensen, Madeline	SHCVS		1:09.59
6 Curtis, Sarah	LCS-Sudbury		1:10.62
7 Doogan, Gracelynn	ESVFJ-Elliot La		1:10.28
8 Gouthro, Brittney	LCS-Sudbury		1:09.99
9 Groulx, Emily	KCVS-SS Marie		1:10.42
10 Landriault, Darion	ESJN-Blind Riv		1:19.69
11 Lefebvre, Arianne	ESA - North Bay		1:04.60
12 Mayer, Amber	ESCC-Chelmsfo		1:07.84
13 Mlynarczyk, Alicia	SBSS-SS Marie		1:08.65

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 6 Men 400 Meter Dash Midget Prelims**Wednesday 5/25/2011 - 5:25 PM**

NOSSA: 52.47 5/27/2010 Mitchell Mazzuca
OFSAA: 50.54 6/3/2010 Andre Azonwanna-Ford

Name	School	Seed	Time
1 Bovingdon, Dylan	KCVS-SS Marie		59.92
2 DiBeradino, Matthew	KCVS-SS Marie	1:02.52	
3 Ibbitson, Josh	SJSH-North Bay	1:02.34	
4 Kosmerly, Tayte	LCS-Sudbury		59.03
5 Landry, Jonathan	CND - Sudbury	1:01.47	
6 MacLeod, Ian	SSS-Sudbury	1:01.93	
7 Malette, Trent	ESCC-Chelmsfo	1:01.07	
8 McFarlane, Will	WSS-North Bay	1:03.89	
9 Moffat, Lars	CASS-Desbarats	1:00.12	
10 Noble, Harrison	MSS-M'Chigeeen		59.56
11 Orłowski, Merek	ESA - North Bay	1:02.67	
12 pregent, zack	EHS-Espanola	1:00.34	
13 Sandblom, Brock	LCS-Sudbury	1:00.92	
14 Smith, Nick	WPCVS-SS Mar	1:04.29	
15 Sullivan, Jake	SJSH-North Bay	1:01.22	
16 Thibodeau, Jason	SMC-SS Marie	1:01.92	

Event 7 Women 800 Meter Run Midget**Thursday 5/26/2011 - 12:00 PM**

NOSSA: 2:25.95 6/1/2007 Caroline Ehrhardt
OFSAA: 2:13.40 1983 Michelle Bathurst - Oakridge

Name	School	Seed	Time
1 Bonin, Angele	CND - Sudbury		2:47.98
2 Boulay, Maryse	ESA - North Bay	2:35.47	
3 Bowen, Mickey	CASS-Desbarats	2:51.49	
4 Brain, Katrina	WPCVS-SS Mar	2:44.70	
5 Doane, Tess	MSS-M'Chigeeen	2:54.46	
6 Fraser, Madison	CSS- North Bay	2:35.40	
7 Gouthro, Brittney	LCS-Sudbury	2:47.24	
8 Marsh, Sabrina	KCVS-SS Marie	2:41.30	
9 mcgregor, kelsie	EHS-Espanola	2:59.41	
10 Noble, Chelsie	LEPSS-Sudbury	2:40.28	
11 Novak, Bronwyn	LEPSS-Sudbury	2:40.19	
12 Parker, Olivia	ESA - North Bay	3:02.79	
13 Pitz, Siobhan	CSS- North Bay	3:07.22	
14 Richer, Kristina	SMC-SS Marie	2:52.20	
15 Romanyszyn, Lisa	LCS-Sudbury	2:46.21	

Event 8 Men 800 Meter Run Midget**Thursday 5/26/2011 - 12:30 PM**

NOSSA: 2:07.9h 2005 Dominik Graf-Sir James Dunn
OFSAA: 1:53.24 1989 Kevin Sullivan - North Park C&

Name	School	Seed	Time
1 DiBeradino, Matthew	KCVS-SS Marie		2:30.60
2 emiry, aric	EHS-Espanola	2:24.41	
3 Gallo, Zach	CND - Sudbury	2:22.32	
4 Giesler, John	WFSS-North Ba	2:29.03	
5 Kosmerly, Tayte	LCS-Sudbury	2:19.50	
6 Landry, Jonathan	CND - Sudbury	2:24.69	

7 MacIsaac, Malcom	BACCSS-Hanm		2:24.92
8 Manson, Brad	SHCVS		2:21.80
9 McCubbin, Malcolm	WSS-North Bay		2:15.03
10 Noble, Harrison	MSS-M'Chigeeen		2:20.65
11 Perrault, Jessie	ES Odyssee		2:26.78
12 Poitras, Evan	BACCSS-Hanm		2:23.44
13 Senecal, Justin	SMC-SS Marie		2:20.40
14 Smith, Nick	WPCVS-SS Mar		2:27.90

Event 9 Women 1500 Meter Run Midget**Wednesday 5/25/2011 - 5:50 PM**

NOSSA: 5:03.72 5/27/2010 Marissa Lobert
OFSAA: 4:36.27 6/4/2010 Rebecca Wendt

Name	School	Seed	Time
1 Aloe, Emilie	SBSS-SS Marie		6:01.10
2 Boulay, Maryse	ESA - North Bay		5:19.05
3 Bowen, Mickey	CASS-Desbarats		5:56.00
4 Brain, Katrina	WPCVS-SS Mar		5:44.90
5 Buckner, Krista	KCVS-SS Marie		5:37.30
6 Campbell, Molly	CASS-Desbarats		6:01.59
7 Doane, Tess	MSS-M'Chigeeen		5:56.41
8 Fraser, Madison	CSS- North Bay		5:15.72
9 Marsh, Sabrina	KCVS-SS Marie		5:37.60
10 Moxam, Teagan	LCS-Sudbury		5:50.70
11 Novak, Bronwyn	LEPSS-Sudbury		5:24.90
12 Parker, Olivia	ESA - North Bay		6:23.07
13 Romanyszyn, Lisa	LCS-Sudbury		5:35.90
14 Rylski, Elizabeth	SJSH-North Bay		6:12.29
15 Smuland, Alex	CSS - Val Caron		5:33.80
16 Villeneuve, Emily	CSS - Val Caron		5:30.50

Event 10 Men 1500 Meter Run Midget**Wednesday 5/25/2011 - 6:50 PM**

NOSSA: 4:22.77 2005 Dominik Graf-Sir James Dunn
OFSAA: 3:54.31 1989 Kevin Sullivan - North Park C&

Name	School	Seed	Time
1 Brode, Matt	SCC-Sudbury		5:15.05
2 Chown, Gordon	LCS-Sudbury		5:06.90
3 emiry, aric	EHS-Espanola		5:10.64
4 Giesler, John	WFSS-North Ba		5:20.74
5 Heimonen, Kye	SHCVS		5:02.10
6 Lingard, Brodie	LCS-Sudbury		5:04.11
7 Manson, Brad	SHCVS		5:05.70
8 McCubbin, Malcolm	WSS-North Bay		4:52.80
9 Mohammadi, Aron	NDGLSS-SS M		5:00.45
10 Pelletier, Jacob	ESVFJ-Elliot La		5:51.16
11 Perrault, Jessie	ES Odyssee		4:59.92
12 Sarmatiuk, Owen	SBCSS-Sudbury		4:44.67
13 Tindall, Timothy	LCS-Sudbury		4:40.48
14 Trunzo, Matt	SBSS-SS Marie		5:15.50
15 Wilkinson, Josh	SJSH-North Bay		5:50.30

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 11 Women 3000 Meter Run Midget**Thursday 5/26/2011 - 4:15 PM**

NOSSA: 11:04.24 5/28/2010 Emily Marcolini
OFSAA: 9:44.67 1986 Jennifer Armstrong - London So

Name	School	Seed Time
1 Aloe, Emilie	SBSS-SS Marie	13:36.00
2 Bowen, Mickey	CASS-Desbarats	13:24.31
3 Buckner, Krista	KCVS-SS Marie	12:15.40
4 Campbell, Molly	CASS-Desbarats	13:06.74
5 Dale, Olivia	SJSH-North Bay	13:04.34
6 Derrenbacker, Chloe	LEPSS-Sudbury	12:46.15
7 Gravel, Jessie	ESJN-Blind Riv	13:18.95
8 Marsh, Sabrina	KCVS-SS Marie	12:43.10
9 Novak, Bronwyn	LEPSS-Sudbury	12:21.81
10 O'Connor, Michelle	CVDCS-Chelms	12:58.47
11 Romanyshyn, Lisa	LCS-Sudbury	12:03.80
12 Rylski, Elizabeth	SJSH-North Bay	13:02.87
13 Smuland, Alex	CSS - Val Caron	12:05.31

Event 12 Men 3000 Meter Run Midget**Thursday 5/26/2011 - 4:30 PM**

NOSSA: 9:38.00 2004 Matt Walters-West Ferris
OFSAA: 8:55.06 2007 Stephen Hosier- Lindsay CVI
OFSAA_2: 8:53.09 2002 Mike Woods -Hillcrest HS

Name	School	Seed Time
1 Camirand, Alex	SBSS-SS Marie	10:43.60
2 Chown, Gordon	LCS-Sudbury	10:53.98
3 Gallo, Zach	CND - Sudbury	10:51.75
4 Heimonen, Kye	SHCVS	10:56.80
5 Lanctot, Nick	WSS-North Bay	11:35.83
6 Lingard, Brodie	LCS-Sudbury	10:48.88
7 MacLeod, Mac	WCESS-Blind R	11:49.69
8 Mohammadi, Aron	NDGLSS-SS M	10:52.90
9 Pelletier, Jacob	ESVJF-Elliot La	12:37.98
10 Perrault, Jessie	ES Odyssee	11:49.30
11 Sarmatiuk, Owen	SBCSS-Sudbury	10:16.53
12 Stewart, Ben	WPCVS-SS Mar	10:47.00
13 Tindall, Timothy	LCS-Sudbury	10:30.10
14 Wilkinson, Josh	SJSH-North Bay	12:45.14

Event 13 Women 80 Meter Hurdles Midget Prelims**Wednesday 5/25/2011 - 3:50 PM**

NOSSA: 11.80 5/31/2007 Serena SanCartier
OFSAA: 11.29 1996 Jessica Zeilinka - Sir Frederick I

Name	School	Seed Time
1 Alaeddine, Fatima	LEPSS-Sudbury	15.89
2 Alarie, Marianne	LEPSS-Sudbury	14.28
3 Beaulieu, Sophie	NDGLSS-SS M	15.01
4 Brown, Dayna	LEPSS-Sudbury	14.15
5 Ford, Brielle	CASS-Desbarats	17.18
6 Hammond, Sarah	SBSS-SS Marie	12.54
7 Howe, Kayla	WFSS-North Ba	17.21
8 mercieca, ellen	EHS-Espanola	15.91
9 Mulcahey, Santeria	MA-Sudbury	16.30

10 Nelli, Chelsea	SBSS-SS Marie	15.68
11 Slomke, Hailey	MSS-M'Chigeen	16.81
12 Vallier, Jillian	LSS-Sudbury	14.67
13 Williamson, Kaitlyn	SHCVS	15.41

Event 14 Men 100 Meter Hurdles Midget Prelims**Wednesday 5/25/2011 - 4:20 PM**

NOSSA: 14.86 5/27/2010 Luke Udeschini
NOSSA_2: 15.00
OFSAA: 13.50 2007 Gabriel Tesfaye- Oakridge SS

Name	School	Seed Time
1 Auger, Jeff	SHCVS	17.67
2 beange, stephen	EHS-Espanola	18.16
3 Birosh, Aaron	CSS- North Bay	19.34
4 Boulanger, Kaleb	SJSH-North Bay	20.42
5 Conway, Simon	ESA - North Bay	21.79
6 Duncan, Jared	LSS-Sudbury	17.59
7 Farmer, Talon	LEPSS-Sudbury	16.84
8 Gladu, Teegan	LCS-Sudbury	18.81
9 Macleod, Aidan	SBSS-SS Marie	17.43
10 Moffat, Lars	CASS-Desbarats	19.21
11 Oliverio, Mitch	KCVS-SS Marie	17.40
12 Perrin, Patrick	NSS - Sturgeon l	21.18
13 Ralph, Tylor	LCS-Sudbury	19.22
14 rodley, josh	EHS-Espanola	17.69
15 Ross, Mitch	LEPSS-Sudbury	20.09
16 Vine, Ben	KCVS-SS Marie	18.70

Event 15 Women 300 Meter Hurdles Midget**Thursday 5/26/2011 - 1:30 PM**

NOSSA: 47.20 2004 Paige Leclerc-Lockerby
OFSAA: 43.94 2007 Kelsey Balkwill Essex DHS

Name	School	Seed Time
1 Alarie, Marianne	LEPSS-Sudbury	52.20
2 Bouzane, Veronique	CND - Sudbury	55.70
3 Brown, Dayna	LEPSS-Sudbury	52.60
4 Browne, Breanna	SHCVS	53.25
5 Fraser, Madison	CSS- North Bay	56.89
6 Hayes, Taylor	KCVS-SS Marie	53.26
7 Loder, Kristen	ELSS-Elliot Lak	50.53
8 mcgregor, kelsie	EHS-Espanola	55.87
9 mercieca, ellen	EHS-Espanola	58.32
10 Mlynarczyk, Alicia	SBSS-SS Marie	53.79
11 Moxam, Teagan	LCS-Sudbury	52.10
12 Patterson, Marley	LCS-Sudbury	54.70
13 Pitz, Siobhan	CSS- North Bay	1:03.43
14 Prouse, Hilary	KCVS-SS Marie	54.92

Event 16 Men 300 Meter Hurdles Midget**Thursday 5/26/2011 - 2:00 PM**

NOSSA: 42.61 5/28/2010 Luke Udeschini
OFSAA: 40.01 6/5/2010 Jordan Sherwood

Name	School	Seed Time
1 Alexander, Zack	SJSH-North Bay	50.50
2 Auger, Jeff	SHCVS	50.16

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 16 ... (Men 300 Meter Hurdles Midget)

Name	School	Seed Time
3 Birosh, Aaron	CSS- North Bay	48.94
4 Boston, Matthew	SHCVS	55.34
5 Boulanger, Kaleb	SJSH-North Bay	52.07
6 Cooper, Troy	MSS-M'Chigeen	50.59
7 Farmer, Talon	LEPSS-Sudbury	45.28
8 Koutsoutkis, Aristo	LEPSS-Sudbury	45.33
9 Leblond, Josh	SJSH-North Bay	49.52
10 Moffat, Lars	CASS-Desbarats	46.88
11 Ralph, Tylor	LCS-Sudbury	1:15.22
12 rodley, josh	EHS-Espanola	45.87
13 Ross, Mitch	LEPSS-Sudbury	52.34
14 Tremblay, Rielly	LCS-Sudbury	52.50

Event 17 Women High Jump Midget**Thursday 5/26/2011 - 9:00 AM**

NOSSA: 1.53m 6/1/2007 Cassie-Fay Langlois
 OFSAA: 1.74m 1984 Leanne Madill - Centennial SS,
 Name School Seed Mark

Name	School	Seed Mark
1 Babak, Michelle	SJSH-North Bay	1.30m
2 Bonin, Angele	CND - Sudbury	1.38m
3 Bouzane, Veronique	CND - Sudbury	1.30m
4 Breckenridge, Sandryn	NDGLSS-SS Ma	1.33m
5 Campsall, Maxime	ESMC-Sudbury	1.44m
6 Delorme, Lexus	ELSS-Elliot Lak	1.25m
7 Franchuk, Sara	SMC-SS Marie	1.36m
8 gamble, mallory	EHS-Espanola	1.28m
9 Howe, Zoe	WFSS-North Ba	1.30m
10 lehman, sara	EHS-Espanola	1.28m
11 Mathias, Brooke	SJSH-North Bay	1.30m
12 Mayer, Amber	ESCC-Chelmsfo	1.35m
13 McLelland, Erin	MA-Sudbury	1.30m
14 Swain, Maranda	NSS - Sturgeon l	1.25m
15 Wilding, Danielle	KCVS-SS Marie	1.36m
16 Williamson, Kaitlyn	SHCVS	1.33m

Event 18 Men High Jump Midget**Thursday 5/26/2011 - 10:30 AM**

NOSSA: 1.73m 5/28/2010 Brandon Mask
 NOSSA_2: 1.72m
 OFSAA: 1.95m 2007 Jeff Webb- Eden HS
 Name School Seed Mark

Name	School	Seed Mark
1 beange, stephen	EHS-Espanola	1.52m
2 Bell, Bradley	SBCSS-Sudbury	1.56m
3 bomberry, noel	EHS-Espanola	1.67m
4 Filion, Alex	ESSC-Sudbury	1.73m
5 Goulet, Mathieu	SMC-SS Marie	1.63m
6 Hayden, James	SHCVS	1.65m
7 Leblond, Josh	SJSH-North Bay	1.50m
8 Mayotte, Nicholas	ESA - North Bay	1.45m
9 Noble, Harrison	MSS-M'Chigeen	1.61m
10 Roberge, Cray	CND - Sudbury	1.75m
11 Sandblom, Brock	LCS-Sudbury	1.62m
12 Simoneau, Jacob	ESMC-Sudbury	1.53m

13 Smith, Bryan SBSS-SS Marie 1.60m

Event 20 Men Pole Vault Midget**Wednesday 5/25/2011 - 3:30 PM**

NOSSA: 2.90m 5/29/2008 John Kosar
 OFSAA: 3.56m 2009 Nic Hoediono - SirJohn A Macdo

Name	School	Seed Mark
1 Birosh, Aaron	CSS- North Bay	2.15m
2 Ghent, Denver	LEPSS-Sudbury	NH
3 Lalonde, Sheldon	CND - Sudbury	NH
4 Oliveira, Gabriel	CND - Sudbury	NH
5 Phiillion, Steven	CND - Sudbury	NH
6 Ross, Mitch	LEPSS-Sudbury	NH

Event 21 Women Long Jump Midget**Wednesday 5/25/2011 - 3:30 PM**

NOSSA: 5.20m 5/31/2007 Caroline Ehrhardt
 OFSAA: 5.76m 1996 Jessica Zelinka - Sir Frederic

Name	School	Seed Mark
1 Brosemer, Peri	SHCVS	4.17m
2 Burt, Megan	LCS-Sudbury	4.27m
3 Coleman, Lauren	LCS-Sudbury	4.20m
4 Duncanson, Jaimie	LDSS-Lively	4.28m
5 Ford, Brielle	CASS-Desbarats	3.37m
6 Franchuk, Sara	SMC-SS Marie	4.30m
7 gamble, mallory	EHS-Espanola	3.81m
8 Huard, Kristen	FJME-Mattawa	4.25m
9 Major, Sarah	SJSH-North Bay	3.85m
10 Mannarino, Stephanie	KCVS-SS Marie	4.21m
11 Michaud, Kelsey	SJSH-North Bay	4.08m
12 Murphy, Taylor	SJSH-North Bay	4.98m
13 Pitre, Kelsey	LEPSS-Sudbury	4.27m
14 Sanders, Emily	LEPSS-Sudbury	4.40m
15 Trottier, Maddie	WCESS-Blind R	3.56m
16 Wilding, Danielle	KCVS-SS Marie	3.93m

Event 22 Men Long Jump Midget**Wednesday 5/25/2011 - 5:00 PM**

NOSSA: 5.93m 2006 Richard MacLennan-St. Mary's
 OFSAA: 6.64m 2006 Carlin McLean - Orchard Park

Name	School	Seed Mark
1 Bell, Bradley	SBCSS-Sudbury	5.44m
2 Chirico, Cooper	WSS-North Bay	5.51m
3 Cooke, Brett	CASS-Desbarats	4.79m
4 Demers, Jesse	NSS - Sturgeon l	4.76m
5 Dudezki, Brandon	SHCVS	5.03m
6 Duncan, Jared	LSS-Sudbury	4.96m
7 Filion, Alex	ESSC-Sudbury	5.06m
8 Giusti, Rudy	SBCSS-Sudbury	4.77m
9 Herrington, Eric	LCS-Sudbury	4.92m
10 Leblond, Josh	SJSH-North Bay	4.94m
11 Macleod, Aidan	SBSS-SS Marie	4.92m
12 Oliverio, Mitch	KCVS-SS Marie	5.00m
13 Patenaude, Michel	MSS-M'Chigeen	5.05m
14 Stobie, John	WPCVS-SS Mar	4.99m

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 22 ... (Men Long Jump Midget)

Name	School	Seed Mark
15 Sullivan, Jake	SJSH-North Bay	4.60m
16 turner, colton	EHS-Espanola	5.34m

Event 23 Women Triple Jump Midget**Thursday 5/26/2011 - 1:00 PM**

NOSSA: 10.46m 6/1/2007 Caroline Ehrhardt
OFSAA: 11.80m 2000 Tabia Charles - Pine Ridge SS

Name	School	Seed Mark
1 Babak, Michelle	SJSH-North Bay	8.83m
2 Bruni, Adriane	WPCVS-SS Mar	9.52m
3 Campsall, Maxime	ESMC-Sudbury	9.17m
4 Febbraro, Daniella	KCVS-SS Marie	9.00m
5 gamble, mallory	EHS-Espanola	8.57m
6 Lefebvre, Arianne	ESA - North Bay	9.00m
7 Mathias, Brooke	SJSH-North Bay	8.49m
8 McDonald, Emily	LEPSS-Sudbury	8.90m
9 Murphy, Taylor	SJSH-North Bay	10.29m
10 Murray, Kaitlyn	CASS-Desbarats	8.66m
11 Olar, Keirstin	WPCVS-SS Mar	9.34m
12 Palumbo, Tianna	KCVS-SS Marie	8.98m
13 Sanders, Emily	LEPSS-Sudbury	9.86m
14 Trotter, Maddie	WCESS-Blind R	8.17m
15 Vallier, Jillian	LSS-Sudbury	9.56m
16 Villeneuve, Emily	CSS - Val Caron	9.18m

Event 24 Men Triple Jump Midget**Thursday 5/26/2011 - 2:30 PM**

NOSSA: 11.89m 6/1/2007 Robert Gallinger
OFSAA: 13.56m 2009 Mitchell O'Donnell - Cameron H

Name	School	Seed Mark
1 Auger, Jeff	SHCVS	10.42m
2 Blacklock, Wesley	ESSC-Sudbury	9.92m
3 Duhaime, Frasier	SJSH-North Bay	6.95m
4 Dydk, Jade	LEPSS-Sudbury	10.01m
5 Gladu, Teegan	LCS-Sudbury	9.33m
6 Kilganon, Chase	ESSC-Sudbury	9.57m
7 Korab, Kellan	SMC-SS Marie	9.24m
8 Lavallee, Evan	SJSH-North Bay	9.77m
9 Moore, Keegan	LEPSS-Sudbury	9.99m
10 Patenaude, Michel	MSS-M'Chigeen	11.18m
11 rodley, josh	EHS-Espanola	10.17m
12 Stewart, Ben	WPCVS-SS Mar	9.94m
13 Vine, Ben	KCVS-SS Marie	9.83m
14 wilson, alistair	EHS-Espanola	9.90m

Event 25 Women Shot Put Midget**Wednesday 5/25/2011 - 5:00 PM**

NOSSA: 9.29m 5/31/2007 Allison Loyst
OFSAA: 11.07m 2009 Eilish MacDonald - Merivale HS

Name	School	Seed Mark
1 Beaudry, Amanda	ESLH-Val Caroi	8.09m
2 Begin, Diane	ESA - North Bay	6.85m
3 Bilbija, Rachael	MSS-M'Chigeen	8.32m

4 Ciotti, Danielle	KCVS-SS Marie	5.49m
5 Doogan, Gracelynn	ESVFJ-Elliot La	9.02m
6 Freeston, Madison	CSS- North Bay	6.92m
7 Kluding, Julia	WCESS-Blind R	7.29m
8 Krotkiewicz, Christa	SBSS-SS Marie	6.38m
9 Lalonde, Robin	LDSS-Lively	7.45m
10 Lee, Vivian	LEPSS-Sudbury	7.28m
11 Martin, Shelby	SJSH-North Bay	6.96m
12 Rivet, Malory	SCC-Sudbury	7.96m
13 Romain, Courtney	FJME-Mattawa	8.44m
14 Santi, Julia	LEPSS-Sudbury	7.80m
15 VanScoy, Meaghan	SHCVS	4.53m
16 Wuerdemann, Paige	SMC-SS Marie	6.04m

Event 26 Men Shot Put Midget**Wednesday 5/25/2011 - 3:30 PM**

NOSSA: 14.37m 2005 Austin Roy-Sudbury SS
OFSAA: 16.95m 2006 Jackson Gray - Sarnia

Name	School	Seed Mark
1 Basso, Keegan	LCS-Sudbury	11.10m
2 Bedell, Izac	SBSS-SS Marie	12.08m
3 Chartrand, Simon	ESH - Hanmer	13.85m
4 Chatelaine, Matthew	ESA - North Bay	10.71m
5 daviau, colin	ESCFO-Espanol	10.87m
6 Fogg, Jonah	KCVS-SS Marie	11.06m
7 King, Matthew	LCS-Sudbury	11.29m
8 Korab, Kellan	SMC-SS Marie	9.99m
9 Moore, Keegan	LEPSS-Sudbury	11.28m
10 pitawanakwat, barry	EHS-Espanola	11.46m
11 Punkari, Ryan	LDSS-Lively	11.27m
12 Simpson, Palmer	SHCVS	11.80m
13 Snider, Bradley	SJSH-North Bay	10.65m
14 Trach, Lukas	WFSS-North Ba	11.22m
15 turner, colton	EHS-Espanola	10.79m
16 Zhou, Daniel	ESA - North Bay	10.56m

Event 27 Women Discus Throw Midget**Thursday 5/26/2011 - 2:30 PM**

NOSSA: 27.87m 5/29/2009 Anna-Lee Policicchio
OFSAA: 40.78m 1979 Liz Polyak - North Park C & VS

Name	School	Seed Mark
1 Begin, Diane	ESA - North Bay	21.89m
2 Bilbija, Rachael	MSS-M'Chigeen	17.87m
3 Carrey, Emilie	CND - Sudbury	17.25m
4 Ciotti, Danielle	KCVS-SS Marie	13.71m
5 Martin, Shelby	SJSH-North Bay	21.58m
6 McDonald, Emily	LEPSS-Sudbury	19.94m
7 mcgregor, kelsie	EHS-Espanola	19.11m
8 Nazarik, Marissa	WFSS-North Ba	22.05m
9 Rivet, Malory	SCC-Sudbury	19.59m
10 Romain, Courtney	FJME-Mattawa	22.58m
11 Santi, Julia	LEPSS-Sudbury	22.00m
12 shank, paige	EHS-Espanola	19.39m
13 Small, Shelby	LCS-Sudbury	17.10m
14 VanScoy, Meaghan	SHCVS	13.06m

**Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List**

Event 27 ... (Women Discus Throw Midget)

Name	School	Seed Mark
15 Wuerdemann, Paige	SMC-SS Marie	18.99m

Event 28 Men Discus Throw Midget

Thursday 5/26/2011 - 1:00 PM

NOSSA: 46.45m 5/28/2010 Ryan Hunter
OFSAA: 58.98m 1973 Rob Town - Orillia DHS

Name	School	Seed Mark
1 Beauchamp, Nick	WPCVS-SS Mar	30.43m
2 Bertrand, Brandon	ESCC-Chelmsfo	25.09m
3 Blanchette, Matt	ELSS-Elliot Lak	39.69m
4 Chartrand, Simon	ESH - Hanmer	27.17m
5 Chatelaine, Matthew	ESA - North Bay	29.61m
6 Demers, Jesse	NSS - Sturgeon l	28.80m
7 Fogg, Jonah	KCVS-SS Marie	30.92m
8 Gionet, Roch	CND - Sudbury	30.86m
9 kelly, matthew	ESCFO-Espanol	29.37m
10 Milne, John	LEPSS-Sudbury	29.71m
11 Primeau, Cedric	CND - Sudbury	25.62m
12 Simpson, Palmer	SHCVS	35.29m
13 Snider, Bradley	SJSH-North Bay	29.21m
14 Thornton, Eric	SHCVS	30.25m
15 turner, colton	EHS-Espanola	30.34m
16 Zhou, Daniel	ESA - North Bay	30.56m

Event 29 Women Javelin Throw Midget

Thursday 5/26/2011 - 10:30 AM

NOSSA: 29.17m 5/28/2010 Sara Matthews
OFSAA: 41.24m 1995 Meredith Popp - Holy Names HS

Name	School	Seed Mark
1 Begin, Diane	ESA - North Bay	20.34m
2 Bilbija, Rachael	MSS-M'Chigeeen	17.52m
3 Carrey, Emilie	CND - Sudbury	20.99m
4 Ciotti, Danielle	KCVS-SS Marie	18.95m
5 Currie, Angela	CASS-Desbarats	20.17m
6 Forand, Chanelle	ESH - Hanmer	21.54m
7 Freeston, Madison	CSS- North Bay	16.32m
8 Groulx, Emily	KCVS-SS Marie	22.80m
9 Kluding, Julia	WCESS-Blind R	20.83m
10 Nazarik, Marissa	WFSS-North Ba	18.97m
11 Oukes, Jessica	ESA - North Bay	15.03m
12 Pellerin, Gabrielle	LEPSS-Sudbury	22.84m
13 Sanders, Emily	LEPSS-Sudbury	22.26m
14 Small, Shelby	LCS-Sudbury	24.81m
15 Wilding, Danielle	KCVS-SS Marie	19.90m
16 Wuerdemann, Paige	SMC-SS Marie	17.44m

Event 30 Men Javelin Throw Midget

Thursday 5/26/2011 - 9:00 AM

NOSSA: 50.64m 2006 Mathieu Charbonneau-Northern
OFSAA: 57.95m 6/5/2007 Ray Dykstra- Grimsby DSS

Name	School	Seed Mark
1 Beauchamp, Nick	WPCVS-SS Mar	33.22m
2 Bedell, Izac	SBSS-SS Marie	29.55m

3 Belanger, Joshua	ESMC-Sudbury	29.22m
4 Blanchette, Matt	ELSS-Elliot Lak	36.37m
5 Chirico, Cooper	WSS-North Bay	34.20m
6 Demers, Jesse	NSS - Sturgeon l	34.78m
7 Heimonen, Kye	SHCVS	38.25m
8 Koutsoutkis, Aristo	LEPSS-Sudbury	34.49m
9 Leduc, Eric	ESA - North Bay	26.79m
10 Milne, John	LEPSS-Sudbury	24.48m
11 Moore, Keegan	LEPSS-Sudbury	42.62m
12 Patenaude, Michel	MSS-M'Chigeeen	36.22m
13 Primeau, Cedric	CND - Sudbury	29.29m
14 Shawana, Brandon	CASS-Desbarats	42.74m
15 Simpson, Palmer	SHCVS	28.48m
16 Trach, Lukas	WFSS-North Ba	33.95m

Event 31 Women 4x100 Meter Relay Midget

Thursday 5/26/2011 - 4:45 PM

NOSSA: 52.84 2004 Sir James Dunn
OFSAA: 49.77 6/4/2010 Resurrection - Kitchener

Team	Relay	Seed Time
1 CASS-Desbarats	A	1:01.65
1) Bowen, Mickey	2) Murray, Kaitlyn	
3) Ford, Brielle	4) Currie, Angela	
5) Campbell, Molly		
2 EHS-Espanola	A	57.03
1) lehman, sara	2) dormer, kylee	
3) miller-manitowabi, santana	4) st. pierre, peyton	
3 KCVS-SS Marie	A	56.25
1) Febraro, Daniella	2) Palumbo, Tianna	
3) Hayes, Taylor	4) Prouse, Hilary	
5) Groulx, Emily	6) Malkki, Jenna	
4 LSS-Sudbury	A	57.62
1) Salem, Areej	2) Vallier, Jillian	
3) Cacciotti, Emmah	4) Marcotte, Karli	
5) DePaolis, Andrea		
5 LEPSS-Sudbury	A	55.85
1) Brown, Dayna	2) Pitre, Kelsey	
3) Yao, Zoey	4) Alarie, Marianne	
5) Alaeddine, Fatima	6) Santi, Julia	
6 LCS-Sudbury	A	54.71
1) Landriault, Emma	2) Patterson, Marley	
3) Burt, Megan	4) Moxam, Teagan	
5) Pitawanakwat, Victoria	6) Desjardins, Celeste	
7 MSS-M'Chigeeng	B	58.50
1) Gebrekristose, Adiam	2) Bain, Taylor	
3) Slomke, Hailey	4) Doane, Tess	
5) Lewis, Amber		
8 MA-Sudbury	A	56.07
1) Bradley, Carly	2) Smith, Courtney	
3) Del Re, Valentina	4) Mulcahey, Santeria	
9 CND - Sudbury	A	59.18
1) Bonin, Maxime	2) Koskieniemi, Kendra	
3) Bonin, Angele	4) Cote, Shayla	
5) Gauthier, Maxime		

**Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List**

Event 31 ... (Women 4x100 Meter Relay Midget)

Team	Relay	Seed Time
10 SBSS-SS Marie	A	55.95
1) Witty, Alecia	2) Mlynarczyk, Alicia	
3) Nelli, Chelsea	4) Hammond, Sarah	
11 SJSH-North Bay	A	1:02.13
1) Babak, Michelle	2) Johnson, Erin	
3) Lafontaine, Morgan	4) Michaud, Kelsey	
12 WFSS-North Bay	A	1:10.13
1) Nazarik, Marissa	2) Howe, Kayla	
3) Vivian, Kelly	4) McColeman, Courtney	
13 WPCVS-SS Marie	A	55.66
1) Brain, Katrina	2) Olar, Keirstin	
3) Beach, Jessica	4) Bruni, Adriane	
14 WSS-North Bay	A	NT
1) Grube, Kylie	2) Kehoe, Grace	
3) Clobanica, Maria	4) Donaldson, Alexis	

Event 32 Men 4x100 Meter Relay Midget

Thursday 5/26/2011 - 4:50 PM

NOSSA: 47.35 6/1/2007 Sir James Dunn C & V S
D Carter, G Hunt, B Babic, J Vernelli

OFSAA: 44.51 2009 Pickering HS
M. Anane, O. Morris, O. Thompson, S. Saini

Team	Relay	Seed Time
1 CASS-Desbarats	A	50.25
1) Cooke, Brett	2) Moffat, Lars	
3) Shawana, Brandon	4) Mckinnon, Josh	
2 ESCC-Chelmsford	A	54.21
1) Bertrand, Brandon	2) Blais, Daniel	
3) Charron, Justin	4) Vaillancourt, Scott	
5) Malette, Trent	6) Laurin, Ryan	
3 EHS-Espanola	A	50.00
1) pitawanakwat, barry	2) turner, colton	
3) rodley, josh	4) bomberry, noel	
5) pregent, zack		
4 KCVS-SS Marie	A	50.70
1) Oliverio, Mitch	2) DiBeradino, Matthew	
3) Vine, Ben	4) Bovingdon, Dylan	
5) Bellingier, Liam		
5 LSS-Sudbury	A	50.00
1) Duncan, Jared	2) Ominika, Dillon	
3) Peregrine, Nathan	4) Heckman-Jackson, Brandon	
6 LEPSS-Sudbury	A	49.44
1) Koutsoutkis, Aristo	2) Ghent, Denver	
3) Farmer, Talon	4) Dydk, Jade	
5) Milne, John	6) Ross, Mitch	
7 LCS-Sudbury	A	51.00
1) Therrien, Myles	2) Gladu, Teegan	
3) Ralph, Tylor	4) Labelle, James	
5) Kosmerly, Tayte	6) Lingard, Brodie	

8 MSS-M'Chigeeng	A	58.84
1) Tustian, Dylan	2) Patenaude, Michel	
3) Cranston, Ben	4) Noble, Harrison	
5) Cooper, Troy		
9 SBSS-SS Marie	A	52.02
1) Gervasi, Domenic	2) Macleod, Aidan	
3) Trunzo, Matt	4) Kramer, Chris	
10 SBCSS-Sudbury	A	48.91
1) Bell, Bradley	2) Giusti, Rudy	
11 SMC-SS Marie	A	50.22
1) Stefano, Anthony	2) Senecal, Justin	
3) Thibodeau, Jason	4) Goulet, Mathieu	
5) Korab, Kellan		
12 SJSH-North Bay	A	52.15
1) Duhaime, Frasier	2) Ibbitson, Josh	
3) Leblond, Josh	4) Sullivan, Jake	
13 WSS-North Bay	A	53.96
1) Chirico, Cooper	2) Hargrave, Brett	
3) McCubbin, Malcolm	4) McFarlane, Will	

Event 33 Women 100 Meter Dash Junior Prelims

Thursday 5/26/2011 - 9:10 AM

NOSSA: 13.06 2005 Celine Loyer-Sacre-Coeur
OFSAA: 12.05 1989 Dionne Wright - C.W.Jefferys SS

Name	School	Seed Time
1 Barbarie, Karissa	CASS-Desbarats	13.60
2 Brunette, Samantha	ESMC-Sudbury	13.98
3 Clarke, Teri	SJSH-North Bay	13.72
4 Elliott, Katie	WPCVS-SS Mar	13.59
5 Godbout, Jenna	WSS-North Bay	14.36
6 Guy, Kory	LCS-Sudbury	13.69
7 Longo, Jana	SMC-SS Marie	13.62
8 Parfitt, Kiri	WSS-North Bay	15.91
9 Parisotto, Carlee	LCS-Sudbury	14.19
10 Predon, Alenna	MA-Sudbury	13.87
11 rydall, jerrika	EHS-Espanola	14.29
12 Schell, Jordyn	SHCVS	13.26
13 Sloan, Kathleen	LCS-Sudbury	13.73
14 st. michel, carolyn	EHS-Espanola	14.81
15 Yandeau, Bronte	SHCVS	13.69

Event 34 Men 100 Meter Dash Junior Prelims

Thursday 5/26/2011 - 9:40 AM

NOSSA: 11.45 5/28/2010 Corey Conforzi
NOSSA_2: 11.66
OFSAA: 10.77 2009 MarlonLiadlaw-Allen - Bendale
OFSAA_2: 10.99 2007 Phillip Hayle-St. Edmund Campi

Name	School	Seed Time
1 Belzile, Han-Sen	LEPSS-Sudbury	12.19
2 Bogensberger, Michael	SHCVS	12.16
3 Bowen, Brian	FJME-Mattawa	12.59
4 Bresnahan, Tyler	WPCVS-SS Mar	12.82
5 Desormeaux, Jean-Marc	LSS-Sudbury	12.56
6 Dominico, Mason	SJSH-North Bay	12.48
7 Fletcher, Kyle	LSS-Sudbury	12.58

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 34 ... (Men 100 Meter Dash Junior Prelims)

Name	School	Seed Time
8 Graham, Jake	SCC-Sudbury	12.74
9 Graham, Mason	MSS-M'Chigeen	12.09
10 Han, Xuan	LEPSS-Sudbury	12.34
11 Hiemaa, Steve	SHCVS	12.59
12 Mazzuca, Mitchell	SBSS-SS Marie	11.72
13 Perreault, Jacob	FJME-Mattawa	12.74
14 Sinclair, Serge	CASS-Desbarats	12.59
15 tessier, jay	EHS-Espanola	11.87
16 Trach, Colin	WFSS-North Ba	12.75

Event 35 Women 200 Meter Dash Junior Prelims**Thursday 5/26/2011 - 10:40 AM**

NOSSA: 25.09 2005 **Rebecca Johnston-Lo Ellen Park**
OFSAA: 24.42 6/5/2010 **Khamica Bingham**

Name	School	Seed Time
1 Barbarie, Karissa	CASS-Desbarats	27.81
2 Bellerive, Nicole	SMC-SS Marie	31.00
3 Clarke, Teri	SJSH-North Bay	28.54
4 Elliott, Katie	WPCVS-SS Mar	27.99
5 Godbout, Jenna	WSS-North Bay	30.10
6 leclair, taylor	EHS-Espanola	31.91
7 Longo, Jana	SMC-SS Marie	29.20
8 MacLean, Isabelle	LEPSS-Sudbury	29.85
9 Mazal, Zvia	ESMC-Sudbury	27.97
10 Parfitt, Kiri	WSS-North Bay	33.91
11 Predon, Alenna	MA-Sudbury	28.44
12 Roy, Carissa	MA-Sudbury	29.59
13 Schell, Jordyn	SHCVS	27.98
14 Thomson, Nichelle	CSS - Val Caron	29.15
15 White, Amanda	SJSH-North Bay	29.74
16 Wilson, Cassandra	MSS-M'Chigeen	33.72

Event 36 Men 200 Meter Dash Junior Prelims**Thursday 5/26/2011 - 11:10 AM**

NOSSA: 23.37 6/1/2007 **Richard MacLennan**
OFSAA: 21.72 2005 **Marlon Laidlaw-Allen - Bendale**
OFSAA_2: 21.0h

Name	School	Seed Time
1 Belzile, Han-Sen	LEPSS-Sudbury	24.39
2 Bresnahan, Tyler	WPCVS-SS Mar	26.46
3 Cook, Kaden	SBCSS-Sudbury	25.39
4 Dominico, Mason	SJSH-North Bay	25.93
5 Fletcher, Kyle	LSS-Sudbury	25.23
6 Graham, Mason	MSS-M'Chigeen	24.75
7 Hiemaa, Steve	SHCVS	25.25
8 Kennedy, Tyler	SJSH-North Bay	25.35
9 Lamontagne, Joel	ESCC-Chelmsfo	25.84
10 Langella, Brandon	SCC-Sudbury	25.89
11 Mazzuca, Mitchell	SBSS-SS Marie	23.65
12 Osborne, Mitchell	SMC-SS Marie	26.45
13 Perreault, Jacob	FJME-Mattawa	26.16
14 Sinclair, Serge	CASS-Desbarats	26.40
15 tessier, jay	EHS-Espanola	23.28

16 Trach, Colin WFSS-North Ba 26.53

Event 37 Women 400 Meter Dash Junior Prelims**Wednesday 5/25/2011 - 5:00 PM**

NOSSA: 58.44 2005 **Rebecca Johnston-Lo-Ellen Park**
OFSAA: 56.04 2006 **Natalie Geiger - Stouffville**

Name	School	Seed Time
1 bender, lindsay	EHS-Espanola	1:07.56
2 Brunette, Samantha	ESMC-Sudbury	1:09.42
3 Coulis, Katie	CVDCS-Chelms	1:09.30
4 Delarosbil, Shelby	WPCVS-SS Mar	1:14.46
5 Holley, Allie	WPCVS-SS Mar	1:07.75
6 Marrato, Amelia	SHCVS	1:04.81
7 Mazal, Zvia	ESMC-Sudbury	1:04.45
8 nahmiwan, jolene	EHS-Espanola	1:18.25
9 Roy, Carissa	MA-Sudbury	1:07.58
10 Stafford, Alyssa	LEPSS-Sudbury	1:07.47
11 Tipper, Alexa	MSS-M'Chigeen	1:13.63
12 Van Shie-Copol, Johanna	ESA - North Bay	1:08.14
13 Wiwchar, Katie	LEPSS-Sudbury	1:04.71

Event 38 Men 400 Meter Dash Junior Prelims**Wednesday 5/25/2011 - 5:35 PM**

NOSSA: 50.06 5/31/2007 **Richard MacLennan**
OFSAA: 48.58 6/4/2010 **Brandon McBride**

Name	School	Seed Time
1 Bodroghy, Justin	WFSS-North Ba	57.16
2 Cook, Kaden	SBCSS-Sudbury	58.70
3 Gardner, David	ELSS-Elliot Lak	1:02.31
4 Graham, Mason	MSS-M'Chigeen	1:00.75
5 Hiemaa, Steve	SHCVS	56.58
6 Ibbitson, Jake	SJSH-North Bay	57.09
7 Jokinen, James	LEPSS-Sudbury	59.75
8 Lamontagne, Joel	ESCC-Chelmsfo	59.64
9 Laperriere, Pascal	ESA - North Bay	56.46
10 Lavigne, Brady	LEPSS-Sudbury	1:01.24
11 Maloney, Stephen	KCVS-SS Marie	55.08
12 Mazzuca, Mitchell	SBSS-SS Marie	51.65
13 mcdonald, michael	EHS-Espanola	1:05.41
14 Nickle, Bradley	WPCVS-SS Mar	58.19
15 Venedam, Charlie	LCS-Sudbury	57.93

Event 39 Women 800 Meter Run Junior**Thursday 5/26/2011 - 12:10 PM**

NOSSA: 2:19.10 2004 **Kaitlyn Tallman-Manitoulin**
OFSAA: 2:08.29 2007 **Jessica Parry- Catholic Central I**
OFSAA_2: 2:10.60

Name	School	Seed Time
1 Aikia, Jaime	ESCC-Sudbury	3:03.42
2 Battaion, Laura	LEPSS-Sudbury	2:36.64
3 bender, lindsay	EHS-Espanola	2:40.06
4 Briscoe, Kiersten	LCS-Sudbury	2:44.93
5 Clark, Stephanie	ELSS-Elliot Lak	2:45.22
6 Delarosbil, Shelby	WPCVS-SS Mar	2:54.80
7 Freeston, Jamie-Lee	CSS- North Bay	3:01.65

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 39 ... (Women 800 Meter Run Junior)

Name	School	Seed Time
8 Godbout, Jenna	WSS-North Bay	2:43.41
9 Holley, Allie	WPCVS-SS Mar	2:42.40
10 Marrato, Amelia	SHCVS	2:32.10
11 Tipper, Alexa	MSS-M'Chigeen	2:55.49
12 Van Shie-Copol, Johanna	ESA - North Bay	2:41.56
13 Wiwchar, Katie	LEPSS-Sudbury	2:31.28

Event 40 Men 800 Meter Run Junior

Thursday 5/26/2011 - 12:40 PM		
NOSSA:	2:02.10	6/1/2007
OFSAA:	1:54.82	6/5/2007
Name	School	Seed Time
1 Belan, Brandon	SBCSS-Sudbury	2:14.50
2 Blatt, Jonah	LEPSS-Sudbury	2:18.90
3 Bodroghy, Justin	WFSS-North Ba	2:41.54
4 Burns, Nick	KCVS-SS Marie	2:10.90
5 Carter, Brad	KCVS-SS Marie	2:14.10
6 Jokinen, James	LEPSS-Sudbury	2:20.10
7 Kennedy, Wyatt	MSS-M'Chigeen	2:22.21
8 Lamontagne, Joel	ESCC-Chelmsfo	2:25.80
9 Laperriere, Pascal	ESA - North Bay	2:17.09
10 Lavigne, Brady	LEPSS-Sudbury	2:30.90
11 McDonell, Ian	SJSH-North Bay	2:17.12
12 Newlands, Matt	MSS-M'Chigeen	2:36.54
13 Nickle, Bradley	WPCVS-SS Mar	2:16.20
14 Osborne, Mitchell	SMC-SS Marie	2:16.10
15 Vanoyen, George	CASS-Desbarats	2:31.38

Event 41 Women 1500 Meter Run Junior

Wednesday 5/25/2011 - 6:00 PM		
NOSSA:	5:01.65	5/28/2009
OFSAA:	4:35.27	2006
Name	School	Seed Time
1 Battaion, Laura	LEPSS-Sudbury	5:24.37
2 Cangiano, Erin	WFSS-North Ba	6:34.64
3 Carriere, Renelle	CND - Sudbury	6:12.43
4 Clark, Stephanie	ELSS-Elliot Lak	5:57.88
5 Courchesne, Melanie	ESSC-Sudbury	6:21.31
6 Holley, Allie	WPCVS-SS Mar	5:46.90
7 Humalamaki, Teija	KCVS-SS Marie	6:08.50
8 Jack, Kallie	MA-Sudbury	6:23.33
9 Lobert, Marissa	SHCVS	5:04.60
10 Maziariski, Haley	LEPSS-Sudbury	5:08.87
11 Nadon, Sarah	SHCVS	6:03.40
12 Ortepi, Jansen	SJSH-North Bay	6:56.84
13 Pledge, Mahgen	WFSS-North Ba	5:47.00
14 sheremetta, erica	EHS-Espanola	6:11.09

Event 42 Men 1500 Meter Run Junior

Wednesday 5/25/2011 - 6:50 PM		
NOSSA:	4:14.40	2005
OFSAA:	3:55.38	2009
Name	School	Seed Time
1 Belan, Brandon	SBCSS-Sudbury	4:27.82
2 Blatt, Jonah	LEPSS-Sudbury	4:55.20
3 Burns, Nick	KCVS-SS Marie	4:49.60
4 Carter, Brad	KCVS-SS Marie	4:50.70
5 Groulx, Luke	WCESS-Blind R	4:47.10
6 Hansel, Graham	WFSS-North Ba	4:17.56
7 Hanson, David	LCS-Sudbury	5:04.40
8 Henschel, Grayden	LEPSS-Sudbury	5:01.64
9 Kennedy, Wyatt	MSS-M'Chigeen	4:54.80
10 Lemieux, Denis	ESH - Hanmer	5:01.88
11 McDonell, Ian	SJSH-North Bay	5:19.51
12 Novello, Matt	SBSS-SS Marie	5:22.60
13 Shell, Devin	SHCVS	4:52.20
14 Stinson, Caleb	CASS-Desbarats	4:47.01

Event 43 Women 3000 Meter Run Junior

Thursday 5/26/2011 - 2:45 PM		
NOSSA:	10:28.70	2004
OFSAA:	10:00.90	2006
Name	School	Seed Time
1 Battaion, Laura	LEPSS-Sudbury	11:42.75
2 Carriere, Renelle	CND - Sudbury	13:49.74
3 Clark, Stephanie	ELSS-Elliot Lak	12:00.00
4 Courchesne, Melanie	ESSC-Sudbury	14:54.92
5 Feltham, Sara	SHCVS	15:06.40
6 Jack, Kallie	MA-Sudbury	14:07.49
7 Laaper, Rachel	FJME-Mattawa	15:16.41
8 Lobert, Marissa	SHCVS	11:18.70
9 Maziariski, Haley	LEPSS-Sudbury	11:06.51
10 Nadon, Sarah	SHCVS	14:56.10
11 Pledge, Mahgen	WFSS-North Ba	12:53.94
12 sheremetta, erica	EHS-Espanola	14:51.53
13 Turner, Bettina	MSS-M'Chigeen	15:57.63

Event 44 Men 3000 Meter Run Junior

Thursday 5/26/2011 - 3:15 PM		
NOSSA:	9:18.68	5/29/2009
OFSAA:	8:33.65	2007
Name	School	Seed Time
1 Beam, Jackson	CSS- North Bay	11:28.91
2 Blatt, Jonah	LEPSS-Sudbury	10:39.71
3 Bowness, Jack	WSS-North Bay	10:45.70
4 Burns, Nick	KCVS-SS Marie	10:51.80
5 Cousineau, Ben	CSS - Val Caron	11:38.49
6 Daley, Ryan	CSS- North Bay	10:16.88
7 deschamps, devan	EHS-Espanola	11:29.81
8 Hansel, Graham	WFSS-North Ba	9:21.82
9 Hanson, David	LCS-Sudbury	11:58.85
10 Henschel, Grayden	LEPSS-Sudbury	10:38.83

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 44 ... (Men 3000 Meter Run Junior)

Name	School	Seed Time
11 Novello, Matt	SBSS-SS Marie	12:11.10
12 Shea, Alex	ESSC-Sudbury	10:47.32
13 Shell, Devin	SHCVS	11:44.00
14 Stinson, Caleb	CASS-Desbarats	11:00.38
15 tallon, tanner	EHS-Espanola	11:04.87

Event 45 Women 80 Meter Hurdles Junior Prelims**Wednesday 5/25/2011 - 4:00 PM**

NOSSA: 12.10 5/29/2008 **Serena SanCartier**
OFSAA: 11.44 2009 **Chanice Taylor-Chase - Notre D:**

Name	School	Seed Time
1 Conlin, Erica	LEPSS-Sudbury	13.93
2 Desbiens, Tiffany	ELSS-Elliot Lak	14.75
3 Drolet, Shannon	SJSH-North Bay	17.08
4 Field, Haley	SJSH-North Bay	14.34
5 germain, carly	EHS-Espanola	15.35
6 Guy, Kory	LCS-Sudbury	13.87
7 Harrison, Ashleigh	SMC-SS Marie	13.81
8 King, Jessica	SHCVS	15.10
9 leclair, taylor	EHS-Espanola	15.25
10 Matthews, Sara	NDGLSS-SS M:	15.83
11 Sakovic, Kasandra	LSS-Sudbury	14.95
12 Shaw, Kelsey	LEPSS-Sudbury	13.68
13 Sloan, Kathleen	LCS-Sudbury	14.25
14 Voigt, Rachel	SHCVS	13.27

Event 46 Men 100 Meter Hurdles Junior Prelims**Wednesday 5/25/2011 - 3:50 PM**

NOSSA: 14.99 5/28/2009 **Tyson Pelkington**
NOSSA_2: 15.00
OFSAA: 13.31 2008 **Gregory MacNeill - Mother Tere**

Name	School	Seed Time
1 Bilton, Malcolm	LCS-Sudbury	16.77
2 Bogensberger, Michael	SHCVS	15.32
3 Bruni, Joey	SBSS-SS Marie	16.91
4 Cashmore, Matt	LSS-Sudbury	17.55
5 Good, Sam	CASS-Desbarats	16.57
6 Hick, John	LEPSS-Sudbury	17.92
7 Laidley, Michael	MSS-M'Chigeeen	19.91
8 Mackan, Lenny	SHCVS	17.40
9 st. michel, connor	EHS-Espanola	18.90
10 Udeschini, Luke	CSS- North Bay	15.98
11 Vandenburg, Andrew	SHCVS	18.01
12 Venedam, Charlie	LCS-Sudbury	19.21
13 Watson-Keau, Iokepa	LCS-Sudbury	18.05

Event 47 Women 300 Meter Hurdles Junior**Thursday 5/26/2011 - 1:40 PM**

NOSSA: 47.13 2005 **Paige Leclerc-Lockerby**
OFSAA: 42.46 1997 **Jessica Zelinka - Sir Frederick B**

Name	School	Seed Time
1 Bordin, Carley	SBSS-SS Marie	51.90
2 Conlin, Erica	LEPSS-Sudbury	50.36

3 Drolet, Shannon	SJSH-North Bay	1:06.95
4 Farquhar, Teal	ELSS-Elliot Lak	53.56
5 Frayn, Ally	WPCVS-SS Mar	56.84
6 germain, carly	EHS-Espanola	52.63
7 gervais, jenna	EHS-Espanola	55.26
8 Guy, Kory	LCS-Sudbury	49.70
9 Harrison, Ashleigh	SMC-SS Marie	54.04
10 Humalamaki, Teija	KCVS-SS Marie	57.18
11 Sloan, Kathleen	LCS-Sudbury	52.74
12 Stafford, Alyssa	LEPSS-Sudbury	52.67
13 Wiwchar, Katie	LEPSS-Sudbury	50.34

Event 48 Men 300 Meter Hurdles Junior**Thursday 5/26/2011 - 2:10 PM**

NOSSA: 41.00 2004 **Justin Digiglio-St Joe/Scollard H**
OFSAA: 38.45 6/5/2010 **Brandon McBride**

Name	School	Seed Time
1 Becks, Evan	MSS-M'Chigeeen	45.85
2 Bogensberger, Michael	SHCVS	45.31
3 Bruni, Joey	SBSS-SS Marie	46.82
4 Dubreuil, Justin	WPCVS-SS Mar	46.65
5 Good, Sam	CASS-Desbarats	42.69
6 Hick, John	LEPSS-Sudbury	45.59
7 Jokinen, James	LEPSS-Sudbury	47.82
8 Laidley, Michael	MSS-M'Chigeeen	46.31
9 Mackan, Lenny	SHCVS	48.02
10 Moroz, Carter	LSS-Sudbury	46.77
11 Udeschini, Luke	CSS- North Bay	42.62
12 Venedam, Charlie	LCS-Sudbury	46.66
13 Watson-Keau, Iokepa	LCS-Sudbury	47.18

Event 49 Women High Jump Junior**Thursday 5/26/2011 - 1:00 PM**

NOSSA: 1.52m 2006 **Jennifer Piper-Chippewa**
OFSAA: 1.75m 2007 **Michelle Theophile**

Name	School	Seed Mark
1 Cangiano, Erin	WFSS-North Ba	1.38m
2 Crown, Abby	SJSH-North Bay	1.30m
3 Desbiens, Tiffany	ELSS-Elliot Lak	1.27m
4 Desrocher, Jessica	FJME-Mattawa	1.30m
5 Hache, Tiffany	LEPSS-Sudbury	1.36m
6 King, Jessica	SHCVS	1.20m
7 leclair, taylor	EHS-Espanola	1.30m
8 Parnell, Gina	SJSH-North Bay	1.38m
9 Plante, Brianne	ESCC-Chelmsfo	1.36m
10 Portelance, Nakita	SBCSS-Sudbury	1.36m
11 Ralph, Melina	LCS-Sudbury	1.30m
12 rydall, jerrika	EHS-Espanola	1.41m
13 Sakovic, Kasandra	LSS-Sudbury	1.25m
14 Trotter, Kate	WPCVS-SS Mar	1.62m
15 Zandarin, Alysha	LCS-Sudbury	1.25m

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 50 Men High Jump Junior**Thursday 5/26/2011 - 2:30 PM**

NOSSA: 1.80m 5/28/2010 Adam Devon
OFSAA: 2.04m 1995 Michael Ponikvar - Denis Morri

Name	School	Seed	Mark
1 Alexander, Paul	SHCVS		1.56m
2 Bates, Jacob	LCS-Sudbury		1.54m
3 Bond, Jake	MSS-M'Chigeen		1.55m
4 Clarke, Zach	SJSH-North Bay		1.45m
5 Dubreuil, Justin	WPCVS-SS Mar		1.72m
6 Hodkinson, Austin	LCS-Sudbury		1.54m
7 Jeanneault, Adam	SJSH-North Bay		1.45m
8 Leger, Marc	ESH - Hanmer		1.63m
9 Maloney, Stephen	KCVS-SS Marie		1.56m
10 Mask, Brandon	LSS-Sudbury		1.85m
11 Moore, Sean	LEPSS-Sudbury		1.57m
12 Moroz, Carter	LSS-Sudbury		1.54m
13 Toner, Ricky	MSS-M'Chigeen		1.55m
14 Vandenburg, Andrew	SHCVS		1.72m
15 Vanoyen, George	CASS-Desbarats		1.60m

Event 51 Women Pole Vault Junior**Wednesday 5/25/2011 - 6:00 PM**

NOSSA: 2.85m 5/27/2010 Alison Fung
OFSAA: 3.75m 6/5/2010 Alysha Newman

Name	School	Seed	Mark
1 Gauthier, Maxime	CND - Sudbury		1.89m
2 Gauthier, Mikella	CND - Sudbury		1.89m
3 Lavergne-Giroux, Pascale	CND - Sudbury		2.20m

Event 52 Men Pole Vault Junior**Thursday 5/26/2011 - 9:00 AM**

NOSSA: 3.52m 6/1/2007 Erik Faucon
OFSAA: 4.45m 1992 Drew Barrett - King City SS

Name	School	Seed	Mark
1 Shannon, Chad	WFSS-North Ba		2.30m
2 Udeschini, Luke	CSS- North Bay		2.60m

Event 53 Women Long Jump Junior**Thursday 5/26/2011 - 9:00 AM**

NOSSA: 5.12m 5/30/2008 Caroline Ehrhardt
OFSAA: 5.69m 2009 Chanice Taylor-Chase - Notre D:

Name	School	Seed	Mark
1 Barbarie, Karissa	CASS-Desbarats		4.42m
2 Bellerive, Nicole	SMC-SS Marie		4.16m
3 Byers, Jessica	WSS-North Bay		3.72m
4 Longo, Jana	SMC-SS Marie		4.39m
5 McBride, Kirstin	SBSS-SS Marie		4.00m
6 McCharles, Taylor	SJSH-North Bay		3.49m
7 mcNally, kenzi	EHS-Espanola		3.69m
8 Patterson, Allissa	SHCVS		4.44m
9 Portelance, Nakita	SBCSS-Sudbury		4.22m
10 Predon, Alenna	MA-Sudbury		4.39m
11 Rainsford, Lauren	LEPSS-Sudbury		4.21m

12 Rorison, Brittni	LSS-Sudbury		3.91m
13 Sakovic, Kasandra	LSS-Sudbury		3.97m
14 Smith, Patricia	WSS-North Bay		4.47m
15 st. michel, carolyn	EHS-Espanola		4.10m

Event 54 Men Long Jump Junior**Thursday 5/26/2011 - 10:30 AM**

NOSSA: 6.34m 6/1/2007 Matt Glibota
OFSAA: 7.09m 6/3/2010 Mitch O'Donnell

Name	School	Seed	Mark
1 Alexander, Paul	SHCVS		5.46m
2 Bates, Jacob	LCS-Sudbury		4.72m
3 Bilton, Malcolm	LCS-Sudbury		5.56m
4 Bond, Jake	MSS-M'Chigeen		5.26m
5 Boutin, Mitchell	ESA - North Bay		4.84m
6 Bruni, Joey	SBSS-SS Marie		5.10m
7 Clarke, Zach	SJSH-North Bay		5.07m
8 Groulx, Luke	WCESS-Blind R		4.81m
9 Iacoe, Anthony	KCVS-SS Marie		4.83m
10 Kennedy, Tyler	SJSH-North Bay		5.49m
11 Leger, Marc	ESH - Hanmer		5.06m
12 Mask, Brandon	LSS-Sudbury		5.38m
13 mclean, challen	EHS-Espanola		4.79m
14 Moore, Sean	LEPSS-Sudbury		5.53m
15 Running, Bailey	SHCVS		5.32m
16 Simard, Mathyeu	ESA - North Bay		5.71m

Event 55 Women Triple Jump Junior**Wednesday 5/25/2011 - 3:30 PM**

NOSSA: 11.66m 5/29/2008 Caroline Ehrhardt
OFSAA: 11.97m 2008 Caroline Ehrhardt - Espanola HS

Name	School	Seed	Mark
1 Bond, Rebecca	LCS-Sudbury		8.13m
2 Desbiens, Tiffany	ELSS-Elliot Lak		8.70m
3 Elliott, Katie	WPCVS-SS Mar		9.30m
4 Hutchison, Ally	SHCVS		7.86m
5 Kwan, Cynthia	LEPSS-Sudbury		8.76m
6 Mazal, Zvia	ESMC-Sudbury		10.28m
7 Moroso, Toni	LCS-Sudbury		7.75m
8 Parnell, Gina	SJSH-North Bay		9.32m
9 Patterson, Allissa	SHCVS		9.27m
10 Ransom, Amy	SJSH-North Bay		8.62m
11 rydall, jerrika	EHS-Espanola		9.25m
12 Smith, Patricia	WSS-North Bay		8.66m
13 st. michel, carolyn	EHS-Espanola		9.42m
14 Thomas, Shae	SJSH-North Bay		8.57m
15 Wise, Sarah	LDSS-Lively		9.74m

Event 56 Men Triple Jump Junior**Wednesday 5/25/2011 - 5:00 PM**

NOSSA: 12.75m 2004 Dan Gardiner-Chelmsford
OFSAA: 14.34m 6/4/2010 Mitch O'Donnell
OFSAA_2: 14.17m 1994 Kris Peterson - Sandwich SS

Name	School	Seed	Mark
1 Alexander, Paul	SHCVS		11.28m

**Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List**

Event 56 ... (Men Triple Jump Junior)

Name	School	Seed	Mark
2 Bond, Jake	MSS-M'Chigeen	10.70m	
3 Boutin, Mitchell	ESA - North Bay	10.13m	
4 Deault, Sebastien	BACCSS-Hanm	9.77m	
5 Fisher, Josh	SBSS-SS Marie	10.02m	
6 Iacoe, Anthony	KCVS-SS Marie	11.53m	
7 Jeanneault, Adam	SJSH-North Bay	11.43m	
8 Junor, Zack	CASS-Desbarats	11.33m	
9 Lanois, Eric	CSS - Val Caron	10.46m	
10 Montpellier, Wade	LEPSS-Sudbury	10.60m	
11 Moore, Sean	LEPSS-Sudbury	12.24m	
12 Moroz, Carter	LSS-Sudbury	10.83m	
13 Running, Bailey	SHCVS	11.48m	
14 Simard, Mathyeu	ESA - North Bay	12.71m	
15 tessier, jay	EHS-Espanola	11.90m	

Event 57 Women Shot Put Junior

Thursday 5/26/2011 - 10:30 AM

NOSSA: 10.59m 5/28/2010 Rachel Ivey
OFSAA: 13.61m 2000 Sultana Frizell - Perth and Distri
OFSAA_2: 13.93m

Name	School	Seed	Mark
1 Alloway, Makaila	WCESS-Blind R	8.06m	
2 Baril, Paige	MA-Sudbury	7.54m	
3 Cleminson, Taylor	SBSS-SS Marie	6.79m	
4 Cond, Taylor	SHCVS	6.94m	
5 Cooke, Bailey	LEPSS-Sudbury	7.18m	
6 Fabbro, Jessica	SBSS-SS Marie	6.79m	
7 Lessard, Josee	ESCC-Chelmsfo	8.63m	
8 Loiselle, Emilie	ESCC-Chelmsfo	8.66m	
9 McBride, Kirstin	SBSS-SS Marie	6.48m	
10 McDonald, Kaitlin	CSS- North Bay	6.59m	
11 Menard, Josee	CND - Sudbury	7.35m	
12 Nahwegahbow, Dana	MSS-M'Chigeen	7.81m	
13 presseau, ann	ESCFO-Espanol	8.17m	
14 Romain, Cassandra	FJME-Mattawa	8.58m	

Event 58 Men Shot Put Junior

Thursday 5/26/2011 - 9:00 AM

NOSSA: 14.68m 6/1/2007 James Robertson
OFSAA: 19.72m 2006 Tim Nedow - Thousand Islands
OFSAA_2: 18.20m

Name	School	Seed	Mark
1 Bourdages, Aaron	SBSS-SS Marie	10.62m	
2 Caicco, Andrew	SBSS-SS Marie	12.82m	
3 Campbell, Liam	MSS-M'Chigeen	12.75m	
4 Creedon, Jacob	SBSS-SS Marie	12.19m	
5 Desormeaux, Jean-Marc	LSS-Sudbury	11.86m	
6 Giroux, J.C.	ESJN-Blind Riv	11.89m	
7 Gormond, Richard	LEPSS-Sudbury	11.22m	
8 Graham, Skyler	SJSH-North Bay	12.02m	
9 Hunter, Ryan	ESA - North Bay	16.76m	
10 Leger, Kristian	LCS-Sudbury	12.03m	
11 Lemieux, Denis	ESH - Hanmer	12.31m	

12 Moutsatsos, Peter	LEPSS-Sudbury	12.33m
13 Pristol, Shawn	SHCVS	11.20m
14 Remillard, Ian	NSS - Sturgeon l	10.93m
15 Simon, Trevor	CASS-Desbarats	11.64m
16 Walls, Brayden	FJME-Mattawa	10.65m

Event 59 Women Discus Throw Junior

Wednesday 5/25/2011 - 5:00 PM

NOSSA: 27.54m 5/27/2010 Marie-Helene Paquette
OFSAA: 41.42m 6/4/2010 Sarah Moss

Name	School	Seed	Mark
1 Clement, Indigo	LCS-Sudbury	21.82m	
2 Cleminson, Taylor	SBSS-SS Marie	18.41m	
3 Cond, Taylor	SHCVS	18.86m	
4 Cooke, Bailey	LEPSS-Sudbury	18.91m	
5 Desrocher, Jessica	FJME-Mattawa	15.48m	
6 godin, ashley	EHS-Espanola	21.73m	
7 Langlois, Julie	CND - Sudbury	22.51m	
8 larson, corinna	EHS-Espanola	21.38m	
9 Marshall, Danielle	LEPSS-Sudbury	19.96m	
10 Matthews, Sara	NDGLSS-SS Ma	20.94m	
11 Mayfield, Jordan	FJME-Mattawa	20.90m	
12 McDonald, Kaitlin	CSS- North Bay	14.41m	
13 presseau, ann	ESCFO-Espanol	22.17m	
14 Samarian, Chelsea	MA-Sudbury	19.48m	
15 Voigt, Rachel	SHCVS	20.33m	
16 Voyer, Renee	ESA - North Bay	15.50m	

Event 60 Men Discus Throw Junior

Wednesday 5/25/2011 - 3:30 PM

NOSSA: 47.13m 5/29/2008 Dale Valade
OFSAA: 70.79m 2009 Jordan Young - St. Joseph's HS

Name	School	Seed	Mark
1 Bourdages, Aaron	SBSS-SS Marie	31.83m	
2 Burnie, Scott	WFSS-North Ba	28.99m	
3 Caicco, Andrew	SBSS-SS Marie	43.15m	
4 Campbell, Liam	MSS-M'Chigeen	32.59m	
5 Dupuis, Kyle	FJME-Mattawa	29.75m	
6 Ellsworth, Brady	LEPSS-Sudbury	33.18m	
7 Gormond, Richard	LEPSS-Sudbury	25.56m	
8 Graham, Skyler	SJSH-North Bay	39.52m	
9 Halladay, Curtis	CND - Sudbury	33.78m	
10 Hunter, Ryan	ESA - North Bay	61.26m	
11 Junor, Zack	CASS-Desbarats	34.67m	
12 mcdonald, michael	EHS-Espanola	34.07m	
13 McQuarrie, Michael	LCS-Sudbury	23.75m	
14 Moutsatsos, Peter	LEPSS-Sudbury	30.14m	
15 Pristol, Shawn	SHCVS	32.69m	
16 Senecal, Brad	WPCVS-SS Mar	29.52m	

**Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List**

Event 61 Women Javelin Throw Junior

Thursday 5/26/2011 - 2:30 PM

NOSSA: 34.30m 2005 Aly McDougall-WC Eaket

OFSAA: 43.95m 6/4/2010 Brooke Rowland

Name	School	Seed	Mark
1 Aleksa, Emily	WPCVS-SS Mar	19.52m	
2 Clement, Indigo	LCS-Sudbury	28.54m	
3 Crown, Abby	SJSH-North Bay	25.25m	
4 Fabbro, Jessica	SBSS-SS Marie	23.93m	
5 fraser, shannon	EHS-Espanola	24.55m	
6 Gravelle, Jeanie	ESA - North Bay	19.85m	
7 Humalamaki, Teija	KCVS-SS Marie	26.14m	
8 Laaper, Rachel	FJME-Mattawa	18.47m	
9 Langlois, Julie	CND - Sudbury	22.03m	
10 Lavergne-Giroux, Pascale	CND - Sudbury	26.78m	
11 Marshall, Danielle	LEPSS-Sudbury	27.34m	
12 Matthews, Sara	NDGLSS-SS Ma	33.41m	
13 mcnelly, kenzi	EHS-Espanola	22.89m	
14 Ross, Alexandra	SCC-Sudbury	29.98m	
15 Van Horn, Jamie	MSS-M'Chigeen	24.67m	
16 Voyer, Renee	ESA - North Bay	17.65m	

Event 62 Men Javelin Throw Junior

Thursday 5/26/2011 - 1:00 PM

NOSSA: 55.99m 2004 James Bergamin-Sir James Dunn

OFSAA: 69.28m 2009 Trent Corney - Thousand Island

Name	School	Seed	Mark
1 Arbour, Dorian	ESH - Hanmer	36.29m	
2 Beauchamp, Justin	NSS - Sturgeon l	39.46m	
3 Campbell, Liam	MSS-M'Chigeen	39.86m	
4 Davey, Jake	SHCVS	39.14m	
5 Dominico, Mason	SJSH-North Bay	33.03m	
6 Ellsworth, Brady	LEPSS-Sudbury	44.15m	
7 Good, Sam	CASS-Desbarats	39.91m	
8 Graham, Skyler	SJSH-North Bay	35.22m	
9 Laurin, Dustin	LSS-Sudbury	38.51m	
10 mclean, challen	EHS-Espanola	47.54m	
11 Montpellier, Wade	LEPSS-Sudbury	33.81m	
12 Mrochek, Mathieu	ESLH-Val Carol	30.69m	
13 Pristol, Shawn	SHCVS	36.34m	
14 Puddister, Sam	WPCVS-SS Mar	39.24m	
15 Running, Bailey	SHCVS	38.07m	
16 Trach, Colin	WFSS-North Ba	34.21m	

Event 63 Women 4x100 Meter Relay Junior

Thursday 5/26/2011 - 4:55 PM

NOSSA: 51.95 2005 Lo-Ellen Park SS

B. Leclair, N. Pyzik, R. Johnston, N. San Cartier

OFSAA: 48.49 6/4/2010 St. Edmund Campion-Brampton

Team	Relay	Seed	Time
1 ELSS-Elliot Lake	A		56.65
1) Desbiens, Tiffany	2) Farquhar, Teal		
3) Delorme, Lexus	4) Loder, Kristen		

2 EHS-Espanola	A	55.00	
1) rydall, jerrika	2) germain, carly		
3) st. michel, carolyn	4) bender, lindsay		
3 LEPSS-Sudbury	A	55.55	
1) Conlin, Erica	2) Shaw, Kelsey		
3) Sheppard, Ellen	4) Wiwchar, Katie		
5) MacLean, Isabelle	6) Hache, Tiffany		
4 LCS-Sudbury	A	54.29	
1) Guy, Kory	2) Sloan, Kathleen		
3) Ozoria, Laura	4) Parisotto, Carlee		
5) Tremblay, Monica	6) Zandarin, Alysha		
5 MSS-M'Chigeeng	A	55.65	
1) Millsap, Bryn	2) Oswald, Liz		
3) Tipper, Alexa	4) Wilson, Cassandra		
6 MA-Sudbury	A	55.69	
1) Roy, Carissa	2) Predon, Alenna		
3) Baril, Paige	4) Thomas, Meagan		
7 CND - Sudbury	A	59.91	
1) Carriere, Renelle	2) Gallo, Megan		
3) Lavergne-Giroux, Pascale	4) Bouzane, Veronique		
5) Gauthier, Mikella	6) Rossini, Stephanie		
8 SBSS-SS Marie	A	55.59	
1) Fabbro, Jessica	2) McBride, Kirstin		
3) James, Jassell	4) Bordin, Carley		
9 SCC-Sudbury	A	1:00.71	
1) Pastre, Allesia	2) Rabski, Emily		
3) Hreljac, Carolyn	4) Ross, Alexandra		
5) Provencher, Danielle			
10 SMC-SS Marie	A	56.69	
1) Bellerive, Nicole	2) Harrison, Ashleigh		
3) Longo, Jana	4) Richer, Kristina		
5) Franchuk, Sara			
11 SJSH-North Bay	A	54.13	
1) Clarke, Teri	2) Field, Haley		
3) Ransom, Amy	4) White, Amanda		
12 SHCVS	A	52.97	
1) Patterson, Allissa	2) Yandean, Bronte		
3) King, Jessica	4) Schell, Jordyn		
5) Marrato, Amelia			
13 WPCVS-SS Marie	A	56.03	
1) Frayn, Ally	2) Holley, Allie		
3) Trotter, Kate	4) Elliott, Katie		
14 WSS-North Bay	A	58.63	
1) Byers, Jessica	2) Godbout, Jenna		
3) Parfitt, Kiri	4) Smith, Patricia		

Event 64 Men 4x100 Meter Relay Junior

Thursday 5/26/2011 - 5:05 PM

**NOSSA: 45.80 5/30/2008 Sir James Dunn - SS Marie
E Bogensberger, M Auger, G Hunt, J Vernelli**

OFSAA: 43.50 6/4/2010 W. F. Herman - Windsor

Team	Relay	Seed	Time
1 ESA - North Bay	A		51.53
1) Simard, Mathyeu	2) Laperriere, Pascal		
3) Boutin, Mitchell	4) Hunter, Ryan		

**Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List**

Event 64 ... (Men 4x100 Meter Relay Junior)

Team	Relay	Seed Time
2 CASS-Desbarats	A	48.72
1) Sinclair, Serge	2) Good, Sam	
3) Junor, Zack	4) Stinson, Caleb	
5) Vanoyen, George		
3 ESSC-Chelmsford	A	52.60
1) Blais, Zachary	2) Deschamps, Joshua	
3) Fortin, Joel	4) Lamontagne, Joel	
5) Belanger, Jesse		
4 EHS-Espanola	A	46.41
1) mcdonald, michael	2) mclean, challen	
3) deschamps, devan	4) tessier, jay	
5 LSS-Sudbury	A	49.72
1) Desormeaux, Jean-Marc	2) Cashmore, Matt	
3) Moroz, Carter	4) Fletcher, Kyle	
5) Mask, Brandon		
6 LEPSS-Sudbury	A	48.75
1) Belzile, Han-Sen	2) Hick, John	
3) Han, Xuan	4) Lavigne, Brady	
5) Jokinen, James	6) Henschel, Grayden	
7 LCS-Sudbury	A	54.06
1) Bilton, Malcolm	2) Venedam, Charlie	
3) Watson-Keau, Iokepa	4) Bates, Jacob	
8 MSS-M'Chigeeng	A	47.03
1) Becks, Evan	2) Green, Steven	
3) Laidley, Michael	4) Graham, Mason	
5) Bond, Jake		
9 SBSS-SS Marie	A	51.11
1) Fisher, Josh	2) Bruni, Joey	
3) Creedon, Jacob	4) Mazzuca, Mitchell	
5) Bartlett, Ryan		
10 SJSH-North Bay	A	47.76
1) Dominico, Mason	2) Graham, Skyler	
3) Ibbitson, Jake	4) Kennedy, Tyler	
11 SHCVS	A	47.93
1) Alexander, Paul	2) Bogensberger, Michael	
3) Mackan, Lenny	4) Hiemaa, Steve	
5) Vandenburg, Andrew		
12 WFSS-North Bay	A	53.91
1) Trach, Colin	2) Bodroghy, Justin	
3) Shannon, Chad	4) Burnie, Scott	
13 WPCVS-SS Marie	A	52.22
1) Senecal, Brad	2) Bresnahan, Tyler	
3) Dubreuil, Justin	4) Nickle, Bradley	

Event 65 Women 100 Meter Dash Senior Prelims

Thursday 5/26/2011 - 9:20 AM

NOSSA: 12.36 6/1/2007 Rebecca Johnston
OFSAA: 11.54 2002 Ashley Purnell - St. Mark HS

Name	School	Seed Time
1 Bechard, Samantha	ESSC-Sudbury	13.99
2 Britton-Foster, Hannah	ELSS-Elliot Lak	13.41
3 Cerenzia, Megan	SBSS-SS Marie	13.62
4 Ealdama, Jordan	MA-Sudbury	14.19

5 Elliot, Clarissa	LEPSS-Sudbury	13.43
6 Ford, Caray	CASS-Desbarats	13.81
7 Goodridge, Lindsay	CSS- North Bay	13.48
8 Huard, Ashley	ESH - Hanmer	12.50
9 Krancevich, Mariah	KCVS-SS Marie	14.37
10 McCann, Molly	ESA - North Bay	13.83
11 Roberts-Jamieson, Koren	SHCVS	14.44
12 Schwabe, Katarina	LEPSS-Sudbury	14.26
13 Storozak, Amy	KCVS-SS Marie	14.24
14 Swain, Sarah	CSS- North Bay	12.94
15 Trowbridge, Kelsie	WCESS-Blind R	14.03

Event 66 Men 100 Meter Dash Senior Prelims

Thursday 5/26/2011 - 9:50 AM

NOSSA: 10.89 2005 Adam Newton-West Ferris
OFSAA: 10.41 1994 Carlton Chambers -Ascension of

Name	School	Seed Time
1 Auger, Matt	SHCVS	11.56
2 Barbarie, Kurt	CASS-Desbarats	11.93
3 Beamish, Josh	WSS-North Bay	12.31
4 Brooks, Spencer	SJSH-North Bay	11.87
5 Burtney, Josh	LEPSS-Sudbury	12.16
6 Cargill, Catlin	SBCSS-Sudbury	11.73
7 Conforzi, Corey	KCVS-SS Marie	11.21
8 Hamilton, Gabe	SJSH-North Bay	11.80
9 Katajamaki, Ben	WPCVS-SS Mar	11.55
10 King, Chris	MSS-M'Chigeen	12.00
11 Mazal, Abram	ESMC-Sudbury	12.20
12 Morrison, Alex	SMC-SS Marie	11.51
13 Plante, Jason	ELSS-Elliot Lak	11.95
14 Poeta, Jeremy	SJSH-North Bay	11.60
15 Roque, Zacharie	CND - Sudbury	12.34
16 Zakarie, Glaude	ESMC-Sudbury	12.17

Event 67 Women 200 Meter Dash Senior Prelims

Thursday 5/26/2011 - 10:50 AM

NOSSA: 24.81 2006 Rebecca Johnston-Lo-Ellen
OFSAA: 23.78 2007 Sherine Wells

Name	School	Seed Time
1 Blondin, Chelsey	WCESS-Blind R	31.18
2 Britton-Foster, Hannah	ELSS-Elliot Lak	29.10
3 Cerenzia, Megan	SBSS-SS Marie	29.19
4 Collard, Nicole	LSS-Sudbury	28.77
5 Conway, Sarah	ESA - North Bay	32.52
6 Daley, Carley	LEPSS-Sudbury	28.00
7 Eddy, Rachel	SHCVS	28.22
8 Goodridge, Lindsay	CSS- North Bay	29.00
9 Huard, Ashley	ESH - Hanmer	26.64
10 Malette, Tory	ESSC-Chelmsfo	30.05
11 McCann, Molly	ESA - North Bay	28.77
12 Paige, Laura	SJSH-North Bay	31.57
13 Palkovits, Kate	MA-Sudbury	29.03
14 schmitz, stephanie	EHS-Espanola	31.87
15 Simon, Amanda	KCVS-SS Marie	29.49
16 Storozak, Amy	KCVS-SS Marie	29.59

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 68 Men 200 Meter Dash Senior Prelims**Thursday 5/26/2011 - 11:20 AM**

NOSSA: 22.00 2004 Adam Newton-West Ferris
OFSAA: 20.99 2009 Oluwasegun Makinde - Colonel I
OFSAA_2: 21.33 1984 Atlee Mahorn - Central Technic

Name	School	Seed Time
1 Auger, Matt	SHCVS	23.50
2 Burtney, Josh	LEPSS-Sudbury	24.18
3 Cargill, Catlin	SBCSS-Sudbury	23.55
4 Conforzi, Corey	KCVS-SS Marie	22.92
5 Fitton, Matt	SHCVS	23.60
6 Hamilton, Gabe	SJSH-North Bay	24.55
7 King, Chris	MSS-M'Chigeeen	24.59
8 Mazal, Abram	ESMC-Sudbury	24.46
9 McCoy, Phoenix	WCESS-Blind R	24.72
10 Morrison, Alex	SMC-SS Marie	23.11
11 Plante, Jason	ELSS-Elliot Lak	25.16
12 Poeta, Jeremy	SJSH-North Bay	23.57
13 Roque, Zacharie	CND - Sudbury	24.80
14 Sacher, Patrick	CSS- North Bay	26.22
15 Shirk, Brandon	LSS-Sudbury	22.75
16 Sullivan, Isaac	SJSH-North Bay	24.89

Event 69 Women 400 Meter Dash Senior Prelims**Wednesday 5/25/2011 - 5:10 PM**

NOSSA: 57.85 2006 Rebecca Johnston-Lo-Ellen
OFSAA: 53.32 1980 Charmaine Crooks - West Toron

Name	School	Seed Time
1 Bechard, Samantha	ESSC-Sudbury	1:06.53
2 Brain, Rachel	WPCVS-SS Mar	1:03.14
3 Britton-Foster, Hannah	ELSS-Elliot Lak	1:07.97
4 Dewling, Taylor	SBSS-SS Marie	1:06.11
5 Eddy, Rachel	SHCVS	1:01.44
6 Horner, Emma	CASS-Desbarats	1:10.03
7 Jerome, Shannon	ESA - North Bay	1:04.79
8 Kinzel, Nichole	CASS-Desbarats	1:12.03
9 MacLean, Alannah	LEPSS-Sudbury	1:03.62
10 MacLennan, Rachel	SMC-SS Marie	1:01.87
11 Murton-Shorey, Alora	WFSS-North Ba	1:12.77
12 Paige, Laura	SJSH-North Bay	1:11.16
13 Palkovits, Kate	MA-Sudbury	1:08.32
14 Pettigrew, Kyla	LEPSS-Sudbury	1:05.36
15 Violin, Alicia	CSS - Val Caron	1:05.93

Event 70 Men 400 Meter Dash Senior Prelims**Wednesday 5/25/2011 - 5:45 PM**

NOSSA: 49.92 5/29/2008 Richard MacLennan
OFSAA: 46.94 6/4/2010 Alistair Moona
OFSAA_2: 46.89

Name	School	Seed Time
1 Ayotte, Cameron	LEPSS-Sudbury	54.96
2 corbin, justin	EHS-Espanola	55.83
3 Fagan, Matt	WPCVS-SS Mar	54.66
4 Fitton, Matt	SHCVS	51.29

5 Grigsby, Cody	SCC-Sudbury	55.72
6 Laaper, Caleb	FJME-Mattawa	1:03.67
7 Lavergne-Giroux, Eric	CND - Sudbury	56.08
8 Morrison, Alex	SMC-SS Marie	52.43
9 nicholson, darren	EHS-Espanola	56.63
10 Plante, Jason	ELSS-Elliot Lak	56.25
11 Plumley, Trevor	WPCVS-SS Mar	54.10
12 Poeta, Jeremy	SJSH-North Bay	54.59
13 Shirk, Brandon	LSS-Sudbury	52.02
14 Trodel, Sven-Erik	LCS-Sudbury	54.15

Event 71 Women 800 Meter Run Senior**Thursday 5/26/2011 - 12:20 PM**

NOSSA: 2:21.91 2006 Kaitlyn Tallman-Manitoulin
OFSAA: 2:05.94 1984 Elise Braithwaite-Elmwood Sch

Name	School	Seed Time
1 Brain, Rachel	WPCVS-SS Mar	2:28.80
2 Cushnie, Emma	SSS-Sudbury	3:15.67
3 Czerkas, Alandria	LCS-Sudbury	3:01.84
4 Dick, Rachel	SHCVS	2:36.90
5 Greasley, Lyndsay	MA-Sudbury	2:56.25
6 Horner, Emma	CASS-Desbarats	2:29.06
7 Kinach, Lesia	KCVS-SS Marie	2:37.80
8 Lajambe, Lexie	CASS-Desbarats	2:51.94
9 Lobert, Lynnea	SHCVS	2:32.80
10 Maracle, Rachel	MSS-M'Chigeeen	3:09.60
11 Murton-Shorey, Alora	WFSS-North Ba	2:44.68
12 Penwarden-Watson, Mich	LEPSS-Sudbury	2:45.20
13 Vandermeer, Molly	CSS- North Bay	2:57.47

Event 72 Men 800 Meter Run Senior**Thursday 5/26/2011 - 12:50 PM**

NOSSA: 1:59.59 2006 Eric Ouellette-Notre- Dame
OFSAA: 1:48.64 1992 Kevin Sullivan - North Park C&

Name	School	Seed Time
1 Bailey, Ian	LSS-Sudbury	2:18.36
2 Berkenbosch, Tim	SMC-SS Marie	2:12.40
3 Bruni, Mario	SBSS-SS Marie	2:13.90
4 Caverson, Zachary	LCS-Sudbury	2:13.01
5 Diebel, Sebastien	SBCSS-Sudbury	1:59.36
6 Duchesne, Joshua	SJSH-North Bay	2:42.08
7 emiry, tristan	EHS-Espanola	2:19.15
8 gallinger, curtis	EHS-Espanola	2:23.54
9 Kosmerly, Hayden	LCS-Sudbury	2:10.55
10 Labreche, Cody	ESA - North Bay	2:38.57
11 Penno, Kyle	KCVS-SS Marie	2:11.40
12 Phillion, Andrew	SCC-Sudbury	2:20.00
13 Taylor, Sam	WPCVS-SS Mar	2:08.00
14 Trimmer, Wesley	MSS-M'Chigeeen	2:25.28
15 Uuksulainen, Kiefer	WFSS-North Ba	2:13.55

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 73 Women 1500 Meter Run Senior**Wednesday 5/25/2011 - 6:10 PM**

NOSSA: 4:52.07 5/29/2008 Emma Tallman
OFSAA: 4:23.52 1982 Alison Wiley - Branksome Hall

Name	School	Seed Time
1 Arteca, Ellen	LEPSS-Sudbury	6:18.41
2 Blondin, Chelsey	WCESS-Blind R	6:38.70
3 Boulay, Camille	ESA - North Bay	5:57.01
4 Busch, Sieglinde	SJSH-North Bay	6:14.05
5 Czerkas, Alandria	LCS-Sudbury	6:11.96
6 Dick, Rachel	SHCVS	5:42.70
7 Flynn, Jullien	SBSS-SS Marie	5:06.40
8 Joannis, Ashley	FJME-Mattawa	NT
9 Lobert, Lynnea	SHCVS	5:23.70
10 Mihell, Wendy	SHCVS	5:48.80
11 Ogbamichael, Rebecca	MSS-M'Chigeen	6:50.41
12 Penwarden-Watson, Mich	LEPSS-Sudbury	5:57.65
13 Tsimiklis, Francesca	MA-Sudbury	7:21.94
14 Vandermeer, Molly	CSS- North Bay	6:02.11
15 Wright, Mari-Lee	MSS-M'Chigeen	6:26.22

Event 74 Men 1500 Meter Run Senior**Wednesday 5/25/2011 - 6:50 PM**

NOSSA: 3:57.05 5/27/2010 Ross Proudfoot
OFSAA: 3:42.33 1993 Kevin Sullivan - North Park C&

Name	School	Seed Time
1 Bailey, Ian	LSS-Sudbury	4:48.40
2 Caverson, Zachary	LCS-Sudbury	4:40.64
3 Cooke, Justin	SHCVS	4:45.10
4 Cooper, Jeremy	MSS-M'Chigeen	3:59.02
5 Diebel, Sebastien	SBCSS-Sudbury	4:23.72
6 Duchesne, Joshua	SJSH-North Bay	5:33.60
7 emiry, tristan	EHS-Espanola	4:49.12
8 Houle, Stephane	ESMC-Sudbury	4:48.17
9 Kosmerly, Hayden	LCS-Sudbury	4:38.56
10 Laaper, Caleb	FJME-Mattawa	5:25.32
11 Labreche, Cody	ESA - North Bay	5:41.67
12 Penno, Kyle	KCVS-SS Marie	4:23.20
13 Taylor, Sam	WPCVS-SS Mar	4:23.00
14 Trimmer, Wesley	MSS-M'Chigeen	4:55.44
15 Turco, Daniel	SMC-SS Marie	4:22.70
16 Uuksulainen, Kiefer	WFSS-North Ba	4:32.97

Event 75 Women 3000 Meter Run Senior**Thursday 5/26/2011 - 10:00 AM**

NOSSA: 10:44.23 5/30/2008 Rhiannon Johns
OFSAA: 9:30.64 1981 Kate Wiley - Branksome Hall

Name	School	Seed Time
1 Arteca, Ellen	LEPSS-Sudbury	13:27.90
2 Boulay, Camille	ESA - North Bay	13:36.69
3 Busch, Sieglinde	SJSH-North Bay	13:52.82
4 Denardo, Kylie	SHCVS	12:53.10
5 Flynn, Jullien	SBSS-SS Marie	10:41.80
6 Gauthier, Jasmine	CND - Sudbury	13:22.10

7 Greasley, Lyndsay	MA-Sudbury	12:35.70
8 Joannis, Ashley	FJME-Mattawa	14:33.51
9 Mallinger, Catherine	SHCVS	13:00.40
10 McCoy, Avalon	WCESS-Blind R	13:28.59
11 Mihell, Wendy	SHCVS	12:37.10
12 Penwarden-Watson, Mich	LEPSS-Sudbury	13:01.40
13 Wismer, Kathleen	LCS-Sudbury	11:01.20

Event 76 Men 3000 Meter Run Senior**Thursday 5/26/2011 - 10:15 AM**

NOSSA: 8:36.62 5/28/2010 Ross Proudfoot
OFSAA: 8:00.2h 1987 Greg Anderson - Parkside HS
OFSAA 2: 8:17.99

Name	School	Seed Time
1 Bailey, Ian	LSS-Sudbury	10:45.90
2 Blayney, Conor	LEPSS-Sudbury	10:35.45
3 Boyce, Connor	LCS-Sudbury	9:49.70
4 Bryant, Nathan	ELSS-Elliot Lak	11:38.42
5 Chirico, Charlie	SJSH-North Bay	10:18.14
6 Cooper, Jeremy	MSS-M'Chigeen	9:09.50
7 Daouine, Devin	WFSS-North Ba	10:53.21
8 Grigsby, Cody	SCC-Sudbury	10:25.85
9 Lachance, Erik	NSS - Sturgeon l	11:08.17
10 paibomsai, edward	EHS-Espanola	9:35.97
11 Penno, Kyle	KCVS-SS Marie	9:53.90
12 Scarpino, Daniel	SBSS-SS Marie	10:44.70
13 Taylor, Sam	WPCVS-SS Mar	9:37.30
14 Turco, Daniel	SMC-SS Marie	9:29.60
15 Vincent, Benjamin	ESCC-Chelmsfo	10:25.72

Event 77 Women 100 Meter Hurdles Senior Prelims**Wednesday 5/25/2011 - 4:10 PM**

NOSSA: 14.30 5/31/2007 Natasia SanCartier
OFSAA: 13.41 1998 Perdita Felicien - Pine Ridge

Name	School	Seed Time
1 Blacklock, Kerissa	LCS-Sudbury	17.66
2 Carter, Jaimee	KCVS-SS Marie	17.15
3 Daub, Jennifer	WCESS-Blind R	19.31
4 Elliot, Clarissa	LEPSS-Sudbury	17.32
5 Fung, Alison	CSS- North Bay	18.01
6 Goodridge, Lindsay	CSS- North Bay	15.91
7 Julien, Hayley	CASS-Desbarats	17.87
8 Lumley, Adria	LEPSS-Sudbury	17.84
9 Mascardelli, Madison	SHCVS	17.91
10 Mihell, Cydney	KCVS-SS Marie	16.32
11 Schwabe, Katarina	LEPSS-Sudbury	18.04
12 Swain, Sarah	CSS- North Bay	14.43
13 Thomson, Grace	LCS-Sudbury	15.52
14 Tulloch, Olivia	WCESS-Blind R	19.57
15 Valiquette, Celine	NDGLSS-SS M	17.60

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 78 Men 110 Meter Hurdles Senior Prelims**Wednesday 5/25/2011 - 4:40 PM**

NOSSA: 14.00 5/31/2007 Jamie Stamler

OFSAA: 13.33 6/4/2010 Greg MacNeill

Name	School	Seed	Time
1 Barfoot, Chris	SJSH-North Bay		20.80
2 Bartell, Nathan	LSS-Sudbury		18.00
3 Booth, Colin	SHCVS		17.59
4 Bordin, Barak	SHCVS		15.92
5 boumeester, cory	EHS-Espanola		17.50
6 Bradford, Riley	SBSS-SS Marie		16.63
7 Hoover, Jordan	SBSS-SS Marie		16.33
8 Kosar, John	LEPSS-Sudbury		16.00
9 Lefebvre, Eric	ESA - North Bay		21.68
10 lelievre, travis	EHS-Espanola		17.88
11 Lyons, Georges	ESMC-Sudbury		17.90
12 Marshall, Scott	WCESS-Blind R		18.72
13 McCulloch, Alexander	LCS-Sudbury		17.70
14 Smith, Timothy	LCS-Sudbury		17.60

Event 79 Women 400 Meter Hurdles Senior**Thursday 5/26/2011 - 1:50 PM**

NOSSA: 1:06.37 5/28/2010 Serena San Cartier

OFSAA: 58.65 1995 Nadia Schmiedt - John Paul II

Name	School	Seed	Time
1 Allen, Brittany	MSS-M'Chigeen		1:33.53
2 Bechard, Samantha	ESSC-Sudbury		1:10.69
3 Brain, Rachel	WPCVS-SS Mar		1:18.11
4 Dewling, Taylor	SBSS-SS Marie		1:16.24
5 Jerome, Shannon	ESA - North Bay		1:16.03
6 Kinzel, Nichole	CASS-Desbarats		1:14.81
7 MacLean, Alannah	LEPSS-Sudbury		1:06.47
8 Mihell, Cydney	KCVS-SS Marie		1:14.24
9 Palkovits, Kate	MA-Sudbury		1:12.62
10 San Cartier, Halley	LEPSS-Sudbury		1:15.08
11 Venugopal, Marla	LEPSS-Sudbury		1:20.12
12 Wilton, Brooklyn	KCVS-SS Marie		1:17.61

Event 80 Men 400 Meter Hurdles Senior**Thursday 5/26/2011 - 2:20 PM**

NOSSA: 58.33 5/29/2009 Patrick Laferrière

OFSAA: 51.68 1985 Phillip Hughes - Earl of March

Name	School	Seed	Time
1 Barfoot, Chris	SJSH-North Bay		1:12.42
2 Bartell, Nathan	LSS-Sudbury		1:10.07
3 bouwmeester, dustin	EHS-Espanola		1:10.09
4 Bradford, Riley	SBSS-SS Marie		1:03.92
5 Brebant, James	CVDCS-Chelms		1:02.93
6 Cooke, Justin	SHCVS		1:01.72
7 Holmes, Bill	MSS-M'Chigeen		1:12.44
8 Johnson, Drew	SHCVS		1:01.05
9 Kosar, John	LEPSS-Sudbury		1:00.18
10 Lyons, Georges	ESMC-Sudbury		1:09.65
11 Smith, Timothy	LCS-Sudbury		1:07.29

12 Tassone, Nick SBSS-SS Marie 1:02.88

Event 81 Women High Jump Senior**Wednesday 5/25/2011 - 3:30 PM**

NOSSA: 1.56m 2005 Jenn Galt-McElligott

OFSAA: 1.88m 1979 Julie White - Brampton Centenn

Name	School	Seed	Mark
1 Dawson, Amanda	SHCVS		1.46m
2 Fogg, Abigail	KCVS-SS Marie		1.52m
3 Ford, Caray	CASS-Desbarats		1.40m
4 Gallagher, Jenna	SMC-SS Marie		1.53m
5 Kern, Shaylene	CASS-Desbarats		1.35m
6 Malette, Tory	ESSC-Chelmsfo		1.38m
7 Mascardelli, Madison	SHCVS		1.49m
8 Rodger, Marissa	WSS-North Bay		1.40m
9 Rylski, Katie	SJSH-North Bay		1.25m
10 Tiplady, Kara	LCS-Sudbury		1.44m
11 Venugopal, Marla	LEPSS-Sudbury		1.30m

Event 82 Men High Jump Senior**Wednesday 5/25/2011 - 5:00 PM**

NOSSA: 1.96m 2004 Andrew Miron-Central Algoma

OFSAA: 2.24m 1998 Michael Ponikvar - Denis Morri

Name	School	Seed	Mark
1 Beckett-Brown, Christoph	LCS-Sudbury		1.94m
2 Bidal, Tyler	NSS - Sturgeon l		1.60m
3 bouwmeester, dustin	EHS-Espanola		1.67m
4 Charbonneau, Jean	NSS - Sturgeon l		1.71m
5 Devon, Adam	SMC-SS Marie		1.83m
6 Doucette, Cody	WSS-North Bay		1.50m
7 Gallinger, Rob	CASS-Desbarats		1.85m
8 Huffman, Shane	LEPSS-Sudbury		1.63m
9 Katajamaki, Ben	WPCVS-SS Mar		1.77m
10 Kilganon, Grant	ESSC-Sudbury		1.69m
11 Laaper, Caleb	FJME-Mattawa		1.74m
12 McCulloch, Alexander	LCS-Sudbury		1.63m
13 southwind, william	EHS-Espanola		1.70m
14 Summers, Matt	SHCVS		1.72m
15 Trodel, Sven-Erik	LCS-Sudbury		1.80m
16 Walsh, Brad	SHCVS		1.86m

Event 83 Women Pole Vault Senior**Wednesday 5/25/2011 - 6:00 PM**

NOSSA: 3.22m 5/28/2009 Sarah Swain

OFSAA: 3.75m 6/4/2010 Karleigh Parker

Name	School	Seed	Mark
1 Fung, Alison	CSS- North Bay		2.75m
2 Gauthier, Jasmine	CND - Sudbury		2.26m
3 Guy, Janik	CND - Sudbury		2.20m
4 Lumley, Adria	LEPSS-Sudbury		2.40m
5 Swain, Sarah	CSS- North Bay		3.33m

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 84 Men Pole Vault Senior**Thursday 5/26/2011 - 1:00 PM****NOSSA: 4.10m 5/28/2010 Erik Faucon****OFSAA: 4.87m 1984 Rob Lindsay - South Carleton H**

Name	School	Seed Mark
1 Birosch, Adam	CSS- North Bay	2.45m
2 Kosar, John	LEPSS-Sudbury	3.62m
3 Lavergne-Giroux, Eric	CND - Sudbury	3.44m

Event 85 Women Long Jump Senior**Thursday 5/26/2011 - 1:00 PM****NOSSA: 5.72m 5/28/2010 Caroline Ehrhardt****OFSAA: 6.16m 1986 Keron Hamilton - Burlington Ce**

Name	School	Seed Mark
1 Blacklock, Kerissa	LCS-Sudbury	4.27m
2 Cerenzia, Megan	SBSS-SS Marie	4.46m
3 Chiesa, Alicia	LEPSS-Sudbury	4.04m
4 Edmonds, Vendela	WSS-North Bay	4.46m
5 Gallagher, Jenna	SMC-SS Marie	4.63m
6 Henderson, Kristen	SBSS-SS Marie	4.42m
7 Hick, Michelle	LEPSS-Sudbury	4.08m
8 MacLennan, Rachel	SMC-SS Marie	5.09m
9 Mazzella, Veronica	LCS-Sudbury	4.41m
10 Meney, Desiree	WSS-North Bay	4.12m
11 Montpellier, Brittany	ESVFJ-Elliot La	4.18m
12 O'Grady, Molly	WFSS-North Ba	4.14m
13 Rodger, Marissa	WSS-North Bay	4.51m
14 Rogers, Jessica	ELSS-Elliot Lak	3.97m
15 Trowbridge, Kelsie	WCESS-Blind R	4.01m
16 Violin, Alicia	CSS - Val Caron	4.96m

Event 86 Men Long Jump Senior**Thursday 5/26/2011 - 2:30 PM****NOSSA: 6.65m 2006 Dan Gardiner-Chelmsford****OFSAA: 7.73m 6/5/2010 Taylor Stewart**

Name	School	Seed Mark
1 Argall, Andrew	MSS-M'Chigeeen	6.00m
2 Barbarie, Kurt	CASS-Desbarats	5.45m
3 Beamish, Josh	WSS-North Bay	5.58m
4 Brooks, Spencer	SJSH-North Bay	5.99m
5 Chard, Aidan	SMC-SS Marie	5.75m
6 Gallinger, Rob	CASS-Desbarats	6.12m
7 Gardiner, Mitchel	WSS-North Bay	5.15m
8 Hummel, Dustin	SJSH-North Bay	5.61m
9 Katajamaki, Ben	WPCVS-SS Mar	6.61m
10 Mazal, Abram	ESMC-Sudbury	5.50m
11 Mohammadi, Marc	NDGLSS-SS M	6.23m
12 Phillion, Andrew	SCC-Sudbury	5.15m
13 Predon, Alex	LSS-Sudbury	5.28m
14 Rivet, Luc	LSS-Sudbury	5.19m
15 Taylor, Matt	LSS-Sudbury	4.95m
16 Walsh, Brad	SHCVS	5.83m

Event 87 Women Triple Jump Senior**Thursday 5/26/2011 - 9:00 AM****NOSSA: 12.40m 5/29/2009 Caroline Ehrhardt****OFSAA: 12.76m 2009 Carolina Ehrhardt- Espanola HS**

Name	School	Seed Mark
1 Carter, Jaimee	KCVS-SS Marie	10.56m
2 Collard, Nicole	LSS-Sudbury	10.10m
3 Daub, Jennifer	WCESS-Blind R	8.88m
4 Ealdama, Jordan	MA-Sudbury	9.00m
5 Edmonds, Vendela	WSS-North Bay	9.16m
6 Ford, Caray	CASS-Desbarats	9.32m
7 Henderson, Kristen	SBSS-SS Marie	9.51m
8 Hick, Michelle	LEPSS-Sudbury	9.58m
9 MacLennan, Rachel	SMC-SS Marie	10.64m
10 McNamara, Cailin	SJSH-North Bay	8.36m
11 Meney, Desiree	WSS-North Bay	9.39m
12 Michel, Kyra	LEPSS-Sudbury	9.33m
13 Montpellier, Brittany	ESVFJ-Elliot La	8.81m
14 Valiquette, Celine	NDGLSS-SS M	9.62m
15 Violin, Alicia	CSS - Val Caron	10.66m

Event 88 Men Triple Jump Senior**Thursday 5/26/2011 - 10:30 AM****NOSSA: 13.85m 2006 Dan Gardiner-Chelmsford DCS****OFSAA: 15.76m 1982 George Wright - Vaughan Road**

Name	School	Seed Mark
1 Argall, Andrew	MSS-M'Chigeeen	11.60m
2 Brebant, James	CVDCS-Chelms	11.26m
3 Chard, Aidan	SMC-SS Marie	11.31m
4 Desilets, Sheldon	SJSH-North Bay	11.84m
5 Fay, Alex	ESA - North Bay	11.74m
6 Gallinger, Rob	CASS-Desbarats	12.43m
7 Hoover, Jordan	SBSS-SS Marie	10.82m
8 Huffman, Shane	LEPSS-Sudbury	9.76m
9 Hummel, Dustin	SJSH-North Bay	11.20m
10 Jaakkola, Phil	FJME-Mattawa	11.92m
11 Lyons, Georges	ESMC-Sudbury	11.04m
12 Marshall, Scott	WCESS-Blind R	11.69m
13 Mohammadi, Marc	NDGLSS-SS M	12.23m
14 Ransom, Dylan	SBCSS-Sudbury	10.17m
15 Taylor, Matt	LSS-Sudbury	12.35m
16 Walsh, Brad	SHCVS	12.07m

Event 89 Women Shot Put Senior**Thursday 5/26/2011 - 2:30 PM****NOSSA: 11.53m 5/28/2010 Allison Loyst****OFSAA: 14.35m 2002 Sultana Frizell - Perth and Distri**

Name	School	Seed Mark
1 Demeau, Annissa	WCESS-Blind R	8.69m
2 Elsner, Haley	LCS-Sudbury	7.93m
3 Frometa, Dominica	SBCSS-Sudbury	8.50m
4 Goulding, Taryn	CASS-Desbarats	9.46m
5 Gracon, Julie	SJSH-North Bay	7.44m
6 Hensen, Leah	MSS-M'Chigeeen	8.66m

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 89 ... (Women Shot Put Senior)

Name	School	Seed	Mark
7 Hogan, Riley	KCVS-SS Marie	7.82m	
8 Hughes, Shelby	SJSH-North Bay	7.68m	
9 Ivey, Rachel	KCVS-SS Marie	9.76m	
10 Lalonde, Sherry	LEPSS-Sudbury	8.50m	
11 Leblanc, Morgan	CSS- North Bay	8.54m	
12 Lento, Emily	SBSS-SS Marie	7.31m	
13 Maki, Rain	LCS-Sudbury	8.61m	
14 Ritchie, Liza	WPCVS-SS Mar	9.47m	
15 Scherback, Chantal	LEPSS-Sudbury	8.71m	
16 Scobie, Alexandra	ESA - North Bay	8.41m	

Event 90 Men Shot Put Senior

Thursday 5/26/2011 - 1:00 PM			
NOSSA: 14.93m 2004		Dan Kennedy-Sir James Dunn	
OFSAA: 20.09m 6/5/2005		Mike Barnes	
Name	School	Seed	Mark
1 Bainbridge, Matt	WSS-North Bay	10.16m	
2 Burrirt, Daniel	ESSC-Sudbury	12.04m	
3 Furchner, Charles	LSS-Sudbury	12.80m	
4 gation, patrique	ESCFO-Espanol	11.68m	
5 Gioventu, Rob	SHCVS	11.94m	
6 Grisdale, Devon	SHCVS	10.30m	
7 Gudrie, Trevor	CSS - Val Caron	12.94m	
8 Lanktree, Justin	MSS-M'Chigeeen	11.46m	
9 Lessard, Eric	SBCSS-Sudbury	12.79m	
10 MacMillan, John	SMC-SS Marie	10.60m	
11 Nadon, Tyler	CSS - Val Caron	11.26m	
12 Oukes, Corrie	ESA - North Bay	11.48m	
13 Sacher, Patrick	CSS- North Bay	10.85m	
14 Thompson, Donovan	ELSS-Elliot Lak	12.08m	
15 Turcotte, Patrick	SMC-SS Marie	12.72m	
16 Wang, Cong Hao (Mark)	CSS- North Bay	10.85m	

Event 91 Women Discus Throw Senior

Thursday 5/26/2011 - 10:30 AM			
NOSSA: 35.52m 6/1/2007		Katie Weston	
OFSAA: 47.62m 1986		Michelle Brotherton -Birchmoun	
Name	School	Seed	Mark
1 Collard, Nicole	LSS-Sudbury	24.44m	
2 Daub, Jennifer	WCESS-Blind R	23.49m	
3 Deluzio, Tianna	SBSS-SS Marie	26.07m	
4 Goulding, Taryn	CASS-Desbarats	22.44m	
5 Hanse, Jessica	CND - Sudbury	25.68m	
6 Hensen, Leah	MSS-M'Chigeeen	21.76m	
7 Ivey, Rachel	KCVS-SS Marie	29.23m	
8 Lalonde, Sherry	LEPSS-Sudbury	26.85m	
9 Leblanc, Morgan	CSS- North Bay	22.03m	
10 Mossington, Emma	CSS- North Bay	28.03m	
11 Paquette, Marie-Helene	CND - Sudbury	29.42m	
12 Ritchie, Liza	WPCVS-SS Mar	29.53m	
13 Running, Emma	SBSS-SS Marie	23.98m	
14 Scherback, Chantal	LEPSS-Sudbury	26.99m	
15 Scobie, Alexandra	ESA - North Bay	21.33m	

16 Stuart, Heather CSS- North Bay 27.30m

Event 92 Men Discus Throw Senior

Thursday 5/26/2011 - 9:00 AM			
NOSSA: 42.52m 5/30/2008		Josh Haslam	
OFSAA: 62.58m 1995		Jason Tunks - Sir Frederick Ba	
Name	School	Seed	Mark
1 Brooks, Spencer	SJSH-North Bay	40.04m	
2 Dailey, Spencer	SBCSS-Sudbury	34.90m	
3 Dias, Marcus	SBSS-SS Marie	30.30m	
4 Donaldson, Eric	LEPSS-Sudbury	32.48m	
5 Flanagan, Dan	MSS-M'Chigeeen	30.46m	
6 Furchner, Charles	LSS-Sudbury	36.39m	
7 Grasser, Cody	NSS - Sturgeon l	29.15m	
8 Gudrie, Trevor	CSS - Val Caron	34.60m	
9 morin, sean	EHS-Espanola	31.00m	
10 Oukes, Corrie	ESA - North Bay	37.51m	
11 Paci, Adam	SBSS-SS Marie	26.32m	
12 Punch, Cam	SHCVS	33.13m	
13 Sutherland, Chris	CND - Sudbury	34.53m	
14 Thompson, Donovan	ELSS-Elliot Lak	34.33m	
15 Turcotte, Patrick	SMC-SS Marie	36.55m	
16 Wang, Cong Hao (Mark)	CSS- North Bay	35.22m	

Event 93 Women Javelin Throw Senior

Wednesday 5/25/2011 - 5:00 PM			
NOSSA: 40.23m 5/31/2007		Katie Weston	
OFSAA: 49.48m 1986		Louise Perrault - Arnprior DHS	
Name	School	Seed	Mark
1 Castonguay, Katelyn	LEPSS-Sudbury	18.52m	
2 Davison, Jalyssa	NSS - Sturgeon l	27.17m	
3 Deluzio, Tianna	SBSS-SS Marie	31.59m	
4 Fogg, Abigail	KCVS-SS Marie	30.59m	
5 Goulding, Taryn	CASS-Desbarats	31.85m	
6 Hamilton, Jordyn	WPCVS-SS Mar	28.87m	
7 Hanse, Jessica	CND - Sudbury	24.68m	
8 Ivey, Rachel	KCVS-SS Marie	29.11m	
9 Mossington, Emma	CSS- North Bay	22.03m	
10 Paquette, Marie-Helene	CND - Sudbury	25.90m	
11 Pilon, Christel	MA-Sudbury	19.97m	
12 Rumford, Alyssa	MA-Sudbury	19.46m	
13 Scobie, Alexandra	ESA - North Bay	30.28m	
14 Stuart, Heather	CSS- North Bay	28.04m	
15 Trowbridge, Kelsie	WCESS-Blind R	29.82m	

Event 94 Men Javelin Throw Senior

Wednesday 5/25/2011 - 3:30 PM			
NOSSA: 55.05m 5/28/2009		Bradley Piper	
OFSAA: 71.22m 2000		Trevor Snyder - St. Joseph	
Name	School	Seed	Mark
1 Bordin, Barak	SHCVS	45.63m	
2 Bruni, Mario	SBSS-SS Marie	42.63m	
3 Burrirt, Daniel	ESSC-Sudbury	38.24m	
4 Cada, Bruce	WCESS-Blind R	43.41m	
5 Carlson-Strain, Malcolm	SMC-SS Marie	43.88m	

**Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List**

Event 94 ... (Men Javelin Throw Senior)

Name	School	Seed Mark
6 Drolet, Jordan	SJSH-North Bay	46.05m
7 Glibota, David	SMC-SS Marie	43.32m
8 golden, nickolas	EHS-Espanola	40.92m
9 Grasser, Cody	NSS - Sturgeon l	41.61m
10 Kilganon, Grant	ESSC-Sudbury	36.42m
11 Leclair, Marc	ESSC-Sudbury	39.84m
12 Niesing, Alex	CND - Sudbury	36.48m
13 Oukes, Corrie	ESA - North Bay	46.28m
14 Perry, Jazz	LCS-Sudbury	41.15m
15 Piper, Brad	WFSS-North Ba	51.07m
16 Thompson, Donovan	ELSS-Elliot Lak	41.30m

Event 95 Women 4x100 Meter Relay Senior

Thursday 5/26/2011 - 5:10 PM
NOSSA: 51.18 6/1/2007 Lo-Ellen Park S S
R Johnston, B Leclair, E Dube, N SanCartier
OFSAA: 47.60 2003 Mary Ward CSS - Scarborough
O.Ugiagbe,Z.Gill,L.Gonsalves,L.Wilson

Team	Relay	Seed Time
1 CASS-Desbarats	A	54.66
1) Barbarie, Karissa	2) Ford, Caray	
3) Kinzel, Nichole	4) Celetti, Holly	
5) Orlando, Jamie		
2 CSS- North Bay	A	53.17
1) Fung, Alison	2) Goodridge, Lindsay	
3) Swain, Sarah	4) Deubelbeiss-Mathieu, Gabrie	
3 ESCC-Chelmsford	A	59.13
1) Plante, Brianne	2) Laplante, Christine	
3) Lauzon, Janelle	4) Malette, Tory	
5) Sicard, Stephanie	6) Daoust, Roxanne	
4 KCVS-SS Marie	A	53.66
1) Iacoe, Samantha	2) Krancevich, Mariah	
3) Carter, Jaimee	4) Mihell, Cydney	
5) Storozak, Amy	6) Simon, Amanda	
5 LSS-Sudbury	A	55.40
1) Cashmore, Sarah	2) Tremblay, Bianca	
3) Chisholm, Hayley	4) Collard, Nicole	
5) Smith, Breanna	6) Bonas, Lindsay	
6 LEPSS-Sudbury	A	52.58
1) Daley, Carley	2) Elliot, Clarissa	
3) MacLean, Alannah	4) Pettigrew, Kyla	
5) Schwabe, Katarina	6) San Cartier, Halley	
7 LCS-Sudbury	A	54.64
1) Blacklock, Kerissa	2) Thomson, Grace	
3) Ralph, Melina	4) Traore, Tiye	
5) Mazzella, Veronica	6) Conrad, Gabrielle	
8 MA-Sudbury	A	58.07
1) Rumford, Alyssa	2) Palkovits, Kate	
3) Webber, Mackenzie	4) Ealdama, Jordan	
5) Greasley, Lyndsay	6) Tsimiklis, Francesca	
9 SJSH-North Bay	A	59.76
1) Busch, Sieglinde	2) Carriere, Autumn	
3) Paige, Laura	4) Rylski, Katie	

10 SHCVS	A	55.30
1) Gignac, Rachele	2) Eddy, Rachel	
3) Mascardelli, Madison	4) Roberts-Jamieson, Koren	
5) Dawson, Amanda		
11 WCESS-Blind Rive	A	55.72
1) Trowbridge, Kelsie	2) Trottier, Maddie	
3) Blondin, Chelsey	4) Daub, Jennifer	

Event 96 Men 4x100 Meter Relay Senior

Thursday 5/26/2011 - 5:15 PM
NOSSA: 44.28 2004 St Mary's
OFSAA: 41.47 2008 Birchmount Park
Brown, Warner, Harvey, Hamilton

Team	Relay	Seed Time
1 CASS-Desbarats	A	47.63
1) Barbarie, Kurt	2) MacDonald, Luke	
3) Gallinger, Rob	4) Thomas, Coty	
2 ESCC-Chelmsford	A	50.01
1) Bertrand, Shawn	2) Ouellette, Jeremie	
3) Ruest, Kayden	4) Thibeault, Alex	
5) Renaud, Yves	6) Laurin, Denis	
3 EHS-Espanola	A	49.04
1) bouwmeester, dustin	2) boumeester, cory	
3) mcisaac-lafrance, tyler	4) st. pierre, bryce	
5) brown, brad		
4 LSS-Sudbury	A	46.57
1) Predon, Alex	2) Rivet, Luc	
3) St Pierre, Brady	4) Shirk, Brandon	
5) Taylor, Matt	6) Lavallie, Shawn	
5 LEPSS-Sudbury	A	47.23
1) Ayotte, Cameron	2) Burtney, Josh	
3) Kosar, John	4) Blayney, Conor	
5) Donaldson, Eric	6) Lucciantonio, Joe	
6 LCS-Sudbury	A	48.71
1) Smith, Timothy	2) McCulloch, Alexander	
3) Kosmerly, Hayden	4) Lacroix, Steven	
5) Caverson, Zachary	6) Jenkins, Zach	
7 MSS-M'Chigeeng	A	48.66
1) Toner, Joey	2) Argall, Andrew	
3) Flanagan, Dan	4) King, Chris	
5) Lanktree, Justin		
8 CND - Sudbury	A	49.16
1) Roque, Zacharie	2) Lavergne-Giroux, Eric	
3) Cloutier, Martin	4) Morin-Lepage, Julien	
9 SBSS-SS Marie	A	45.75
1) Hoover, Jordan	2) Bradford, Riley	
3) Carchidi, Carlo	4) Tassone, Nick	
5) deBruyne, Adam		
10 SJSH-North Bay	A	44.43
1) Brooks, Spencer	2) Hamilton, Gabe	
3) Poeta, Jeremy	4) Sullivan, Isaac	
11 SHCVS	A	44.83
1) Walsh, Brad	2) Auger, Matt	
3) Fitton, Matt	4) Vernelli, Jordan	
5) Booth, Colin		

**Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List**

Event 97 Women 1500 Meter Steeplechase Open

Wednesday 5/25/2011 - 3:30 PM

NOSSA: 5:27.14 5/31/2007 Christine Thomas
OFSAA: 4:55.92 2009 Haley Cadwallader - Sarnia CIT

Name	School	Seed Time
1 Aikia, Jaime	ESSC-Sudbury	7:35.48
2 Boulay, Camille	ESA - North Bay	6:19.03
3 Briscoe, Kiersten	LCS-Sudbury	6:01.43
4 Dale, Olivia	SJSH-North Bay	6:31.56
5 Denardo, Kylie	SHCVS	6:16.60
6 Flynn, Jullien	SBSS-SS Marie	5:35.50
7 Freeston, Jamie-Lee	CSS- North Bay	6:45.97
8 Lobert, Lynnea	SHCVS	5:55.50
9 Maziarski, Haley	LEPSS-Sudbury	5:33.07
10 morphet, karen	EHS-Espanola	8:18.50
11 rancourt, sarah	EHS-Espanola	7:32.37
12 Reader, Annie	SBSS-SS Marie	6:21.50
13 Smuland, Alex	CSS - Val Caron	6:12.34
14 Wismer, Kathleen	LCS-Sudbury	5:29.64

Event 98 Men 2000 Meter Steeplechase Open

Wednesday 5/25/2011 - 3:40 PM

NOSSA: 6:03.92 5/31/2007 Nick Walters
OFSAA: 5:37.76 1982 Alain Boucher - ES Algonquin

Name	School	Seed Time
1 Berkenbosch, Tim	SMC-SS Marie	7:22.90
2 Boyce, Connor	LCS-Sudbury	6:32.19
3 Bryant, Nathan	ELSS-Elliot Lak	8:04.25
4 Chirico, Charlie	SJSH-North Bay	6:56.06
5 Chown, Gordon	LCS-Sudbury	7:43.08
6 Daley, Ryan	CSS- North Bay	7:01.30
7 Daouine, Devin	WFSS-North Ba	7:15.95
8 Jones, Nick	SCC-Sudbury	9:04.64
9 Lachance, Erik	NSS - Sturgeon l	7:31.46
10 Larkin, Rob	SHCVS	7:43.40
11 paibomsai, edward	EHS-Espanola	6:31.75
12 Scarpino, Daniel	SBSS-SS Marie	7:33.80
13 Zimmermann, Karl	KCVS-SS Marie	7:50.90

Event 99 Women 4x400 Meter Relay Open

Thursday 5/26/2011 - 5:30 PM

NOSSA: 4:13.75 2004 Sir James Dunn
OFSAA: 3:47.35 2002 Mary Ward Catholic SS

L. Wilson, D. Abraham, Z. Gill, O. Ugiagbe

Team	Relay	Seed Time
1 ESA - North Bay	A	4:28.24
1) McCann, Molly	2) Jerome, Shannon	
3) Lefebvre, Arianne	4) Van Shie-Copol, Johanna	
5) Boulay, Maryse	6) Boulay, Camille	
2 CASS-Desbarats	A	4:39.71
1) Ford, Caray	2) Horner, Emma	
3) Kinzel, Nichole	4) Celetti, Holly	
5) Orlando, Jamie		

3 KCVS-SS Marie	A	4:37.06
1) Buckner, Krista	2) Krancevich, Mariah	
3) Kinach, Lesia	4) Mihell, Cydney	
5) Albidone, Bianca	6) Carter, Jaimee	
4 LSS-Sudbury	A	4:46.55
1) Rorison, Brittni	2) DePaolis, Andrea	
3) Marcotte, Karli	4) Scruton, Lindsay	
5) Cacciotti, Emmah	6) Cashmore, Sarah	
5 LEPSS-Sudbury	A	4:27.18
1) Stafford, Alyssa	2) MacLean, Alannah	
3) San Cartier, Halley	4) Venugopal, Marla	
5) Wiwchar, Katie	6) Maziarski, Haley	
6 LCS-Sudbury	A	4:31.87
1) Wismer, Kathleen	2) Ozoria, Laura	
3) Conrad, Gabrielle	4) Guy, Kory	
5) Burt, Megan	6) Moxam, Teagan	
7 MA-Sudbury	A	4:49.16
1) Roy, Carissa	2) Palkovits, Kate	
3) Bulfon, Vanessa	4) Predon, Alenna	
5) Webber, Mackenzie	6) Ealdama, Jordan	
8 CND - Sudbury	A	4:51.21
1) Gallo, Megan	2) Carriere, Renelle	
3) Lavergne-Giroux, Pascale	4) Bonin, Angele	
5) Rossini, Stephanie	6) Bouzane, Veronique	
9 SJSH-North Bay	A	4:52.75
1) Busch, Sieglinde	2) Clarke, Teri	
3) Paige, Laura	4) Dale, Olivia	
5) Rylski, Elizabeth		
10 SHCVS	A	4:27.85
1) Marrato, Amelia	2) Dick, Rachel	
3) Lobert, Lynnea	4) Eddy, Rachel	
5) Christensen, Madeline		
11 WFSS-North Bay	A	4:48.59
1) Pledge, Mahgen	2) Cangiano, Erin	
3) Murton-Shorey, Alora	4) O'Grady, Molly	
5) Howe, Zoe		
12 WPCVS-SS Marie	A	4:33.34
1) Brain, Katrina	2) Sarlo, Gabi	
3) Holley, Allie	4) Brain, Rachel	

Event 100 Men 4x400 Meter Relay Open

Thursday 5/26/2011 - 5:40 PM

NOSSA: 3:31.36 6/1/2007 West Ferris S S

K Peroff, M Walters, N Walters
OFSAA: 3:10.8h 1987 Central Technical School - Tor
K.O'Henhen,A.Wilson,P.Gordon,C.Folkes

OFSAA 2: 3:14.24 1988 Central Technical School - Tor

Team	Relay	Seed Time
1 ESCC-Chelmsford	A	4:01.81
1) Blais, Daniel	2) Lamontagne, Joel	
3) Ouellette, Jeremie	4) Ruest, Kayden	
5) Vincent, Benjamin	6) Malette, Trent	
2 EHS-Espanola	A	3:43.84
1) paibomsai, edward	2) emiry, tristan	
3) nicholson, darren	4) corbin, justin	

Northern Ontario Secondary Schools' Athletics
2011 Track and Field Championships
Laurentian Community Track Complex - Sudbury - 5/25/2011 to 5/26/2011
Performance List

Event 100 ... (Men 4x400 Meter Relay Open)

Team	Relay	Seed Time
3 EHS-Espanola	B	3:53.44
1) emiry, aric	2) lelievre, travis	
3) meijer, bob	4) gallinger, curtis	
4 KCVS-SS Marie	A	3:49.09
1) Burns, Nick	2) Carter, Brad	
3) Maloney, Stephen	4) Conforzi, Corey	
5) Carlyle, Jack	6) DiBeradino, Mike	
5 LSS-Sudbury	A	3:58.74
1) Bailey, Ian	2) Bartell, Nathan	
3) St Pierre, Brady	4) Shirk, Brandon	
5) Fletcher, Kyle	6) Cashmore, Matt	
6 LEPSS-Sudbury	A	3:51.72
1) Kosar, John	2) Ayotte, Cameron	
3) Blayney, Conor	4) Burtney, Josh	
5) Donaldson, Eric	6) Lavigne, Brady	
7 LCS-Sudbury	A	3:47.89
1) Caverson, Zachary	2) Kosmerly, Hayden	
3) Venedam, Charlie	4) Guerin, Nicholas	
5) Lacroix, Steven	6) Kosmerly, Tayte	
8 SBCSS-Sudbury	A	3:42.86
1) Belan, Brandon	2) Cargill, Catlin	
3) Diebel, Sebastien	4) Diebel, Simon	
9 SHCVS	A	3:41.04
1) Cooke, Justin	2) Carrier, A.J.	
3) Johnson, Drew	4) Fitton, Matt	
5) Summers, Matt		
10 WFSS-North Bay	A	4:07.80
1) Giesler, John	2) Trach, Colin	
3) Bodroghy, Justin	4) Uuksulainen, Kiefer	
5) Green, Tyler		
11 WPCVS-SS Marie	A	3:45.27
1) Katajamaki, Ben	2) Fagan, Matt	
3) Taylor, Sam	4) Plumley, Trevor	

3	Rochon, Jeanie	ESLH-Val Caroi	6:50.72
4	Stadnisky, Jurnee	SBSS-SS Marie	9:35.80

Event 101 Women 100 Meter Dash Ambulatory

OFSAA:	16.03	6/4/2010	Leah Robinson
Name	School	Seed Time	
1 Langman, Alissa	ESH - Hanmer	23.78	

Event 104 Men 1500 Meter Dash Wheelchair**Wednesday 5/25/2011 - 6:50 PM**

NOSSA:	4:42.00	5/31/2007	Jordan Mino
OFSAA:	3:43.61	6/4/2010	Isaiah Christophe
Name	School	Seed Time	
1 Garlinski, Delmar	CSS - Val Caron	8:32.80	

Event 105 Women 800 Meter Dash Wheelchair**Thursday 5/26/2011 - 11:50 AM**

NOSSA:	10:07.03	5/28/2010	Jurnee Stadnisky
OFSAA:	8:08.96	6/5/2010	Jurnee Stadnisky
Name	School	Seed Time	
1 Greve, Danielle	SBSS-SS Marie	8:56.70	
2 Quesnel, Tanya	ESSC-Sudbury	6:48.14	