

NSSSA Track and Field Championships 2010 - 5/18/2010

NSSSA Track 2010

Manitoulin Secondary School

Results

Event 1 Women 100 Meter Dash Midget

OFSAA: 12.81 ! 2004 Athena McBean - St.Francis
 Can Inter: 11.3h * 1979 Angella Taylor - Parkdale CI
 Can Inter 2: 11.54 * 2002 Ashley Purnell - St. Mark HS
 NSSSA: 13.10 ! 1979 Eadie & Greenman

Name	School	Prelims
Preliminaries		
1 1 Karissa Barbarie	Central Algoma	13.85Q
2 110 Jerrika Rydall	Espanola	14.09Q
3 212 Liz Oswald	Manitoulin S	14.36q
4 115 Carolyn St. Michel	Espanola	14.92q
5 51 Tiffany Desbiens	Elliot Lake	15.34q
6 208 Bailey Nerbus	Manitoulin S	15.43q
7 38 Kassie Starkell	Central Algoma	15.50
8 151 Katie Riley	ES Jeunesse	16.58
9 145 Holly Laderoute	ES Jeunesse	17.09
10 267 Carlene Wiitala	Eaket WC	23.44

Event 1 Women 100 Meter Dash Midget

OFSAA: 12.81 ! 2004 Athena McBean - St.Francis
 Can Inter: 11.3h * 1979 Angella Taylor - Parkdale CI
 Can Inter 2: 11.54 * 2002 Ashley Purnell - St. Mark HS
 NSSSA: 13.10 ! 1979 Eadie & Greenman

Name	School	Finals
Finals		
1 1 Karissa Barbarie	Central Algoma	13.66 10
2 110 Jerrika Rydall	Espanola	13.94 8
3 212 Liz Oswald	Manitoulin S	14.62 6
4 115 Carolyn St. Michel	Espanola	15.01 4
5 208 Bailey Nerbus	Manitoulin S	15.29 2
6 51 Tiffany Desbiens	Elliot Lake	15.35 1

Event 2 Men 100 Meter Dash Midget

OFSAA: 10.89 ! 1981 Keith Dormond - Graham B.
 Can Inter: 10.4h * 1975 Hugh Spooner - Newtonbrook
 Can Inter 2: 10.4h * 1978 Desai Williams - Northview
 Can Inter 3: 10.41 * 1994 Carlton Chambers -Ascension
 NSSSA: 11.84 ! 1984 D. Baker

Name	School	Prelims
Preliminaries		
1 121 Jay Tessier	Espanola	11.97Q
2 190 Steven Green	Manitoulin S	12.87q
3 168 Jake Bond	Manitoulin S	13.34q
4 242 Jeremy Boyer	Eaket WC	14.78q
5 37 Serge Sinclair	Central Algoma	14.90q

Event 2 Men 100 Meter Dash Midget

OFSAA: 10.89 ! 1981 Keith Dormond - Graham B.
 Can Inter: 10.4h * 1975 Hugh Spooner - Newtonbrook
 Can Inter 2: 10.4h * 1978 Desai Williams - Northview
 Can Inter 3: 10.41 * 1994 Carlton Chambers -Ascension
 NSSSA: 11.84 ! 1984 D. Baker

Name	School	Finals
Finals		
1 121 Jay Tessier	Espanola	11.91 10
2 168 Jake Bond	Manitoulin S	12.62 8
3 37 Serge Sinclair	Central Algoma	12.87 6
4 242 Jeremy Boyer	Eaket WC	14.27 4
5 190 Steven Green	Manitoulin S	14.31 2

Event 3 Women 200 Meter Dash Midget

OFSAA: 24.42 ! 2002 Emily Johnson -John F. Ross
 Can Inter: 23.3h * 1979 Angella Taylor - Parkdale CI
 Can Inter 2: 23.58 * 1998 Atia Weeks - Crescent Heights
 NSSSA: 27.20 ! 1990 Jennifer Turpin

Name	School	Prelims
Preliminaries		
1 1 Karissa Barbarie	Central Algoma	28.91Q
2 63 Lindsay Bender	Espanola	29.28Q
3 110 Jerrika Rydall	Espanola	29.65q
4 212 Liz Oswald	Manitoulin S	30.75q
5 234 Cassie Wilson	Manitoulin S	33.41q
6 140 France Gagnon	ES Jeunesse	35.15q
7 16 Sydney Hendershott	Central Algoma	35.38
8 151 Katie Riley	ES Jeunesse	35.75

Event 3 Women 200 Meter Dash Midget

OFSAA: 24.42 ! 2002 Emily Johnson -John F. Ross
 Can Inter: 23.3h * 1979 Angella Taylor - Parkdale CI
 Can Inter 2: 23.58 * 1998 Atia Weeks - Crescent Heights
 NSSSA: 27.20 ! 1990 Jennifer Turpin

Name	School	Finals
Finals		
1 1 Karissa Barbarie	Central Algoma	28.22 10
2 63 Lindsay Bender	Espanola	28.52 8
3 110 Jerrika Rydall	Espanola	29.60 6
4 212 Liz Oswald	Manitoulin S	30.28 4
5 234 Cassie Wilson	Manitoulin S	32.97 2
6 140 France Gagnon	ES Jeunesse	36.60 1

Event 4 Men 200 Meter Dash Midget

OFSAA: 22.30 ! 1991 Chris Robinson - Jacob
 Can Inter: 20.95 * 1984 Atlee Mahorn - Central
 NSSSA: 23.70 ! 1990 Steve Stamp

Name	School	Prelims
Preliminaries		
1 189 Mason Graham	Manitoulin S	25.44Q
2 190 Steven Green	Manitoulin S	26.34q

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Manitoulin Secondary School

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Preliminaries ... (Event 4 Men 200 Meter Dash Midget)

Name	School	Prelims
3 37 Serge Sinclair	Central Algoma	29.00q
4 109 Jacob Renaud	Espanola	29.10q
5 61 Riley Belanger	Espanola	29.50q
6 163 Evan Becks	Manitoulin S	29.55q

Event 4 Men 200 Meter Dash Midget

OFSAA: 22.30 ! 1991 Chris Robinson - Jacob
Can Inter: 20.95 * 1984 Atlee Mahorn - Central
NSSSA: 23.70 ! 1990 Steve Stamp

Name	School	Finals
Finals		
1 189 Mason Graham	Manitoulin S	25.12 10
2 163 Evan Becks	Manitoulin S	26.86 8
3 37 Serge Sinclair	Central Algoma	27.22 6
4 61 Riley Belanger	Espanola	34.03 4

Event 5 Women 400 Meter Dash Midget

OFSAA: 55.4h ! 1978 Linda Orr - Aldershot HS
OFSAA 2: 56.41 ! 1986 Maureen Cinq-Mars - A.B.
Can Inter: 53.0h * 1980 Alexis Paul Macdonald - C.W.
Can Inter 2: 53.32 * 1980 Charmaine Crooks - West
NSSSA: 1:05.00 ! 1990 Jennifer Turpin

Name	School	Prelims
Preliminaries		
1 63 Lindsay Bender	Espanola	1:12.00Q
2 224 Alexa Tipper	Manitoulin S	1:13.00q
3 222 Angie Still	Manitoulin S	1:19.00q
4 86 Jenna Gervais	Espanola	1:20.00q
5 140 France Gagnon	ES Jeunesse	1:21.00q
6 30 Brooke Osborne	Central Algoma	1:22.00q

Event 5 Women 400 Meter Dash Midget

OFSAA: 55.4h ! 1978 Linda Orr - Aldershot HS
OFSAA 2: 56.41 ! 1986 Maureen Cinq-Mars - A.B.
Can Inter: 53.0h * 1980 Alexis Paul Macdonald - C.W.
Can Inter 2: 53.32 * 1980 Charmaine Crooks - West
NSSSA: 1:05.00 ! 1990 Jennifer Turpin

Name	School	Finals
Finals		
1 63 Lindsay Bender	Espanola	1:04.44! 10
2 224 Alexa Tipper	Manitoulin S	1:12.36 8
3 86 Jenna Gervais	Espanola	1:17.03 6
4 222 Angie Still	Manitoulin S	1:18.04 4
5 30 Brooke Osborne	Central Algoma	1:20.56 2
6 140 France Gagnon	ES Jeunesse	1:26.34 1

Event 6 Men 400 Meter Dash Midget

OFSAA: 51.72 ! 2004 Steve Lamarche - Belle River
Can Inter: 46.27 * 1987 Carl Folkes - Central Technica
NSSSA: 53.50 ! 1984 Kevin Benner

Name	School	Prelims
Preliminaries		
1 189 Mason Graham	Manitoulin S	58.23Q
2 96 Michael McDonald	Espanola	1:00.00q
3 76 Devan Deschamps	Espanola	1:03.00q
4 197 Michael Laidley	Manitoulin S	1:04.30q

Event 6 Men 400 Meter Dash Midget

OFSAA: 51.72 ! 2004 Steve Lamarche - Belle River
Can Inter: 46.27 * 1987 Carl Folkes - Central Technica
NSSSA: 53.50 ! 1984 Kevin Benner

Name	School	Finals
Finals		
1 189 Mason Graham	Manitoulin S	57.47 10
2 96 Michael McDonald	Espanola	59.50 8
3 197 Michael Laidley	Manitoulin S	1:00.66 6
4 76 Devan Deschamps	Espanola	1:06.33 4

Event 7 Women 800 Meter Run Midget

OFSAA: 2:13.40 ! 1983 Michelle Bathurst - Oakridge
Can Inter: 2:05.94 * 1980 Elise Braithwaite-Elmwood
NSSSA: 2:36.60 ! 1981 L. Attwood

Name	School	Finals
Finals		
1 49 Stephanie Clark	Elliot Lake	2:47.29 10
2 224 Alexa Tipper	Manitoulin S	2:56.96 8
3 85 Carly Germaine	Espanola	3:03.17 6
4 222 Angie Still	Manitoulin S	3:07.92 4

Event 8 Men 800 Meter Run Midget

OFSAA: 1:53.24 ! 1989 Kevin Sullivan - North Park
Can Inter: 1:48.64 * 1992 Kevin Sullivan - North Park
NSSSA: 2:06.80 ! 1976 J. Hietkamp

Name	School	Finals
Finals		
1 96 Michael McDonald	Espanola	2:19.15 10
2 189 Mason Graham	Manitoulin S	2:19.25 8
3 210 Michael Niven	Manitoulin S	2:27.52 6
4 44 George Van Oyen	Central Algoma	2:49.75 4

Event 9 Women 1500 Meter Run Midget

OFSAA: 4:36.30 ! 2004 Lindsay Carson - Southwood
Can Inter: 4:23.52 * 1982 Alison Wiley - Branksome Hall
NSSSA: 5:05.00 ! 2003 Kaitlyn Tallman

Name	School	Finals
Finals		
1 49 Stephanie Clark	Elliot Lake	5:47.86 10
2 211 Victoria Niven	Manitoulin S	6:35.73 8
3 230 Bettina Turner	Manitoulin S	7:02.56 6

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Event 10 Men 1500 Meter Run Midget

OFSAA: 3:54.31 ! 1989 Kevin Sullivan - North Park
 Can Inter: 3:42.33 * 1993 Kevin Sullivan - North Park
 NSSSA: 4:20.40 ! 1975 G. Bailey

Name	School	Finals
Finals		
1 210 Michael Niven	Manitoulin S	4:49.56 10
2 39 Caleb Stinson	Central Algoma	4:53.93 8
3 149 James Orton	ES Jeunesse	4:58.72 6
4 194 Wyatt Kennedy	Manitoulin S	5:16.62 4
5 21 Eric Kern	Central Algoma	5:45.15 2
6 154 Dawson Soucy	ES Jeunesse	5:51.40 1

Event 11 Women 3000 Meter Run Midget

OFSAA: 9:44.67 ! 1986 Jennifer Armstrong - London
 Can Inter: 9:30.64 * 1981 Kate Wiley - Branksome Hall
 NSSSA: 11:07.00 ! 2003 Kaitlyn Talman

Name	School	Finals
Finals		
1 49 Stephanie Clark	Elliot Lake	12:33.13 10
2 211 Victoria Niven	Manitoulin S	15:47.35 7
2 230 Bettina Turner	Manitoulin S	15:47.35 7

Event 12 Men 3000 Meter Run Midget

OFSAA: 9:11.21 ! 2004 Matt Leeder - Thousand
 OFSAA 2: 8:53.09 ! 2002 Mike Woods - Hillcrest HS
 Can Inter: 8:00.2h * 1987 Greg Anderson - Parkside HS
 Can Inter 2: 8:11.49 * 1982 Dave Reid - West Humber CI
 NSSSA: 9:40.50 ! 1987 C. McGregor

Name	School	Finals
Finals		
1 210 Michael Niven	Manitoulin S	10:49.84 10
2 39 Caleb Stinson	Central Algoma	10:57.94 8
3 209 Matt Newlands	Manitoulin S	11:02.94 6
4 149 James Orton	ES Jeunesse	11:14.85 4
5 21 Eric Kern	Central Algoma	12:29.97 2

Event 13 Women 80 Meter Hurdles Midget

OFSAA: 11.29 ! 1996 Jessica Zeilinka - Sir Frederick
 Can Inter: 11.01 * 1998 Jessica Zelinka - Sir Frederic
 NSSSA: 14.10 ! 1982 L. Piche

Name	School	Finals
Finals		
1 51 Tiffany Desbiens	Elliot Lake	15.23 10
2 92 Taylor Leclair	Espanola	16.17 8
3 205 Bryn Millsap	Manitoulin S	17.03 6
4 74 Shelby Clairmont	Espanola	17.31 4
5 16 Sydney Hendershott	Central Algoma	18.50 2
6 30 Brooke Osborne	Central Algoma	19.15 1

Event 14 Men 100 Meter Hurdles Midget

OFSAA: 14.60 ! 2004 Emmanuel Kamera - St.
 NSSSA: 15.70 ! 1975 Rick Fox

Name	School	Finals
Finals		
1 163 Evan Becks	Manitoulin S	17.47 10
2 14 Sam Good	Central Algoma	17.59 8
3 6 Tyler Brown	Central Algoma	19.83 6
4 197 Michael Laidley	Manitoulin S	20.36 4
5 116 Connor St. Michel	Espanola	21.36 2
6 120 Tanner Tallon	Espanola	21.97 1

Event 15 Women 300 Meter Hurdles Midget

OFSAA: 44.63 ! 2004 Julia Tousaw - St. Anne's CSS
 Can Inter: 41.66 * 1994 Nadia Schmiedt - John Paul II
 NSSSA: 53.20 ! 2002 Ashleigh Wiggins

Name	School	Finals
Finals		
1 205 Bryn Millsap	Manitoulin S	54.05 10
2 86 Jenna Gervais	Espanola	54.72 8
3 222 Angie Still	Manitoulin S	1:01.03 6
4 30 Brooke Osborne	Central Algoma	1:02.20 4
5 16 Sydney Hendershott	Central Algoma	1:02.31 2

Event 16 Men 300 Meter Hurdles Midget

OFSAA: 41.95 ! 2004 Mark Steele - Port Credit S.S.
 Can Inter: 37.06 * 1992 Troy Langevine - Agincourt
 NSSSA: 46.90 ! 2003 Curtis Adison

Name	School	Finals
Finals		
1 163 Evan Becks	Manitoulin S	45.55! 10
2 14 Sam Good	Central Algoma	48.00 8
3 21 Eric Kern	Central Algoma	54.63 6
4 120 Tanner Tallon	Espanola	55.37 4
5 116 Connor St. Michel	Espanola	55.87 2

Event 17 Women High Jump Midget

OFSAA: 1.74m ! 1984 Leanne Madill - Centennial SS,
 Can Inter: 1.88m * 1979 Julie White - Brampton
 NSSSA: 1.51m ! 1996 Rachel Tarvudd

Name	School	Finals
Finals		
1 110 Jerrika Rydall	Espanola	1.43m 10
2 74 Shelby Clairmont	Espanola	1.32m 8
3 159 Breanne Addison	Manitoulin S	1.31m 6
4 51 Tiffany Desbiens	Elliot Lake	1.30m 4

Event 18 Men High Jump Midget

OFSAA: 1.86m ! 2004 Oseme Adadu - Chaminade
 Can Inter: 2.24m * 1998 Michael Ponikvar - Denis
 NSSSA: 1.77m ! 1990 C. Hurley

Name	School	Finals
Finals		
1 6 Tyler Brown	Central Algoma	1.67m 10

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Finals ... (Event 18 Men High Jump Midget)

Name	School	Finals
2 44 George Van Oyen	Central Algoma	1.62m 8
3 226 Ricky Toner	Manitoulin S	1.57m 6
4 168 Jake Bond	Manitoulin S	1.56m 4

Event 21 Women Long Jump Midget

OFSAA: 5.76m ! 1996 Jessica Zelinka - Sir Frederic
 Can Inter: 6.16m * 1986 Keron Hamilton - Burlington
 NSSSA: 4.74m ! 1988 Mick ?

Name	School	Finals
Finals		
1 1 Karissa Barbarie	Central Algoma	4.69m 10
2 63 Lindsay Bender	Espanola	4.67m 8
3 115 Carolyn St. Michel	Espanola	4.16m 6
4 38 Kassie Starkell	Central Algoma	3.63m 4
5 140 France Gagnon	ES Jeunesse	3.58m 2
6 267 Carlene Wiitala	Eaket WC	3.37m 1
7 159 Breanne Addison	Manitoulin S	3.22m
7 145 Holly Laderoute	ES Jeunesse	3.22m
9 208 Bailey Nerbus	Manitoulin S	2.97m

Event 22 Men Long Jump Midget

OFSAA: 6.46m ! 2004 Jason Mei - Vincent Massey SS
 Can Inter: 7.75m * 1990 Brian Thomas - Central
 NSSSA: 5.42m ! 2002 Shawn Siemer

Name	School	Finals
Finals		
1 168 Jake Bond	Manitoulin S	5.36m 10
2 121 Jay Tessier	Espanola	5.34m 8
3 37 Serge Sinclair	Central Algoma	4.80m 6
4 207 Marcus	Manitoulin S	4.79m 4
5 76 Devan Deschamps	Espanola	4.58m 2
6 242 Jeremy Boyer	Eaket WC	4.32m 1
7 154 Dawson Soucy	ES Jeunesse	4.27m
8 156 Alex Stos	ES Jeunesse	3.83m

Event 23 Women Triple Jump Midget

OFSAA: 11.80m ! 2000 Tabia Charles - Pine Ridge SS
 Can Inter: 12.36m * 2002 Tabia Charles - Pine Ridge SS
 NSSSA: 10.11m ! 1996 Rachel Tarvudd

Name	School	Finals
Finals		
1 115 Carolyn St. Michel	Espanola	9.35m 10
2 212 Liz Oswald	Manitoulin S	8.85m 8
3 85 Carly Germaine	Espanola	8.62m 6
4 38 Kassie Starkell	Central Algoma	7.87m 4

Event 24 Men Triple Jump Midget

OFSAA: 12.75m ! 2004 Michael Sweeney - Quinte
 Can Inter: 15.76m * 1982 George Wright - Vaughan
 NSSSA: 11.68m ! 1992 M. LaPlante

Name	School	Finals
Finals		
1 121 Jay Tessier	Espanola	11.20m 10

2 197 Michael Laidley	Manitoulin S	10.77m 8
3 226 Ricky Toner	Manitoulin S	10.45m 6
4 120 Tanner Tallon	Espanola	9.13m 4

Event 25 Women Shot Put Midget

OFSAA: 9.96m ! 2004 Preet Dhillon - Queen
 Can Inter: 14.35m * 1986 Sultana Frizell - Perth &
 NSSSA: 9.58m ! 1985 C. Thorburn

Name	School	Finals
Finals		
1 206 Dana Nahwegahbow	Manitoulin S	7.92m 10
2 134 Victoria Ann	Franco-Ouest	7.34m 8
3 267 Carlene Wiitala	Eaket WC	7.15m 6
4 87 Ashley Godin	Espanola	6.92m 4
5 86 Jenna Gervais	Espanola	6.60m 2
6 144 Corianna Laderoute	ES Jeunesse	5.49m 1

Event 26 Men Shot Put Midget

OFSAA: 15.60m ! 2004 Tyrone Crawford - Catholic
 NSSSA: 14.82m ! 1989 Jeremy Stevenson

Name	School	Finals
Finals		
1 71 Steven Brown	Espanola	11.16m 10
2 172 Liam Campbell	Manitoulin S	10.80m 8
3 91 Challen Leclair	Espanola	10.66m 6
4 142 J.C. Giroux	ES Jeunesse	10.64m 4
5 242 Jeremy Boyer	Eaket WC	8.76m 2

Event 27 Women Discus Throw Midget

OFSAA: 40.78m ! 1979 Liz Polyak - North Park C &
 Can Inter: 52.52m * 1986 Michelle Brotherton
 NSSSA: 26.96m ! 1978 K. Keller

Name	School	Finals
Finals		
1 89 Corinna Larson	Espanola	26.08m 10
2 134 Victoria Ann	Franco-Ouest	22.68m 8
3 206 Dana Nahwegahbow	Manitoulin S	19.52m 6
4 231 Jamie Van Horn	Manitoulin S	15.96m 4
5 87 Ashley Godin	Espanola	14.46m 2

Event 28 Men Discus Throw Midget

OFSAA: 58.98m ! 1973 Rob Town - Orillia DHS
 NSSSA: 47.90m ! 1986 Troy Webster

Name	School	Finals
Finals		
1 96 Michael McDonald	Espanola	33.85m 10
2 172 Liam Campbell	Manitoulin S	30.61m 8
3 91 Challen Leclair	Espanola	28.83m 6
4 142 J.C. Giroux	ES Jeunesse	24.88m 4
5 156 Alex Stos	ES Jeunesse	23.94m 2

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Event 29 Women Javelin Throw Midget

OFSAA: 41.24m ! 1995 Meredith Popp - Holy Names
 Can Inter: 51.94m * 1984 Cheryl Coker - Carleton Place
 NSSSA: 32.08m ! 2001 Katrina Pitawanakwat

Name	School	Finals
Finals		
1 231 Jamie Van Horn	Manitoulin S	24.99m 10
2 89 Corinna Larson	Espanola	20.99m 8
3 206 Dana Nahwegahbow	Manitoulin S	20.59m 6
4 118 Katherine Steinke	Espanola	18.26m 4
5 144 Corianna Laderoute	ES Jeunesse	16.74m 2
6 134 Victoria Ann	Franco-Ouest	14.51m 1

Event 30 Men Javelin Throw Midget

OFSAA: 51.02m ! 2004 Braedon Lefreniere - St.Peter's
 NSSSA: 50.75m ! 1975 B. Dixon

Name	School	Finals
Finals		
1 91 Challen Leclair	Espanola	41.18m 10
2 14 Sam Good	Central Algoma	40.54m 8
3 172 Liam Campbell	Manitoulin S	34.46m 6
4 154 Dawson Soucy	ES Jeunesse	33.82m 4
5 71 Steven Brown	Espanola	33.21m 2
6 142 J.C. Giroux	ES Jeunesse	26.31m 1

Event 31 Women 4x100 Meter Relay Midget

OFSAA: 51.06 ! 2004 Resurrection CSS - Kitchener
 B.Thorne,E.Glofcheski,L.Austin, M.Buttinger
 Can Inter: 47.79 * 1980 The Woodlands
 NSSSA: 55.00 ! 1979 Unknown

four forty year old women

Team	Relay	Finals
Finals		
1 Espanola H S	A	55.78 10
1) 63 Lindsay Bender	2) 115 Carolyn St. Michel	
3) 85 Carly Germaine	4) 110 Jerrika Rydall	
2 Manitoulin S S	A	58.19 8
1) 205 Bryn Millsap	2) 234 Cassie Wilson	
3) 224 Alexa Tipper	4) 212 Liz Oswald	
3 Central Algoma S S	A	1:01.75 6
1) 38 Kassie Starkell	2) 16 Sydney Hendershott	
3) 30 Brooke Osborne	4) 1 Karissa Barbarie	
4 Manitoulin S S	B	1:02.19 4
1) 182 Tanika Debassige	2) 211 Victoria Niven	
3) 208 Bailey Nerbus	4) 159 Breanne Addison	
5 Jeunesse-Nord E S	A	1:07.84 2
1) 140 France Gagnon	2) 144 Corianna Laderoute	
3) 145 Holly Laderoute	4) 151 Katie Riley	

Event 32 Men 4x100 Meter Relay Midget

OFSAA: 45.90 ! 2004 Belle River SS
 J. Fox,G. Holdren,D. Gibbons,S. Lamarche
 Can Inter: 41.1h * 1987 George Harvey SS - York
 Can Inter 2: 41.28 * 1988 George Harvey CI - York
 NSSSA: 48.90 ! 1976 Unknown

four forty four year old men

Team	Relay	Finals
Finals		
1 Espanola H S	A	49.28 10
1) 96 Michael McDonald	2) 121 Jay Tessier	
3) 76 Devan Deschamps	4) 91 Challen Leclair	
2 Manitoulin S S	A	49.44 8
1) 163 Evan Becks	2) 190 Steven Green	
3) 197 Michael Laidley	4) 189 Mason Graham	
3 Central Algoma S S	A	52.03 6
1) 37 Serge Sinclair	2) 6 Tyler Brown	
3) 39 Caleb Stinson	4) 14 Sam Good	
5) 21 Eric Kern		
4 Manitoulin S S	B	54.53 4
1) 207 Marcus Nahwegahbow	2) 172 Liam Campbell	
3) 210 Michael Niven	4) 168 Jake Bond	
5 Espanola H S	B	55.87 2
1) 71 Steven Brown	2) 116 Connor St. Michel	
3) 61 Riley Belanger	4) 109 Jacob Renaud	
6 Jeunesse-Nord E S	A	1:07.00 1
1) 149 James Orton	2) 142 J.C. Giroux	
3) 154 Dawson Soucy	4) 156 Alex Stos	

Event 33 Women 100 Meter Dash Junior

OFSAA: 12.05 ! 1989 Dionne Wright - C.W.Jefferys
 Can Inter: 11.3h * 1979 Angella Taylor - Parkdale CI
 Can Inter 2: 11.54 * 2002 Ashley Purnell - St. Mark HS
 NSSSA: 12.80 ! 1982 Millicent Brown

Name	School	Prelims
Preliminaries		
1 265 Kelsie Trowbridge	Eaket WC	14.03Q
2 58 Jessica Rogers	Elliot Lake	14.16q
3 29 Jamie Orlando	Central Algoma	15.12q
4 7 Holly Celetti	Central Algoma	15.47q
5 200 Hailey Lovelace	Manitoulin S	16.37q

Event 33 Women 100 Meter Dash Junior

OFSAA: 12.05 ! 1989 Dionne Wright - C.W.Jefferys
 Can Inter: 11.3h * 1979 Angella Taylor - Parkdale CI
 Can Inter 2: 11.54 * 2002 Ashley Purnell - St. Mark HS
 NSSSA: 12.80 ! 1982 Millicent Brown

Name	School	Finals
Finals		
1 58 Jessica Rogers	Elliot Lake	13.93 10
2 265 Kelsie Trowbridge	Eaket WC	13.97 8
3 29 Jamie Orlando	Central Algoma	15.00 6
4 7 Holly Celetti	Central Algoma	15.03 4

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Finals ... (Event 33 Women 100 Meter Dash Junior)

Name	School	Finals
5 200 Hailey Lovelace	Manitoulin S	16.40 2

Event 34 Men 100 Meter Dash Junior

OFSAA:	11.32 ! 2004	Brandon Besant -
Can Inter:	10.4h * 1975	Hugh Spooner - Newtonbrook
Can Inter 2:	10.4h * 1978	Desai Williams - Northview
Can Inter 3:	10.41 * 1994	Carlton Chambers -Ascension
NSSSA:	11.00 ! 1982	L. Eadie

Name	School	Prelims
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Preliminaries

1 26 Luke MacDonald	Central Algoma	12.03Q
2 181 Austin Debassige	Manitoulin S	12.69Q
3 161 Andrew Argall	Manitoulin S	12.09q
4 117 Bryce St. Pierre	Espanola	12.73q
5 255 Tyson MacLeod	Eaket WC	12.87q
6 137 Jayden Congi	ES Jeunesse	13.06q
7 40 Shawn Struik	Central Algoma	13.56

Event 34 Men 100 Meter Dash Junior

OFSAA:	11.32 ! 2004	Brandon Besant -
Can Inter:	10.4h * 1975	Hugh Spooner - Newtonbrook
Can Inter 2:	10.4h * 1978	Desai Williams - Northview
Can Inter 3:	10.41 * 1994	Carlton Chambers -Ascension
NSSSA:	11.00 ! 1982	L. Eadie

Name	School	Finals
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Finals

1 161 Andrew Argall	Manitoulin S	11.72 10
2 26 Luke MacDonald	Central Algoma	12.19 8
3 117 Bryce St. Pierre	Espanola	12.22 6
4 181 Austin Debassige	Manitoulin S	12.28 4
5 255 Tyson MacLeod	Eaket WC	12.93 2
6 137 Jayden Congi	ES Jeunesse	13.50 1

Event 35 Women 200 Meter Dash Junior

OFSAA:	25.47 ! 2004	Simone Holder - Clarkson SS
Can Inter:	23.3h * 1979	Angella Taylor - Parkdale CI
Can Inter 2:	23.58 * 1998	Atia Weeks - Crescent Heights
NSSSA:	26.70 ! 1983	Millicent Brown

Name	School	Prelims
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Preliminaries

1 58 Jessica Rogers	Elliot Lake	30.80Q
2 7 Holly Celetti	Central Algoma	36.20Q
3 138 Alannah Coombs	ES Jeunesse	33.19q
4 200 Hailey Lovelace	Manitoulin S	36.00q
5 35 Eliza Scheuermann	Central Algoma	36.10q
6 240 Chelsey Blondin	Eaket WC	36.66q

Event 35 Women 200 Meter Dash Junior

OFSAA:	25.47 ! 2004	Simone Holder - Clarkson SS
Can Inter:	23.3h * 1979	Angella Taylor - Parkdale CI
Can Inter 2:	23.58 * 1998	Atia Weeks - Crescent Heights
NSSSA:	26.70 ! 1983	Millicent Brown

Name	School	Finals
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Finals

1 58 Jessica Rogers	Elliot Lake	30.28 10
2 138 Alannah Coombs	ES Jeunesse	32.03 8
3 7 Holly Celetti	Central Algoma	32.75 6
4 240 Chelsey Blondin	Eaket WC	32.94 4
5 200 Hailey Lovelace	Manitoulin S	33.53 2
6 35 Eliza Scheuermann	Central Algoma	33.94 1

Event 36 Men 200 Meter Dash Junior

OFSAA:	23.11 ! 2004	Jerome St.Bernard - Francis
OFSAA 2:	21.0h !	
Can Inter:	20.95 * 1984	Atlee Mahorn - Central
NSSSA:	23.00 ! 1977	E. Marshall, Rick Fox

Name	School	Prelims
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Preliminaries

1 195 Chris King	Manitoulin S	26.09Q
2 117 Bryce St. Pierre	Espanola	26.26q
3 181 Austin Debassige	Manitoulin S	26.31q
4 94 Travis Lelievre	Espanola	27.44q
5 40 Shawn Struik	Central Algoma	28.00q
6 255 Tyson MacLeod	Eaket WC	29.00q

Event 36 Men 200 Meter Dash Junior

OFSAA:	23.11 ! 2004	Jerome St.Bernard - Francis
OFSAA 2:	21.0h !	
Can Inter:	20.95 * 1984	Atlee Mahorn - Central
NSSSA:	23.00 ! 1977	E. Marshall, Rick Fox

Name	School	Finals
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Finals

1 195 Chris King	Manitoulin S	25.22 10
2 117 Bryce St. Pierre	Espanola	25.41 8
3 181 Austin Debassige	Manitoulin S	26.60 6
4 255 Tyson MacLeod	Eaket WC	27.16 4
5 40 Shawn Struik	Central Algoma	28.13 2

Event 37 Women 400 Meter Dash Junior

OFSAA:	57.67 ! 2004	Caitlin Bailey - Queen
Can Inter:	53.0h * 1980	Alexis Paul Macdonald - C.W.
Can Inter 2:	53.32 * 1980	Charmaine Crooks - West
NSSSA:	1:04.06 ! 1975	Marcia Brown

Name	School	Prelims
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Preliminaries

1 152 Mackenzie Roberts	ES Jeunesse	1:14.53q
2 18 Emma Horner	Central Algoma	1:17.64q
3 215 Katerina Prato	Manitoulin S	1:23.34q
4 176 Laura Cooper	Manitoulin S	1:30.12q

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Event 37 Women 400 Meter Dash Junior

OFSAA: 57.67 ! 2004 Caitlin Bailey - Queen
Can Inter: 53.0h * 1980 Alexis Paul Macdonald - C.W.
Can Inter 2: 53.32 * 1980 Charmaine Crooks - West
NSSSA: 1:04.06 ! 1975 Marcia Brown

Name	School	Finals
Finals		
1 18 Emma Horner	Central Algoma	1:18.41 10
2 215 Katerina Prato	Manitoulin S	1:23.25 8
3 176 Laura Cooper	Manitoulin S	1:35.12 6

Event 38 Men 400 Meter Dash Junior

OFSAA: 49.62 ! 2004 Greg Hayes - St.Mary's SS
Can Inter: 46.27 * 1987 Carl Folkes - Central Technica
NSSSA: 52.50 ! 1978 M.Hinds

Name	School	Prelims
Preliminaries		
1 42 Coty Thomas	Central Algoma	58.47q
2 195 Chris King	Manitoulin S	1:00.87q
3 80 Tristan Emiry	Espanola	1:01.07q
4 143 David Hall	ES Jeunesse	1:05.09q
5 232 Dustin Varey	Manitoulin S	1:07.00q

Event 38 Men 400 Meter Dash Junior

OFSAA: 49.62 ! 2004 Greg Hayes - St.Mary's SS
Can Inter: 46.27 * 1987 Carl Folkes - Central Technica
NSSSA: 52.50 ! 1978 M.Hinds

Name	School	Finals
Finals		
1 42 Coty Thomas	Central Algoma	57.28 10
2 80 Tristan Emiry	Espanola	58.97 8
3 195 Chris King	Manitoulin S	1:03.28 6
4 143 David Hall	ES Jeunesse	1:04.75 4

Event 39 Women 800 Meter Run Junior

OFSAA: 2:12.78 ! 2004 Melissa Bishop - Opeongo HS
OFSAA 2: 2:10.60 !
Can Inter: 2:05.94 * 1980 Elise Braithwaite-Elmwood
NSSSA: 2:22.40 ! 2004 Kaitlyn Tallman

Name	School	Finals
Finals		
1 53 Sasha Ekomiak	Elliot Lake	3:22.78 10
2 160 Britney Allen	Manitoulin S	3:33.23 8
3 176 Laura Cooper	Manitoulin S	3:48.61 6

Event 40 Men 800 Meter Run Junior

OFSAA: 2:00.48 ! 2004 Allen Brett - Hillcrest HS
Can Inter: 1:48.64 * 1992 Kevin Sullivan - North Park
NSSSA: 2:01.50 ! 1978 J. Hietcamp

Name	School	Finals
Finals		
1 80 Tristan Emiry	Espanola	2:18.22 10
2 228 Wesley Trimmer	Manitoulin S	2:18.69 8

3 84 Curtis Gallinger	Espanola	2:18.78 6
4 232 Dustin Varey	Manitoulin S	2:24.47 4
5 279 Alan Recollet	Wahs	2:28.77 2
6 31 Spencer Pine	Central Algoma	2:33.44 1

Event 41 Women 1500 Meter Run Junior

OFSAA: 4:36.54 ! 2004 Kaitlin Tallman - Manitoulin
Can Inter: 4:23.52 * 1982 Alison Wiley - Branksome Hall
NSSSA: 5:08.90 ! 2004 Kaitlyn Tallman

Name	School	Finals
Finals		
1 277 Gillian Ominika	Wahs	6:19.25 10
2 18 Emma Horner	Central Algoma	6:29.64 8
3 53 Sasha Ekomiak	Elliot Lake	6:58.03 6
4 176 Laura Cooper	Manitoulin S	8:04.25 4

Event 42 Men 1500 Meter Run Junior

OFSAA: 4:01.95 ! 2004 Allen Brett - Hillcrest HS
Can Inter: 3:42.33 * 1993 Kevin Sullivan - North Park
NSSSA: 4:12.00 ! 1978 J. Hietcamp

Name	School	Finals
Finals		
1 122 Justin Weaver	Espanola	4:58.81 10
2 9 Keegan Evoy	Central Algoma	5:01.50 8
3 228 Wesley Trimmer	Manitoulin S	5:13.21 6
4 218 Zach Rolston	Manitoulin S	5:20.50 4
5 72 Kevin Burk	Espanola	5:23.95 2
6 237 Jesse Langlois	Villa-Franca	6:00.10 1
7 32 Dan Rankin	Central Algoma	6:07.73
8 60 Erik Tucsok	Elliot Lake	6:08.91

Event 43 Women 3000 Meter Run Junior

OFSAA: 10:13.59 ! 2004 Geneva Winterink - Paul
Can Inter: 9:30.64 * 1981 Kate Wiley - Branksome Hall
NSSSA: 11:20.00 ! 1985 Lisa Udeschini

Name	School	Finals
Finals		
1 277 Gillian Ominika	Wahs	13:56.34 10
2 53 Sasha Ekomiak	Elliot Lake	17:09.44 8

Event 44 Men 3000 Meter Run Junior

OFSAA: 8:40.3h ! 1979 Chris Brewster - London
Can Inter: 8:11.49 * 1982 Dave Reid - West Humber CI
Can Inter 2: 8:00.2h * 1987 Greg Anderson - Parkside HS
NSSSA: 9:08.00 ! 1976 L. VanHorne

Name	School	Finals
Finals		
1 122 Justin Weaver	Espanola	11:36.41 10
2 273 Aurel Fox	Wahs	12:02.12 8
3 72 Kevin Burk	Espanola	12:38.19 6
4 60 Erik Tucsok	Elliot Lake	13:24.57 4
5 32 Dan Rankin	Central Algoma	14:09.06 2

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Event 45 Women 80 Meter Hurdles Junior

OFSAA: 12.49 ! 2004 Danielle Fonseca - St.Joan of
 Can Inter: 11.01 * 1998 Jessica Zelinka - Sir Frederic
 NSSSA: 13.00 ! 1979 A. Christilaw

Name	School	Finals
Finals		
1 58 Jessica Rogers	Elliot Lake	14.03 10
2 266 Olivia Tulloch	Eaket WC	16.57 8
3 179 Kari Dayfox	Manitoulin S	17.52 6

Event 46 Men 100 Meter Hurdles Junior

OFSAA: 14.35 ! 2004 Anthony Lue - Pickering HS
 NSSSA: 15.00 ! 1975 R. Howard

Name	School	Finals
Finals		
1 94 Travis Lelievre	Espanola	17.65 10
2 255 Tyson MacLeod	Eaket WC	18.13 8
3 184 Carter Dunlop	Manitoulin S	18.31 6
4 26 Luke MacDonald	Central Algoma	18.75 4
5 68 Dustin Bouwmeester	Espanola	19.61 2

Event 47 Women 300 Meter Hurdles Junior

OFSAA: 42.46 ! 1997 Jessica Zelinka - Sir Frederick
 Can Inter: 41.66 * 1994 Nadia Schmiedt - John Paul II
 NSSSA: 51.60 ! 2004 Laura Podstawka

Name	School	Finals
Finals		
1 179 Kari Dayfox	Manitoulin S	1:00.41 10
2 160 Britney Allen	Manitoulin S	1:01.16 8

Event 48 Men 300 Meter Hurdles Junior

OFSAA: 39.12 ! 1997 Jerome Martinborough -
 Can Inter: 37.06 * 1992 Troy Langevine - Agincourt
 NSSSA: 43.00 ! 2003 J. Drysdale

Name	School	Finals
Finals		
1 94 Travis Lelievre	Espanola	46.40 10
2 195 Chris King	Manitoulin S	47.15 8
3 228 Wesley Trimmer	Manitoulin S	48.03 6

Event 49 Women High Jump Junior

OFSAA: 1.74m ! 1984 Lee-Anne Madill -Centennial
 Can Inter: 1.88m * 1979 Julie White - Brampton
 NSSSA: 1.68m ! 1992 S. Coutu

Name	School	Finals
Finals		
1 201 Savannah Machum	Manitoulin S	1.24m 10
2 160 Britney Allen	Manitoulin S	1.17m 8
3 266 Olivia Tulloch	Eaket WC	1.00m 6

Event 50 Men High Jump Junior

OFSAA: 2.04m ! 1995 Michael Ponikvar - Denis
 Can Inter: 2.24m * 1998 Michael Ponikvar - Denis
 NSSSA: 1.88m ! 1988 ? Lehto

Name	School	Finals
Finals		
1 217 Shaun Riching	Manitoulin S	1.67m 10
2 256 Scott Marshall	Eaket WC	1.66m 8
3 184 Carter Dunlop	Manitoulin S	1.57m 6
4 31 Spencer Pine	Central Algoma	1.47m 4
5 36 Mark Schmidt	Central Algoma	1.46m 1.5
5 68 Dustin Bouwmeester	Espanola	1.46m 1.5
7 278 Daniel Peltier	Wahs	1.39m

Event 53 Women Long Jump Junior

OFSAA: 5.44m ! 2004 Aylisa McLeish - Bramalea SS
 Can Inter: 6.16m * 1986 Keron Hamilton - Burlington
 NSSSA: 4.79m ! 1983 Millicent Brown

Name	School	Finals
Finals		
1 265 Kelsie Trowbridge	Eaket WC	4.21m 10
2 29 Jamie Orlando	Central Algoma	3.94m 8
3 7 Holly Celetti	Central Algoma	3.87m 6
4 240 Chelsey Blondin	Eaket WC	3.73m 4
5 83 Shannon Fraser	Espanola	3.61m 2
6 201 Savannah Machum	Manitoulin S	3.42m 1
7 77 Jordyn Diguier	Espanola	3.26m
8 185 Kayla Elliott	Manitoulin S	2.83m

Event 54 Men Long Jump Junior

OFSAA: 6.79m ! 1986 Bobby Llewellyn - George
 Can Inter: 7.75m * 1990 Brian Thomas - Central
 NSSSA: 5.98m ! 1970 Daniel Robitaille

Name	School	Finals
Finals		
1 161 Andrew Argall	Manitoulin S	5.86m 10
2 117 Bryce St. Pierre	Espanola	5.48m 8
3 42 Coty Thomas	Central Algoma	5.38m 6
4 143 David Hall	ES Jeunesse	5.11m 4
5 181 Austin Debassige	Manitoulin S	4.91m 2
6 137 Jayden Congi	ES Jeunesse	4.84m 1
7 260 Anthony Rietze	Eaket WC	4.44m
8 11 Ian Frazier	Central Algoma	4.31m

Event 55 Women Triple Jump Junior

OFSAA: 11.80m ! 1991 Crystal Shadd - Grand River
 Can Inter: 12.36m * 2002 Tabia Charles - Pine Ridge SS
 NSSSA: 10.48m ! 1992 S. Coutu

Name	School	Finals
Finals		
1 29 Jamie Orlando	Central Algoma	8.67m 10
2 240 Chelsey Blondin	Eaket WC	8.28m 8
3 138 Alannah Coombs	ES Jeunesse	8.22m 6
4 28 Kayla Mick	Central Algoma	7.67m 4

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Finals ... (Event 55 Women Triple Jump Junior)

Name	School	Finals
5 185 Kayla Elliott	Manitoulin S	7.63m 2
6 83 Shannon Fraser	Espanola	7.03m 1

Event 56 Men Triple Jump Junior

OFSAA: 14.17m ! 1994 Devon Davis - Pickering HS
 OFSAA 2: 14.17m ! 1994 Kris Peterson - Sandwich SS
 Can Inter: 15.76m * 1982 George Wright - Vaughan
 NSSSA: 12.53m ! 1975 R. Howard

Name	School	Finals
Finals		
1 161 Andrew Argall	Manitoulin S	11.69m 10
2 198 Justin Lanktree	Manitoulin S	11.44m 8
3 256 Scott Marshall	Eaket WC	10.80m 6
4 126 Patrique Gatien	Franco-Ouest	10.27m 4
5 68 Dustin Bouwmeester	Espanola	9.96m 2
6 260 Anthony Rietze	Eaket WC	9.64m 1

Event 57 Women Shot Put Junior

OFSAA: 13.61m ! 2000 Sultana Frizell - Perth and
 OFSAA 2: 13.93m !
 Can Inter: 14.35m * 1986 Sultana Frizell - Perth &
 NSSSA: 10.10m ! 1987 Ashley Cook

Name	School	Finals
Finals		
1 112 Stephanie Schmitz	Espanola	7.58m 10
2 46 Cassandra Boivin	Elliot Lake	7.57m 8
3 188 Tina Francis	Manitoulin S	7.31m 6
4 138 Alannah Coombs	ES Jeunesse	7.17m 4
5 17 Danielle Heubner	Central Algoma	6.89m 2
6 35 Eliza Scheuermann	Central Algoma	6.26m 1

Event 58 Men Shot Put Junior

OFSAA: 17.05m ! 2004 Dustin Kiefer - John Paul II
 OFSAA 2: 18.20m !
 Can Inter: 20.78m * 1995 Brad Snyder - St Joseph's HS,
 NSSSA: 14.39m ! 2004 Jeremy Hodgson

Name	School	Finals
Finals		
1 126 Patrique Gatien	Franco-Ouest	13.23m 10
2 59 Donovan Thompson	Elliot Lake	12.18m 8
3 137 Jayden Congi	ES Jeunesse	11.78m 6
4 184 Carter Dunlop	Manitoulin S	11.57m 4
5 143 David Hall	ES Jeunesse	10.59m 2
6 251 Dylan Irving	Eaket WC	10.07m 1
7 204 N'Chiiwat McLeod	Manitoulin S	9.78m
8 125 Taylor Bourcier	Franco-Ouest	9.75m
9 11 Ian Frazier	Central Algoma	9.55m
10 236 William Bennett	Villa-Franca	7.44m

Event 59 Women Discus Throw Junior

OFSAA: 36.78m ! 2004 Kerissa VanAmersfoort - F.E
 Can Inter: 52.52m * 1986 Michelle Brotherton -
 NSSSA: 32.95m ! 2002 Katrina Pitawanakwat

Name	School	Finals
Finals		
1 46 Cassandra Boivin	Elliot Lake	21.97m 10
2 188 Tina Francis	Manitoulin S	19.73m 8
3 112 Stephanie Schmitz	Espanola	19.16m 6
4 252 Sarah Jones	Eaket WC	18.34m 4
5 28 Kayla Mick	Central Algoma	16.95m 2
6 17 Danielle Heubner	Central Algoma	16.76m 1

Event 60 Men Discus Throw Junior

OFSAA: 57.91m ! 2004 Josh Wilson - Lambton
 Can Inter: 64.94m * 1995 Jason Tunks - Sir Frederick
 NSSSA: 42.72m ! 2003 Andrew Athanasopoulos

Name	School	Finals
Finals		
1 59 Donovan Thompson	Elliot Lake	44.22m! 10
2 128 Alexander Jalbert	Franco-Ouest	32.30m 8
3 147 Cameron Landriault	ES Jeunesse	32.10m 6
4 256 Scott Marshall	Eaket WC	30.62m 4
5 36 Mark Schmidt	Central Algoma	29.18m 2
6 27 Steven Mercer	Central Algoma	25.56m 1
7 239 Phillippe Morel	Villa-Franca	23.30m
8 236 William Bennett	Villa-Franca	21.24m
9 125 Taylor Bourcier	Franco-Ouest	19.26m

Event 61 Women Javelin Throw Junior

OFSAA: 40.24m ! 2004 Beth Wachna -Holy Names
 Can Inter: 51.94m * 1984 Cheryl Coker - Carleton Place
 NSSSA: 42.94m ! 1990 Julie Malenfant

Name	School	Finals
Finals		
1 265 Kelsie Trowbridge	Eaket WC	24.63m 10
2 17 Danielle Heubner	Central Algoma	19.43m 8
3 266 Olivia Tulloch	Eaket WC	18.75m 6
4 46 Cassandra Boivin	Elliot Lake	17.83m 4
5 35 Eliza Scheuermann	Central Algoma	16.98m 2
6 112 Stephanie Schmitz	Espanola	15.22m 1
7 81 Jacklyn Foo	Espanola	13.10m

Event 62 Men Javelin Throw Junior

OFSAA: 58.39m ! 2004 James Bergamin - Sir James
 Can Inter: 71.46m * 1974 Phil Olsen - Nanaimo HS
 Can Inter 2: 73.76m * 2001 Trevor Snyder - St. Joseph's (
 NSSSA: 54.56m ! 1975 M. McDonald

Name	School	Finals
Finals		
1 128 Alexander Jalbert	Franco-Ouest	42.78m 10
2 59 Donovan Thompson	Elliot Lake	39.52m 8
3 42 Coty Thomas	Central Algoma	37.55m 6
4 147 Cameron Landriault	ES Jeunesse	36.64m 4

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Finals ... (Event 62 Men Javelin Throw Junior)

Name	School	Finals
5 9 Keegan Evoy	Central Algoma	32.61m 2
6 239 Phillippe Morel	Villa-Franca	30.94m 1
7 198 Justin Lanktree	Manitoulin S	27.44m
8 236 William Bennett	Villa-Franca	24.11m
9 153 Joe Sidock	ES Jeunesse	18.57m

Event 63 Women 4x100 Meter Relay Junior
OFSAA: 49.08 ! 1997 Sir Frederick Banting CI
V.Bendle,A.Fader,J.Zelinka,E.Cairncross
Can Inter: 47.79 * 1980 The Woodlands
NSSSA: 53.00 ! 1984 Unknown

Team	Relay	Finals
Finals		
1 Espanola H S	A	1:02.81 10
1) 83 Shannon Fraser	2) 81 Jacklyn Foo	
3) 77 Jordyn Diguier	4) 112 Stephanie Schmitz	
2 Central Algoma S S	A	1:03.09 8
1) 7 Holly Celetti	2) 18 Emma Horner	
3) 35 Eliza Scheuermann	4) 29 Jamie Orlando	
5) 28 Kayla Mick		
3 Manitoulin S S	B	1:05.37 6
1) 160 Britney Allen	2) 176 Laura Cooper	
3) 222 Angie Still	4) 215 Katerina Prato	
4 Manitoulin S S	A	1:06.22 4
1) 235 Danielle Wright	2) 200 Hailey Lovelace	
3) 185 Kayla Elliott	4) 170 Anne Bredin	

Event 64 Men 4x100 Meter Relay Junior
OFSAA: 45.90 ! 2004 Belle River DHS - Belle River
J.Fox,G.Holdren,D.Gibbons,S.LaMarche
Can Inter: 41.1h * 1987 George Harvey SS - York
Can Inter 2: 41.28 * 1988 George Harvey CI - York
NSSSA: 46.10 ! 1978 Unknown

Team	Relay	Finals
Finals		
1 Manitoulin S S	A	48.89 10
1) 198 Justin Lanktree	2) 195 Chris King	
3) 228 Wesley Trimmer	4) 161 Andrew Argall	
2 Espanola H S	A	49.84 8
1) 70 Matt Brown	2) 94 Travis Lelievre	
3) 68 Dustin Bouwmeester	4) 117 Bryce St. Pierre	
3 Central Algoma S S	A	50.69 6
1) 31 Spencer Pine	2) 26 Luke MacDonald	
3) 40 Shawn Struik	4) 42 Coty Thomas	
5) 11 Ian Frazier	6) 9 Keegan Evoy	
7) 36 Mark Schmidt		
4 W. C. Eaket S S	A	53.19 4
1) 256 Scott Marshall	2) 251 Dylan Irving	
3) 260 Anthony Rietze	4) 255 Tyson MacLeod	
5) 264 Matt Trivers		

Event 65 Women 100 Meter Dash Senior
OFSAA: 11.54 ! 2002 Ashley Purnell - St. Mark HS
Can Inter: 11.3h * 1979 Angella Taylor - Parkdale CI
Can Inter 2: 11.54 * 2002 Ashley Purnell - St. Mark HS
NSSSA: 12.80 ! 1993 Allison Byles

Name	School	Prelims
Preliminaries		
1 10 Caray Ford	Central Algoma	13.97Q
2 47 Hannah Britton-Foster	Elliot Lake	14.13Q
3 263 Lisa Trivers	Eaket WC	14.44q
4 261 Heather Rousselle	Eaket WC	14.46q
5 62 Kelsey Bender	Espanola	14.60q
6 141 Jasmine Geoffroy	ES Jeunesse	14.69q
7 180 Amber Debassige	Manitoulin S	14.83
8 5 Elaine Boileau	Central Algoma	14.85
9 214 Valisa Peltier	Manitoulin S	15.28
10 157 Alyssa Viel	ES Jeunesse	16.72

Event 65 Women 100 Meter Dash Senior
OFSAA: 11.54 ! 2002 Ashley Purnell - St. Mark HS
Can Inter: 11.3h * 1979 Angella Taylor - Parkdale CI
Can Inter 2: 11.54 * 2002 Ashley Purnell - St. Mark HS
NSSSA: 12.80 ! 1993 Allison Byles

Name	School	Finals
Finals		
1 10 Caray Ford	Central Algoma	14.10 10
2 47 Hannah Britton-Foster	Elliot Lake	14.12 8
3 263 Lisa Trivers	Eaket WC	14.47 6
4 62 Kelsey Bender	Espanola	14.87 4
5 261 Heather Rousselle	Eaket WC	14.98 2

Event 66 Men 100 Meter Dash Senior
OFSAA: 10.41 ! 1994 Carlton Chambers -Ascension
Can Inter: 10.4h * 1975 Hugh Spooner - Newtonbrook
Can Inter 2: 10.4h * 1978 Desai Williams - Northview
Can Inter 3: 10.41 * 1994 Carlton Chambers -Ascension
NSSSA: 11.00 ! 1988 T Graham, Kevin Benner

Name	School	Prelims
Preliminaries		
1 55 Wesley Huff	Elliot Lake	11.75Q
2 69 Brad Brown	Espanola	12.72Q
3 2 Kurt Barbarie	Central Algoma	11.99q
4 248 Patrick Dougherty	Eaket WC	12.63q
5 249 Devon Fortino	Eaket WC	12.80q
6 158 Nick Viel	ES Jeunesse	12.94q
7 19 Matthew Hyndman	Central Algoma	13.78

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Event 66 Men 100 Meter Dash Senior

OFSAA: 10.41 ! 1994 **Carlton Chambers -Ascension**
Can Inter: 10.4h * 1975 **Hugh Spooner - Newtonbrook**
Can Inter 2: 10.4h * 1978 **Desai Williams - Northview**
Can Inter 3: 10.41 * 1994 **Carlton Chambers -Ascension**
NSSSA: 11.00 ! 1988 **T Graham, Kevin Benner**

Name	School	Finals
Finals		
1 55 Wesley Huff	Elliot Lake	11.13 10
2 2 Kurt Barbarie	Central Algoma	11.72 8
3 249 Devon Fortino	Eaket WC	12.22 6
4 248 Patrick Dougherty	Eaket WC	12.35 4
5 69 Brad Brown	Espanola	12.87 2
6 158 Nick Viel	ES Jeunesse	13.27 1

Event 67 Women 200 Meter Dash Senior

OFSAA: 23.89 ! 1984 **France Gareau - ES**
Can Inter: 23.3h * 1979 **Angella Taylor - Parkdale CI**
Can Inter 2: 23.58 * 1998 **Atia Weeks - Crescent Heights**
NSSSA: 26.80 ! 1998 **B. Chatwell, Jonelle Francois**

Name	School	Prelims
Preliminaries		
1 79 Caroline Ehrhardt	Espanola	28.47Q
2 47 Hannah Britton-Foster	Elliot Lake	30.44Q
3 261 Heather Rousselle	Eaket WC	31.28q
4 62 Kelsey Bender	Espanola	31.86q
5 254 Larissa Kushwara	Eaket WC	32.53q
6 23 Nicole Kinzel	Central Algoma	32.55q
7 5 Elaine Boileau	Central Algoma	34.00

Event 67 Women 200 Meter Dash Senior

OFSAA: 23.89 ! 1984 **France Gareau - ES**
Can Inter: 23.3h * 1979 **Angella Taylor - Parkdale CI**
Can Inter 2: 23.58 * 1998 **Atia Weeks - Crescent Heights**
NSSSA: 26.80 ! 1998 **B. Chatwell, Jonelle Francois**

Name	School	Finals
Finals		
1 79 Caroline Ehrhardt	Espanola	27.00 10
2 47 Hannah Britton-Foster	Elliot Lake	30.27 8
3 261 Heather Rousselle	Eaket WC	30.56 6
4 62 Kelsey Bender	Espanola	32.00 4
5 23 Nicole Kinzel	Central Algoma	32.90 2
6 254 Larissa Kushwara	Eaket WC	34.47 1

Event 68 Men 200 Meter Dash Senior

OFSAA: 21.0h ! 1994 **Eric Frempong - Martingrove**
OFSAA 2: 21.33 ! 1984 **Atlee Mahorn - Central**
Can Inter: 20.95 * 1984 **Atlee Mahorn - Central**
NSSSA: 22.30 ! 1990 **G. Kirk**

Name	School	Prelims
Preliminaries		
1 55 Wesley Huff	Elliot Lake	23.97Q

2 111 Tyler Rydall	Espanola	24.80q
3 248 Patrick Dougherty	Eaket WC	26.00q
4 101 Darren Nicholson	Espanola	26.12q
5 233 Zach Whalen	Manitoulin S	27.00q
6 19 Matthew Hyndman	Central Algoma	28.50q

Event 68 Men 200 Meter Dash Senior

OFSAA: 21.0h ! 1994 **Eric Frempong - Martingrove**
OFSAA 2: 21.33 ! 1984 **Atlee Mahorn - Central**
Can Inter: 20.95 * 1984 **Atlee Mahorn - Central**
NSSSA: 22.30 ! 1990 **G. Kirk**

Name	School	Finals
Finals		
1 55 Wesley Huff	Elliot Lake	23.35 10
2 111 Tyler Rydall	Espanola	25.23 8
3 248 Patrick Dougherty	Eaket WC	25.69 6
4 101 Darren Nicholson	Espanola	25.73 4
5 233 Zach Whalen	Manitoulin S	25.90 2
6 19 Matthew Hyndman	Central Algoma	28.44 1

Event 69 Women 400 Meter Dash Senior

OFSAA: 53.32 ! 1980 **Charmaine Crooks - West**
Can Inter: 53.0h * 1980 **Alexis Paul Macdonald - C.W.**
Can Inter 2: 53.32 * 1980 **Charmaine Crooks - West**
NSSSA: 1:04.00 ! 1993 **Allison Byles**

Name	School	Prelims
Preliminaries		
1 56 Lacey Lanktree	Elliot Lake	1:10.78Q
2 254 Larissa Kushwara	Eaket WC	1:10.84Q
3 23 Nicole Kinzel	Central Algoma	1:12.38q
4 82 Melody Fraser	Espanola	1:12.90q
5 47 Hannah Britton-Foster	Elliot Lake	1:13.24q
6 141 Jasmine Geoffroy	ES Jeunesse	1:14.18q
7 132 Deanne LeBlanc	Franco-Ouest	1:15.18

Event 69 Women 400 Meter Dash Senior

OFSAA: 53.32 ! 1980 **Charmaine Crooks - West**
Can Inter: 53.0h * 1980 **Alexis Paul Macdonald - C.W.**
Can Inter 2: 53.32 * 1980 **Charmaine Crooks - West**
NSSSA: 1:04.00 ! 1993 **Allison Byles**

Name	School	Finals
Finals		
1 254 Larissa Kushwara	Eaket WC	1:12.35 10
2 141 Jasmine Geoffroy	ES Jeunesse	1:13.00 8
3 23 Nicole Kinzel	Central Algoma	1:15.15 6
4 56 Lacey Lanktree	Elliot Lake	1:15.90 4
5 82 Melody Fraser	Espanola	1:16.90 2
6 47 Hannah Britton-Foster	Elliot Lake	1:18.00 1

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Event 70 Men 400 Meter Dash Senior

OFSAA: 48.69 ! 2004 Adam Seabrook - A.B.Lucas
 OFSAA 2: 46.89 !
 Can Inter: 46.27 * 1987 Carl Folkes - Central Technica
 NSSSA: 51.90 ! 1980 M. Oliver, J. Trudeau

Name	School	Prelims
Preliminaries		
1 274 Dean Fox	Wahs	1:30.00Q
1 158 Nick Viel	ES Jeunesse	1:30.00Q
1 101 Darren Nicholson	Espanola	1:30.00Q
1 183 Jarred Dumond	Manitoulin S	1:30.00Q
1 177 Zack Corrigan	Manitoulin S	1:30.00Q
1 97 Tyler	Espanola	1:30.00Q

Event 70 Men 400 Meter Dash Senior

OFSAA: 48.69 ! 2004 Adam Seabrook - A.B.Lucas
 OFSAA 2: 46.89 !
 Can Inter: 46.27 * 1987 Carl Folkes - Central Technica
 NSSSA: 51.90 ! 1980 M. Oliver, J. Trudeau

Name	School	Finals
Finals		
1 101 Darren Nicholson	Espanola	57.87 10
2 183 Jarred Dumond	Manitoulin S	59.23 8
3 177 Zack Corrigan	Manitoulin S	1:01.75 6
4 274 Dean Fox	Wahs	1:04.94 4
5 158 Nick Viel	ES Jeunesse	1:05.37 2
6 97 Tyler	Espanola	1:09.80 1

Event 71 Women 800 Meter Run Senior

OFSAA: 2:05.94 ! 1984 Elise Braithwaite-Elmwood
 Can Inter: 2:05.94 * 1980 Elise Braithwaite-Elmwood
 NSSSA: 2:26.50 ! 2003 Meghan Juuti

Name	School	Finals
Finals		
1 24 Lexie Lajambe	Central Algoma	2:56.84 10
2 164 Cassie Bedard	Manitoulin S	2:59.11 8
3 150 Olivia Orton	ES Jeunesse	3:05.91 6
4 250 Amber Gagnon	Eaket WC	3:14.73 4
5 223 Bethany Taibossige	Manitoulin S	3:41.17 2

Event 72 Men 800 Meter Run Senior

OFSAA: 1:48.64 ! 1992 Kevin Sullivan - North Park
 Can Inter: 1:48.64 * 1992 Kevin Sullivan - North Park
 NSSSA: 2:02.90 ! 1976 R. Gordon

Name	School	Finals
Finals		
1 73 Joseph Burke	Espanola	2:05.23 10
2 183 Jarred Dumond	Manitoulin S	2:20.53 8
3 52 Joshua Dickey	Elliot Lake	2:23.56 6
4 48 Jeremy Brown	Elliot Lake	2:27.52 4
5 97 Tyler	Espanola	2:40.64 2
6 274 Dean Fox	Wahs	2:51.03 1

Event 73 Women 1500 Meter Run Senior

OFSAA: 4:23.52 ! 1982 Alison Wiley - Branksome Hall
 Can Inter: 4:23.52 * 1982 Alison Wiley - Branksome Hall
 NSSSA: 5:12.10 ! 2003 Meghan Juuti

Name	School	Finals
Finals		
1 57 Athina Nelson	Elliot Lake	6:06.88 10
2 164 Cassie Bedard	Manitoulin S	6:18.47 8
3 150 Olivia Orton	ES Jeunesse	6:28.50 6
4 108 Sarah Rancourt	Espanola	6:40.46 4
5 250 Amber Gagnon	Eaket WC	6:46.47 2

Event 74 Men 1500 Meter Run Senior

OFSAA: 3:42.33 ! 1993 Kevin Sullivan - North Park
 Can Inter: 3:42.33 * 1993 Kevin Sullivan - North Park
 NSSSA: 4:12.50 ! 1975 R. Gordon

Name	School	Finals
Finals		
1 174 Jeremy Cooper	Manitoulin S	4:15.93 10
2 73 Joseph Burke	Espanola	4:18.51 8
3 102 Edward Paibomsai	Espanola	4:36.21 6
4 52 Joshua Dickey	Elliot Lake	5:01.31 4
5 48 Jeremy Brown	Elliot Lake	5:06.17 2
6 129 Tanner Laabs	Franco-Ouest	5:28.69 1
7 13 Tyson Giasson	Central Algoma	5:30.00
8 165 Matt Bedard	Manitoulin S	5:30.01

Event 75 Women 3000 Meter Run Senior

OFSAA: 9:30.64 ! 1981 Kate Wiley - Branksome Hall
 Can Inter: 9:30.64 * 1981 Kate Wiley - Branksome Hall
 NSSSA: 11:05.30 ! 2003 Meghan Juuti

Name	School	Finals
Finals		
1 57 Athina Nelson	Elliot Lake	13:43.62 10
2 164 Cassie Bedard	Manitoulin S	14:23.22 8

Event 76 Men 3000 Meter Run Senior

OFSAA: 8:00.2h ! 1987 Greg Anderson - Parkside HS
 OFSAA 2: 8:17.99 !
 Can Inter: 8:00.2h * 1987 Greg Anderson - Parkside HS
 Can Inter 2: 8:11.49 *
 NSSSA: 9:08.00 ! 1991 Craig Morrell

Name	School	Finals
Finals		
1 174 Jeremy Cooper	Manitoulin S	9:32.84 10
2 102 Edward Paibomsai	Espanola	9:48.15 8
3 52 Joshua Dickey	Elliot Lake	10:40.22 6
4 48 Jeremy Brown	Elliot Lake	11:17.38 4
5 169 Parker Bondi	Manitoulin S	12:05.87 2
6 107 Dan Presseau	Espanola	12:11.53 1

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Event 77 Women 100 Meter Hurdles Senior

OFSAA: 13.41 ! 1998 Perdita Felicien - Pine Ridge
 Can Inter: 13.15 * 2000 Jessica Zelinka - Sir Frederic
 NSSSA: 17.30 ! 2004 Darris Ford

Name	School	Finals
Finals		
1 263 Lisa Trivers	Eaket WC	18.16 10
2 20 Hayley Julien	Central Algoma	18.56 8
3 203 Anais Masbou	Manitoulin S	18.83 6
4 246 Jennifer Daub	Eaket WC	18.95 4
5 56 Lacey Lanktree	Elliot Lake	19.47 2
6 5 Elaine Boileau	Central Algoma	20.58 1

Event 78 Men 110 Meter Hurdles Senior

OFSAA: 14.62 ! 2004 Andrew Judge - John Paul II -
 Can Inter: 13.78 * 2000 Adam Kunkel - Walkerton
 NSSSA: 15.10 ! 1977 R. Howard

Name	School	Finals
Finals		
1 227 Sammy Trimmer	Manitoulin S	18.13 10
2 90 Dennis Larson	Espanola	18.36 8
3 225 Joey Toner	Manitoulin S	18.63 6
4 67 Corey Bouwmeester	Espanola	18.83 4
5 19 Matthew Hyndman	Central Algoma	20.53 2
6 258 Robbie Menard	Eaket WC	20.68 1
7 12 Rob Gallinger	Central Algoma	20.69
8 257 Phoenix McCoy	Eaket WC	22.25

Event 79 Women 400 Meter Hurdles Senior

OFSAA: 58.65 ! 1995 Nadia Schmiedt - John Paul II
 Can Inter: 58.03 * 1995 Nadia Schmiedt - John Paul II
 NSSSA: 1:10.10 ! 2003 Mia St. Aubin

Name	School	Finals
Finals		
1 56 Lacey Lanktree	Elliot Lake	1:20.10 10
2 24 Lexie Lajambe	Central Algoma	1:21.60 8
3 23 Nicole Kinzel	Central Algoma	1:22.41 6
4 263 Lisa Trivers	Eaket WC	1:22.79 4

Event 80 Men 400 Meter Hurdles Senior

OFSAA: 51.68 ! 1985 Phillip Hughes - Earl of March
 Can Inter: 51.68 * 1985 Phillip Hughes - Earl of March
 NSSSA: 1:01.10 ! 1976 R. Howard

Name	School	Finals
Finals		
1 227 Sammy Trimmer	Manitoulin S	1:04.57 10
2 216 Lucas Proulx	Manitoulin S	1:07.67 8
3 107 Dan Pousseau	Espanola	1:12.25 6
4 106 Kurt Podlatis	Espanola	1:14.07 4

Event 81 Women High Jump Senior

OFSAA: 1.88m ! 1979 Julie White - Brampton
 Can Inter: 1.88m * 1979 Julie White - Brampton
 NSSSA: 1.65m ! 1994 S.Coutu

Name	School	Finals
Finals		
1 22 Kaisha King	Central Algoma	1.37m 10
2 132 Deanne LeBlanc	Franco-Ouest	1.29m 8
3 171 Delaney Campbell	Manitoulin S	1.28m 6
4 173 Kinga Casson	Manitoulin S	1.27m 4
5 119 Angele Sweeney	Espanola	1.22m 2

Event 82 Men High Jump Senior

OFSAA: 2.24m ! 1998 Michael Ponikvar - Denis
 Can Inter: 2.24m * 1998 Michael Ponikvar - Denis
 NSSSA: 1.88m ! 2003 Andrew Miron

Name	School	Finals
Finals		
1 12 Rob Gallinger	Central Algoma	1.75m 10
2 98 Bob Meijer	Espanola	1.68m 8
3 114 William Southwind	Espanola	1.67m 6
4 202 Cody Madahbee	Manitoulin S	1.66m 4
5 34 Justin Roberts	Central Algoma	1.63m 1.5
5 249 Devon Fortino	Eaket WC	1.63m 1.5
7 177 Zack Corrigan	Manitoulin S	1.62m
8 268 John Wiitala	Eaket WC	1.58m

Event 85 Women Long Jump Senior

OFSAA: 6.16m ! 1986 Keron Hamilton - Burlington
 Can Inter: 6.16m * 1986 Keron Hamilton - Burlington
 NSSSA: 5.10m ! 1985 Millicent Brown

Name	School	Finals
Finals		
1 79 Caroline Ehrhardt	Espanola	5.58m! 10
2 10 Caray Ford	Central Algoma	4.36m 8
3 20 Hayley Julien	Central Algoma	4.16m 6
4 246 Jennifer Daub	Eaket WC	4.15m 4
5 196 Courtney Kurek	Manitoulin S	4.03m 2
6 173 Kinga Casson	Manitoulin S	3.96m 1
7 136 Jelisa Beckerton	ES Jeunesse	3.92m
8 243 Krista Boyer	Eaket WC	3.55m
9 157 Alyssa Viel	ES Jeunesse	3.51m

Event 86 Men Long Jump Senior

OFSAA: 7.60m ! 1990 Brian Thomas - Central
 Can Inter: 7.75m * 1990 Brian Thomas - Central
 NSSSA: 6.32m ! 1993 Troy Laro

Name	School	Finals
Finals		
1 166 Jordan Bickell	Manitoulin S	6.00m 10
2 12 Rob Gallinger	Central Algoma	5.96m 8
3 2 Kurt Barbarie	Central Algoma	5.86m 6
4 111 Tyler Rydall	Espanola	5.61m 4
5 216 Lucas Proulx	Manitoulin S	5.58m 2

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Finals ... (Event 86 Men Long Jump Senior)

Name	School	Finals
6 98 Bob Meijer	Espanola	5.56m 1
7 257 Phoenix McCoy	Eaket WC	4.90m
8 129 Tanner Laabs	Franco-Ouest	4.09m
9 135 Michel Sonnenburg	Franco-Ouest	3.89m

Event 87 Women Triple Jump Senior

OFSSAA: 12.36m ! 2002 Tabia Charles - Pine Ridge SS
 Can Inter: 12.36m * 2002 Tabia Charles - Pine Ridge SS
 NSSSA: 10.39m ! 1994 S. Coutu

Name	School	Finals
Finals		
1 79 Caroline Ehrhardt	Espanola	12.08m! 10
2 10 Caray Ford	Central Algoma	9.34m 8
3 246 Jennifer Daub	Eaket WC	9.32m 6
4 203 Anais Masbou	Manitoulin S	9.16m 4
5 24 Lexie Lajambe	Central Algoma	8.80m 2
6 244 Emily Brown	Eaket WC	7.55m 1
7 238 Brittany Montpellier	Villa-Franca	7.44m

Event 88 Men Triple Jump Senior

OFSSAA: 15.76m ! 1982 George Wright - Vaughan
 Can Inter: 15.76m * 1982 George Wright - Vaughan
 NSSSA: 12.86m ! 1977 R. Howard

Name	School	Finals
Finals		
1 166 Jordan Bickell	Manitoulin S	12.16m 10
2 98 Bob Meijer	Espanola	11.82m 8
3 216 Lucas Proulx	Manitoulin S	11.60m 6
4 114 William Southwind	Espanola	10.59m 4
5 25 David Lambright	Central Algoma	9.95m 2

Event 89 Women Shot Put Senior

OFSSAA: 14.35m ! 2002 Sultana Frizell - Perth and
 Can Inter: 14.61m * 2003 Sultana Frizell - Perth &
 NSSSA: 10.70m ! 1989 C. Thorburn

Name	School	Finals
Finals		
1 15 Taryn Goulding	Central Algoma	8.94m 10
2 191 Leah Hensen	Manitoulin S	8.77m 8
3 247 Annissa Demeau	Eaket WC	8.56m 6
4 3 Kate Beaulieu	Central Algoma	8.09m 4
5 262 Toni Tober	Eaket WC	8.07m 2
6 45 Allison Armstrong	Elliot Lake	7.74m 1
7 105 Alyx Podlatis	Espanola	7.39m
8 130 Mireille Lacasse	Franco-Ouest	7.18m
9 220 Stephanie Sicard	Manitoulin S	6.79m
10 131 Rebecca Laurenti	Franco-Ouest	6.16m
11 139 Kiersten Degagne	ES Jeunesse	5.96m
12 119 Angele Sweeney	Espanola	5.94m

Event 90 Men Shot Put Senior

OFSSAA: 19.79m ! 1997 Shaun Cormier - Parry Sound
 Can Inter: 20.78m * 1995 Brad Snyder - St Joseph's HS,
 NSSSA: 14.70m ! 1976 B. Graham

Name	School	Finals
Finals		
1 221 Brian Stapleton	Manitoulin S	12.20m 10
2 123 Joshawa Wiest	Espanola	11.53m 8
3 245 Bruce Cada	Eaket WC	11.23m 6
4 167 Malcolm Blue	Manitoulin S	10.98m 4
5 50 Chris Cloutier	Elliot Lake	9.97m 2
6 129 Tanner Laabs	Franco-Ouest	9.95m 1
7 127 Kyle Huot	Franco-Ouest	8.41m
8 285 Pierce Wemigwans	Wahs	8.29m
9 25 David Lambright	Central Algoma	8.23m
10 148 Sheldon Landriault	ES Jeunesse	7.65m
11 13 Tyson Giasson	Central Algoma	6.56m

Event 91 Women Discus Throw Senior

OFSSAA: 47.62m ! 1986 Michelle Brotherton
 Can Inter: 52.52m * 1986 Michelle Brotherton
 NSSSA: 35.21m ! 2003 Giota Athanasopoulos

Name	School	Finals
Finals		
1 105 Alyx Podlatis	Espanola	24.87m 10
2 15 Taryn Goulding	Central Algoma	24.47m 8
3 191 Leah Hensen	Manitoulin S	24.00m 6
4 259 Diana Murray	Eaket WC	22.85m 4
5 253 Klara Kluding	Eaket WC	22.34m 2
6 136 Jelisa Beckerton	ES Jeunesse	21.81m 1
7 220 Stephanie Sicard	Manitoulin S	20.27m
8 45 Allison Armstrong	Elliot Lake	18.88m
9 131 Rebecca Laurenti	Franco-Ouest	17.19m
10 3 Kate Beaulieu	Central Algoma	15.34m
11 155 Kristen Soucy	ES Jeunesse	14.98m
12 133 Joelle Levasseur	Franco-Ouest	14.86m

Event 92 Men Discus Throw Senior

OFSSAA: 62.58m ! 1995 Jason Tunks - Sir Frederick
 Can Inter: 64.94m * 1995 Jason Tunks - Sir Frederick
 NSSSA: 45.90m ! 1971 Rein Tirrul

Name	School	Finals
Finals		
1 100 Tyler Morin	Espanola	33.23m 10
2 50 Chris Cloutier	Elliot Lake	30.35m 8
3 245 Bruce Cada	Eaket WC	26.94m 6
4 34 Justin Roberts	Central Algoma	26.80m 4
5 99 Shawn Morin	Espanola	25.69m 2
6 225 Joey Toner	Manitoulin S	24.58m 1
7 135 Michel Sonnenburg	Franco-Ouest	23.97m
8 187 Nick Francis	Manitoulin S	23.67m
9 158 Nick Viel	ES Jeunesse	23.20m
10 43 Brandon Trotter	Central Algoma	20.46m

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Event 93 Women Javelin Throw Senior

OFSAA: 49.48m ! 1986 Louise Perrault - Arnprior
Can Inter: 51.94m * 1984 Cheryl Coker - Carleton Place
NSSSA: 39.26m ! 1991 Julie Malenfant

Name	School	Finals
Finals		
1 15 Taryn Goulding	Central Algoma	30.27m 10
2 262 Toni Tober	Eaket WC	27.32m 8
3 253 Klara Kluding	Eaket WC	26.26m 6
4 133 Joelle Levasseur	Franco-Ouest	24.72m 4
5 113 Amanda Smith	Espanola	23.08m 2
6 105 Alyx Podlatis	Espanola	23.05m 1
7 130 Mireille Lacasse	Franco-Ouest	21.27m
8 191 Leah Hensen	Manitoulin S	20.71m
9 155 Kristen Soucy	ES Jeunesse	18.04m
10 4 Taylor Beitz	Central Algoma	17.90m
11 175 Katie Cooper	Manitoulin S	15.70m
12 139 Kiersten Degagne	ES Jeunesse	9.31m

Event 94 Men Javelin Throw Senior

OFSAA: 71.22m ! 2000 Trevor Snyder - St. Joseph
Can Inter: 73.76m * 2001 Trevor Snyder - St. Joseph
Can Inter 2: 73.76m *
NSSSA: 62.42m ! 1973 Ernie Tymeczko

Name	School	Finals
Finals		
1 90 Dennis Larson	Espanola	43.89m 10
2 245 Bruce Cada	Eaket WC	42.71m 8
3 88 Nick Golden	Espanola	38.63m 6
4 43 Brandon Trotter	Central Algoma	37.95m 4
5 127 Kyle Huot	Franco-Ouest	36.88m 2
6 34 Justin Roberts	Central Algoma	34.27m 1
7 129 Tanner Laabs	Franco-Ouest	27.91m
8 258 Robbie Menard	Eaket WC	26.85m
9 192 Dylan Hunter	Manitoulin S	25.24m
10 50 Chris Cloutier	Elliot Lake	25.10m
11 148 Sheldon Landriault	ES Jeunesse	24.40m

Event 95 Women 4x100 Meter Relay Senior

OFSAA: 47.60 ! 2003 Mary Ward CSS - O.Ugiagbe,Z.Gill,L.Gonsalves,L.Wilson
Can Inter: 47.60 * 2003 Mary Ward CSS -
NSSSA: 54.40 ! 1978 unknown

Team	Relay	Finals
Finals		
1 Espanola H S	A	55.22 10
1) 79 Caroline Ehrhardt	2) 82 Melody Fraser	
3) 113 Amanda Smith	4) 62 Kelsey Bender	
2 W. C. Eaket S S	A	55.78 8
1) 263 Lisa Trivers	2) 254 Larissa Kushwara	
3) 246 Jennifer Daub	4) 261 Heather Rousselle	
5) 265 Kelsie Trowbridge		

3 Central Algoma S S	A	57.50 6
1) 10 Caray Ford	2) 23 Nicole Kinzel	
3) 20 Hayley Julien	4) 22 Kaisha King	
5) 5 Elaine Boileau	6) 15 Taryn Goulding	
4 Manitoulin S S	A	1:00.37 4
1) 196 Courtney Kurek	2) 180 Amber Debassige	
3) 214 Valisa Peltier	4) 186 Gabby Esposto	
5 Jeunesse-Nord E S	A	1:01.89 2
1) 157 Alyssa Viel	2) 141 Jasmine Geoffroy	
3) 136 Jelisa Beckerton	4) 138 Alannah Coombs	
5) 152 Mackenzie Roberts		

Event 96 Men 4x100 Meter Relay Senior

OFSAA: 42.12 ! 2004 Birchmount Park CI - Toronto
J.Jones,S.Williams,D.Mallay, J.Warner
Can Inter: 41.1h * 1987 George Harvey SS - York
Can Inter 2: 41.28 * 1988 George Harvey CI - York
NSSSA: 45.50 ! 1975 unknown

Team	Relay	Finals
Finals		
1 Espanola H S	A	48.06 10
1) 69 Brad Brown	2) 67 Corey Bouwmeester	
3) 111 Tyler Rydall	4) 90 Dennis Larson	
2 Manitoulin S S	A	48.07 8
1) 233 Zach Whalen	2) 166 Jordan Bickell	
3) 227 Sammy Trimmer	4) 177 Zack Corrigan	
5) 216 Lucas Proulx		
3 Manitoulin S S	B	48.08 6
1) 221 Brian Stapleton	2) 225 Joey Toner	
3) 202 Cody Madahbee	4) 183 Jarred Dumond	
4 Central Algoma S S	A	50.85 4
1) 12 Rob Gallinger	2) 2 Kurt Barbarie	
3) 34 Justin Roberts	4) 19 Matthew Hyndman	
5) 43 Brandon Trotter		
5 W. C. Eaket S S	A	52.96 2
1) 249 Devon Fortino	2) 258 Robbie Menard	
3) 257 Phoenix McCoy	4) 248 Patrick Dougherty	
5) 268 John Wiitala		
6 Jeunesse-Nord E S	A	54.56 1
1) 137 Jayden Congi	2) 158 Nick Viel	
3) 153 Joe Sidock	4) 148 Sheldon Landriault	
5) 143 David Hall		

Event 99 Women 4x400 Meter Relay Open

OFSAA: 3:47.35 ! 2002 Mary Ward Catholic SS
L. Wilson, D. Abraham, Z. Gill, O. Ugiagbe
Can Inter: 3:47.35 * 2002 Mary Ward Catholic SS
L. Wilson, D. Abraham, Z. Gill, O. Ugiagbe
NSSSA: 4:30.20 ! 1991
S. Johnston, S. Riddle, J. Turpin, D. Dillabough

Team	Relay	Finals
Finals		
1 Espanola H S	A	4:46.09 10
1) 79 Caroline Ehrhardt	2) 82 Melody Fraser	
3) 105 Alyx Podlatis	4) 63 Lindsay Bender	

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Finals ... (Event 99 Women 4x400 Meter Relay Open)

Team	Relay	Finals
2 Central Algoma S S	A	4:55.53 8
1) 23 Nicole Kinzel	2) 18 Emma Horner	
3) 22 Kaisha King	4) 38 Kassie Starkell	
5) 7 Holly Celetti	6) 29 Jamie Orlando	
7) 28 Kayla Mick	8) 1 Karissa Barbarie	
3 Manitoulin S S	B	5:00.78 6
1) 211 Victoria Niven	2) 205 Bryn Millsap	
3) 193 Heather Jeeves	4) 215 Katerina Prato	
5) 176 Laura Cooper		

Event 100 Men 4x400 Meter Relay Open

OFSAA: 3:10.8h ! 1987 Central Technical School - Tor

K.O'Henhen,A.Wilson,P.Gordon,C.Folkes

OFSAA 2: 3:14.24 ! 1988 Central Technical School - Tor

Can Inter: 3:10.8h * 1987 Central Technical School - Tor

Can Inter 2: 3:14.24 * 1988 Central Technical School - Tor

NSSSA: 3:35.90 ! 1979 unknown

Team	Relay	Finals
Finals		
1 Espanola H S	A	3:45.91 10
1) 75 Justin Corbin	2) 101 Darren Nicholson	
3) 73 Joseph Burke	4) 102 Edward Paibomsai	
5) 111 Tyler Rydall	6) 66 Brandon Bourcier	
2 Central Algoma S S	A	3:58.54 8
1) 42 Coty Thomas	2) 39 Caleb Stinson	
3) 43 Brandon Trotter	4) 12 Rob Gallinger	
5) 14 Sam Good	6) 19 Matthew Hyndman	
7) 33 Zack Reid	8) 34 Justin Roberts	
3 Manitoulin S S	A	4:04.25 6
1) 183 Jarred Dumond	2) 195 Chris King	
3) 174 Jeremy Cooper	4) 189 Mason Graham	
5) 227 Sammy Trimmer		